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The new Windsor women will need to fuel this monarchy **P12, P18**

How Britain has changed in nine days ***by Anne McElvoy*** **P21**

Forget TV: the pictures are better in radio coverage **P11**

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24-hour wait to see the Queen

+ Charles III 'worried' about how people will cope with cost of living this winter

P6

Mortgage hike for millions as the pound falls

» New cost of living squeeze on Thursday with the Bank of England set to raise interest rates again – and considering an increase of up to 0.75 percentage points

» Pound drops to a new 37-year low against the US dollar, driving up the cost of imported energy, lifting inflation and increasing the likelihood of a steeper rate hike

» Average homeowner with £138,000 mortgage would face paying extra £720 a year

P4



40 best books to read this autumn

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My escape from problem drinking

New Radio 1 presenter Dean McCullough



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The recycled paper content of UK newspapers in 2018 was 68.2%

The News Matrix

The day at a glance



Which type of cheese will set you back £85 per kilo?
See p.39

UKRAINE

Indian PM confronts Putin over war

India's Prime Minister, Narendra Modi, directly confronted Vladimir Putin yesterday over the conflict in Ukraine, telling the Russian President that now was not the time to be waging war. Speaking to Mr Putin at a televised summit in Uzbekistan, Mr Modi said: "I know that today's era is not an era of war, and I have spoken to you on the phone about this." **PAGE 33**

WILDLIFE

Seal pup dies after rest is interrupted

A seal pup died after being chased back into the sea by members of the public for the best part of a day, British Divers Marine Life Rescue said. The pup was prevented from resting on a Northumberland beach and became exhausted and died overnight "despite the efforts of a local vet". Medic Jane Hardy called for people to give the marine mammals more space.

SCIENCE

Traces of water found in meteorite

Extra-terrestrial water has been found for the first time in a meteorite that fell in the UK. The Winchcombe meteorite, which crashed into a driveway in the Gloucestershire town last February, is also thought to hold clues about where the water in the Earth's vast oceans came from. The Natural History Museum said 12 per cent of the sample was made up of water.

NORTHERN IRELAND

Family of man shot dead settle case

The family of a man shot dead by loyalists in a murder linked to alleged security force collusion have settled a civil case against the police and Ministry of Defence. Loughlin Maginn, 28, was killed by the Ulster Defence Association at his home in Rathfriland, Co Down, in 1989. Two men later convicted of his murder were members of the Ulster Defence Regiment.

TURKEY

Five migrants die as boat sinks at sea

Five people were found dead yesterday after a migrant boat sank in the Aegean Sea, Turkey's coastguard said. The boat, carrying 20 people, sank off the coast of western Izmir province. Fourteen people were rescued and emergency crews were still searching for one missing person last night using four coastguard boats, a dive team and a helicopter.

SRI LANKA

Ex-president told to appear in court

A former president was summoned yesterday to appear in court for allegedly failing to prevent suicide bomb attacks that killed nearly 270 people. The court told Maithripala Sirisena to appear on 14 October to face a complaint filed by a priest and a worshipper. They allege that his negligence led to the blasts in three churches and three hotels on Easter Sunday 2019.

CULTURE

Gallery set to be overtaken by ants

Amsterdam's Rijksmuseum will temporarily have its walls and windows overrun by 700 giant ants. Colombian artist Rafael Gomezbarros's exhibit *House Taken* is inspired by a conflict between the government and guerrilla groups that started in 1964. The bodies of the ants are made from two casts of human skulls, representing both victims and perpetrators.

Where to buy your i on Monday

Many national retailers will be closed for all or part of the day to mark the Queen's state funeral. Lots of independent retailers will be open in the morning, however.

WHSmith, Asda, Waitrose and Morrisons and are shut all day. Tesco and Sainsbury's will open convenience stores and petrol station kiosks after 5pm but will not be selling newspapers.

Home delivery services are mainly running as normal. This includes McColl's shops, which will close between 10am and 5pm. One Stop will not do home deliveries, with shops open from 5pm. Print and digital subscribers can access Monday's i via our app, available from the App Store or Google Play. Just search for "i news: politics and sport". Print subscribers should follow the instructions on the email sent yesterday.

Tuesday's i will be a special edition marking the historic day, alongside your usual coverage.

iQuiz

BY JOHN CLARKE

1. Every August bank holiday, mods on their scooters return to what they see as their spiritual home. Where in the UK is it?

2. John Ridd and Earl Brandir feature in which 1869 novel set on Exmoor?

3. The market in which valuable crop termed "green gold" is dominated by California, Iran and Turkey?

4. What do the initials stand for in the retail clothing firm H&M?

5. Performance artist Cosey Fanni Tutti was co-founder of which avant-garde pop group in the 70s?

6. What does the symbol of a circle with a cross through it mean on a clothes label?

7. What is the state-owned flag carrier airline of Portugal, which has its HQ at Lisbon Airport?

8. Which river connects the Dead Sea with the Sea of Galilee?

9. The sale of what for use on private gardens and allotments will be banned in England from 2024?

10. Which diet maintains that you can lose weight while eating as much protein and fat as you want if you avoid foods high in carbohydrates?

Answers on page 30

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ThePage3Profile

WEND IT LIKE BECKHAM: FOOTBALLER'S FOND FAREWELL

Becks pays his respects...
He may be one of the most famous people on the planet but David Beckham is no queue-jumper. The former England football captain queued for more than 13 hours to pay his respects to the Queen at her lying-in-state after he joined the line at 2am yesterday.

Beckham, 47, donned a flat cap and a smart suit as he waited in line with thousands of other mourners for most of the day yesterday.

As he approached the front of the queue, he told ITV News that he was attending "on behalf of his family", having grown up in a "household of royalists".

Generous with doughnuts and selfies
The former Manchester United and England captain, who appeared to be alone, reportedly turned down a VIP pass and was hailed by other mourners for "joining the queue just like the rest of us".

He also ingratiated himself with the crowd by buying doughnuts and agreeing to pose for selfies as the queue made its slow progress along the south bank of the Thames.

"We all want to be here together, we all want to experience something where we celebrate the amazing life of our Queen," Beckham said.

"Something like this today is meant to be shared together. This day was always going to be a difficult day. Our thoughts are with the family – it's very special to hear all of the stories from people here."

Meeting the Queen
Beckham said his favourite memory of the late monarch was when he received his OBE for services to football in 2003. He has long been touted for a knighthood but his wait continues. "I was so lucky I was able to have a few moments in my life to be around Her Majesty," he told reporters, before joking that he was being "told off" for holding up the line.

Later, television footage inside Westminster Hall showed the former player looking tearful as he waited to file past the Queen's coffin. Stopping to pay his respects at about 3.25pm, Beckham bowed his head and closed his eyes momentarily.



Just a face in the crowd: David Beckham waits patiently in line with members of the public, some seemingly oblivious to his presence, before solemnly entering Westminster Hall (below) to pay his respects to the Queen GRAHAM STONE/AVALON; BBC



Have all famous faces waited their turn?
Beckham is not the only famous face to pay their respects to the Queen. The *Good Morning Britain* presenter Susanna Reid waited more than seven hours with her mother Sue. However, *This Morning* hosts Holly Willoughby and Phillip Schofield were given VIP passes to attend Westminster Hall.

Connie Dimsdale

Letter from the Editor
Oliver Duff
i@inews.co.uk



The Elizabeth line

There is a quiet democracy to the line of people twisting through central London. Except for the Royal Family and MPs, there's no special treatment for the powerful or famous. No shortcuts or extra time slots exist to see the Queen lying in state, nor any privacy when you reach Westminster Hall. Standing in the queue means joining a gentle tide of humanity that is broadcast live around the world. There is a dignity and humility in patiently accepting one's place.

That's why so many people were cheered by the sight of David Beckham in line (see story, left). It wasn't trashy celebrity spotting. His willingness to queue at 2am for 13 hours reflected well on him – and also on strangers nearby who largely left him unbothered.

By Monday morning, when the doors to Westminster Hall close, about half of a per cent of the UK population will have walked past the Queen's coffin to pay their respects. Like the 1966 World Cup final, that number will climb over the years as other people insert themselves in history.

Contrary to some coverage, the country is not "united in grief" and talk of a single "national mood" is overstated. There is, though, widespread (if not universal) respect, affection and love for the Queen.

The reasons why people are making these pilgrimages – and why many more will line roadsides from Westminster to Windsor on Monday – are complex and varied. Some are grieving. Plenty wish to pay homage to values they feel the Queen personified. Others recognise the significance of the occasion and want to be able to say of history, "I was there." We can welcome this nuance rather than steamroller it – and applaud an awesome display of gratitude for a life of service.

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COVER STORY

Mortgage hike for millions next week as pound hits 37-year low

By Chloe Chaplain and Jessie Hewitson

Millions of households face greater cost of living pressures after warnings of a 0.75 percentage point rise in interest rates this week, which could increase mortgage payments by hundreds of pounds a year.

The plummeting value of sterling, which fell to a 37-year low against the US dollar, led to concerns that the Bank of England could be forced to make its largest single rise since it was given sole power over the base rate in 1998.

Such an increase – coming the day before the new Chancellor's planned fiscal statement – could add more than £700 a year on to the average mortgage, and would be introduced as households face increasing costs in their energy, fuel and food bills.

The Bank of England's Monetary Policy Committee (MPC), which is responsible for setting interest rates, is set to meet on Thursday. In August, it raised its base rate by 0.5 percentage points to 1.75 per cent.

Lower than expected retail sales, linked to people grappling with the cost of living, contributed to the pound plummeting yesterday.

The fall in sterling, which came on the 30-year anniversary of "Black Wednesday" – when the UK was forced to withdraw the pound from the European Exchange Rate Mechanism after failing to keep up its exchange rate – could push up inflation, increasing the chances of an even higher base rate hike.



Kwasi Kwarteng is due to unveil his first fiscal statement this Friday

Stephen Millard, deputy director of forecasting at the National Institute of Economic and Social Research, said: "A change of 0.75 percentage points in a base rate in one go is incredibly rare, and this increase is certainly possible.

"The situation with sterling dropping is a worry and could make the difference between whether the MPC opts for [a 0.5 and 0.75 percentage point rise].

"If sterling falls, the price of anything we import, including energy, goes up. This is likely to mean inflation rises, which could mean they will have to put rates up more."

He added: "If your mortgage goes up to 2.75 per cent, that is a hefty increase when you have a cost of living crisis to contend with. If people have got used to low interest rates and they suddenly jump, that can have a bigger impact than if you are used to higher rates and they go up."

Peter Levell, associate director at the Institute for Fiscal Studies, said: "In general you would expect a falling pound to increase inflation, so if it is unexpected it might be something the MPC has to react to and it would add more pressure to raise the interest rates."

An increase of 0.75 percentage points would mean the average mortgage holder would pay £60 extra a month, or £720 extra a year.

With households already grappling with soaring costs, the predictions pile pressure on the Government to do more to help.

The Prime Minister, Liz Truss, has already outlined plans to subsidise energy bills to cap them at £2,500 a year. The Chancellor, Kwasi Kwarteng, is due to set out estimated costs of this, as well as planned tax cuts, in Friday's fiscal statement.

But new data from the Office for National Statistics (ONS) showed that almost half of bill-payers were struggling to afford higher costs in the summer – even before energy prices increase further next month – leading to calls for the Government to do more to help those struggling.

The ONS social trends data revealed that 48 per cent of adults who pay energy bills were already finding it difficult to afford them.

{i} Sue Davies, of Which?, said it was "**hugely concerning that many people are already struggling to pay their energy bills**, even before prices go up again in the coming weeks".



Liz Truss is met by Michael Komor, the Dean of Llandaff Cathedral GEOFF CADDICK/GETTY

Commons people What's on the Parliamentary agenda this week

As soon as the Queen's state funeral is over, government business can restart as the period of national mourning comes to an end – although the Royal Family's official period of mourning will continue for another week.

Monday and Tuesday
After attending the Queen's funeral, Liz Truss is due to travel on Monday evening to attend a meeting of the UN General Assembly in New York on Tuesday. There she will meet other world leaders, some for the first time as Prime Minister.

Although she is due to hold private meetings with many leaders – such as US President Joe Biden – this weekend while they are in London for the funeral, the UN assembly will give her a chance to hold informal talks with others who she will not have time to meet in London , such as French President Emmanuel Macron.

Wednesday
MPs are expected to return to the House of Commons when they will swear allegiance to the King. There will be no Prime Minister's Questions because the swearing-in ceremony will take precedence.

Ms Truss must also put the finishing touches to her new Cabinet, with dozens of ministerial posts still unfilled after the Queen's death bought a halt to government business just days after Ms Truss was announced as Prime Minister.

First, there must be discussions to ensure that the new King is able to formally approve the appointments – a necessary formality – while the Royal Family remains in mourning.

Thursday
There is likely to be a Commons debate on the war in Ukraine. Recent gains by Ukrainian troops in the east of the country have added pressure on the West to increase supplies to Kyiv's armed forces.

There could also be a ministerial statement on energy – the rising cost of which is driving inflation, and leading to fears of a fuel crisis this winter.

Friday
The new Chancellor, Kwasi Kwarteng, will hold his first major fiscal event, in the form of a mini-Budget, as the Government seeks to get the ball rolling on its tax-cutting promises.

Ms Truss was able to announce her much-anticipated cap on energy costs on the morning before the Queen's death was announced on the afternoon of 8 September.

Mr Kwarteng is expected to give more details about how this will be paid for, as well as unveiling the tax cuts that Ms Truss promised during her campaign to succeed Boris Johnson as Tory leader.

The Commons will then rise again on Friday evening for the party conference recess, which is scheduled to last three weeks but is likely to be cut short to two, covering Labour in Liverpool and the Conservatives in Birmingham.

Jane Merrick

ENERGY

Bills freeze may cost Government less as price of gas drops

By Chloe Chaplain
POLITICAL REPORTER

Billions could be slashed off the cost of the Treasury's plans to freeze people's energy bills after falls in the wholesale price of gas.

The price of UK gas dropped to 310p per therm yesterday – less than half the peak cost seen towards the end of August.

If the current trend were to continue, the cost of the Government package to freeze energy bills could be reduced by as much as half.

310
The price in pence of UK gas per therm yesterday – less than half the peak cost seen towards the end of August

Treasury sources said a fall in prices, as well as the outcome of negotiations with generators, could lead to a vastly reduced bill for the Government.

But they cautioned against presuming that the current trend will continue – warning that the wholesale market is "extremely volatile".

When Liz Truss set out her plans to cap the price of energy bills at £2,500 for the next two years, experts estimated it would cost the Government between £120bn and £150bn.



POLITICS

Ministers still waiting to be sacked, with PM yet to fill posts

By Richard Vaughan
CHIEF POLITICAL CORRESPONDENT

Dozens of ministerial posts could remain unfilled for a further week after the official mourning period ends following the Queen's funeral on Monday, Downing Street has admitted.

Liz Truss was forced to pause her vast reshuffle last week in the wake of the Queen's passing, and the Prime Minister may be unable to resume her appointments for another seven days after the state funeral.

The continued interruption is because the Royal Family has a further seven days of private mourning and every ministerial appointment must be made officially by the monarch.

Downing Street has been left scrambling to ascertain whether King Charles III will sign off the list of new ministers during the royal mourning period, or if it will be forced to wait another week until it has a fully functioning government.

It comes after the Conservative Party faced severe criticism for engaging in a leadership contest almost two months long that left the Government paralysed by a lack of leadership during the ongoing cost of living crisis.

Analysis by i earlier this week suggested that as many as 55 frontbench posts that were used by Boris Johnson have yet to be filled, although No 10 disputed the exact figure and suggested that it could be lower.

Ms Truss is expected to slim down the size of her Government but there are still several positions, such as Commons whips, which have yet to be appointed and are integral to any voting required next week.


The Tory peer Lord Goldsmith was sacked as an environment minister

Asked when the posts will be filled, a No 10 spokeswoman said yesterday: "We will update on the next steps as soon as we can."

The situation has also meant that the Prime Minister has several disgruntled ministers who are still nominally in post despite knowing they are due to be sacked.

Environment minister Zac Goldsmith, a close ally of Mr Johnson, was widely reported to have been sacked from his role, fearing that animal rights would be downgraded under a Liz Truss government.

But yesterday Downing Street refused to confirm that he had been relieved of his role and insisted the reshuffle remained paused.

Opponents criticised No 10's handling of the situation, branding it a "zombie Government" and demanded that the Prime Minister take control of her ministerial team during a series of crises.

One Labour MP, who refused to be named, told i: "Over the past year or so, this Government has been described as the zombie Government and this is set to continue while families are struggling to eat and heat their homes and cannot make ends meet, schools and public buildings are receiving no plans for assistance and businesses being told not to worry – but again [there are] no plans on Government assistance."

They added: "This Government needs to get a grip because for the first time in my lifetime people will die as a consequence of a lack of emergency intervention."

{i} Chancellor Kwasi Kwarteng will set out how the Government will pay for the energy bills rescue package next Friday. But MPs will **once again leave the Commons for a further two weeks** that day to allow for their annual party conferences.

But if prices remain at current rates, the cost of the package could fall to £60bn.

The Chancellor, Kwasi Kwarteng, is due to outline funding and cost estimates in his fiscal statement on Friday.

Sources close to the Chancellor stressed the figures set out were an estimate, pointing out that the cost of the scheme would depend on prices over the two years and negotiations led by the Department for Business, Energy and Industrial Strategy.

"Estimates will be set out in the fiscal statement," a source close to the Chancellor said. "If wholesale gas prices falls, the scheme costs less. The gas markets are extremely volatile – they fall and rise hourly.

"The overall cost of the scheme is also dependent on the negotiations with gas and electricity generators. If they reach a positive conclusion, the scheme cost will be even lower."

Gas prices have fallen following efforts in Europe to stockpile energy supplies. Prices could begin to rise again once the reserves begin to be used up over the cold months.

CONSUMER

Nearly half face struggle to pay

By Henry Saker-Clark

Almost half of UK adults who pay energy bills have said that they are struggling to afford them, according to new figures.

In a poll conducted for the Office for National Statistics between 31 August and 11 September, 48 per cent of adults said they were finding it "very or somewhat difficult" to afford their energy costs. It represents an increase on a fortnight earlier, when 45 per cent said they were struggling with energy costs.

However, households have been promised support by Liz Truss's new Government because of the soaring cost of gas and electricity since the start of the survey period.

The Government has pledged to cap energy bills at £2,500 from next month, including a £400 rebate which will be paid in six instalments.

ECONOMY

Kwarteng expected to cut regulations in bid for growth

By Richard Vaughan

Kwasi Kwarteng is expected to use his fiscal statement next week to signal a fresh direction for the economy that will seek to capitalise on Brexit to power growth.

The Chancellor will spell out how the Treasury will pay for the massive energy bill support package for households and businesses as well as laying out planned tax cuts.

But insiders believe Mr Kwarteng may signal a shift in approach from the new Government, which will focus on ushering in deregulation.

He is already widely anticipated to scrap the cap on bankers' bonuses, a hugely controversial move that would seek to encourage more investment in the City but is politically risky.

There are also suggestions that the new Business Secretary, Jacob Rees-Mogg, could re-examine the EU working time directive, which allows most employees a right to a 48-hour week, to rest breaks every six hours at work and paid holidays for 28 days a year.

Mr Kwarteng previously looked into watering down parts of the legislation, but backed off amid wider Cabinet opposition.

Rachel Wolf, founding director of Public First and the author of the Tories' 2019 election manifesto, said: "[The Government] have one bet, which is that they can make growth look better by the election."

SLIP

SOCIETY

24-hour wait to see the Queen as yet

By Cahal Milmo

For 40 minutes yesterday, the nation's capacity for mourning, at least in one sense, reached its limit.

As well-wishers made their way to the south London park that marks the departure point for those wishing to file past the Queen's coffin, officials declared "The Queue" closed.

But no one needed to worry for long. After a queuing interregnum of 40 minutes, in which inevitably a queue for "The Queue" began to form, tabard-clad personnel resumed letting people through.

The re-opening came despite the Government's online queue tracking feed asking people to stay away late afternoon. By the time the line officially reopened at 5.30pm the time estimate had grown to 24 hours.

But while four very distant miles away in the Palace of Westminster the King and his siblings stood sentinel before their mother's coffin, the tide of public mourners was unceasing.

For 15 poignant minutes, the presence in Westminster Hall of the King, the Duke of York, the Princess Royal and the Duke of Wessex, each in military uniform, brought together both the Queen's closest and, perhaps, most determined mourners.

Those veterans of the Friday queue entering under the hall's 900-year-old angel roof at 7.30pm found themselves part of a carefully choreographed confluence of royalty and citizens as every occupant of the room paid their silent tribute to a departed sovereign, whether they had been her son or daughter or subject.



King Charles III meeting the crowd in Cardiff yesterday FRANK AUGSTEIN/PA

It was a testimony to the spirit which has governed the so-called Elizabeth Line that if the great and good felt moved to pay their own tribute, they have – with the exception of MPs and peers – got in line with everybody else.

Among them yesterday was one David Beckham, who had joined at 2am in the hope that the waiting times might have moderated and nonetheless stayed put when he found they most certainly had not.

Meanwhile, the King completed his tour of the nations of the United Kingdom with a visit to Wales before returning to Westminster Hall.

Speaking in Welsh, he told members of the Cardiff assembly that Wales had had a "special place" in the Queen's heart and it had been a "privilege" to serve as Prince of Wales, a title held by him for the longest period in British history before he passed it last week to the Duke of Cambridge. In a speech which appeared to reference the Queen's visit to Aberfan following the mining disaster which killed 116 children in 1966, the King said: "I know she took immense pride in your many great achievements, even as she also felt with you deeply in time of sorrow.

"It must surely be counted the greatest privilege to belong to a land that could inspire such devotion."

The day was not without its less devout moments.

As the King attended events in Cardiff accompanied by the Queen Consort, there was a small protest by republican campaigners – the heirs to the dissenters in Aberystwyth – who held aloft signs reading "Abolish the monarchy" and "Citizens, not subjects".

Back in London, there was little evidence of dwindling appetite for formality as the queue for Westminster Hall last night burgeoned anew.

London Ambulance Service said it had treated 435 members of the public along the route over the last two days as a result of faints, with 25 needing hospital treatment.

The logistical challenges of the queue are matched by the planning going into the state funeral on Monday.

It emerged yesterday that Government officials had delved into the archives of Queen Victoria's and Winston Churchill's state funerals to help plan the occasion.

A team of around 100 civil servants in the Cabinet Office is working on Operation London Bridge, with thousands more in supporting roles.



MONARCHY

Remarks on economy and faith as King ventures into politics

By Cahal Milmo

King Charles made his first foray as monarch into the political realm last night after it was revealed that he was "concerned" at how Britons will cope with the cost of living crisis.

Mark Drakeford, the First Minister of Wales, said that during his visit to Cardiff the King had raised with him the issue of price rises and the coming winter. The revelation risks pushing the new monarch into the type of politically contentious territory that his mother avoided.

Mr Drakeford said that he and the King had covered topics including climate change and the cost of living during the meeting in Cardiff.

The First Minister told TalkTV: "He mentioned the impact of the cost of living crisis and how that will impact on people here in Wales... He is concerned as to how people will manage through what is going to be a difficult winter."

The intervention in economic questions is likely to be seen as an early indication of the King's willingness to raise issues of personal concern in the public sphere.



The King with Wales's First Minister, Mark Drakeford, at Cardiff Castle

It came as the King last night returned to London to take part in a vigil with his siblings around the Queen's coffin in Westminster Hall.

The King was joined by the Duke of York, the Princess Royal and the Earl of Wessex, with the Queen's children symbolically standing guard while members of the public filed past to pay their respects. The Queen's grandchildren are set to hold a similar vigil tonight.

A further insight into the King's intentions for his reign came yesterday when he told religious leaders that he intended to protect "the space for faith itself" while also performing his duties to defend the Church of England and preserve the Protestant faith in Scotland.

Charles, who said that he felt a "duty to protect the diversity of our country", has long been known to want to expand his remit as monarch to become a "defender of faith" alongside his future coronation oath to be "Defender of the Faith".

In remarks at Buckingham Palace to 30 leaders from various religions, Charles said: "I hold myself bound to respect those who follow other spiritual paths, as well as those who seek to live their lives in accordance with secular ideals."

"I am determined, as King, to preserve and promote those principles across all communities, and for all beliefs, with all my heart."



The King and his siblings hold a vigil beside their mother's coffin last night PA

more mourners join 'Elizabeth line'



Thousands of people in London's Southwark Park join the queue to see the Queen lying in state in Westminster CHIP SOMODEVILLA/GETTY

PEOPLE

Undeterred by crowds, they came to queue... and to queue to queue

By Ellen O'Dwyer and Lucie Heath

Queue confusion, a seven-hour stoppage and warnings of 24-hour waits were not enough to dissuade thousands of resilient mourners from paying their respects to the Queen yesterday.

Government messages that no new members of the public would be able to join the queue filtered through to people arriving at Southwark Park shortly before 10am.

Some begged organisers to be allowed to join the queue, while others simply started "the queue for The Queue" – waiting patiently for admissions to restart.

Colleen Smitherman, 57, who had travelled to London from Whitstable, Kent, was among those who came with a mission and decided not to leave until it was completed.

"People are going to want to queue somewhere, it's our one-off chance to give thanks," she said.

Among those to enter the zig-zag of barriers as entry to the line was barred was Helena Larsen, 76, who had travelled from Chertsey, Surrey. She said: "I don't know what else to do. I do think because there's just a handful of us, we should be let in."

Michele Monteith, 54, arrived from Eastbourne with friend Emma McMillan, 33, on Friday morning only to find the queue was shut. She said: "We were thinking, 'oh! gosh!, we should have come yesterday, we've missed our chance'."

However, despite the official notice, many were allowed to join the moving line before it formally resumed at 5pm.



The line of people at 4.22am on the South Bank KIRSTY O'CONNOR/PA

Helen Cownty, 38, and her mother Linda said: "I guess we just winged it, I think everybody here just winged it."

Closer to Westminster Hall, many joined in the early hours of the morning to secure their slots and would eventually start filtering past the Queen's coffin in the afternoon.

Jane Dennis travelled to London from Sittingbourne, Kent, and joined the queue at around 2.30am.

She said: "I just absolutely love the Queen. I grew up with her, I remember my nan used to have a portrait over the mantelpiece."

Bringing only a Mars bar to get her through the night, the Barclays bank co-ordinator said the camaraderie of the people in the queue had been "really moving".



WALES

Anti-monarchists protest as Charles visits Cardiff Castle

By Emily Ferguson

Anti-monarchist protesters staged a demonstration outside Cardiff Castle yesterday as King Charles made his first visit to Wales since ascending to the throne.

Photos showed a small group holding anti-monarchy slogans on posters among a sea of Welsh flags from royal supporters. Phrases included: "Abolish the monarchy", "Citizen not subject" and "Democracy now".

Giant Owain Glyndwr flags – the emblem carried into battle during Glyndwr's rebellion against the English in the 15th century – were held aloft by some demonstrators, with one man holding up a placard saying: "End Prince of Wales title".

The King and Queen Consort arrived in Cardiff yesterday morning shortly before a 12-gun salute was heard. They attended a service of prayer and reflection at Llandaff Cathedral before speaking with well-wishers.



Later, they received a motion of condolence from the Senedd, where they also met members of the Welsh Youth Parliament. Pupils from Ysgol Gymraeg Hamadryad in Butetown, Cardiff, presented the Queen Consort with a posy.

As they arrived by motorcade at Cardiff Castle they were booed by the protesters. The protest was called in response to the King's decision to name William as Prince of Wales in his first speech as monarch. A petition calling for an end to the title out of "respect" for the Welsh has since gathered more than 25,000 signatures.

The Welsh First Minister Mark Drakeford had earlier defended the right to protest against the visit of the King but said that any anti-royal demonstrations would be a "footnote" to proceedings.

ROYAL FAMILY

Edward's touching tribute: 'Mama has left an unimaginable void'

By Tony Jones

The Queen's youngest son, the Earl of Wessex, has said the death of the Queen has left "an unimaginable void in all our lives" and his family were now "united in grief".



Edward spoke movingly about the Queen, describing how his two children had shared precious moments with their grandmother, in a statement released as he and his wife viewed flowers left by mourners at Windsor Castle.

The Earl said in his tribute that in death, as in life, they were sharing their "beloved mama" with others.

He added: "While it has been lovely to have spent time saying our own farewell privately at Balmoral, it is now time to allow others to be able to say their farewell.

"We have been overwhelmed by the tide of emotion that has engulfed us, and the sheer number of people who have gone out of their way to express their own love, admiration and respect to such a very special and unique person who was always there for us.

"And now, we are there for her, united in grief.

"Thank you for your support, you have no idea how much it means.

"The Queen's passing has left an unimaginable void in all our lives."

SECURITY

Bigger than the 2012 Olympics: Met mobilises for 2 million mourners

By David Parsley
CHIEF NEWS CORRESPONDENT

The Queen's funeral will be the largest security operation in the history of the Metropolitan Police with thousands of officers protecting up to two million mourners and hundreds of VIPs.

Stuart Cundy, the deputy assistant commissioner of the London constabulary, said the "hugely complex" policing operation would surpass the London 2012 Olympics, which had up to 10,000 police officers on duty every day.

20,000
Number of police officers that it is estimated will be on duty on the day of the funeral

While Mr Cundy would not give precise figures on the number of police involved on the day of the Queen's funeral, up to 20,000 officers are expected to be required on Monday.

"As a single event, this is larger than the 2012 Olympics, it is larger than the Platinum Jubilee weekend," Mr Cundy said. "The range of officers, police staff and all those supporting the operation is truly immense."

It will also be the largest VIP protection operation the force has dealt with, as about 500 world leaders, dignitaries and other VIPs attend the first state funeral in the UK since that of the wartime prime minister Winston Churchill in 1965.

In the wake of the Queen's death, up to 2,000 officers from other constabularies around the UK have been drafted in to carry out 20,000 shifts in London throughout the week and up until the funeral itself.

Specialist teams involved in the operation include motorcycle escort riders, members of the mounted branch carrying out patrols on horseback, firearms officers, dog teams and the marine unit to monitor activity on the Thames.

The use of drones by members of the public above central London has been banned, and the Met has had to warn dozens of members of the public who have attempted to film crowds attending events.

More than 22 miles of barriers have been installed in central London alone to control crowds and keep certain areas secure.

Mr Cundy said an attack on two police officers in London's Soho area yesterday morning was "something we are always very mindful of when it comes to major events".

While the attack, which is understood to have left a female officer with severe injuries, is not believed to have been related to terrorism or to the events organise to commemorate the Queen, Mr Cundy did ask for members of the public who are visiting London to be alert and to report any suspicious behaviour to police officers.

After the ceremonial funeral procession ends at Wellington Arch behind Buckingham Palace, the Queen's final journey will be to Windsor Castle to be laid to rest alongside her husband, Prince Philip.

Anti-monarchy protesters in Westminster were moved on this week by police after holding signs with slogans such as "not my king". There were also republican protesters present during the visit of King Charles yesterday.

Mr Cundy said: "We have ensured that all officers understand people have a right to protest. We will ensure a proportionate and balanced approach, and only take action where absolutely necessary."

As well as armed officers on the streets and rooftops above the funeral procession, the Met Police would be making use of the "wide range" of resources at its disposal.

It is unclear if this includes facial recognition technology or the use of drones.

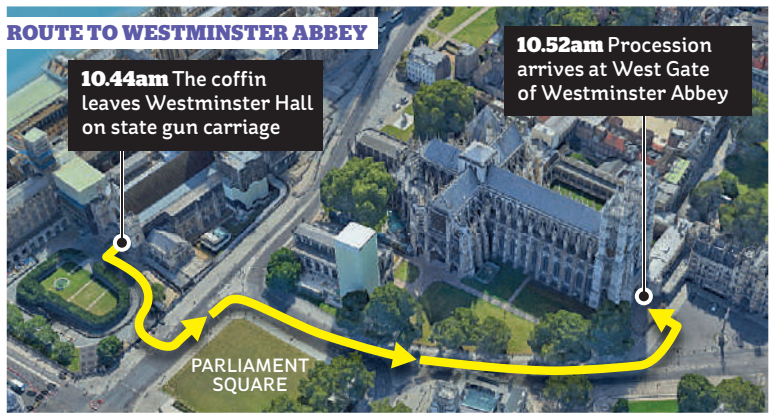
"Some of [the tactics] will be visible and apparent to mourners in attendance and some of them won't," said assistant chief constable Tim De Meyer, Thames Valley Police's gold commander for the security operation in Windsor.

Nick Aldworth, who was until 2019 the police national co-ordinator for UK counter terrorism, said events outside London were potentially less secure than the funeral route itself.

"They are easier to access, so there will be concern around those," he said. "But I have absolutely no doubt whatsoever that local constabularies will be policing them accordingly."

{i} The Met has **made 34 arrests** connected to the events related to the Queen's funeral so far, but none have been connected to protests.

Funeral fit for a Queen



INSIDE WESTMINSTER ABBEY



11am The funeral service will begin, conducted by the Dean of Westminster, and the sermon given by the Archbishop of Canterbury. The service is expected to last an hour.

11.55am The 'Last Post' will sound, followed by two minutes' silence to be observed in the Abbey and throughout the UK.

Midday The service will end with 'Reveille', the national anthem and a lament played by the Queen's piper. Afterwards the bearer party will lift the coffin from the catafalque and carry it through the Great West Door to the gun carriage outside.

DIPLOMACY

Ukraine's First Lady among foreign dignitaries to attend

By Victoria Craw

Ukraine's First Lady Olena Zelenksa (*inset*) will be among hundreds of world leaders and royalty to attend the Queen's funeral on Monday for one of the largest gatherings of world leaders in modern history, with New Zealand's Prime Minister Jacinda Ardern having already visited the Queen's lying-in-state.



"Olena Zelenska's presence is yet another sign of the global support for Ukraine," a source said. "Britain is one of Ukraine's staunchest allies. Her presence at the funeral is a sign of that friendship and mutual respect."

Yesterday Ms Ardern was among the first foreign leaders to visit the Westminster Hall. She said she planned to "share the sorrow that New Zealand has and pass on our deepest condolences," in a meeting with King Charles.

"At the end of the day, although this is a period of transition for him, he has also lost his beloved mother," she said.

Officials are formalising seating plans after more than 1,000 invitations were sent to heads of state in nearly every country in the world.

Leaders will attend a reception at Buckingham Palace tomorrow, hosted by King Charles.

Immediately after the funeral, the Foreign Secretary, James Cleverly, will host a reception at nearby Church House, as members of the Royal Family head to Windsor for the Queen's burial. Foreign attendees have been advised to wear dark formal clothing or national dress.

The US President Joe Biden and French President Emmanuel Macron are among the most high-profile guests who have confirmed they will attend, along with Germany's President, Frank-Walter Steinmeier, European Commission President Ursula von der Leyen and President of India Droupadi Murmu.

South Korea's Yoon Suk-yeol, Brazil's Jair Bolsonaro, Polish President Andrzej Duda, Italy's leader, Sergio Mattarella, Canada's Justin Trudeau and the president of the European Council, Charles Michel, will also be there.

Several countries, however, have been left off the list, including Syria, Venezuela, Afghanistan, Russia, Belarus and Myanmar.

China's invitation has proved controversial. Chinese Vice President Wang Qishan is expected to represent China in place of President Xi Jinping.

TRANSPORT

London airports on standby to receive VIPs and reduce pressure on Heathrow

By Steve Robson

The world's leaders will be scattered around London's airports as they gather for the Queen's funeral because the capital's main hub, Heathrow, cannot cope alone and would be "maxed out" by VIPs, **i** can reveal.

Around 500 foreign leaders and dignitaries are expected to fly in over the weekend, in what is anticipated to be one of the biggest events ever hosted on British soil.

According to a memo leaked to the political media firm Politico earlier this week, the Foreign Office has advised them to arrive on commercial airlines rather than private jets where possible.

i understands that the intention is that leaders use state carriers to arrive on scheduled services so that they don't use up slots at airports.

This does not necessarily mean they would be travelling alongside regular customers.

Aviation expert John Strickland predicted that most of those attending the Queen's funeral would arrive on aircraft which park well away from the main passenger terminals.

"You may see the aircraft approach but they will keep a clear distance when they arrive, from a security point of view," he told **i**.

"Some will come to Heathrow, some will come to Stansted, I imagine, because it's got lots of space well away from the main terminal."

A spokesperson for Stansted confirmed that the Essex airport has had "multiple" bids for arrivals, adding: "Heathrow is maxed-out on capacity, it doesn't have additional capacity to take private jets,.

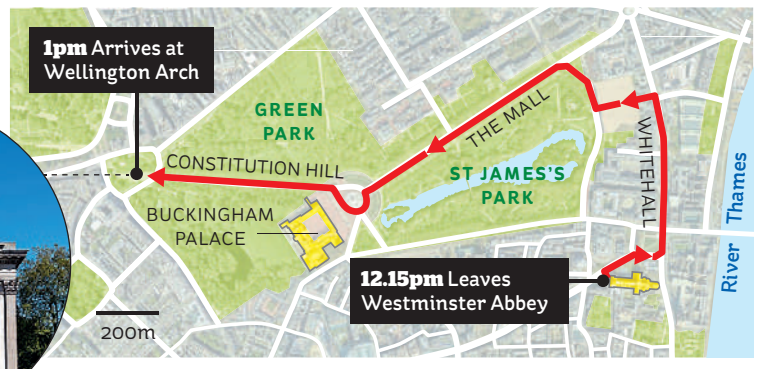
"We've been working with multiple agencies across government. There are multiple bids across multiple locations, there's to-ing and fro-ing and it's down to the different nations to make the decision.

"We've played an active role in

THE PROCESSION

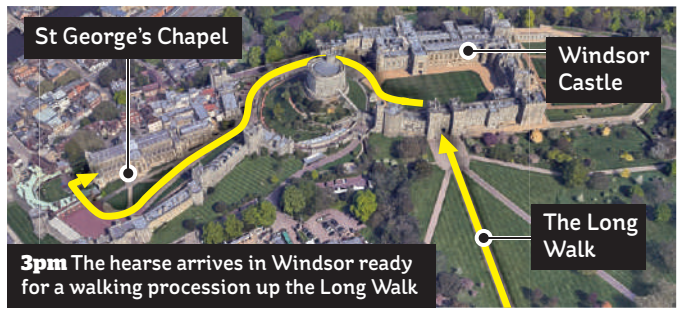
12.15pm The gun carriage sets off in a procession to Wellington Arch. It will be followed by the King and the Queen Consort, the Prince and Princess of Wales and other members of the Royal Family, who will walk behind the coffin.







1pm The procession will arrive at Wellington Arch, where the coffin will be placed in the State Hearse and driven to Windsor Castle.

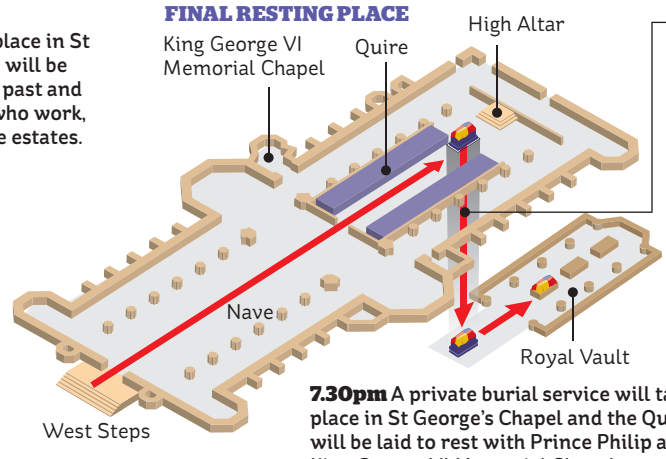


INSIDE ST GEORGE'S CHAPEL

4pm Committal service will take place in St George's Chapel. The congregation will be made up of the Queen's household past and present, including personal staff who work, or who have worked, on the private estates.



FINAL RESTING PLACE



After the committal service the Queen's coffin will be lowered into the Royal Vault where her husband, Prince Philip was temporarily laid to rest

7.30pm A private burial service will take place in St George's Chapel and the Queen will be laid to rest with Prince Philip at the King George VI Memorial Chapel.

GRAPHIC: NICK COLES



Hundreds of flights will be cancelled to keep skies quiet for the funeral

that London system to manage transportation at all the airports."

The arrival of world leaders and other dignitaries is set to have a significant impact on air travel in South East England on Monday.

Heathrow has announced that it has axed hundreds of flights to ensure that the skies above London fall silent as the Queen's coffin is taken through the streets.

Meanwhile more than 200 extra trains have been added to the National Rail network to bring people in and out of London, with some running through the night from locations as far as Manchester in the North and Bristol in the South West.

Network Rail's London stations will remain open overnight to provide shelter for people waiting for trains home.

DIPLOMACY

Speaker bans Chinese envoys from Commons

By Jane Merrick
POLICY EDITOR

The Speaker of the House of Commons banned the Chinese government delegation from attending the Queen's lying-in-state at Westminster Hall despite them being invited to the state funeral.

Sir Lindsay Hoyle vetoed a request from the delegation to enter the Parliamentary Estate because Beijing has imposed sanctions against five MPs and two members of the House of Lords.



The MPs and peers who have been subject to asset freezes and travel bans have voiced concern over Beijing's crackdown on China's Uyghur minority in the north-west of the country.

The veto follows a number of Conservative MPs, including the former Tory leader Sir Iain Duncan Smith, writing to the Foreign Secretary James Cleverly in protest at the Chinese being invited to the funeral.

Sir Iain (*inset*) told BBC News he applauded the Speaker for "standing firm". But another Tory MP, Richard Graham, told LBC the row was a "huge distraction from what is a period of national mourning, when there is a ceasefire on all political issues".

The House of Commons passed a motion last year declaring that a genocide was being carried out against Uyghur Muslims.

The Chinese government has been invited to send a representative to Monday's funeral but it is still considering the offer.

A Downing Street spokesperson said: "admission to Parliament is a matter for Parliament".

Countries with which the UK has diplomatic relations, including China, have been invited to the funeral because it is a state occasion.

But Syria, Venezuela, Afghanistan, Myanmar, Russia and Belarus have not been invited, while Iran, North Korea and Nicaragua have been asked to only send a senior diplomat.

DIPLOMACY

Truss to hold meeting with Biden as world leaders fly in

By Richard Vaughan
CHIEF POLITICAL CORRESPONDENT

Liz Truss will hold her first prime ministerial one-to-one meeting with US President Joe Biden tomorrow as world leaders fly in for the Queen's funeral.

The Prime Minister will hold a series of private head-to-heads with her counterparts over the weekend in a major diplomatic push ahead of Monday's state funeral.

She will meet privately with her counterparts from Australia and New Zealand – Prime Ministers Anthony Albanese and Jacinda Ardern respectively – at the Government's Chevening country residence today, a No 10 spokesperson said.

On Sunday, Ms Truss will hold meetings at No 10 with the Irish Taoiseach Micheál Martin, the Canadian Prime Minister Justin Trudeau, the Polish President Andrzej Duda and Mr Biden.

Ms Truss previously met the US President in Washington last September and at a Nato summit earlier this year, before she became leader.

The meeting will take place against a backdrop of disputes over the Northern Ireland Protocol and difficulties working towards a trade deal. Mr Biden is understood to be opposed to the UK's handling of its post-Brexit obligations.

The Protocol is also likely to come up when she speaks to Mr Martin, as relations between the two countries continue to be strained over post-Brexit trading arrangements.

The head-to-head with Mr Biden, who will attend the funeral with First Lady Jill Biden, is set to ease the pressure on Ms Truss's visit to the UN General Assembly next week, although No 10 did not rule out another bilateral meeting there.



New Zealand's leader Jacinda Ardern is scheduled to meet Liz Truss today

It is likely that Ms Truss will meet French President Emmanuel Macron at the New York summit, rather than during his visit to the UK.

Mr Macron confirmed his attendance at the funeral after offering his country's condolences in a call to the King.

He tweeted about the "unbreakable" ties between France and the UK as he promised to "strengthen" the nations' relationship by "following the path" of the late Queen.

A meeting between the pair could be a chance for Ms Truss to clarify where their relationship stands, after she controversially said that the "jury's out" on whether Mr Macron was a "friend or foe" during her campaign to become Tory leader.

Ms Truss and the European Commission president Ursula von der Leyen are also understood to be arranging a meeting during their attendance the UN summit, with the Protocol expected to be discussed.

Ms Truss will have an audience with the King before attending his reception for heads of state at Buckingham Palace tomorrow.

Star spotting Which celebrities are on guest list?

Sir David Attenborough, Lord Andrew Lloyd-Webber and Sir Jackie Stewart may be among celebrity guests attending the Queen's funeral.

Around 2,000 dignitaries are expected to attend the ceremony at Westminster Abbey on Monday.

Alongside the kings and queens, emperors, presidents and prime ministers, the Queen's close friends, staff and celebrity acquaintances are also expected to attend.



Sir David (*inset*), born just weeks after the late Queen, enjoyed a close working relationship and friendship with the monarch for decades.

Speaking to the BBC during the Queen's procession to Westminster Hall this week, Sir David said the display of mourning was a moment of "sadness and thanksgiving".

Other expected attendees include the former racing driver Sir Jackie Stewart, who was supposed to spend the day with the Queen at Balmoral on 14 September, six days after she died.

Other celebrities expected to attend include composer Lord Lloyd-Webber and James Bond star Daniel Craig, who famously appeared with the Queen at the opening of the 2012 London Olympics.

SPOTLIGHT

‘I can’t believe I’ve been invited to the Queen’s funeral... it feels surreal’

Among the great and good invited to Westminster Abbey will be 183 everyday heroes. By **Aasma Day**

As well as the heads of state and dignitaries attending the Queen’s funeral on Monday, almost 200 unsung heroes have been invited to pay their respects.

The 183 members of the public were chosen because of their extraordinary contributions in areas such as volunteering in communities, the Covid-19 pandemic response, charity work and those in healthcare, education and the public sector.

i spoke to some of those going to the historic occasion to say their goodbyes to the Queen about why it means so much to them.



NATALIE QUEIROZ

Natalie Queiroz was eight months pregnant when she was stabbed 24 times in 2016. She and her unborn child miraculously survived and the mother-of-three went on to turn the horrific incident into a positive by becoming an anti-knife crime advocate.

The 46-year-old, who lives in Birmingham, began by doing motivational talks about resilience and surviving, before talking to children about the dangers of knife crime, then becoming a qualified specialist carrying out youth work educating teenagers about coping with trauma and steering them away from a life of crime.

She was made an MBE for services to young people in the Queen’s Birthday Honours list in June and has been invited to the funeral.

“It is a massive honour as this is one of the biggest occasions in modern history and to have the opportunity to attend, thank the Queen in my head for everything she has done, pay my respects and celebrate her life is mind-blowing,” Natalie told **i**.

“I was genuinely saddened when I heard the Queen had passed. It was like losing a member of the family as she has always been there, and was such a strong woman who held herself with dignity and strength and I admired her deeply.”

OWEN SHARP

The Queen was arguably the world’s most famous dog owner and had been a patron of Dog’s Trust since 1990. Owen Sharp, chief executive of the charity, told **i** that the Queen’s backing had done an enormous amount to highlight the rescue dogs in their care.

Mr Sharp (*below*) added: “The Queen was most famous for having corgis, but actually she was an owner of many dogs and lots of different breeds, and they were always a big part of her life.

“I feel honoured to be attending her funeral and being able to pay the respects on behalf of everyone at Dog’s Trust, all our volunteers and the many thousands of people who have adopted dogs from us over all of these years.

“We believe that humans have the ability to make dogs’ lives better and dogs have the ability to make humans lives better,” he said. “Her Majesty was a great example of this and it clearly brought her a lot of joy to be a dog owner.

“When she visited our centres, it wasn’t just about meeting the people for her, it was about meeting the dogs and celebrating what we do as an organisation.”



GUY ADDINGTON

Lifeboat volunteer Guy Addington has helped save 13 lives as a member of the RNLI and met the Queen around 12 years ago – when she told him a moustache he had grown as part of a fundraising venture “didn’t suit him at all”.

Mr Addington (*left*), 45, who lives in Margate, told **i** he remembered the royal meeting vividly and was saddened he won’t get to meet Her Majesty again after he received his MBE accolade in June.

“I felt very nervous about meeting the Queen when she visited our lifeboat centre as patron of the RNLI,” he said. “But as soon as the interaction began, everyone felt immediately at ease as she had the knack of making you feel comfortable.”

He added: “It was embarrassing as at the time, I had a pretty horrible moustache I had grown to fundraise for Movember. The Queen commented on the fact it didn’t suit me at all. I told her, ‘I know, I’m embarrassed,’ and my wife agreed with the Queen. If I had the opportunity again, I probably would have shaved, but it’s a funny story to tell.

“I can’t believe I’ve been invited to the Queen’s funeral.

“It feels very surreal and I feel honoured and privileged to have the opportunity to reflect and say goodbye at this monumental moment in our history.”

LESLEY GARVEN

Lesley Garven, manager of the Blind Veterans centre in Brighton, was made an MBE in the Queen’s Platinum Jubilee Honours for her services to veterans over the past decade – in particular for her work leading the centre, which has 30 permanent residents, throughout the pandemic.

She told **i** that working for a “can do” charity like Blind Veterans UK was inspiring every day and a pleasure, so she was stunned when she was awarded an MBE for it.

She said that the pandemic was a difficult time and she has focused on creating a safe environment for their visually impaired residents.

“I feel the MBE is a recognition of not just me, but everyone’s input over that time,” she said. “It was so unexpected when this beautiful cream envelope landed on the doorstep. I was absolutely stunned.”

Ms Garven received a telephone call inviting her to the Queen’s funeral, but after not hearing anything for a few days after, she began worrying it was a hoax. Then she then received an official email explaining she would get further instructions by special delivery and she knew it was true.



PROCESSION

‘Taking part means everything’: RAF have trained non-stop all week

By Joe Duggan

RAF Halton’s parade square rang out to the sound of the service’s band and marching feet as one of the final rehearsals for the Queen’s funeral played out yesterday.

Plastic cones mapped out a replica of the route along which almost 600 RAF members will file for Monday’s state funeral procession.

The RAF tarmac was transformed into a representation of Wellington Barracks, Horse Guards Parade and Wellington Arch, from which Her Majesty’s coffin will be transferred from a gun carriage to a hearse to take her to Windsor Castle.

The men and women of the RAF have been training at this Buckinghamshire base non-stop every day this week. Boots have been polished to perfection, shirts ironed to a crisp and drills carried out by participating personnel from the RAF Regiment, RAF College Cranwell, RAF Marham, the Royal Auxiliary and 603 City of Edinburgh Squadron.



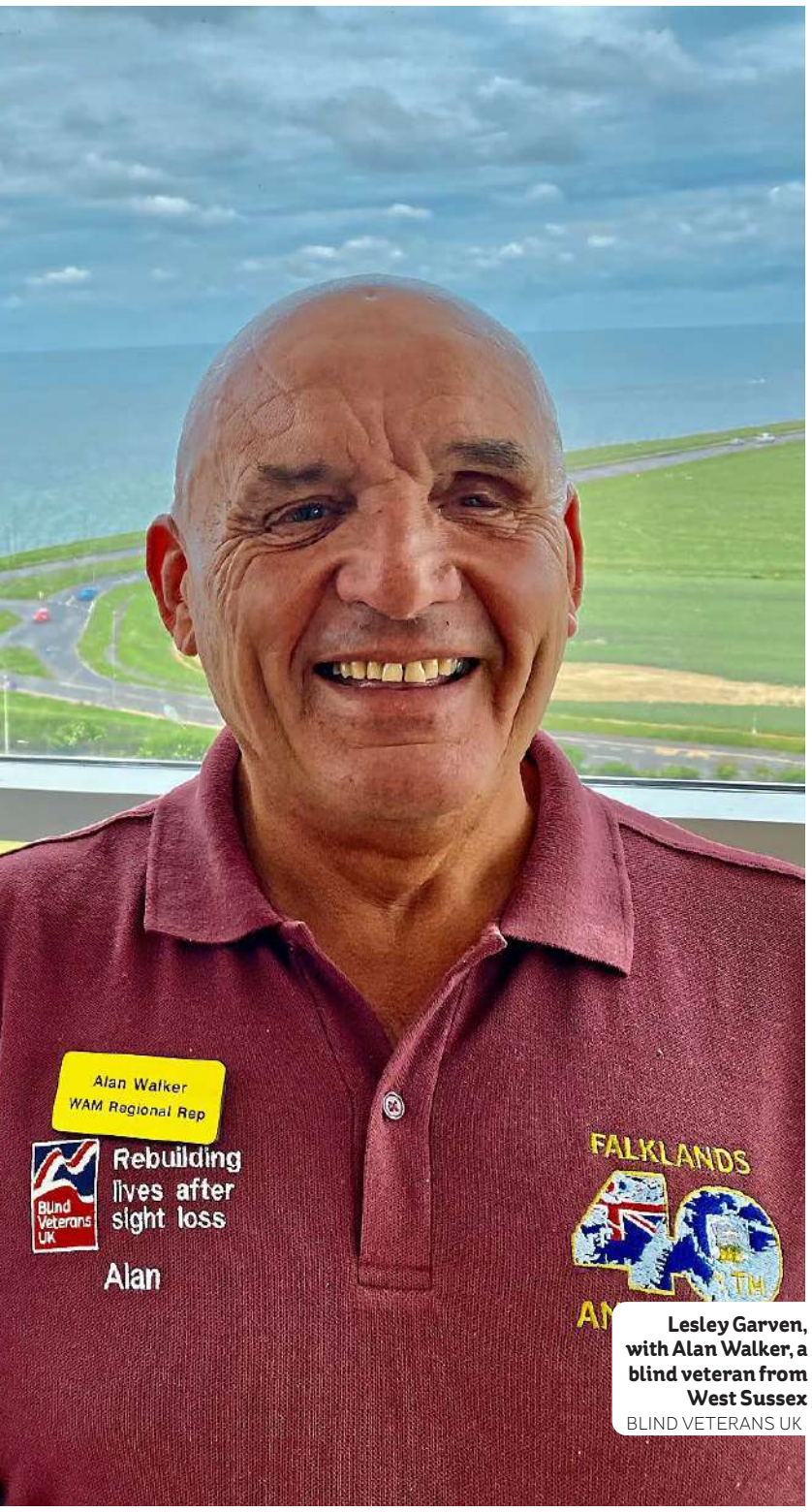
Pride, mingled with nerves, is to the fore among those taking part, but the rigour and demands of the task at hand are clear.

Wing Cdr Piers Morrell, 51, the RAF’s principal director of music, will be conducting the service’s combined band.

Taking part in such a momentous event “means everything” to those in the RAF accompanying the Queen on her final journey, he said.

“As much as we are used to this, there is always a sense of occasion, but I think for all of us there is going to be the solemnity of the event,” he told **i**.

The RAF band will play funeral marches by Beethoven, Chopin, Mendelssohn and Charles Pann, choices which will have been signed off by the Queen.



Lesley Garven, with Alan Walker, a blind veteran from West Sussex BLIND VETERANS UK

BROADCASTING

Purity of radio will lodge the day in your memory

Forget TV and 'see' the spectacle and emotion with your imagination. By **Simon O'Hagan**



Who knows whether it really was Alistair Cooke who was the first to say, "I prefer radio to TV because the pictures are better". But the sentiment expressed by that master of broadcasting has been oft repeated by those of us who identify as listeners much more than we do as viewers.

Now our dedication to radio is about to experience its moment of greatest fulfilment. Because while the Queen's funeral will undoubtedly make for hugely powerful television – the biggest live event in UK TV history, a once-in-a-lifetime spectacular of colour, pageantry, historic landmarks, awesome theatrics, faces wreathed in emotion, and a myriad other sights, the like of which we have never witnessed before and never will again – will it be as powerful as following events on the radio?

Cooke's point about radio's pictures is a compliment to the human imagination. Listeners to the coverage of the funeral will still be able to "see" it. But there will be something more.

It's as if – without the distraction of actual pictures – we'll be able to access the occasion on some deeper level, its atmosphere distilled into its very essence.

Perhaps what it comes down to is that the difference between television and radio is that television is about entertainment and radio is about companionship. No wonder the radio listening figures went through the roof during lockdown.

Radio can feel personal and intimate in a way that television never can, and it's this dynamic which has surely driven the podcast phenomenon of the past few years. We're in the midst of an audio revolution that has transcended the instant availability of video.

This audio revolution seems to be feeding an almost primal need for stories, a need that begins in childhood when we are being read to. And however well a story can be told on television, it can't compete with radio.

Maybe there is something in the very act of listening that opens up realms that lie beyond our eyes.

The commentary teams for the BBC's coverage of the Queen's funeral have now been announced, and it's going to be a career-defining moment for them.

Assignments don't come any bigger, the pressures on those called up unique.

For Huw Edwards and his colleagues on TV, the challenge lies, in part, in not telling us what we can see for ourselves. In a way there's less work for them. They can allow silences to happen.

No silence can go on too long on the radio, and there's a premium on possessing a gift for description – simple, not flowery. Allan Little, who's been given the radio gig from inside Westminster Abbey, certainly fits the bill.

Plenty of sounds will take care of themselves – most obviously the music. Soaring hymns will fill Westminster Abbey.

But there will be other sounds, from the words of those officiating to the crunch of the wheels of the state gun carriage that carries the Queen's coffin. The acoustics of the day are going to be as special as the visuals, and if you really want to be able to appreciate them, switch on the radio.

Is there a best-of-both-worlds option of the TV on with the sound down, but the commentary on the radio? People are said to do that when England are playing cricket. We'll see.

But there's no getting away from the purity of radio, and to choose it for the Queen's funeral is, I would argue, to lodge the day in the memory in a way like no other.



Huw Edwards announcing the death of the Queen GETTY

Coverage How you can watch the Queen's funeral

For those unwilling to brave the huge crowds expected in London for the Queen's funeral on Monday, the main broadcasters are offering blanket TV coverage.

The BBC will begin with its 6am breakfast programme, with coverage of the funeral continuing from 8am to 5pm on BBC One and BBC News.

ITV will broadcast the funeral without advertising on all its channels, starting with a special episode of *Good Morning Britain* at 6am. And Sky's coverage of the funeral will be available for free throughout the day on Sky News.



But viewers won't be restricted to their living rooms. Those who can't make it to the Mall, but want to witness the funeral in a communal environment, will have the option of watching on big screens being put up across the country.

Screens will be erected in cities including: Edinburgh, in Holyrood Park; Newcastle, at Old Eldon Square; Birmingham, in Centenary Square (*inset*); Manchester, Cathedral Gardens and Exchange Square; Leeds, at Millennium Square; Hull at Queen Victoria Square and Hastings, at Alexandra Park.

A number of cathedrals have announced plans to stream the ceremony, including Manchester, Sheffield, Bradford, Lincoln and Truro.

Various cinema chains will also be broadcasting the event for free in selected cities, including Vue, Curzon and Arc. However, the UK's largest cinema chains, Odeon and Cineworld, will be closed for the day.

While some pubs have decided not to close on Monday, others are opening early so that people can gather and watch the funeral ceremony.

Major chains confirming their pubs will show the funeral where possible include Greene King, Slug & Lettuce owner Stonegate and Beefeater owner Whitbread.

Lucie Heath

MONARCHY

Grandchildren to hold vigil at Queen's coffin

By Emily Ferguson
POLITICAL REPORTER

The Queen's eight grandchildren, including Princes William and Harry, will hold a vigil at the Queen's coffin today at the request of the King.

As a mark of respect, they will stand in quiet contemplation around their grandmother for 15 minutes.

It comes a day after the Queen's four children held their own vigil at the four corners of the catafalque in Westminster Hall.

The Prince of Wales will be flanked by his cousins Zara Tindall (*inset*) and Peter Phillips, the children of the Princess Royal. The Duke of Sussex will stand with Prince Andrew's daughters, Princesses Beatrice and Eugenie.



The Earl of Wessex's children, Lady Louise Windsor and Viscount Severn, will stand near the middle of their grandmother's coffin.

The exact timings are yet to be disclosed, but are expected to mirror those for the Queen's children, who held theirs at 7.30pm yesterday.

Princes William and Harry will appear in military dress.

The Duke of Sussex had previously been told that he was not allowed to wear his uniform during ceremonial events, despite having served in the Army, because he is no longer a working member of the Royal Family.

The decision has been overturned at the King's request.

The other grandchildren will be wearing traditional morning dress.

GENDER

Rise of the Windsor women

New King set to hand greater responsibility to his female relatives. By **Eleanor Peake**





The Queen's death on 8 September brought to an end 70 years of a woman on the throne. Not only does the British crown now belong to a man but the line of succession is dominated by male figures – William, the Prince of Wales, at the top, and his nine-year-old son Prince George of Wales in second place.

The matriarchal household is no more as the reins of power are handed to a new generation of Windsors. But, during the period of national mourning, the Windsor women have been hyper visible: Princess Anne stood guard by the Queen's coffin at St Giles' Cathedral in Edinburgh; the Princess of Wales shook hands with the public at Sandringham; the Countess of Wessex read tributes left at Balmoral; and the Duchess of Sussex collected flowers from well-wishers at Windsor.

In the inevitable reshaping of the monarchy that will take place in the coming months and years, can the public expect to see more of the Windsor women or is this current choreography simply the product of a family being drawn together in mourning, stepping into roles at a time of crisis? It is important to remember that royal commentators have long speculated about King Charles's reported plans to reduce the number of working royals to a core contingent of just seven. These other members would be the Queen Consort, Camilla, his siblings Princess Anne and Prince Edward, Edward's wife Sophie, and his eldest son Prince William and the Princess of Wales.

"Charles has really had to draw on individuals quite heavily that he previously wouldn't have done," Ed Owens, royal historian and journalist, says.

"It says a lot about just how damaging Harry and Megan's departure has been for the monarchy." Prince Charles is also no longer able to publicly rely on his brother Prince Andrew, after he was forced to step back from working life.

Within the smaller group that is left behind, the women are going to become valuable resources that King Charles should not underestimate, says Clive Irving, author of *The Last Queen*.

"Women have always been the weather makers in the Royal Family," he says. "Our best monarchs have been extremely strong women who have left their mark in a way that no man ever has. I think this is set to continue."

One element will come down to capitalising on their popularity. "Having women in the family who are popular is not a bad thing for Charles. There have always been question marks over his popularity," says Elizabeth Norton, royal historian and author of *England's Queens*. "He knows that Sophie Wessex is popular, and he knows that Kate Middleton is popular. So using them and making them the focal point for events is probably a really good idea."

Sophie, Countess of Wessex, has not always had such a central role to play. Following her marriage to the Queen's youngest son in 1999, she stayed relatively under the radar. She continued with her job in public relations until 2001 when a reporter recorded her being indiscreet about Royal Family members and she stepped down.

Decades on and Sophie has become a well-trusted member of the inner circle and a reported "favourite" of the Queen. In a 2019 speech at Buckingham Palace, she referred to the late monarch as "Mama". And after the death of Prince Philip in 2021, Sophie was trusted enough to speak on the radio about her memories of the Duke.

"Until Harry and Meghan left the Royal Family, Prince Edward and Sophie were sort of nonentities," says Owens. But Norton says "since 2002, [Sophie] hasn't put a foot wrong". "She was very, very close to the Queen and people talk about her as the Queen's second daughter. She's seen as discreet, loyal, hard working, and is seen as a real asset to the family."

The Countess of Wessex is also seen as an asset to her husband. "Thanks to Sophie's guidance, Edward has a better public image," says Irving. "So, I think she's a real strength there."

> **Of course, the Royal Family knows just how popular Kate is. She is popular worldwide**

Under King Charles, Sophie will receive a new title, although this is yet to be confirmed. It is speculated that Prince Edward will be awarded Duke of Edinburgh, making her the Duchess of Edinburgh. Norton says we can expect to see Sophie attend more major royal occasions.

The new Princess of Wales will, of course, continue to be an essential cog in the PR machine for the King. The Princess is now the second-highest ranking woman in the Royal Family after Camilla. Owens said we can expect to see more charity and issues-based work from Kate: "She's taken on the issue of early years learning development which is a relatively neutral area.

"Her work in that sector is designed to have a positive impact but it also helps her image as a mother. There is a sort of synergy there in terms of the work that she's investing time in and her public image."

Charles will probably choose to have Kate at every major royal event, says Norton. "Of course, the Royal Family knows just how popular she is. She is popular worldwide," she adds. "We will be seeing a lot more of Kate, even more than we have already seen."

Of course, the King's only sister, Princess Anne, has long been a central figure to the monarchy – even if publicly overlooked. "She is going to be indispensable to Charles," says Irving. "She used to offer counsel that the Queen couldn't find in Charles, Andrew or Edward. She is a powerful woman with sound judgement, who understands all the issues in a way that maybe her brothers do not".

As for the other women in the family – those who have more recently been in roles on the periphery, can we expect to see a

MILITARY

William tells of 'highs and lows'

By Connie Dimsdale

Prince William and his wife, Kate, have welcomed soldiers from Canada, Australia and New Zealand rehearsing their roles for the Queen's state funeral on Monday.

The Prince and Princess of Wales watched a haka, the traditional Maori ceremonial dance, by soldiers from New Zealand at the Army Training Centre Pirbright, in Surrey.

The couple were heard discussing with troops how it feels to go from celebrating the Queen's Platinum Jubilee to preparing for her funeral in a matter of months.

Speaking to Australian troops, William said this shows "the highs and lows of it all", while Kate told Canadian service people that going from the Jubilee to funeral preparations is "very strange".



Prince William and Kate with military personnel yesterday

She was also heard discussing "lack of sleep" with the visiting soldiers.



Sophie, Countess of Wessex, is set to become one of the core working royals CHRISTOPHER FURLONG/GETTY

PEOPLE

Anne: the no-nonsense, trustworthy confidante



Out of the limelight, the new King will rely on his hardworking sister. By **Serina Sandhu**

Princess Anne has been seen in a frontline royal role over the past week and, as a loyal and dutiful confidante, is set to continue by playing an important, if largely unseen, role during King Charles's reign.

The Princess Royal is widely recognised as one of the hardest-working royals and has a sense of duty that will support and aid the new King.

For Charles, Anne is a confidante and a trustworthy member of the family who can, without controversy, carry out the monarchy's work, which she has done since the age of 18.

She was second-in-line to the throne when her mother became Queen but as younger brothers, nephews, nieces and their progeny were born, she slipped to 16th in line. The 72-year-old's position is thanks to a now obsolete primogeniture law but the crown is not something she has sought.

Instead, she has lived a life of quiet – or as quietly as the tabloids have allowed – servitude to the monarchy and is set to continue to be a stalwart of royal service under her brother's reign.

Anne's dedication to duty and protocol and her stoic character have been on full display in the aftermath of the Queen's death.

At the late monarch's request, it has emerged, Anne escorted the coffin from Balmoral to London, where it lies in state.

Her grief, as she followed her mother's coffin on the six-hour journey from place of death to Edinburgh, was palpable. Her deep curtsy as the coffin was moved into the Palace of Holyroodhouse in the Scottish capital symbolised



Diligent Princess Anne rejects the celebrity aspect of her Royal title

respect to a monarch and love for a mother. Anne stood shoulder-to-shoulder with her brothers in the coffin procession from Buckingham Palace to Westminster Hall. Earlier, she made history as the first woman to stand guard over the coffin in the tradition of Vigil of the Princes, alongside her three brothers, at St Giles' Cathedral in Edinburgh.

Anne carries out more duties than anyone else in the family. In 2021, she had 387 engagements, two more than Charles.

But her work is diligent and quiet, and she rejects the celebrity associated with being a royal. Her two children, Zara Tindall and Peter Phillips, bear no royal titles and Anne labelled the Royal Family documentary from 1969 a "rotten idea", finding it hard to comprehend why they needed any more attention.

All that, combined with the actions of more colourful members of the family, means her service is often overshadowed.

But it will not have been overlooked by her brother as he shapes a slimmed-down version of The Firm under his reign.

Cele Otnes, a University of Illinois professor who co-wrote *Royal Fever: The British Monarchy in Consumer Culture* called Princess Anne a "no-fuss, down-to-business type of person" who did not keep a high profile. "The work she does with keeping the monarchy relevant and visible is likely underrated," she said.

"I think that Charles has a great deal of respect for Anne because, like her mother, she has a strong work ethic."

With two years between them, Charles and Anne were close as children. They grew up with just one another for company until the arrival of Prince Andrew in 1960 and then Prince Edward four years later. The pair were often together in the care of their nanny, Mabel Anderson.

Their paths diverged when Charles was sent to Gordonstoun at 13, the boarding school their father attended in Moray, Scotland, while Anne was sent to the Benenden School closer to home in Kent.

But when reunited in royal service, the pair seem to enjoy one another's company. They can be seen conversing animatedly and bursting into fits of laughter when

"Charles has a great deal of respect for Anne because, like her mother, she has a strong work ethic

sitting next to each other at events, including the annual Braemar Gathering in the Highlands and the Platinum Jubilee pageant this year.

"The person that she is most like in that family is Prince Philip, for good and bad. She's famously got a much more direct character. She doesn't suffer fools," said Dr Ed Owens, a royal historian and author of *The Family Firm*.

"She goes for the no-nonsense approach to the work of monarchy. She is the perfect embodiment of her two parents, more so than the three brothers. People have said for years she's arguably much better suited to the role of monarch given her character and ability but she's never embraced that."

He added that she was extremely respectful and supportive of the King.

"Charles is going to have to rely on his sister to continue the good work of monarchy because he hasn't got that many other reliable relatives that he can draw on. Her presence is key to this idea of continuity... of duty, service, self-sacrifice."

change? The Duchess of Sussex has already publicly stated, alongside Prince Harry, that they are stepping outside of the senior royal fold and will not be working royals, instead choosing to live in the US and pursue personal projects.

On paper Princess Beatrice, as the eldest child of Prince Andrew, ninth in line to the throne, and one of six counsellors of state, could have a role. But the damaged reputation of her father may prevent her from taking a more public place, says Irving. "Andrew is a real persistent problem and won't go away. So, I think those two daughters will take it easy and will have to be wary and sensitive to the fact that their father is in a difficult position. They're smart kids. They can carry some duties, but they're not in the same league as Sophie or Kate."

Comment

Family reunited in grief warms heart

Alex Beresford



I felt deep sadness when hearing of the Queen's passing last week and even made the journey to Buckingham Palace to pay my respects. Her Majesty achieved so much in her reign through her unrivalled commitment to service and the love and devotion she had for her family. That family, it appears, has reunited in grief.

When I first saw the pictures of the Prince and Princess of Wales and the Duke and Duchess of Sussex together in public, I smiled. Those images, and the ones since of Meghan and Harry with the rest of the Royal Family, have strengthened the feeling of togetherness in our nation.

I've made it no secret that a woman of colour joining the British Royal Family brought me and so many others great pride and a feeling of acceptance. I began to engage and connect more with the institution as it started to look like the families that I see around me.



Seeing Meghan Markle here again this week, greeting crowds of mourners and being part of the traditions alongside Harry, William and Kate, has taken me back to happier times. Their absence left a hole, and their presence has made it even more apparent the positives they brought to the institution.

The sights of the "fab four" has been a comfort for the nation. I can't imagine what it would feel like for them to face crowds at a time of such grief. But we have seen the strength the princes displayed as they walked behind their mother's coffin as children and we saw it again as they faced the crowds as grown men for their grandmother.

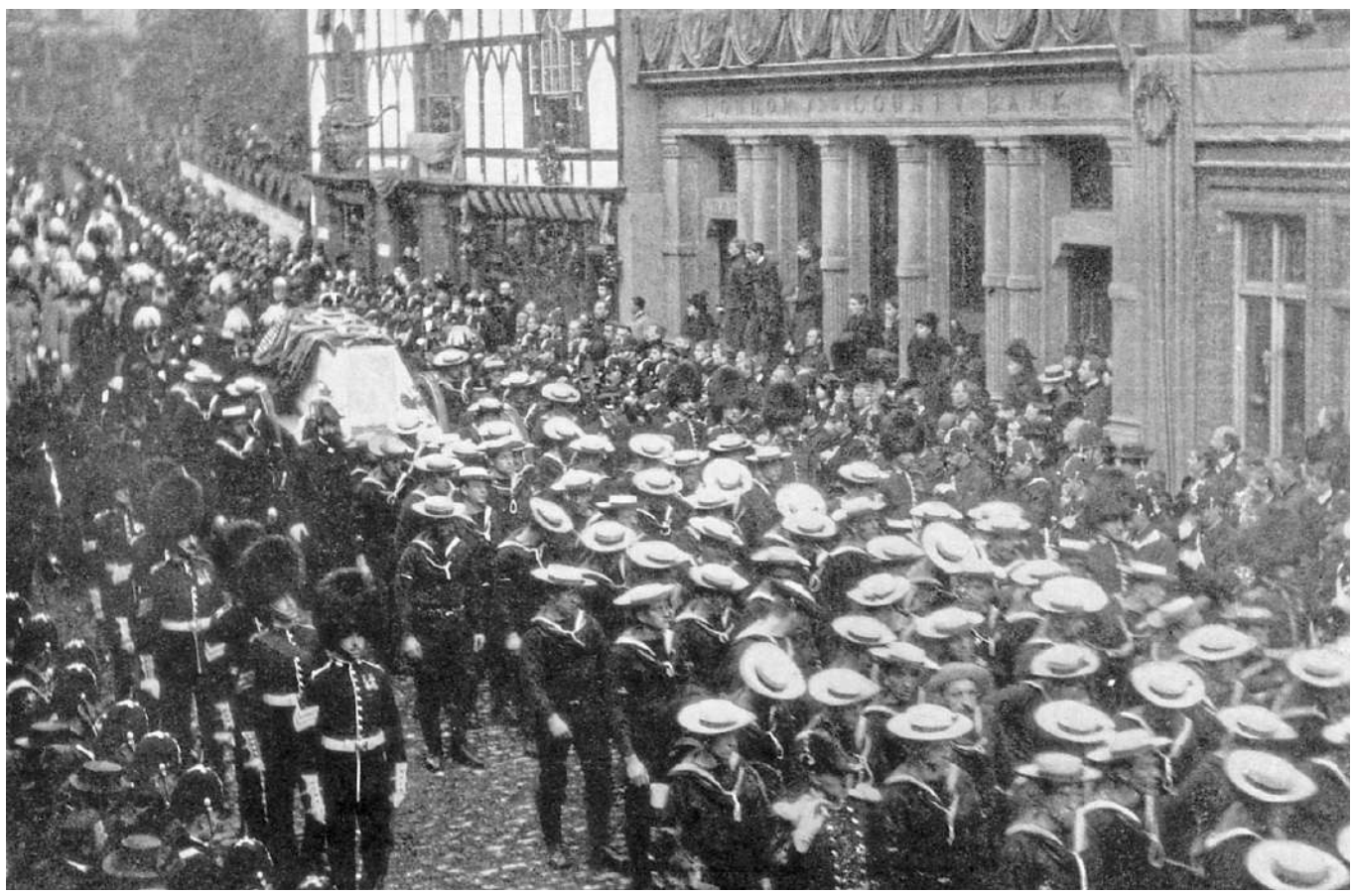
Ultimately families hurt, heal, forgive and come back together. I've seen it in my own family and you've seen it in yours. The intense bond only heightens conflict, yet it can also bring us back together quicker than ever.

Alex Beresford is a TV and weather presenter for ITV

CEREMONY

Secret story behind Navy pulling power

A tradition begun by accident is a huge honour for those involved. By **Dean Kirby**



A print from *The Sphere* in February 1901 shows sailors pulling the gun carriage carrying the coffin of Queen Victoria, at Windsor. This week, sailors at Portsmouth have been preparing for Monday's solemn duty
THE PRINT COLLECTOR/GETTY

The tradition of Royal Navy sailors pulling the monarch's gun carriage at state funerals only began after an accident on Queen Victoria's final journey.

She had been due to make her final journey uphill to Windsor Castle on a wintry day in February 1901, pulled by eight bay horses of the Royal Horse Artillery.

But when the horses took the weight of the coffin – around 70 stone – part of the harness broke and one of them "received a blow and started to plunge".

It was put about at the time that the last-minute change had been made because the horses were cold and likely to slip on the icy road from Windsor train station – perhaps to avoid a public discussion of the late Queen's portly physique.

But the real story only emerges in a 1936 newspaper cutting from the time of King George V's funeral, when Sir Cecil Levita, who had been in command of the cortège, revealed what had happened.

"It was bitterly cold, with some snow, and the gun carriage had been kept waiting at Windsor station together with naval and military detachments for a considerable period," he wrote in a letter to *The Times* after an article appeared to criticise the horses' abilities.

"When the royal coffin, weighing 9cwt (900 pounds), had been placed on the gun carriage, drums began muffled rolls which reverberated under the station roof and the cortège started.

"Actually, the eyelet hole broke. The point of the trace struck the wheeler with some violence inside the hock and the horse plunged."

A Royal Horse Artillery Lieutenant named ML Goldie later backed up the story, but suggested the outcome was less than straightforward and the confusion was compounded by "all sorts of officious persons" who intervened and "pulled rank" that prevented him from retrieving the situation by forming an emergency action drill.

In an article published by the Naval Historical Society of Australia's *Naval Historical Review* in 1981, it was claimed another soldier reported a certain admiral was "in high glee at scoring over the pongos" – a slang term that the Royal Navy used for the Army.

What happened next is also a source of debate between the forces. There were claims that the sailors made off with the gun carriage after Queen Victoria's funeral, with a Captain Adlam stating that they refused to give it back.

While the story is likely to be a myth, as three gun carriages used in various parts of the funeral were for some time held at the Tower of London, Edinburgh Castle and the Royal Hospital in Dublin, it hints at deeper inter-service rivalries.

The sailors traditionally carry out their task at royal funerals without overcoats as a sign of their toughness, with one report in 1936 saying that while they were "somewhat dwarfed by the height of the bearer party from the King's Company of Grenadier Guards, their stalwart build prevented them looking small". One Royal Navy expert, Godfrey Dykes, noted that the uncoated sailors pulling Sir Winston Churchill's gun carriage showed their "strength, resolve and grittiness" on the near freezing January day of his funeral in 1965 while the Army and the RAF were "snuggly dressed in their overcoats".

At Whale Island, Portsmouth, this week, sailors were once again getting the gun carriage ready to carry Queen Elizabeth II.

"I go in weekly and turn the wheels a quarter turn to stop them from going egg-shaped with gravity, and lots and lots of polishing," Lt Cdr Paul "Ronnie" Barker, the gun carriage's custodian, said.

"In preparation for the Queen's funeral, we have increased that polishing 10-fold. If you look at the gun carriage, the barrel itself hasn't been chromed, that's years and years of polishing and lots and lots of elbow grease."

He added: "I will feel immensely proud on the day. It's something that has been prepared for many, many years for this occasion and it's a great honour to be part of the backroom crew, knowing the gun carriage is going to perform to the highest standard along with the sailors who are going to pull the Queen on her final journey."

TRADITION

Singing at the King's funeral was all in a day's work for us choristers

I was 11 when I sang at George VI's service – I will never forget it. By **Nicholas Hare**

I was 11 and a half years old when I sang at King George VI's funeral. For a boy of that age, it's hard to describe the atmosphere in those surroundings. The image that stays with me is of the coffin, in the central aisle of the choir, and how at the end of the service it was slowly lowered down into the floor below. I hadn't been expecting that to happen so suddenly, there was a sinking feeling as it went into the ground. It made a huge impression on me, as you might imagine – it was awe-inspiring.

There were only about 70 boys at St George's School Windsor Castle when I was there, of whom about 24 were choristers. I think there were 11 services every week – you'd be amazed how much we had to sing and there's no way you could rehearse every single piece, so we developed sight-reading skills to carry us through it.

The day of the funeral was just another day at school, it has to be said – we sang at events like this often. We sang at the annual Garter service, including the one at which Winston Churchill was made a Knight of the Garter, and that was incredible because he was standing in front of the choir; and when Queen Mary died in 1953 we sang at a very similar service to King George's. And for the Queen's Coronation, we travelled to sing with other choirs up at Westminster Abbey. Looking back I realise what a privilege it was to be at the school during that period of time.



What was unusual about King George VI's service was that we were standing by the altar, because they wanted to pack as many people as they could into the stalls, and I remember taking it all very seriously. We sensed the gravity of the occasion from everyone else around us and it was an emotional day, the beauty and harmony of the music can really get to you. Being part of that school and those services did instil a strong sense of duty in me and I have carried that for the rest of my life.

Music has remained a huge part of my life – I became an organist, I read music at university, I taught music and worked in music publishing and I have conducted choirs as well as singing in them. I met my wife in the late 70s when she joined a choir that I was directing and we both still sing – it's our main activity.

I am a royalist and this past week has brought back a lot of memories. I have watched the services on television and imagined how those boys singing must be feeling, and the nerves they will have ahead of the Queen's funeral on Monday.

I still have the Order of Service from that day (*inset*) and remember the stories in the national newspapers afterwards. One or two had photos of us in the background and I was very cross with one which described the boys in the choir and mentioned "the inevitable redhead with freckles". It could only have been me!

Nicholas Hare, 82, St Albans, Hertfordshire
As told to Sarah Carson

CONSUMER

100% unofficial: mourning period stalls supply of memorabilia

Repurposed trinkets hailing new King are available online. By **Katie Grant**



Listings for mugs, jewellery, coasters and tote bags bearing the Queen's image have sprung up online in the absence of any official merchandise to mark her death.

Fans of the new King who cannot wait for official channels to begin selling memorabilia can also find an abundance of trinkets and decorations hailing the accession of the monarch for sale via unofficial channels.



On Amazon, a scented candle brand suggests that lighting its Queen Elizabeth Memorial creation makes for "a lovely way to pay your respects to Her Majesty". The £16 candle is scented with white rose – "known to be the Queen's favourite scent", the seller assures shoppers.

For £4.99, motorists who wish to display their affection for the Queen can get a memorial car sticker featuring a popular watercolour of her holding hands with Paddington Bear and the refrain: "Thank you for your service, ma'am."

Those eager to celebrate King Charles assuming the throne can stock up on Union Flags, bunting, T-shirts and keyrings ahead of his coronation, the date of which is yet to be announced, and on Etsy, a cushion proclaiming "God Save the King" presents a neat opportunity to spruce up your sofa.

Many of the trinkets and keepsakes available were already for sale prior to the Queen's death. The fact that she died in the same year she marked her Platinum Jubilee meant vendors with stock left over could swiftly update their listings.

Similarly, items that had previously been listed as "Prince Charles" merchandise, such as a £26 felt Christmas tree decoration crafted in the new King's likeness, have had their descriptions changed.

With the country observing a period of national mourning, the Royal Collection Trust, purveyors of official royal merchandise, has temporarily shut down.

All of its bricks-and-mortar sites, along with its online store, have been closed for business since the Queen died on 8 September.

Asked what kind of memorabilia it was preparing to release, the trust said that it did not have anything to announce at present.

The Royal Mint, which is expected to unveil commemorative coins, also declined to share details, noting that it was observing a period of mourning, and Royal Mail, responsible for bringing postage stamps heralding the new monarch into circulation, is also maintaining its silence.

Large retailers have been equally tight-lipped.

Some, such as John Lewis, have no plans to produce any merchandise – though it is planning a special issue of *Waitrose* magazine – while others are playing it by ear.

An insider at one supermarket chain noted that their business was so tied up with the logistics of closing at short notice for the bank holiday it did not have capacity to arrange for commemorative stock.

They also admitted to keeping quiet for fear of becoming lightning rods for criticism by appearing to capitalise on the monarch's death.

Many people have no such qualms, though, as there are hundreds of listings for newspapers published last Friday. Copies of **i** are being advertised for as much as £19, while a collection of nine national newspapers is priced at £250.

@kt_grant

BUSINESS

Closure costly for struggling firms

By David Connett and Grace Gausden

Clobbered by energy bills and a likely recession, the last thing small business owners need was to close another day.

But following the Queen's death, the dilemma between trying to survive in a difficult business environment and honouring a much respected monarch began.

"Although we will be shut on Monday [for the state funeral], the financial impact from the closure, especially after the pandemic, is a bitter pill to swallow," said Andy Walker, managing director at the Lancashire-based firm Walker Engineering.

Sean Keyes, the managing director of Liverpool-based civil engineering firm Sutcliffe, faced similar dilemmas.

"Many businesses will be losing tens of thousands of pounds as they feel too much pressure not to stay open."

For some businesses in Northern Ireland staying open comes with greater consequences.

While the Government declared it a bank holiday, some businesses in the nationalist and republican community are not expected to follow the royal funeral closely.

But businesses in Dungiven, a mainly nationalist town in Co Derry, were warned that they faced "campaign" – a reference to a boycott – unless they closed for the funeral.

Two Dungiven businesses said they were surprised by the request as there were strong cross-community relationships in the town. One said he had not thought about shutting but that the conversation made him even more determined not to.

Analysis

What to wear in a week that reset the whole mourning game

Eliot Wilson



Modernity, because it is a rejection of convention, can bring with it uncertainty. That has been the case with the death of Her late Majesty. There has been a wide degree of confusion about how the formal mourning should be displayed. And this has been particularly acute in the sphere of dress.

The House of Commons met last Friday, the day after the Queen's death, and there was a strong ceremonial game. The Speaker, Sir Lindsay Hoyle (*inset*), more comfortable with pomp than his predecessor, wore court dress under his black gown, and had donned weepers, white linen coverings for the cuffs which were originally intended for drying tearful eyes.



The legal profession was frantically reaching for sartorial modes of solemnity too. Some judges sitting on Friday wore weepers and mourning bands, as did some counsel, though this was not compulsory.

There was a time when such matters were regulated: weepers and mourning bands for judges and senior counsel, and bands alone for juniors. It was last fully implemented in 1991, when Olav V of Norway (the last surviving grandchild of Edward VII) died.

I'm told that Ede & Ravenscroft, the legal outfitters on Chancery Lane, ran out of bands and weepers on Friday, and one desperate lawyer had to resort to Amazon to find appropriate garb for a looming court appearance (proof that Amazon really does sell everything).

The observance of mourning has been more thorough than might have been expected. There was a feeling that such stuffy obsequies were winding down, too ritualistic and too deferential for the modern age. Not so. This week has in some ways reset the whole mourning game, so perhaps, in the fullness of time, Ede & Ravenscroft might replace its stock and prepare for more extensive sales next time.

Eliot Wilson is a writer, broadcaster and former House of Commons clerk

POLICE

Two officers stabbed in London attack

By David Parsley

Two "immensely brave" police officers were stabbed by a "frenzied individual" in central London yesterday, with one officer suffering potentially life-changing injuries.

A young female police officer suffered major blood loss after being stabbed in the arm near Leicester Square (*below*), while a male officer was stabbed three times in the neck and once in the chest, the Metropolitan Police said.

Both were being treated in hospital and in a stable condition.

A man in his 20s was arrested and then taken to hospital for treatment before being held in custody.

"We remain concerned that the injuries to the young woman officer's arm may still be quite serious and may potentially be life-changing but that's yet to be worked through," said the Metropolitan Police Commissioner, Sir Mark Rowley.

The attack is not thought to be linked to terrorism or the death of the Queen.



UNIONS

Train drivers' strike to disrupt Tory conference

By Lucie Heath

Train drivers at 12 rail companies are to strike on 1 and 5 October in a long-running dispute about pay.

The walkout will affect travel to and from the Conservative Party conference in Birmingham.

Aslef, the union representing train drivers, will not be making a public statement on the strikes until after the Queen's funeral.

The managing director of LNER, David Horne, said that the train company has suspended ticket sales for the dates of the strikes as it reviews its plans.

The move comes after strikes that were initially planned for 15 and 17 September were cancelled following the death of the Queen.

Royal Mail workers also cancelled the second day of a 48-hour walkout following the announcement of the Queen's death.

Other industries, including barristers and dock workers, have staged strikes, while doctors, teachers and civil servants have also threatened action.

IN DEPTH

How the new PM's baptism of fire just got tougher

Talks with Biden provide an opportunity and a diplomatic headache. By **Jane Merrick, Arj Singh, Hugo Gye** and **Richard Vaughan**



While Buckingham Palace courtiers and Whitehall officials have been grappling with the complicated international guest list for the Queen's funeral, a separate diplomatic headache has been emerging: how to make sure the first meeting between Joe Biden and Liz Truss is a success.

Ms Truss will meet the US President for face-to-face talks for the first time as Prime Minister this weekend, ahead of Mr Biden's attendance at the state funeral on Monday. While it is not an official bilateral meeting, and the sensitivities around the funeral mean that no real "business" can be done, it is being seen by both sides as an opportunity to refresh relations between the UK and US after the tricky Boris Johnson era.

Striking up new relationships with world leaders was always going to be one of Ms Truss' early challenges, alongside getting on top of the cost of living crisis and the Tory party disunity that Mr Johnson left in his wake.

But to put it bluntly, the Queen's death has made the Prime Minister's first weeks in her job even tougher.

There remain unanswered questions over her energy package, unveiled hours before the monarch's death was announced. And all the mourning period has done is hold Ms Truss' new government in continued suspended animation.

If the perception of a "zombie government" grew during the Tory leadership contest, delays caused by the Queen's death only perpetuate the sense that nothing is being done – to the alarm of voters.

With President Biden, who will visit No 10 for talks tomorrow, "the main effort will go into building a rapport," a minister told **i**.

Ms Truss needs to do more than just "small talk", but to assuage the President's concerns over the Northern Ireland Protocol, which she is intent on reforming, diplomatic sources say.

Domestic pressures have also grown. Despite the official national mourning period, Whitehall is abuzz with talk of the sacking of long-standing Treasury permanent secretary Sir Tom Scholar by new Chancellor, Kwasi Kwarteng.

Former head of the Diplomatic Service, Sir Simon McDonald, tweeted: "Cabinet ministers sacking permanent secretaries on their 1st day in office is unwise & unconstitutional but the government has discovered it can do what it wants with the civil service, which has no power to resist... Parliament needs to act."

Yet this alarm from ex-Whitehall mandarins is only fuelling the delight among allies of the Prime Minister, who made clear during the Conservative leadership contest that she wanted to disrupt Civil Service orthodoxy.

"The more they complain the more it plays to her argument that the status quo needs to change," an MP said.

Despite having run for the Tory leadership as the candidate who was loyal to Mr Johnson, Ms Truss is planning to rip up much of his legislative agenda because she believes he was too cautious – particularly in taking advantage of the benefits of Brexit – **i** has learned.

"This is a very different Government," an ally said. Both the Prime Minister and Chancellor are pushing officials to draw up the most radical economic plans possible, with wide-ranging deregulation and plans to reform the planning system which could risk a clash with nervous backbenchers.

The new Government has changed the game for Sir Keir Starmer too. For months, Labour has focused its attacks on the lack of a credible plan to boost gross domestic product and the likelihood of an impending recession.

Party officials acknowledge that will now have to change, not least because the package of support for energy costs is thought to reduce the chances a recession will take hold.

Instead, Sir Keir and his shadow Chancellor, Rachel Reeves, will push for answers on how the energy bailout will be funded, accusing Ms Truss of an ideological opposition to targeting energy producers with an expanding windfall tax.

And they will make the argument that the new leadership is intimately bound up with the failures of the old one – particularly Mr Kwarteng, who in his last job was heavily involved with Mr Johnson's attempts to reform the energy system.

The huge concerns about the rising cost of living have not gone away. Doubts were expressed this week at a focus group of Conservative and Labour voters in Clacton-on-Sea, Essex, attended by **i**, about whether Ms Truss would be able to tackle the crisis.

Tory-voting Lawrence, a 64-year-old groundsman and ex-City worker, said: "She's got all these grandiose plans. But a lot of people say a lot of things to get into power, then when they get there they realise they really can't afford what they've promised.

"With the economic problems it's going to be very hard for her to prove herself in two years."

The group, run by the centre right think tank Onward, also uncovered a deeper scepticism about the ability of politicians to make things better.

"The Queen has passed away and she's actually done more to unite this country since she passed away than the politicians have been able to," said Tory-voting June, a 53-year-old retiree.

Clear the air Why Truss needs to apologise to Macron



It is not only President Biden whom Ms Truss needs to win over. She has fences to mend with French President Emmanuel Macron – of whom she said the "jury's out" on whether he was a friend or foe to the UK.

As of yesterday, Mr Macron (*inset*), who will also be in London for the Queen's funeral, was not on the PM's diplomatic speed dating list, but there may be a chance for a meeting.

Peter Ricketts, former UK national security adviser and ex-head of the Foreign Office, said Ms Truss needed to "clear the air" over what was seen as a major diplomatic gaffe.

Lord Ricketts told **i**: "A large reception of world leaders is an excellent opportunity for the new PM to have a few friendly words with President Biden and many others. But especially in the context of the Queen's funeral, it would not be the right setting for any serious business. At the most, to put down a couple of markers for future discussion.

"It would also be the perfect setting for Ms Truss to clear the air with Macron by apologising for her response to the 'friend or foe' question. But that may be too much to hope for." **Jane Merrick**



Liz Truss will welcome Joe Biden to 10 Downing Street for talks tomorrow
DANIEL LEAL/AFP/GETTY

POLITICS

Sombre tone for the party conferences

By Arj Singh
DEPUTY POLITICAL EDITOR

Usually a time for backslapping and bacchanalia ahead of the often tough political winter ahead, party conferences this year will take on a more sombre tone following the death of the Queen.

The Liberal Democrats have already been forced to cancel their conference this weekend as it would have clashed with the funeral.

But Labour and the Conservatives plan to go ahead over successive weekends from next week with their events, which are arguably even more important this year as money-spinners for the parties to add to the campaign war chests, with an election less than two years away.

i understands that neither of the main parties will be issuing edicts to delegates, with event organisers at Tory conference given freedom to run their individual events. Businesses were told by Tory high command this week the conference was going ahead as planned.

But both Liz Truss and Sir Keir Starmer are expected to mention the Queen's death and the ascension of King Charles III and both their parties are planning events to commemorate the late monarch.

i understands the Tories are currently reviewing the party's plans for conference, but time will be set aside for a moment's silence and the national anthem at the least.

Labour, which has two days of its conference fall in the seven-day mourning period for the Queen, is planning to set aside time for members to pay tribute to the late monarch and new King.

The party will also allow republicans and anti-monarchists to speak if it is relevant to the agenda.

Despite both parties refusing to order either delegates or event organisers to tone things down, Cabinet and Shadow Cabinet ministers will be keen to avoid the emergence of embarrassing photos of them "living it up" so soon after the period of national mourning.

Although it is unclear if Ms Truss will follow David Cameron's approach of ordering ministers not to drink champagne, one Whitehall source suggested most frontbenchers are aware of the potentially bad optics, noting it is "never great for ministers to be pictured with champers at conference".

WAUGH ON POLITICS

Like the monarchy, the BBC has a unique role in our public life

Paul Waugh



When the words "David Attenborough" started trending on Twitter last weekend, some feared the worst. Just days after the death of the Queen, there were concerns for the health of our greatest broadcaster – who was born just two weeks after the late monarch.

In fact, the surge in online interest in the 96-year-old BBC legend stemmed from widespread praise for his latest TV programme, *Frozen Planet II*, as it aired on Sunday night.

As the country grappled with grief, the stunningly shot wildlife documentary, accompanied by Attenborough's trademark whisper (he wanted us "to witness new wonders, while there is still time to save them") felt like a much-needed balm to the national psyche.

The soothing, reassuring presence of Attenborough was again on display on Wednesday, when he briefly accompanied Huw Edwards to mark the procession of the Queen's coffin to Westminster Hall, visibly moved by the occasion.

The environmentalist is himself referred to as a "national treasure". When asked what that label meant to him, he once replied: "Nothing, except that people are favourably disposed towards you. You're not being elected, you haven't got the power to become prime minister."

That modesty, plus a dry, self-deprecating wit and an appreciation of the power of a non-elected figure of public life, are attributes that Attenborough shared with his fellow nonagenarian.

Like her, he used his unique status to help convene world leaders. His presence at the COP26 climate talks in Glasgow last year, marked by a compellingly passionate speech, proved just how much global influence he has on the most pressing public policy issue of our lifetime.

For many, Attenborough also represents the very best of the BBC. His appearance alongside Edwards was one of many highlights of its superb coverage of the death of the Queen. Edwards handled the announcement with a quiet authority, mixing solemnity and empathy as he fought back tears. Broadcasters Mishal Husain, Clive Myrie, Sophie Raworth and others have also got the tone just right.

> **The BBC has balanced reflecting mourning while recognising not all are monarchists**

The fact that there were just over 600 complaints about the BBC's blanket coverage (compared to 100,000 who objected to its coverage of the Duke of Edinburgh's death), plus huge viewing figures (16 million at the peak), felt like confirmation that it had risen to the moment. Its 24-hour BBC Parliament live feed of the lying-in-state has let millions share in the quiet reflection.

In the past week, it has negotiated the tricky balance of reflecting the overwhelming mood of a mourning nation, while recognising a significant minority of the population are not monarchists. Its news outlets covered the police shooting of Chris Kaba and led its bulletins on mass graves in Ukraine.



It's important to emphasise that the BBC is not a "state broadcaster", it's an independent, public service broadcaster. But the fact that it is funded by a compulsory, statutory licence fee means it knows it is under a special obligation to ensure impartiality as much as excellence.

That precious status has been under huge pressure in recent years. Personally, I've always felt that the BBC's news and politics teams have on the whole been impeccably fair to all parties. It's hard to see how an organisation can be simultaneously "in the pocket of the Tories" and "run by a left, liberal elite".

Progressive voices who have for years harangued the Corporation ought to be careful what they wish for. The BBC is facing the biggest threat to its future from the current Conservative government. The new Culture Secretary, Michelle Donelan, said in 2019: "I think the licence fee is an unfair tax and should be scrapped altogether."

It's to be hoped that once Donelan (*inset*) sees the BBC up close she realises just how lazy are the comparisons between it and streaming services like Netflix. For little more than the same price as Netflix, the BBC provides much more content, from those extraordinary Attenborough programmes to a globally admired news network (its Ukraine coverage even won praise from Boris Johnson), new drama, comedy, sport, a superb range of radio channels and music events as diverse as the Proms and Glastonbury.

There are glimmers of hope that the Government realises its own "culture wars" are a distraction from the serious business of a looming recession, a cost of living crisis and conflict on the edge of Europe. It appears to be backing off plans to privatise Channel 4.

When Donelan comes to review the BBC, she ought to note that it is governed by a Royal Charter. And in many ways, the BBC is like our constitutional monarchy in that it has a unique role in our public life, something that would never be created from scratch in the modern world yet has changed with the times.

It's not perfect, and has a special duty to reform, to better reflect the whole country and to spend every penny wisely. But ripping up the licence fee could be one of the worst acts of cultural vandalism by any government. As Joni Mitchell once sang, "You don't know what you got, till it's gone". If you don't believe me, just ask Sir David Attenborough.

Paul Waugh is **i**'s chief political commentator



While the Queen's death dominated news coverage, the BBC also covered stories such as the police shooting in London of Chris Kaba LEFT UNITY/PA

News in brief

PEOPLE

Meghan 'delayed' cover story

The Duchess of Sussex personally asked *Variety* magazine to delay the publication of an edition that featured her on the front cover out of respect for the Queen, it was reported.

The Duchess was due to appear on the cover of the magazine's "Power of Women" issue alongside other stars including Oprah Winfrey and Hillary and Chelsea Clinton.

But after the Queen's death she requested that the issue be postponed, *The Times* reported. *Variety* confirmed that the issue had been delayed, but did not say it was at the Duchess's request.

CRIME

Mourners 'sexually assaulted' in line

Two mourners queuing to pay their respects to the Queen were sexually assaulted by a man who jumped into the River Thames to escape, a court heard.

Adio Adeshine, 19, is accused of exposing himself to the mourners at Victoria Tower Gardens on Wednesday.

He was remanded in custody yesterday after appearing at Westminster magistrates' court, charged with two counts of sexual assault and two counts of breaching a sexual harm prevention order.



PEOPLE

Queue approaches world record

The queue for the Queen's lying-in-state last night was nearing a record set by the mourners who lined up in the streets of Moscow to pay tribute to an overlooked Soviet singer-songwriter.

The singer and guitarist Vladimir Vysotsky (*above*), who died in July 1980, is noted in the *Guinness Book of Records* for people queueing six miles to visit his grave on the day of his impromptu memorial.

Despite the low-key announcement, mourners attended en masse, with the queue starting at 4am.

"Vysotsky spoke for millions," said one mourner at the time.

OPINION

Why women make the best monarchs

New King is at a disadvantage because of our obsession with matriarchs. By **Kate Maltby**

Men have long dreamed of their queens. In 1597, an astrologer named Simon Forman dreamed of taking an open-air walk with the first Queen Elizabeth. She appeared to him "as a little elderly lady in a coarse white petticoat", her clothes dishevelled. The white of her skirt became muddy as they walked across dirty ground.

None of this stopped Forman, as he reported the dream in his diary, offering to impregnate the Virgin Queen. She leaned in. He leaned in. Forman was on the point of kissing his 64-year-old monarch when, perhaps inevitably, he woke up.

When it came to Elizabeth II, subjects' dreams have tended to be rather different. Brian Masters published an influential book in 1972 with the dusty title *Dreams About H.M. the Queen and other Members of the Royal Family*. Ever since, writers on monarchy have been fond of repeating his chief factoid: that no person appeared more often in the dreams of British subjects than the late Queen herself. How did Elizabeth Windsor show up in our dreams? More often than not, she was in search of a cup of tea.

Food and etiquette surface again and again in dreams about the Windsors. A therapist of my acquaintance reports several patients dreaming of the new Princess of Wales feeding them baby food. In other popular dreams, the late Queen offers the dreamer a cup of tea, rather than requesting it.

In Tudor England, as in the 21st century, ordinary people wrote to political figures to tell of their dreams about the Queen, often convinced they were transmitting an important prophetic warning. The Queen's chief minister, William Cecil, kept such letters in a special file – an archive some scholars believe he maintained purely for its comic value. Dreams expose our fears and weaknesses, and so the dreams of the powerless are amusement for the powerful.

As the British monarchy has gradually lost its hard power, however, our dreams of its queens have softened and evolved with them. Dreams about Elizabeth Tudor hint at sex, war and religious bloodshed. Dreams about Queen Victoria and Elizabeth Windsor tell of tea, cake and trips to Woolworths. In the 21st century, we fixate on our monarchs every bit as much as our forbears did. But the psychodrama of our relationship to them is conditional, contextual and changeable. We fear and lust for them less, even as we consume and claim them just as greedily for our own.

Essential to the late Queen's success was that she adapted, as Victoria did before her, to a passive model of monarchy. For a British population still raised on traditional gender stereotypes, constitutional monarchy was well-manifested by a woman who was seen, first and foremost, as a mother.

No surprise that even in our dreams, she offered us nourishment and checked our manners. No surprise, too, that a sketch in which she took tea with Paddington Bear resonated in our collective psyche.



Elizabeth I was called the husband of her kingdom – and its wife GETTY

Elizabeth Windsor deferred at home to her husband, just as she deferred in politics to her government. In her youth, Philip ruled her family; Churchill ruled her state; Elizabeth, more nebulously, simply "reigned".

By contrast, Elizabeth Tudor was her government. This triggered a meltdown in legal writing in her reign, as conventional masculine metaphors for the renaissance ruler broke under the strain of encompassing a female body at their centre.

Elizabeth was described as the husband of her kingdom, but also as its wife. Often Elizabeth made this ambiguity work for her, but the anxieties around it left their mark on the tortured dreams of her subjects.

Many writers of the time were happiest when claiming this notoriously childless woman as yet another "Mother of the Nation".

Elizabeth Tudor is buried in Westminster Abbey, close to where her namesake's funeral will be held on Monday. Instead of the inscription she once requested, which would have declared she "lived and died a virgin", she is hailed as "Mother of her country, a nursing-mother to religion and all liberal sciences". Mothers and nurses leave less complicated memories.

In 2022, we are still here, dreaming of mothers and of nourishment from our queens. It should be a source of frustration, not traditionalist contentment, that our gendered stereotypes run so deep. To many of us, the mythology of Elizabeth Windsor exposes the meeting of two cultural absurdities: a world which still rewards women for silence; and a world which still invests mystique and power in hereditary accident.

The alliance between the Windsor monarchy and modern patriarchy was predicated on the Queen's silence. The writer Hilary Mantel called this out in a 2013 London Review of Books lecture and was pilloried for it. Tabloid accounts remember only a line in which Mantel referred to the commodification of Kate Middleton's "perfect plastic smile". In fact, her focus was our own complicity – as a media, and as a society – in the transmutation of royal women from living people into silent dolls.



When we complain that royal woman are most celebrated when they are silent, feminists speak with empathy for them, not mockery.

Meghan Markle, notoriously, feels differently about strategic silence. It is clear that plenty of the divisions between the Sussexes and the Royal Family lie in the personalities of those concerned: Harry's own traumas are a matter of public record. But the challenge posed to the new King by his daughter-in-law's rebellion was more inevitable than some royalists pretend, whoever Harry brought home.

Prince William met his wife in 2001, three years before Facebook had been founded. Instagram and Twitter were far in the future; even MySpace would not exist for another two years. The rules of the royal game require that royals leave no whisper of a political opinion on the public record.

In the digital age, however, everyone has an opinion on everything. By meeting her prince just before she could have launched an unguarded Facebook account, the new Princess of Wales entered the fold just in time.



The Duchess of Sussex, the Queen Consort and the Duchess of Cornwall – the rules of the game require not a whisper of political opinion from them GARETH FULLER/PA

MEDIA

How broadcasters are preparing to voice the funeral

Sky News anchor prepares for event full of emotions. By **Susie Mesure**

Anna Botting thinks that the Queen's funeral "will be the most historical thing you can ever get near as a journalist". On Monday, Botting will be anchoring Sky News's coverage where, for one day, Westminster Abbey will become "the centre of the globe" as world leaders from President Joe Biden and Emperor Naruhito of Japan to New Zealand's Prime Minister Jacinda Ardern and India's President Droupadi Murmu bid farewell to the Queen.

"Even now, in her death, the Queen is such a unifying figure. I think, 'Good for her,'" says Botting, who will be on air from 9am to 5pm on Monday and back again for the *News at Ten* live from Buckingham Palace. Dermot Murnaghan will be in Windsor, reporting on the Committal Service at St George's Chapel at 4pm, where there will be further processions.

"The scale will be unbelievable. It will be an absolute spectacle that we've never seen before," she adds, referring to the number of soldiers and guards taking part from all over the Commonwealth.

She will need every spare minute over the weekend to swot up on facts about the proceedings and attendees, begging me not to quiz her about any arcane details about global dignitaries or priceless jewels just yet. "I'm going to be working 24/7 until then. There is so much to get through."

Not that Botting is planning to talk all the time. "It's not that silence is golden, it's that we need to let people hear what is going on. All the way through this, we've tried to allow the pictures to speak. In King Charles's first walkabout outside Buckingham Palace, we didn't speak over it. You can hear people grabbing his hand and saying. 'I'm so sorry about your mother', or 'You'll be great.' If we'd talked all over it, we wouldn't collectively have experienced that."

She adds: "You will have a lot of moments on Sky News coverage where there will be no chat from any of the presenters. You will just hear what we are hearing."

For anything she does say, the tone will be crucial. She can't sound too excitable. Does she picture anyone in particular, at home listening? "I don't specifically but I do feel that having empathy and sympathy is very important. Some people at home will have their own recollections, they lived their whole life with the Queen, they might be in tears watching it and you need to remember how people are feeling and reflect that."

Botting, who joined Sky News in 1995, was at home on 8 September when a colleague from work rang and told her to go to Balmoral because the Queen was unwell. "I had a mad pack of some sombre and black clothes to take with me because we didn't know what was going to happen." It was while sitting on a plane on the runway at Luton Airport that she heard the news. I watch her sink back in her chair, shake her head, and fail to find the words to recall the enormity.

Since then, Botting hasn't stopped, getting to her accommodation near Balmoral around midnight, only to start work before grabbing 20 minutes' sleep and going on air at 5am. "The weather was atrocious and the roads were flooded. All of us stood outside Balmoral with our brollies and then people started coming in and putting flowers down." From there Botting went to Edinburgh, where the Queen lay at rest in St Giles' Cathedral for 24 hours, and then to Buckingham Palace. "I feel like I'm doing her route with her."

Botting also covered the aftermath of Princess Diana's death in 1997 – she was the first journalist to reach Kensington Palace after the news broke – but says the two events are totally different. "With Diana, it was a totally nuts occasion. [Yet with the Queen] it was like there was a stillness about the reaction. We will have to wait until Monday to see if we get the same sense of stillness from the crowd."

Botting adds: "There is a slight sense of collective mourning. People might be remembering the Queen or somebody they've lost. It's been like Remembrance Day for 10 days for people now.

"We've got through Covid and now we're having this outpouring for her... You do wonder if we are losing her at a really important time for the nation as we go through the winter. That constancy and steadfastness. We could do with her now."



Sky News presenter Anna Botting (second right) meeting the Queen

Not every royal bride in the future may be a Meghan Markle, but if they have Instagram, they will have had an opinion.

Men, of course, carry no traditional expectation to be silent. Constitutional monarchs, however, do. Charles III, as he now is, has made his voice heard in every way possible during his long royal apprenticeship.

In public, there are books and speeches. In private, there are the "black-spider memos". In 2012, the attorney general Dominic Grieve was forced to argue for the Government against permitting *The Guardian* to publish letters Charles had written in private to government ministers. As Grieve wrote then, political neutrality for the monarchy is "a cornerstone of the UK's constitutional framework".

Supposedly, Charles's letters contained disagreements with government policy so clear that for the public to know of them "would undermine his ability to rule" in the future.

Charles's "friends" have always promised that with his shift from Clarence House to Buckingham Palace would come a shift from activist prince to silent monarch. Human beings, however, do not shed their opinions overnight. They do not learn silence at the age of 73.

As a male monarch, it will also be harder for Charles to find a role that marries silence with public expectations of masculinity. It is not impossible. One eloquent form of silence, which works successfully for constitutional monarchies, around the world is active philanthropy. Royals are good at putting their money where their mouth would otherwise have been.

Charles has a long record of charity as political statement – his patronages, like those of his heir William, will do much of his speaking for him. But he cannot follow his mother in being a mother to the nation. It is not possible to imagine King Charles III taking tea with Paddington Bear.

The public already have their fantasies of the new monarch. As the journalist Catherine Mayer writes in a new update to her essential biography, he has often been typecast as "coldly passionless, intensely self-involved".

> **No person appeared more often in the dreams of Britons than the late Queen**

This, she notes, is unfair: "Charles brims with emotion." The links between his failures to manage those emotions, and the harsh repressive climate of his upbringing are well-trodden ground. But although times are changing, royal men still have no established model of how to show emotion in public. Hence one factor in the Harry crisis. Charles, raised in emotional repression yet trapped in political impotence, lacks any previous role model to be either a traditional or a modern man on the throne. George VI, his grandfather and most recent predecessor, had the advantage of a war to fight.

Old gender norms have trapped Charles III as they trapped Elizabeth II, an archaic prison as hereditary monarchy. As long as royals are around, however, mothers will do constitutional monarchy best. Especially when they serve cups of tea in our dreams.

SOCIETY

‘A lot of us don’t understand why we still have a monarchy’

Growing number of people under 24 find royals remote and favour elected head of state. By **Kia-Elise Green**



In the days following the death of Queen Elizabeth II, and the ascension to the throne of King Charles III, 23-year-old Pablo John from London joined the group Labour for a Republic. This is a pressure group of members and supporters of the Labour Party who campaign for the political party to adopt a policy for the abolition of the monarchy.

John (*inset*), who works in the renewable energy field, says he believes Britain’s head of state should be elected, rather than selected by succession. John says since the Queen’s death on 8 September he has been discussing the monarchy with his friends. They joked about electing broadcaster David Attenborough or Cambridge classicist Mary Beard to the position.

“The Queen is so popular and Charles is less popular. It seems a good time to have that conversation,” he says. “We’ve seen former Commonwealth countries going towards becoming republics. Many people in my generation want to see an elected head of state,” he says, describing the move as “inevitable”.

The Queen’s death has followed several years of upsets for the Firm; the death of Prince Philip; the Duke and Duchess of Sussex moving to the US; the continued fallout from Prince Andrew’s friendship with the convicted sex offender Jeffrey Epstein; and of course the huge popularity of Netflix’s *The Crown* with its sometimes unflattering portrayals of the royals.



The cumulative ripples of these events have been particularly felt in the younger demographic. A YouGov poll taken in May 2021, found a greater number of 18- to 24-year-olds now want an elected head of state than a monarchy (41 per cent compared with 31 per cent). In the same survey two years previously in 2019, 46 per cent were in favour a monarchy and 26 per cent preferred an elected alternative.

Opinion has shifted in the same direction in older demographics, but not to the such a great degree. Clearly this presents a problem for an institution looking for longevity.

Royal historian and author of *England’s Queen* Elizabeth Norton believes that the lack of relatability with the Royal Family is partly to blame. “They tend to go to private schools when the majority of people in the UK go to state schools, they’re just not necessarily your average 18-year-old on the street and on the face of it there isn’t really anything [for people] to relate to,” she says.

In recent years the Firm has made efforts to modernise the way it communicates. The family has multiple social media pages on platforms including Instagram – the Queen made her first ever Instagram post in 2019 – and YouTube.

Dani Barker, 24, thinks greater transparency on these platforms would be beneficial in helping young people see a need for a modern-day monarchy. “A lot of us don’t understand why we have a

New Zealand Mixed views on recognising monarchy

The death of Queen Elizabeth II has reignited debate in New Zealand about whether it should continue recognising Britain’s monarch as its symbolic head of state.

While indigenous people in many of the 14 nations outside of Britain which recognise the monarchy want to ditch it because they see it as a symbol of colonial repression, views are more mixed among indigenous New Zealanders.

Some Maori leaders favour sticking with the monarchy, at least for now. New Zealand’s founding document, the 1840 Treaty of Waitangi, was signed between Maori chiefs and the British crown.

The treaty guaranteed Maori sovereignty over their traditional lands and fisheries, and some Maori worry those pledges could be threatened by eliminating the monarchy from New Zealand.

Willie Jackson, the government’s minister for Maori development, said the appropriate time for a discussion about becoming a republic would come after the period of mourning for Elizabeth II. AP

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The portrayal of Diana and Charles in 'The Crown' may have influenced people NETFLIX

monarchy in this day and age. What do they do on a daily basis? Why? " she says.

Norton says the royals need a new way to capture the interest of younger people, who are less likely to be driven by simple national pride. She believes that there is space to do this with younger members of the Royal Family – including the Prince and Princess of Wales.

"I think the fact that they are younger, have children and are seen as quite a solid relationship helps people relate to them," she says. "We have seen the pictures of the children starting school and I think that's really relatable to people."

Norton says it's also a matter of "getting themselves out there and being involved in causes that are important to young people".

William and Kate are involved in a lot of work around mental health. The King has long been vocal about the climate crisis and the natural world. Pablo John thinks that should continue. "I think if we see him taking a leading role against climate change it could swing some of the younger people," he says

Lauren Cockton, 20, and Kelce-Nicole D'Cruz, 23, from Buckinghamshire, agree that young people want to see the issues that concern them reflected. "[The royals] seem to cater for the generation who have already built lives for themselves and not the generation who are trying to build their futures up," explains D'Cruz.

Of course, being relatable comes more easily to some royals than to others. "Diana really was a special personality," says Norton. "It came naturally to her – she would hug people and get emotional with people... Kate and William get involved with people but perhaps they don't quite have Diana's star quality. But who does really?"

Comment

Prepared once again for a case of republican 'fomo'

At the age of 12 I took part in a school debate about whether the monarchy should be abolished. I was arguing it should and spent hours practising my argument in front of the mirror.

It was a resounding loss for the republican cause. Not many 12-year-olds in affluent north London were weird enough to have strong views on abolition.

My views haven't changed and so, on Monday, when everyone else is paying their last respects to the Queen, I'll be doing what I always do on major royal events: work. But I'm sad not to join in as I always feel separated from my friends – and the nation – on these "momentous" occasions. You could say I'm having republican "fomo" (fear of missing out).

I didn't attend a single street party over the Platinum Jubilee weekend. I couldn't talk about how in love Kate and William were when they got married (nausea, you know). I just had to do my everyday thing while everyone else had a lovely time. It's the kind of stoic dedication to a cause that Britons approve of. It's almost royalist, in a way.

I can't be detached and yet I can't bring myself to take part. I'm left on the outside again, just as I was when I was 12.

Perhaps I'll take my arguments down to the queues snaking round London and give the public the vote this time.

Jessie Hewitson

SOCIETY

The Queue has taught us the wisdom of pressing the national pause button

Queen's funeral will remind us of forgotten lessons. By **Anne McElvoy**



Like a lot of Londoners, I am more used to sound than silence. But in the past few days, skirting the long queues of people who have come from near and far to say their farewells to a beloved monarch as I threaded my way to Westminster, the calm and the patience has been striking.

On the broadcaster's platform, we waited for the crowds to start surging by. But although there were so many people, there was so little noise.

Yesterday, the queue to see Queen Elizabeth II lying in state was suspended, with waiting times of around 14 hours. It had even acquired its own hashtag #TheQueue with live updates for those risking jelly legs and dehydration to join the procession. I like to think the late monarch, introduced to social media by her grandchildren showing her memes, would have found it amusing.

What have we learned about ourselves in these strange days? That we are a country of individuals, who nonetheless enjoy coming together, as long as we do so on our own terms.

The real blow to anti-monarchists or the click-driving snark of *The New York Times* decrying our gullibility and wondering about the state-funded funeral bill (clue: it's a lot less than sending a President on all those Air Force One plane trips) – is the voluntarism of it all. No one chivvied, prompted or incentivised thousands of patient Britons and visitors to stand in line for hours.

The political heart of London is used to the thrum of demonstrations and counter demonstrations. But this is the event you can join whatever your politics or other beliefs: a rare chance to line up next to someone you might otherwise roundly disagree with. And in a commercially-driven age, it was also the sign of an instinct that is old and profound – just to "be there" at moments that matter.

We have had overreactions that led to protesters being carted off and ensuing verbal scuffles about where this leaves free speech. To which the answer is – it should most definitely be free and let the protesters have their say – but aggravating a queue of mourners is not the most tactically effective ploy if your aim is to win over public opinion.

Mark Drakeford, the First Minister of Wales, put it well when he acknowledged that there would be protests at King Charles's visit to Wales, but that they would become "a footnote to the dominant feelings of the day". Disaffection is not right now, the national temper. Reflection is.

In raw political terms, the Queen did the UK a favour by concluding her life at Balmoral in a reminder that the Crown extends across England and Scotland because they are stronger together. If many forces and personalities, from Brexit to the feuding of Nicola Sturgeon and Boris Johnson, have underlined different dispositions between Scotland and England, there was no doubt, as the coffin drew sombre crowds in Edinburgh, that the Royal Family has been a main constituent of the "glue" that holds the nations together.

At Westminster's College Green, I spoke a bit about all this for German broadcasters, next to a Dutch team and fielded calls from Qatar and Ukraine, as well as the US and Australia.

We have also been reminded that the monarchy represents "soft power" at its most concrete and that Queen Elizabeth was a global queen – leaving a challenge to her successor to find his own voice on the international stage.

"We are a country of individuals who enjoy coming together – as long as we do so on our own terms

That sense, of a web of connections the monarchy offers, is striking at a time when economic strains and changeable governments can lead to a greater sense of international tension than communal feeling.

This transition also comes at a time when the advances of President Volodymyr Zelensky's forces against Russia's aggression remind us that the wrong and strong need not always win out, if democracies unite. Vladimir Putin is *persona non grata* at Monday's funeral. But this did not prevent a man who specialises in taunting public messages towards top democracies from issuing a nuanced note of condolence.

Doubtless this was driven by a need to appease nationalist opinion at home, which has rediscovered affection for the Romanov dynasty harking back to the Victorian era when the families were inter-related (Mr Putin does not do things to just "be nice"). Yet together with a row over how far the Chinese delegation will be allowed to take part in the ceremonies – this is a reminder of the monarchy's power to influence even the enemies of free societies.

Far away from the diplomatic games, the people in The Queue know full well that the pressures and distractions of life-as-usual will quickly resume. They embody the wisdom of taking time out to break the hectic or humdrum rhythms of our lives to take stock – the value of pressing a national pause button.

No one who attends – or watches – the final goodbye on Monday will forget where they were and how they felt. These are the invisible, resilient ties that bind us.

Anne McElvoy is executive editor at 'The Economist' and hosts 'The Economist Asks' podcast



The Queue has helped to prove that Britain is a country of individuals who, nonetheless, can be brought together by a uniting purpose DAVID RAMOS/GETTY



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Listen up Soothing songs

The most popular songs for helping people eat fewer snacks (according to study participants):

The Greatest Showman soundtrack
Oasis: "She's Electric"
Ed Sheeran (*pictured*): "Shape of You"
Coldplay: "Fix You"
Queen: "I Want To Break Free"
Sam Smith: "Lay Me Down"
David Bowie: "Life on Mars"
Bruno Mars: "Lazy Song"

HEALTH

Feel-good music can stop you reaching for snacks

By Tom Bawden
SCIENCE CORRESPONDENT

Listening to soothing music by artists such as Ed Sheeran can help people cut down on snacking when sad or stressed, a study suggests.

Putting on a playlist of music that you find comforting when your emotions are leading you towards a packet of crisps, a chocolate bar or other short-term food fix could help reduce your intake of junk food.

It may even give you enough emotional nourishment to forgo a snack altogether by stimulating some of the same chemicals in the brain, according to researchers from De Montfort and Lincoln universities. The most suitable music to help curb comfort eating – as opposed to genuine hunger – will vary from person to person.

But Ed Sheeran, Coldplay, David Bowie, Queen, Lana Del Rey, Nicki Minaj and Ariana Grande were popular choices with participants for a study published in the journal *Appetite*.

"If you're feeling stressed and are worried that might lead to eating junk food get your headphones on and listen to lovely comforting music," said Dr Helen Coulthard, of De Montfort University, Leicester.

"Comforting music lowers your stress levels – so you're replacing the comfort of food with the comfort of music." Dr Annemieke Van den Tol, of the University of Lincoln, added: "There's some neurological overlap in the brain between the dopamine response to music and food.

"Many people turn to various genres of music as a self-medication when they experience negative emotions. This can be a helpful and effective avenue for releasing or alleviating sadness, stress or anger."

In the study, 360 UK women aged 18 to 41 listened to music or were left in silence for three minutes before a snack test. For those feeling sad, the average consumption of snacks halved, while for those feeling stressed, it fell 35 per cent.

CELEBRITY

Actor Chalamet is first male 'British Vogue' cover star

By Naomi Clarke and Ellie Iorizzo

Timothée Chalamet has become the first man to appear solo on the cover of *British Vogue* in the magazine's 106-year history.

The 26-year-old Hollywood star sports his signature curly locks for the two alternative covers, photographed by Steven Meisel.

British Vogue's editor-in-chief, Edward Enninful, said he was waiting "for the moment to feel right" to have a man on the print cover. "Timothée Chalamet is modern man incarnate, as an actor and as a person," he said.

Chalamet, who described the photo shoot as the favourite of his career to date, follows in the footsteps of global superstar Harry Styles, who was the first man pictured solo on the cover of the US version of *Vogue* in 2020.

Actor Chalamet revealed the advice that Leonardo DiCaprio had given him about acting superstardom: "No hard drugs and no superhero movies."



Chalamet currently stars in cannibal love story *Bones and All* directed by Luca Guadagnino, who worked with the actor in the 2017 film *Call Me By Your Name*.

The full feature is available in the October issue of *British Vogue*.

FUNERAL

Colleagues say final farewell to Turnbull

By Ellie Iorizzo



Broadcasters including Sian Williams, Charlie Stayt, Susanna Reid and Naga Munchetty were among those to celebrate the life of Bill Turnbull at his funeral yesterday.

The former *BBC Breakfast* host died on 31 August, aged 66, after a "challenging and committed fight against prostate cancer", which was diagnosed in November 2017.

Family and close friends, including his *BBC Breakfast* co-presenters, attended a private ceremony at Holy Trinity church in Blythburgh, Suffolk.

Williams (*pictured*), who anchored the morning news programme with Turnbull for more than a decade, said: "I think it is a day of sadness and reflection, and I hope sometime today there will also be time to celebrate his life because he was a great friend and a great man."

Turnbull's two sons and son-in-law were among the six pallbearers carrying his oak coffin.

The broadcaster had been an avid supporter of Wycombe Wanderers and a signed Wycombe shirt had been placed on a bench outside the church.

TECHNOLOGY

Hacker targets Uber network

By Conrad Smith

A hacker broke into Uber's internal network, forcing the ride-sharing app to shut down several internal communications and engineering systems.

The company confirmed yesterday that it was investigating a cybersecurity incident.

The New York Times reported that a hacker had compromised an employee's account on workplace messaging app Slack and used it to send a message to Uber employees announcing that the company had suffered a data breach.

It appeared the hacker was able to gain access to other internal systems, posting an explicit photo on an internal information page for staff, according to the newspaper.



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COURTS

Former BBC presenter jailed for stalking Jeremy Vine

By Richard Vernalls

A former BBC local radio DJ has been jailed for five years and 26 weeks for stalking broadcasters including Jeremy Vine.

Alex Belfield, 42, who "weaponised the internet", was found guilty last month at Nottingham Crown Court of waging a relentless campaign, with Mr Vine subjected to an "avalanche of hatred". Mr Vine labelled him "the Jimmy Savile of trolling" during a trial which heard that he repeatedly posted or sent abusive messages, videos and emails.

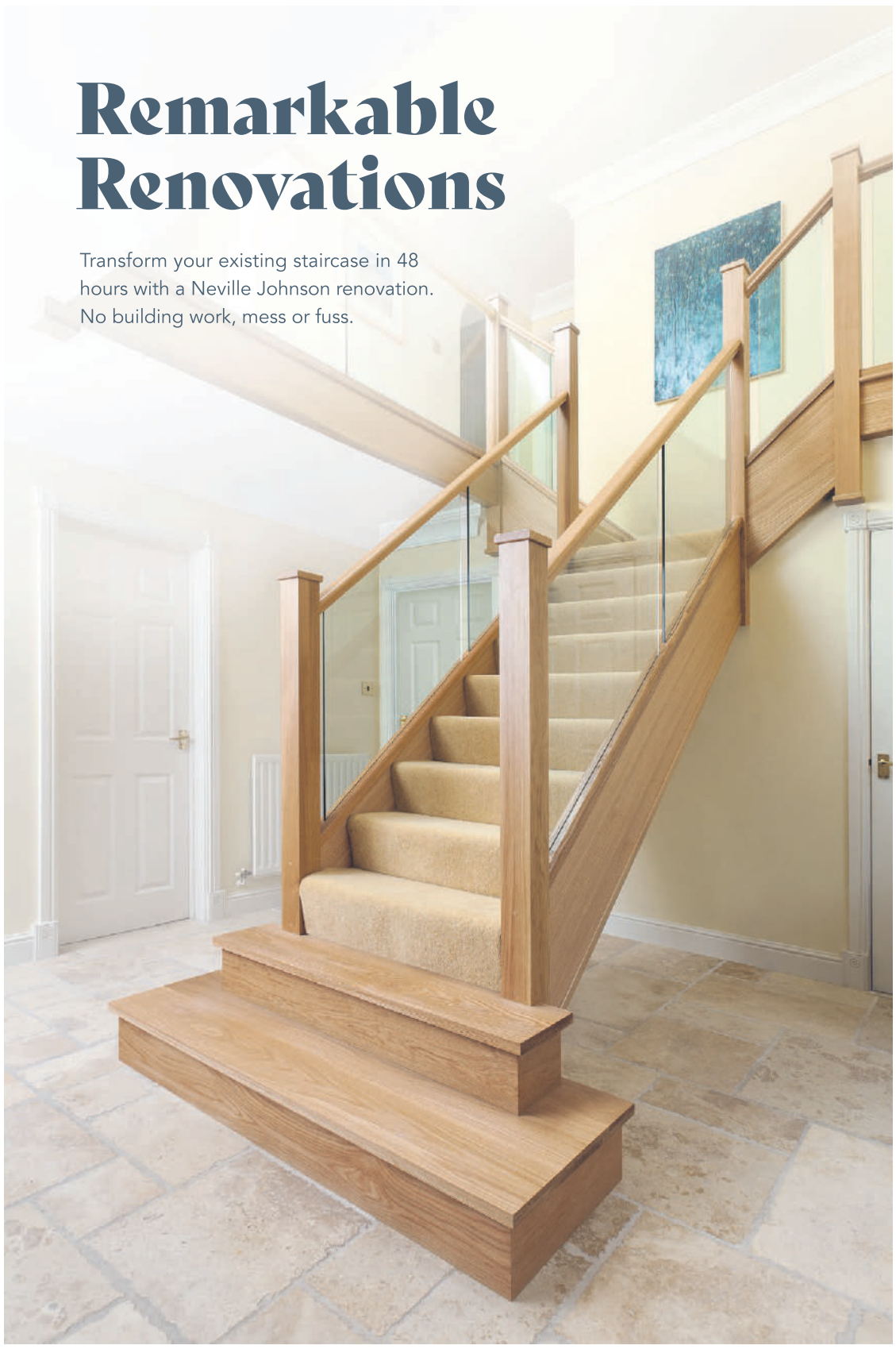


Jurors accepted that Belfield (*inset*) caused serious alarm or distress to two victims and found him guilty of "simple" stalking in relation to Mr Vine and theatre blogger Philip Dehany. BBC Radio Northampton presenter Bernie Keith was left suicidal by a "tsunami of hate", the trial was also told.

Jurors convicted Belfield of four charges. Mr Justice Saini issued indefinite restraining orders banning the DJ from contacting his victims.

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SPOTLIGHT

'I was in a dark place' – Radio 1's new star DJ

Dean McCullough on conquering his lockdown drinking problem, and replacing Scott Mills. By **Benjamin Butterworth**

Dean McCullough, BBC Radio 1's new afternoon star, admits that alcohol left him in a "really dark place" months before he got his break at the station.

The 29-year-old was downing bottles of wine and spirits at home alone as he struggled to manage his mental health during the Covid pandemic lockdowns.

This month, the DJ from Newtownabbey, Northern Ireland, took over Radio 1's coveted afternoon slot – held by Scott Mills for 18 years – alongside co-host Vicky Hawkesworth.

Today he is proudly and happily teetotal. But those "dark" days remain a recent memory.

"It wasn't until it got really bad that I realised," he tells i. "What was a glass of wine of an evening after work turned into a bottle which turned into two bottles and then, some weekends, I was drinking a bottle of vodka too.

"It wasn't until I was going to work on a Monday and I was looking at the bins and I was like, 'I didn't drink all that?'

"But I had, because there was no one else in the house. It was the pandemic, and I just got myself into a bad way and I was thinking some really, really dark thoughts to myself. Anybody who's struggled with mental health will know what it's like."

The Manchester-based presenter decided two years ago this month that he would quit alcohol.

"I didn't plan it. I didn't think: 'This is my last drink. This is my last party.' I literally woke up on the first of September and I turned to my mate and said: 'This is it, like I'm gonna stop drinking for a month. Just to see what happens.' There was no real pivotal moment. It wasn't a really horrendous hangover. I didn't go through a break-up.

"I just saw the path in front of me and it wasn't nice. It was really dark and it was very destructive and I thought, if I want to get to Radio 1, which was always my dream, I need to make some changes."

Four weeks after the drastic change, an advert appeared for little-known DJs to take over the BBC Radio 1 schedule over Christmas – an opportunity that has just reopened for this year.

McCullough is now often seen on social media travelling the world – with work in party hot spots such as New York and Ibiza – as well as a busy schedule of DJ gigs in the UK, awards and nights out with friends. But he still sticks to being teetotal and wants to show young listeners that life doesn't need to be dull without booze.

"It has been two years," he says. "And it has been two of the best years of my life. My life has never been better, and the fact we have this new show is stressful enough anyway, without me having a hangover.

"I feel like it's really exciting, because no one at Radio 1 knows me anything other than sober and that means a lot, because they're seeing this version of me and they're appreciating this version of me."



But being open about his struggles brings its challenges. As Mills (*inset right*) said on his final programme after 24 years with the station – he left to anchor afternoons on BBC Radio 2 – radio is an intimate affair.



Dean McCullough and Vicky Hawkesworth (below left) are proud to bring their regional accents to Radio 1 BBC

Teenagers and twenty-somethings no longer just want to listen to presenters on the radio – they want to know their life inside and out, and be able to communicate directly with them about their own lives.

"What gets quite tricky, because you do really want to help people, is that it can get overwhelming. You've just got to be there and play those tunes and be their friend.

"Social media is great now. You know, back in the day when I was listening to the radio, I didn't have any real connection with the DJs.

"I was listening, but with the way it is now, they really listen, because they can see our lives on our Instagrams and on our Snapchats and Reels and all that, and that is a blessing – but also it can be quite hard."

Hawkesworth, 26, agrees. "Radio is there to be your friend," she says.

The Bolton-born presenter was given a chance on one of the world's most popular stations off the back of recordings she did in her bedroom during the pandemic. And she is proud to broadcast with a strong northern accent.

The new programme is the first Radio 1 show to come from the BBC's Salford studios every day as it seeks to diversify its output.

"I think for a while in radio there was a focus on not having accents on, which is a real shame, because I think there's so much joy and personality that comes from different people from different places being on the radio," says Hawkesworth. "I personally love hearing any accent on the radio. I like it because I think it brings it to life. It's a person in front of you. You can hear from them. You can hear their life experience, you can hear their views. For me to hear northern people on the radio was something I really valued because they were people like me."



McCullough, a gay man raised in Northern Ireland, shares that view.

"I don't like this notion that people think the BBC is just from London, and it's just people who work and live in London, from a particular class. Vicky and I are proof of that," he says.

"The colours of their skin, the way they look, the way they identify, the way that they speak – it's really, really important because you have to see yourself reflected in what's in front of you in order to feel like you are valued."

What was a glass of wine of an evening turned into a bottle and then two bottles

HEALTH

Covid cases drop to lowest level for a year

By Paul Gallagher
HEALTH CORRESPONDENT

Covid infections in the UK have dropped to their lowest level for nearly a year, although hospital admissions are rising in some regions.

However, the trend in some areas is still uncertain, with increased numbers in Scotland, according to the Office for National Statistics (ONS).

The figures show that 881,200 people in private households are estimated to have had coronavirus in the week to 5 September, down 7 per cent on the previous week. It is the lowest UK-wide total since the week to 25 September last year.

The overall number of infections has been on a downwards path since early July, when the total hit 3.8 million at the peak of the wave caused by the Omicron BA.4 and BA.5 sub-variants.

There are contrasting trends among UK nations and regions. In England, the percentage of people testing positive for Covid-19 in the week to 5 September was 705,800, or around one in 75 – down from 770,800 in the seven days to 28 August.

But in Scotland, 113,500 people were likely to have tested positive in the latest week, or one in 45 – up from 104,400. Trends in both Wales and Northern Ireland were described by the ONS as "uncertain".

3.8m
The number of people who had the virus at its July peak; the current figure is 881,200

The Covid booster programme is under way for all over-50s and clinically vulnerable groups but experts have called for it be open to everyone to help ease pressure on the NHS ahead of an expected winter wave along with a rise in flu cases.

Professor Lawrence Young, a virologist at Warwick University, said: "While boosting the over-50s with these new Covid vaccines will provide protection and help ease pressure on the NHS, so much depends on what happens with other respiratory virus infections over the winter and on whether we will be confronted with new variants.

"If a new Covid variant leads to significant outbreaks, we will have to consider broadening the booster campaign to those under 50."

EDUCATION

College begins four-day weeks to save on rising energy costs

By Sally Guyoncourt

A college has become the first in the UK to introduce a four-day week because of rising energy costs.

South Essex College, which has campuses in Basildon, Southend and Thurrock, will close its classrooms on Fridays as it looks to make savings through autumn and winter.

The college said students will continue to receive the same number of hours of face-to-face education, but lessons will be condensed between Monday and Thursday.

Pupils will be encouraged to use Fridays for "independent study", while teachers will be able to catch up on marking and administration, the college said.

A spokesperson for the college added: "It is true that cost pressures on utilities and other elements of running the college have meant we have looked at ways to make savings that do not impact on students or staff.

"It's important to remember college differs from school in that independent study time has always been incorporated into all timetables with supervised learning scheduled for three or four days a week."

TRANSPORT

Airport staff may strike in pay row

By Alan Jones

Airport workers are to vote on whether to strike in a dispute over pay.

Members of the GMB union at Teesside Airport, including firefighters, have turned down an offer they say amounts to a real-terms pay cut.



The ballot closes on 28 September with any industrial action likely to take place in October, the union said.

GMB official Etain Stobbart said: "Sadly, Teesside Airport bosses have not engaged with us since GMB members rejected the offer. They've not had a pay rise for years and are struggling to pay their bills in the midst of a crushing cost of living crisis."

A spokesperson for Teesside International Airport said: "We have engaged positively over many months with trade union representatives.

"One union has accepted this pay offer, while GMB union has sadly rejected it and is now balloting members."

The spokesperson added: "Contingency plans are in place, including emergency cover for key operations."

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Sarah Graham on ADHD in women and girls p29 ● Susie Dent in defence of the Oxford comma p31 »

opinion

GUEST COLUMNIST – ANNA MATHUR

'Mum rage' has taught me to spot the signs of burnout



Do all mothers sometimes collapse under the weight of expectation and responsibility? As a psychotherapist, I've not met one person who hasn't struggled with the expectation to exhibit love and gratitude while grappling with the challenges and emotions that come with being a mother – behind closed doors and open smiles.

Once, utterly burnt out, I shut myself in a room and let out a primal roar. Doubling over as if punched in the stomach, the air rushed out of me until the lioness sound became a guttural wail. I walked into the hallway, swiping my wet eyes and reassured the children that "mummy was just tired". Once I'd bundled them into the double buggy, we went out into the rain. Hearing my hoarse voice, a neighbour asked if I was unwell. Too tired to hold up the expected façade, I replied: "Oh no, I screamed so hard I lost my voice."

I didn't meet their eyes. The hot shame surging through my body didn't need to be fuelled by a flicker of confusion. Because we often don't say these things. We swallow difficult emotions and smile.

During the pandemic years, I had three young children and a job to juggle. The pressure built up as I pushed through the warning signs of burnout, like overriding exhaustion and sadness.

As the lockdowns lifted, I fell – literally on the floor in a shoulder-heaving, tearful heap, having managed to pack two water bottles in a bag in two hours. We were meant to be taking our first post-lockdown trip, to Wales. We didn't go.

Burnout made me feel like my skin had been torn away. Everything hurt my senses. My brain refused to make choices. Sentences felt like mountains. Not being able to converse with my children or do much more than stare at the back of the sofa was a humbling and terrifying experience.



It can be hard to keep up the public appearance of being a parent completely in control GETTY

When we push beyond the limits of our resources so consistently, our needs don't disappear. Our unaddressed feelings don't ebb away like the foamy edge of a wave on a shoreline. They become urgent and harder to contain. They make themselves known as an expletive-ridden tirade at a fellow driver, or a freezer drawer shoved so roughly against solid ice that plastic flicks off in shards.

So many mums I work with report rage that shocks them. Rage that jars with the caricature of the mother who is calm and kind and patient. Rage that spurts out like the flame of a blowtorch, lighting fires that find you sweeping up soot and tears for hours after.

There are reasons we can't always meet our needs and verbalise feelings. Scattered or scant support networks and financial pressure that has people working all hours. There are those who care for others who need so much that their own needs sit secondary.

Sometimes we fear being too much for others or being the final burden that will push them to join us in the space of overwhelm, where we reside.

But my life changed when I began to see meltdowns as a sign that I had ignored the metaphorical flashing icon on the car dashboard for too long.

> **I am never going to reach the standards of the world, but I can adjust my own**

I've started to notice burnout warning signs as an invitation to tend to myself in the way I tended to others. If I receive a phone call from a loved one and my response is irritation, the dashboard icon is flashing. As my son hurls his school shoes across the floor with a scream, the warning icon is flashing. As I roar bent double behind a closed door, the icon is flashing.

Social media platitudes and T-shirt slogans might proclaim that we're enough. But I let out a breath I didn't even realise I was holding in when I told myself I was never going to be enough.

This recognition isn't failure, but a reverential respect of my humanity. I am never going to be fast enough, good enough or productive enough to reach the ever-increasing standards of the world, but I can at least adjust my own.

What if we were to suspend judgement? What if we were to take a breath and look beyond the thrown shoes or the roaring behind the slammed door? What if we were to see a child at a school full of unfamiliar faces or a mum meeting the needs of others with little time to meet her own?

As we choose to see beyond these things, we start to see one another. That is powerful. It means less is lost in translation and more is spoken and shared. Without bumper-sticker clichés of "you've got this", we can embrace the truth of our vulnerability and the limits of our resources.

We can chip away at the shame that keeps us behind facades and on our solitary seats of the burnout roller coaster. We can come together, acknowledge our weakness and find strength when we see ourselves as flawed and limited humans.

This week I have been...

Supporting...

those for whom the loss of the Queen has stirred up their own grief. The realisation that collective loss can bring personal losses back to the surface has been helpful, especially for those who have perhaps felt surprised at just how sad they've felt these past few days.

I remind people that, just as someone recounting recent holiday memories can make us relive our own, news of loss brings our own experiences into fresh, stark



clarity. As I've seen the imagery of the Queen's coffin, I'm reminded of seeing my own sister's coffin escorted sombrely down the aisle decades before.

Our minds do this. It's soothing to know it's normal.

Breathing...

so that I don't join my kids in their back-to-school meltdowns. I am trying to see the true emotional overwhelm behind their tantrums, and not to leap in with arguments to shut them down.

Part of me wants to argue with them as if they are adults, and remind them of their privilege or their own choices. Yet I know how it feels when raw emotion is met with cold, hard facts.

I want my children to feel seen. The deep breaths help calm my nervous system so that I can be calmer for them. It's not easy, and it doesn't always work, but it works a darn lot more than when I don't!

Commuting...

for meetings at any given opportunity. As someone who has worked from home for years, the 90-minute journey into the city feels like a small adventure. Now that pandemic restrictions have been lifted, colleagues can barely complete the sentence "shall we Zoom, or do you want to meet" before I've booked my train ticket.

I love conversation that isn't stilted by bad WiFi, or tarnished by talking over someone else. People's presence is something I craved through the pandemic, and the gloss hasn't tarnished. I hope it never does.

'The Little Book of Calm for New Mums: Grounding Words for the Highs, the Lows and the Moments in Between' by Anna Mathur is available now

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The Opinion Matrix

COMMENT FROM HOME AND ABROAD

THE PRINCE OF WALES



William's new title comes with backlash

The Conversation
A new petition to scrap the title garnered 25,000 signatures in just a few days after being launched. "Tywysog Cymru", or Prince of Wales, is a historic title that was originally held by pre-12th century native Welsh kings and princes. After the conquest of Wales (1277-1283), Edward I moved to consolidate the English crown's position in Wales, and declared his son, known as Edward of Caernarfon, to be the first English Prince of Wales.

The new Prince takes up his office at a time when the political reality of Wales has changed. While the Welsh government has no formal say in the matter, if the title is to continue after William, debate should follow as to the relationship between the Prince and Wales.
(*Stephen Clear*)

TRUST IN POLICING



New Met chief has a lot of work to do

The Times
If British policing is to get out of this funk, it needs the new Met commissioner, Sir Mark Rowley, to succeed. So do ministers. Rowley needs to persuade them to amend the police regulations to make it easier to dismiss poorly performing officers.

One thing David Spencer, from the Policy Exchange think-tank, recommends is random re-vetting of officers, involving interviews with colleagues, members of the public, a sampling of their electronic record and their social media.

This could nip in the bud the racism, misogyny and homophobia that was revealed to have been so prevalent at Charing Cross police station.
(*James Forsyth*)

BANKERS' BONUSES



Government has the wrong priorities

Daily Star
It's a bit of a smack in the face for many that Kwasi Kwarteng is planning to lift the cap on bankers' obscene bonuses.

The cap was brought in following the 2008 financial crisis, which was partly caused by unlimited top-ups. Since then they've had to get by on their very generous basic wages and their still sizeable bonuses.

Our hearts bleed. The new government is keen to make out it's all about fairness and helping people through the economic mire.

But if this is the first act of the new Chancellor, it seems clear where their allegiances really lie.

Here's a tip for Kwasi: If you want to help the bankers, maybe start with the food bankers.
(*Editorial*)

PREJUDICE IN IRELAND



Travellers are still seen as inferior

The Irish Times
As a nation, we had long known the experience of being othered. We are still viscerally acquainted with the shame and helplessness of being seen and treated as inferior by the "superior" colonial power.

Since the inception of the state we have been repeating the relational patterns of colonisation, a distinctive pattern called internal colonialism.

We have begun to recognise this to some extent. But there is a blind spot in the Irish psyche in relation to Travellers.

Irish Travellers are denigrated in the same way as Irish people were denigrated throughout history; the shoe is merely on the other foot.
(*Elaine Martin and Patrick Nevin*)

SWEDEN'S ELECTIONS



Results hit the nation's liberal credentials

The Guardian
It might be tempting to draw the conclusion that the progressive Pippi Longstockings are dying out in Sweden, while a new generation of aggressive conservatives is taking over. But the election results reveal a more uncomfortable truth: that perhaps Sweden's supposed liberalism was never that deep to begin with.

Back in the 1980s, the ethnologist Åke Daun argued that the average Swede was extremely conformist and consensus oriented. He found that in neighbouring Scandinavian countries, 4-6 per cent of people disliked the company of those whose ideas and values they did not share. But in Sweden the figure was 45 per cent.
(*Gina Gustavsson*)

TRIBUTE TO THE QUEEN



'EastEnders' pays respects to monarch

The Sun
Just at the moment I thought *EastEnders* had blown it and was going through the motions, something rather unexpected and magical happened. Linda placed a picture of Elizabeth II in front of the Queen Victoria bust and said simply: "Look after her, won't you." In terms of the sentiment and economy of words, it could hardly have been more beautifully judged or affecting.

The reason it had extra impact, though, was that, just for once, *EastEnders* was being led by the spot-on instincts of its viewers who, as the past week's incredible scenes have demonstrated, are driven by a deep sense of patriotism and love for the Queen.
(*Ally Ross*)

QUOTE OF THE DAY



I tried not to read that stuff, but anyone who tells you that they don't at all is lying

Marcus Mumford
The Mumford and Sons singer on being exposed to criticism

Life In Brief

JOSEPH DELANEY AUTHOR



The fantasy books that allowed Joseph Delaney, the children's author who has died aged 77, to quit his teaching job and begin writing full time included many similarities with his own life.

For starters, there was some career crossover between him and his *The Spook's Apprentice* character, Tom Ward. "I was an apprentice too and carried a tradesman's tool bag," Delaney explained in an interview with *The Guardian*.

"But we fixed machinery and kept well away from the supernatural!"

Delaney was born in Lancashire. Not only were his novels set there, the county's folk tales inspired his narrative – particularly its boggarts (evil or mischievous spirits).

He lived in the village of Stalmine, which was referred to as Staumin in his work, and the real-life settlement even had its own boggart, called Hall Knocker, which was exorcised and laid to rest by a priest.

Published in 2004, *The Spook's Apprentice* has been translated into over 30 languages and has sold over three million copies worldwide. The *Spook's* series includes 16 books, while Delaney also wrote shorter series and branched into science fiction.

Joseph Delaney was born in St Joseph's Hospital on Mount Street in Preston, to a labourer. The first book he managed to finish reading was *Treasure Island*, but while growing up he also enjoyed reading non-fiction books about astronomy.

He went to Preston Catholic College but left when he was 16 years old to become an apprentice fitter. In his later teenage years, he was in a band that played for local pubs and clubs.

While working full time, he got his A-levels at night school and then read English at Lancaster University when he was 27 years old. He completed his teacher training at St Martin's College in Lancaster and became head of film and media studies at Blackpool Sixth Form College.

He married his wife Marie Smith, who worked as a postwoman, in 1968 (she predeceased him in 2007). She would wake up at around 4am to do her daily round and he would get up around two hours later to do some writing before he started work at school. The pair had three children together: Joanne, Paul and Stephen.

Delaney struggled to get a book deal, receiving 90 rejections. In the 80s he entertained yet another career change when he considered becoming a computer programmer and got a degree with the Open University.

He met Carolyn Whitaker, his agent, around 1990. She later suggested that he start writing for children, to capture some of the audience that was hungry for JK Rowling's stories. He was not keen at first, but never regretted relenting.

He once said: "I hoped for success, but the reality exceeded my dreams."

In 2014 he married his second wife, Rani Kuncher Vannithamby. She survives him along with his three children and nine grandchildren.

Born *25 July 1945*
Died *16 August 2022*
Izin Akhabau



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Women are catching up on ADHD diagnoses

My View

Sarah Graham



Every now and then I hear someone bemoaning the fact that "everyone has ADHD these days". This is typically accompanied by an eye-roll and a dismissive insinuation that neurodiversity is just the latest TikTok trend – a bandwagon for young people looking to pathologise their cognitive quirks or justify their behaviour. But data does show a notable increase, especially in women.

Attention deficit hyperactivity disorder is a neurodevelopmental condition which can affect your ability to concentrate, sustain attention and control impulsive behaviour.

NHS statistics published last week show an 20 per cent increase in both the number of identified patients and the number of ADHD drugs being prescribed compared with the same quarter last year.

This increase has coincided with a massive growth in awareness around ADHD in women and girls, who have historically been underdiagnosed with the condition. "In the past our focus has predominantly been much more on symptoms and signs that were 'boy-like', so we were looking for 'boy-like' symptoms and signs in girls, and weren't aware that actually females with ADHD often present a little bit differently," explains Professor Amanda Kirby, chair of the ADHD Foundation.

Girls may be quieter, less disruptive and more adept at masking their symptoms, she says. They're more likely to be seen as doodlers, chatterboxes, daydreamers, or to be fidgety in more helpful ways. In older girls and young women, ADHD may also be mistaken for anxiety or other mental health conditions.

What we're now seeing, Professor Kirby suggests, is women finally catching up. Annual NHS prescribing data, published in July, shows that the number of female patients being given medication for ADHD has more than doubled in recent years, from 25,000 in 2015-16 to almost 58,000 in 2021-22.

"Some of the women who are being diagnosed in adulthood may well have children being diagnosed, because it often runs in families – so then adults are saying, 'oh, that's a bit like me'," Professor Kirby says. But she also credits growing awareness both about ADHD in general and the ways in which it affects women and girls.

Girls may be quieter and better at masking symptoms

While the internet has played an important role in this, learning about health issues on social media is a double-edged sword. Sites like TikTok have become a wealth of information, with young women sharing videos about their experiences of ADHD. But the challenge is for users to work out what is reliable and useful, and what is less so.

In 2018, the National Institute for Health and Care Excellence updated its guidelines on the diagnosis and management of ADHD, advising doctors to "be aware that ADHD is thought to be under-recognised in girls and women," which has no doubt helped to increase the number of GPs referring women for assessments.

For many of the women I've heard from, realising they had ADHD was a revelation, providing sudden clarity about things they had struggled with their entire lives. "I've constantly felt frustrated that I couldn't do the things my peers were doing but now I have a reason for that," says 32-year-old Hannah, who was diagnosed aged 30.

Meanwhile, 29-year-old Claire tells me: "My whole life people have suggested I might have ADHD, but I always brushed it off. It wasn't until last year when a friend suggested it – which happened to coincide with there being a lot more resources online, particularly information being shared on Instagram and TikTok – that I realised it made sense."

Access to that information, Claire adds, made the biggest difference in terms of understanding herself and how her brain works.

Diagnosis opens up options for treatment in the form of stimulant medication or cognitive behavioural therapy, as well as educational support. Although Claire decided medication wasn't for her, for Hannah it has been "revelatory and made a profound difference" to her ability to get things done. She strongly believes it was gender stereotyping that prevented her from being diagnosed and treated sooner.

As the Government's recently published Women's Health Strategy shows, the health of women and girls has long been neglected and overlooked by a system that was built by and for men.

There's a lot of work to be done but, in everything from endometriosis and heart attack care to ADHD and autism, women are finally now beginning to play catch-up. If that means more people getting the long overdue diagnoses and treatments they need, well, that's a trend I can get on board with.

@SarahGraham7

i@inews.co.uk @theipaper The i Paper Please include a contact address with all email correspondence

@i Your View

TWEETS AND EMAILS

We've seen the best of British

Although this has been a sad week, it has brought out the best in British people.

The television coverage by the BBC has been exemplary. It is, like the Queen, an institution to be proud of and I hope detractors like Nadine Dorries are humbled.

Good people are in the great majority. Those queuing for long hours to pay their respects are making a small sacrifice of their time for the greater good and making friends along the way, which is lovely to see.

ANNE WINDSOR
CHAPEL-EN-LE-FRITH, DERBYSHIRE

Queen's funeral cost is offensive

I work in the funeral industry and witness devastated families every day. My heart truly goes out to all who have lost someone dear.

However, there are many who cannot afford even the most basic of services, and I can't help but find the millions of pounds being lavished on our late, un-elected head of state's funeral quite offensive.

Just half of the amount being spent on those proceedings would help many out of food or energy poverty or help with social care.

KEITH GREEN
NEW MALDEN

Monarchy 3, Republic 1

Regarding Yasmin Alibhai-Brown's article (Opinion, 16 September), I would point to the many leaders in the modern world, mostly presidents, who have been arrogant, self-serving egotists, endangering democracy in their countries.

Their only advantage, theoretically, is that they can be ejected but even this leads to lack of stability.

Monarchy brings intangible benefits, and the four-mile queue in London indicates this.

LESLEY EVANS
SITTINGBOURNE, KENT

Our constitutional monarchs are born to reign, never to rule. We monarchists prefer a figurehead who is above politics, and therefore doesn't divide the nation along party political lines.

We are safe from Putins, Xis, Trumps and other divisive figures. Long may that continue.

TIM FLINN
GARVALD, EAST LOTHIAN

I flirted with the idea of this country becoming a republic, but as I looked around the world and saw the power that accrued to many so-called "elected" leaders, I realised that democracy is better served by an elected parliament with a constitutional leader, who cannot wield power but can act as a focus in the democracy that he or she serves.

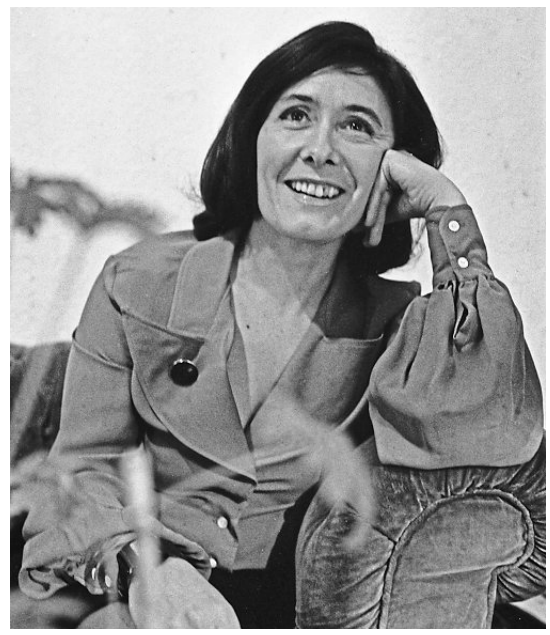
I have no problem with the immediate line of succession, providing that the monarch's children continue to work with and understand our world and citizens.

LAWRIE MARSH
CHANDLER'S FORD, HAMPSHIRE

When Britain becomes a republic can I nominate Yasmin Alibhai-Brown as our first president.

She would make an excellent head of state for our new democracy with her considered and insightful views on current affairs.

ANDY WOOLLEY
TETBURY, COTSWOLDS



Interviewer and agony aunt Mavis Nicholson, who died last week, felt like a friend to one reader GETTY

'Oldie' agony aunt was lovely

I would just like to thank Simon Kelner (Opinion, 14 September) for his fond tribute to Mavis Nicholson –a great TV interviewer and an all-round lovely person.

I was fortunate enough to hear her speak in the Principality Stadium and she didn't disappoint.

She was *The Oldie*'s agony aunt at the time and her answers to readers were full of wisdom and warmth.

Simon says she was his friend, but I really felt she was mine too. I was in the loo and she happened to be there too, washing her hands. I was totally charmed when she told me she liked my jacket.

GILL FIGG
SWANSEA

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iQuiz answers (from p2)

1. Brighton
2. *Lorna Doone*
3. Pistachios
4. Hennes & Mauritz
5. Throbbing Gristle
6. Do not dry clean
7. TAP: Transportes Aéreos Portugueses
8. Jordan
9. Peat
10. Atkins diet

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IN MONDAY'S i

ARTS

Laughs from the past

Jim Howick on starring in 'Horrible Histories' and the hit BBC comedy 'Ghosts'

SUSIE DENT

The Oxford comma is here to stay, and I'm fine with that



"There are people who embrace the Oxford comma and people who don't," wrote Lynne Truss in her wittily prescriptive *Eats, Shoots and Leaves*, adding, "and I'll just say this: never get between these people when drink has been taken."

Any defender of one of the most controversial punctuation marks in history would best avoid the House of Commons bar lest they meet Thérèse Coffey, for the new Health Secretary has advised her staff to not only avoid jargon when communicating, but to desist from any use of the Oxford comma.

Her memo has duly given fresh momentum to a debate that began in the 19th century and which has abated little since, famously inspiring possibly the only punctuation jam in history, from the indie rock band Vampire Weekend, which asks: "Who gives a f**k about an Oxford comma?".

For all that Coffey's team has tried to mollify critics by describing the memo as showing "a bit of over-eagerness", this is not a new beef on her part. She has form on social media for grumbling over this particular bit of punctuation. But how did an apparently innocuous piece of linguistic scaffolding make it on to anyone's list of pet hates at all?

The Oxford comma, also known as the "serial comma" as though it belongs in an offenders' institution, has been the preferred house style of Oxford Dictionaries for over a century. Credit for it, however, seems to belong to a contemporary of Charles Darwin, Herbert Spencer, the man also responsible for the phrase "the survival of the fittest".

Put simply, it is the comma that comes before "and" in a series of three or more items in a list. So "we ate steak, green beans, and chips" includes an Oxford comma, which in this case changes little and is purely a matter of taste.

In other cases, though, the comma avoids costly ambiguity. Take "the curtains come in black and white, red and yellow and polka dot". Does the polka dot come on its own or with the red and yellow?



Thérèse Coffey – not a fan of the Oxford comma – has rekindled a debate over the controversial piece of punctuation ISABEL INFANTES/AFP/GETTY

Some consider this serial comma helpful and elegant in any list, regardless of whether it makes any difference. On the other side are those who consider it to be the fusspot member of the punctuation family, whose clutter and busyness is unwelcome in any text. Many of us have been told that a preposition should never bring up the rear of any sentence, and that a comma before the word "and" is simply wrong.



A coin marking Brexit drew cheeky howls of derision after it omitted a comma after 'prosperity' PA

We are taught such "rules" irrespective of the fact that they were often arbitrarily decided by 18th-century purists, who thought Latin conventions the only ones worth following.

In the middle of this bumpy road are those like the *Guardian* style guide, who take a more nuanced approach and advise its use when it helps to avoid confusion. And what confusion it can be: "We went to the park with our dogs, Grandma and Grandpa" is right up there with one TV channel's summary of the film *A Few Best Men*: "A would-be groom sees his wedding day turn into a fiasco when his terminally pubescent best friends, a drug dealer and a male sheep enter the picture."

Not that opponents are without their own laughs at the Oxford comma's expense. "Sam, a semi-colon, and an Oxford comma walk into a bar. They both have a great time."

Never let it be said that punctuation is without jeopardy. Legal cases have depended on it. In 2018, three lorry drivers in Portland, Maine, rested their entire case regarding lost overtime pay on the omission in state legislature of an Oxford comma. The state's law sets out that overtime is not payable to workers involved in "the canning, processing, preserving, freezing, drying, marketing, storing, packing for shipment or distribution". The drivers successfully argued that as there was no comma after "shipment", the implication was that "distribution" here still related to the packing, and therefore didn't exclude them from overtime pay. They settled for compensation of $5m.

Three lorry drivers rested their entire legal case on a missing comma

In 2020, the inscription on the Brexit commemorative coin – "Peace, prosperity and friendship with all nations" – caused a foofaraw on account of its missing Oxford comma, prompting Philip Pullman (split infinitive sticklers look away now) to mischievously declare that the coin should be "boycotted by all literate people". Surely, others agreed, the stylish swish of an Oxford comma would have allowed for a gentle breath before "prosperity"?

Those who predict the imminent demise of English standards might take heart from the fact that many of us still fight the good fight over such matters, and that brouhahas like this are nothing new. Recent history has itself been punctuated by outcries over the overuse of exclamation marks ("Five?" once remarked Terry Pratchett, "A sure sign of someone who wears his underpants on his head"). Ben Jonson, arguably England's greatest punctuator, who even inserted a colon (which he liked to call a "double prick") between his first and last name, adored a semi-colon, but Kurt Vonnegut declaimed them as "transvestite hermaphrodites representing absolutely nothing. All they do is show you've been to college".

To Thérèse Coffey, an Oxford comma clearly sticks out like a misplaced aubergine emoji or any mention of someone "reaching out" or "dialling in". But linguistic dictatorship never works and, like our government, English is a democracy in which the people decide. We may not like its moves sometimes, but we leave it to get on with the job.

A golden age of language, when rules were rules and all communication was elegant and articulate, is a figment of pedantic fancy. It's a question of the survival of the fittest. If a government minister, a low-hanging fruit, and an Oxford comma were to walk into a bar, there might be fireworks, but I think we know which one would come out smiling.

Susie Dent is a lexicographer and etymologist. She has appeared in Dictionary Corner on 'Countdown' since 1992, and co-hosts with Gyles Brandreth the podcast 'Something Rhymes with Purple'.

Charlene White is away

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PATRICK COCKBURN



Russia may have lost, but that doesn't mean Ukraine will win

Pro-war Russian bloggers are scathing about Russia's "Black Week" in Ukraine and are calling for mass mobilisation to stave off defeat. "Events in the direction of Kharkiv can rightfully be called a catastrophe," writes one. "Signs of things to come were known long before. They were seen and reported on. But they do not fit into the format [of President Vladimir Putin's 'special military operation']."

Another critic is more specific about the shortages that contributed to the latest Russian military debacle, writing that "there are NO thermal imagers, NO bulletproof vests, NO reconnaissance equipment, NO secure communications, NOT enough copters, NO first aid kits in the army".

Even a diatribe like this understates the crisis for Putin as he pays the price for a military campaign typified by a succession of avoidable blunders.

The greatest failure took place within two or three days of Russian troops and armour invading Ukraine on 24 February. It rapidly became clear that the Ukrainian government and army would resist and Russia did not have the strength to overcome them. Putin's great gamble was already doomed and he was not going to reconquer Ukraine, a land which Russia had held for most of the previous 300 years. Without it, Russia remains a powerful European state, but nowhere near recovering its status as a superpower.

The initial failure is irredeemable, but a succession of unforced errors made a bad situation far worse from the Russian point of view. Putin might have tried to recover by mobilising Russian manpower and resources, much as the Ukrainian government had done since the first days of the war. But he pretended instead that he was engaged in a limited conflict which was less than a war, and full conscription was therefore unnecessary.

As a result, the Russian military has far too few soldiers to fight a long war in a country as large as Ukraine with a population of 44 million and allies prepared to supply it with weapons.

Losses in trained manpower and equipment in the first abortive strike on Kyiv could not be replaced. Russian strategy was to engage in attritional warfare in Donbas, denuding the defences elsewhere. Michael Kofman, a Russian military specialist at the CNA security think-tank, estimates that the Russians have between 80,000 and 100,000 combat troops available, ensuring that along much of the front line they are too few to form more than a cordon sanitaire. Once this is broken, there are no reserves to plug the gap.



A Ukrainian soldier runs a checkpoint near Izium in the east of the country yesterday; the army had a near walkover in the Kharkiv region, but its offensive on Kherson came with heavier casualties
JUAN BARRETO/ AFP/GETTY

It rapidly became clear that Putin's gamble was doomed

I am suspicious of the argument that Putin dare not risk full-scale conscription because he fears a negative popular reaction. Maybe this is the case, but he is a dictator controlling information and able to crush all opponents. More likely, he suffers from the occupational disease of autocrats, which is to be only told news which fits their preconceptions.

As a result, there were few regular Russian units around Kharkiv. Defences were manned by semi-trained militia and national guards who abandoned their tanks and heavy weapons without fighting. According to Kofman, the Ukrainian strike force was on the small side – only four or five brigades – but it swiftly sliced through the thin front line.

The attack was a surprise, despite signs that it was imminent, making it one more colossal failure by Russian military intelligence – unless they did inform the Kremlin and were ignored.

The Ukrainian military has the great advantage of operating on interior lines. The Russian army is all around them on three sides, but Ukrainian forces are in the centre and can move from the Kherson front in the south to Kharkiv in the north-east in a day or two. It would take a week or more for Russian troops to do the same, as they would have to move in an enormous semicircle back into Russia before returning to Ukraine.

Reporting from the Ukraine side has inevitably focused on its prowess and skill. Less emphasis is put on how far Ukraine has been aided by Putin's disastrous strategy, which has not only been unsuccessful but bizarre and self-destructive. After the Kremlin's first failures, it came to believe that it could win a prolonged war because of its strength of will and superior manpower.

Had all Russian resources been thrown into the fight early on this might have been the case, as Putin's pro-war critics now maintain. But they optimistically call for total war, wrongly supposing that the absorption of large numbers of untrained conscripts is easier than it is in practice. The Russian military simply does not have the experienced officers to train and command a newly raised mass army.

These weaknesses are for the most part self-evident, so why did the Russian general staff and officer corps not predict them? Almost certainly they did, but Putin and his inner circle paid no attention to their reservations about the Ukraine plan. It does not take long in any organisation – particularly in an autocracy where dissent and nonconformity are punished – for word to spread that it is useless or dangerous to inform those in charge about what is really going on.

I once asked the former Soviet charge in Baghdad, who knew the Iraqi leadership well, why none of them had told Saddam Hussein in 1990 that invading Kuwait was a disastrous idea. He replied that in the dictator's innermost council "the only safe position is to be 10 per cent tougher than the boss". So if Saddam Hussein asked his senior lieutenants, some of them intelligent men, if Iraqi troops should invade Kuwait, the safest course was to say: "Brilliant idea! And let's go on and invade Saudi Arabia while we are at it."

A word of caution here. Hubris is not the monopoly of autocrats. Premature triumphalism exacts a price, as Western political leaders should have learned in the Iraqi and Afghan wars. The Ukrainian army had close to a walkover in Kharkiv, but the same was not true of its offensive directed against Kherson, where it suffered heavy casualties.

As Ukrainian forces were winning victories around Kharkiv, John Hudson of *The Washington Post* was interviewing Ukrainian soldiers in a hospital, after they were wounded in fighting near Kherson. "The soldiers said they lacked the artillery needed to dislodge Russia's entrenched forces and described a yawning technology gap with their adversaries," Hudson writes. "We lost five people for every one they did," said Ihor, a 30-year-old platoon commander.

Both Russia and Ukraine could be the losers in this war.

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UKRAINE

‘Torture evident’ in graves opened after Russian retreat

By Vasilia Stepanenko

Ukrainian authorities unearthed bodies, some bearing hallmarks of torture, from a mass burial site yesterday in an area recently recaptured from Russian forces.

President Volodymyr Zelensky cited the site as an example of “what the Russian occupation has led to”.

Digging in the rain, workers hauled body after body out of the sandy soil in a pine forest near Izium that police said contained 445 graves. Wearing full protective gear, they gently felt through the remains of clothing, seemingly looking for things that might identify the victims.

Ukrainian forces accessed the site after recapturing much of the Kharkiv region in a counter-offensive that suddenly shifted the momentum in the nearly seven-month war.

Some of the bodies had their hands tied behind their backs and ropes around their necks, said the region’s chief prosecutor, Oleksandr Filchakov. Ukrainian officials said they had also found evidence of torture elsewhere in the region.

Associated Press journalists who visited the site saw graves amid the pine trees, marked with simple wooden crosses. Most were numbered. The count exceeded 400.

It was not clear who was buried under many of the dirt mounds or how they died. Witnesses and a Ukrainian investigator said some were shot and others were killed by artillery fire, mines or air strikes. The UN human rights office said it would investigate the deaths. Most of the those buried were believed to have been civilians. One grave had a marker saying it contained the bodies of 17 Ukrainian soldiers.

In his nightly address on Thursday, Mr Zelensky said: “Bucha, Mariupol, now, unfortunately, Izium.” AP

MILITARY

Suspicion and fear amid Ukraine’s joy at retaking Kharkiv

Perception of treason as suspected collaborators named. By **Kieron Monks**

As Ukrainian authorities aim to rebuild and revive the liberated cities of Kharkiv, they must contend with psychological as well as physical scars in those who have been living under Russian occupation.

After a lightning counter-offensive this month, Ukraine is reasserting its sovereignty across a vast area of reconquered territory. The country’s colours have been raised and Russian flags torn down in the cities of Izium, Kupiansk and Balakliya, with many of these moments captured in the joyous selfies of Ukrainian soldiers.

President Volodymyr Zelensky wasted no time in visiting the territories around Kharkiv liberated by his army.

“Our blue-yellow flag is already flying,” he said in Izium on Wednesday. “And it will be so in every Ukrainian city and village.”

Yet conditions in the cities are less uplifting and concerns about collaborators threaten social cohesion. There is a popular perception of widespread treason, and Ukrainians with ties to Russia are afraid this could be used as evidence against them.

Collaboration is a sensitive and serious issue in the newly liberated border regions, where the Russian language is widely spoken and there are close cultural ties.

Denys Volokha, of the Kharkiv Human Rights Protection Group (KHRPG), says the dean of his university faculty was arrested in the first days of the invasion for supplying intelligence to Russian artillery units.

Telegram groups set up in the wake of the successful counter-offensive published names and photos of suspected collaborators, with charges ranging from informing on Ukrainian partisans to giving water to Russian soldiers. Many of these suspects have since fled to Russia, according to the group operators. There have been reports of long queues at the border.

While there have been cases of vigilante justice throughout the war, Mr Volokha says that KHRPG is more concerned that “the government will probably be the mob here”. Suspects may be prosecuted without fair trials or due process, he suggests, which could lead to charges against Ukraine in international courts.

The immediate priority for Ukrainian authorities is supplying humanitarian aid for civilians who have in many cases been deprived of food, water and electricity. The bodies that are being discovered need burials.

Yet re-establishing order is further complicated by the danger that still exists across Kharkiv. Police and local authorities are being prevented from returning to their headquarters by the military due to the risk of mines and other explosives, says Mr Volokha.



Work begins to rebuild internet cables in Kharkiv damaged in an explosion following a Russian strike on the bombarded Ukrainian city LEO CORREA/AP

RUSSIA

Modi confronts Putin on war

By Mukhammadsharif Mamatkulov

Vladimir Putin has told India’s Prime Minister Narendra Modi that he understood his concerns over Ukraine but that Moscow was doing “everything” it could to end the conflict.

It came after Mr Modi confronted the Russian President (*pictured yesterday, below*), saying “today’s era is not an era of war”.

As Mr Modi made the remark, Russia’s leader since 1999 pursed his lips, glanced at Mr Modi and then looked down. “I know your position on the conflict in Ukraine, the concerns that you constantly express,”

Mr Putin said. “We will do everything to stop this as soon as possible.”

He said Ukraine had rejected talks. Ukraine has said it will fight until it drives all Russian troops from its land.

Ukrainian President Volodymyr Zelensky says he will never accept a “peace” that allows Russia to keep Ukrainian land. REUTERS



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SOCIAL MEDIA

Gen Z now 'cringes' at gifs – says gif-maker Giphy

By Ellen O'Dwyer

Young people have fallen out of love with gifs and now "cringe" at the animated files which have dominated social media interactions for years, according to a tech company that made its fortune through the format.

Gifs are files that show a short moving image, often of pop culture references, on a loop.

They have become widely used to add context or colour to online posts or as a "reaction gif" responding to a post by another user.

Gif search engine Giphy is currently the subject of a $400m (£350m) takeover attempt by Facebook's owner, Meta, but has told the UK's Competition and Markets Authority (CMA) that its business is fading due to the format no longer being seen as cool by Generation Z.

$400m
The total takeover amount Facebook owner Meta would reportedly pay for Giphy if the deal meets CMA approval

Giphy, whose valuation is down 50 per cent on its 2016 peak, argued that no company other than Meta would buy it, as the CMA attempts to block the takeover.

It stated: "There are indications of an overall decline in gif use... due to a general waning of user and content partner interest in gifs.

"They have fallen out of fashion as a content form, with younger users in particular describing gifs as 'for boomers' and 'cringe'."

Meta claimed that Giphy's business was in danger of collapse.

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SPECIAL REPORT

Is Boohoo's eco range available in green?

The fashion brand has been accused of greenwashing after many of its 'sustainable' items appear to have been mislabelled. By **Madeleine Cuff** and **Tom Saunders**



Eco-conscious shoppers who visit Boohoo's website would be forgiven for thinking that many of the skinny jeans, crop tops and miniskirts they are browsing are sustainable.

After all, they have been labelled as "Ready for the Future" – part of Boohoo's flagship sustainability range.

But an investigation by i can reveal that, according to information on Boohoo's own website, hundreds of items in the range appear to have been inaccurately labelled as meeting the brand's own "Ready for the Future" criteria.

The news has prompted campaigners to accuse the fast-fashion brand of greenwashing.

Jeans, shirts and miniskirts are among the items listed as being more than 80 per cent polyester, cotton or viscose, which is not identified as sustainable. But they have also been listed as part of the brand's flagship eco-range.

According to Boohoo's rules, these items should not qualify as "Ready for the Future". It says the range will include only "any garment that is made of more than 20 per cent of our stated 'better materials'" – which range from recycled polyester to organic cotton and responsibly sourced viscose.

"This is the absolute minimum," it adds. "Most garments will be 50 per cent or more." But no explanation is offered to consumers about why garments presented as having less than 20 per cent of these materials have also been tagged as sustainable.

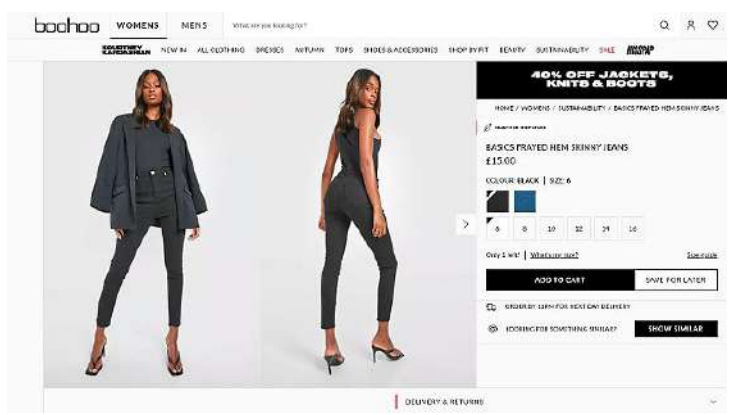
Boohoo is already under investigation by the Competition and Markets Authority (CMA), for potentially misleading shoppers about the sustainability of its products.

The CMA revealed in July that it was examining whether Boohoo set stringent enough criteria for items to be labelled as sustainable or included in eco-ranges such as "Ready for the Future".

It is also considering whether some items have been included in these collections when they do not meet the criteria.

In response to the i's findings, Greenpeace campaigner Maja Darlington said: "Boohoo might try to coat itself in greenwash but, as this investigation shows, that green marketing is little more than the thinnest veneer."

It's giving customers reassurance that you can buy this item and not feel bad about it.



i's algorithm analysed details of 3,012 items on Boohoo's website

Boohoo has been making a wider push to improve its green credentials and this month announced Kourtney Kardashian Barker as a brand ambassador "with a focus on sustainability". She also has launched two new collections, which were not analysed by i. The investigation rather looked at the "Ready for the Future" range launched in 2021 alongside a wider sustainability agenda.

In many instances, the threshold Boohoo set is seemingly not met.

i built an algorithm to pull details of all the items on Boohoo's website labelled as "Ready for the Future" as of 13 September 2022. It assessed the resulting 3,012 items of clothing and accessories.

The results showed that 194 items were more than 90 per cent cotton, for example, but no information was provided to show the cotton qualified as a "Better Material". A £38 shirred bandeau jumpsuit, made from 95 per cent cotton and 5 per cent polyester, is labelled on Boohoo's site as



Boohoo has made Kourtney Kardashian Barker – whose line is not accused of any mislabelling – a 'sustainability' brand ambassador GETTY

"Ready for the Future" despite no information about how the cotton or polyester meets the firm's "better materials" criteria.

Meanwhile, a dozen items were tagged as part of the "Ready for the Future" range despite the product information showing them to be made almost entirely from polyester that was not labelled as recycled. A pair of wide-leg green striped trousers, retailing for £18, was listed as being made of 100 per cent polyester. Under the "Ready for the Future" criteria, these should not qualify for the range.



Boohoo promises in its sustainability guide that "customers will be able to see the product's material composition and how it meets our Ready for the Future credentials on our product web pages".

i also found multiple instances of Boohoo covertly changing the labels on products, removing "Ready for the Future" tags from items with no explanation. In one example, a pair of men's denim shorts were labelled as "Ready for the Future" on 26 August, but days later that tag had been dropped from the product page.

Inaccurate labelling was also found. A £9 beach playsuit is labelled as "Ready for the Future", and the product description states that it is both "made with organic cotton" and is "100 per cent recycled polyester".

Ethical fashion campaigner Aja Barber said the use of the "Ready for the Future" label in these instances means customers are being misled.

"It's absolutely greenwashing," she told **i**. "It's giving the customer reassurance that you can buy this item and not feel bad about it."

She said that fast-fashion brands must be more transparent about how their products are made, particularly when they are marketed as sustainable, so that shoppers can make informed decisions. "The customer needs to understand what they are buying," she said.

But Dr Mark Sumner (*inset*), a lecturer in sustainability, retail and fashion at the University of Leeds, believes the findings are the result of data-handling errors. "It is really quite common when firms are starting on the journey of sustainability that they have problems with marketing and stuff on the web," he told **i**. "I don't think they are trying to pull the wool over anyone's eyes. They are just not very good at sorting their website out."

Boohoo said it is committed to giving customers clear and honest information, is working with the CMA and is making "good progress" on sustainability. But it added: "We recognise the scale of the challenge for us and other retailers is vast and the solutions are not simple."

The CMA said an update to the investigation would be made in "due course".

Sustainable fashion
What does Boohoo's 'Ready for the Future' promise mean?

Boohoo promises that its "Ready for the Future" strapline will be used only on garments made of more than 20 per cent "better materials". These are listed as...

Recycled fibres Recycled cotton, polyester or acrylic are fabrics that are made by remanufacturing existing materials, reducing waste and curbing demand for virgin fibres. Recycled polyester, for example, is made by melting down existing plastic and respinning it into new fibres.

Organic cotton Cotton grown without using chemical fertilisers and pesticides for lower environmental impact than conventional cotton.

Leather, wool, feather and down Wool, feather and down certified to high animal welfare standards and leather from tanneries that are working to reduce their environmental impact.



Responsibly sourced viscose Viscose is a type of rayon made from wood pulp. Responsibly sourced viscose comes from well-managed forests and is produced using responsible practices.

Surplus textiles Using vintage, surplus and rescued fabrics, reducing fabric waste to landfill.

READY FOR THE FUTURE

Customers will be able to see each item's material composition and how it meets "Ready for the Future" credentials on product web pages, Boohoo promises.

PEOPLE

Cardi B pleads guilty to resolve club brawl case

By Conrad Smith

The Grammy-winning American rapper Cardi B resolved a years-long criminal case stemming from a pair of brawls at New York City strip clubs by pleading guilty in a deal that requires her to perform 15 days of community service.

The 29-year-old, whose real name is Belcalis Almánzar, agreed to a conditional discharge just as her case was about to go to trial, saying in a statement: "Part of growing up and maturing is being accountable for your actions."

She pleaded guilty to two misdemeanour charges stemming from the August 2018 fights. Ten other counts, including two felonies, were dismissed. Two co-defendants also pleaded guilty.

According to prosecutors, Ms Almánzar and her entourage were targeting employees of Angels Strip Club in Flushing, Queens, over an apparent personal dispute.

In one fight, chairs, bottles and hookah pipes were thrown as they argued with a bartender. She and another employee had minor injuries.

"No one is above the law," Queens District Attorney Melinda Katz said in a statement. "In pleading guilty today, Ms Belcalis Almánzar and two co-defendants have accepted responsibility for their actions.

"This office is satisfied with the resolution, which includes appropriate community service."

In 2019, Ms Almánzar rejected a plea deal that would have given her a conditional discharge. Prosecutors then presented the case to a grand jury and obtained an indictment that included the two felony charges.



The rapper at Queens County Criminal Court, New York, this week

UNITED STATES

Teigen: miscarriage was actually life-saving abortion

By Victoria Craw

The American model Chrissy Teigen has said she was surprised to realise that the "miscarriage" she had two years ago was actually an abortion.



Speaking at the A Day of Unreasonable Conversation summit, run by a social impact agency, she said: "I fell silent, feeling weird that I hadn't made sense of it that way."

Ms Teigen, 36, who is married to the singer John Legend, added: "I told the world we had a miscarriage, the world agreed we had a miscarriage, all the headlines said it was a miscarriage.

"And I became really frustrated that I didn't, in the first place, say what it was, and I felt silly that it had taken me over a year to actually understand that we had had an abortion."

Ms Teigen (*inset*) revealed in September 2020 that they had lost a son, Jack, at 20 weeks due to medical complications. She described it at the time as a miscarriage.

"Let's just call it what it was: it was an abortion," she said. "An abortion to save my life for a baby that had absolutely no chance. And to be honest, I never, ever put that together until, actually, a few months ago."

Ms Teigen has two children, Luna, six, and Miles, four, with Legend. She is currently pregnant.

FRANCE

Flights cancelled due to strike

By Conrad Smith

Many domestic and some international flights were cancelled in France yesterday as air traffic controllers went on a national strike over pay and recruitment issues.

French civil aviation authority DGAC warned that domestic traffic would be "severely disrupted" with many flights cancelled and other experiencing long delays.

Travellers have been advised to postpone their trips if possible.

Air France said it has cancelled 55 per cent of its short- and medium-haul flights and 10 per cent of its long-haul flights.

The company could not rule out further delays and last-minute cancellations, it said in a statement.

Other companies operating in France, including Ryanair and easyJet, have also cancelled flights.


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Red meat and dairy are a source of vitamin B12. Vitamin B12 can help reduce tiredness and fatigue. A balanced diet and healthy lifestyle are recommended for good health.
*Source: CIEL Report 2020. Full lifecycle emissions of CO_2 eq per kg of beef, lamb and milk.
AHDB

MIDDLE EAST







The Byzantine-era mosaic floor, decorated with wildlife, uncovered by a Palestinian farmer near the Bureij refugee camp FATIMA SHBAIR/AP

Treasure of antiquity: Gaza Strip's 'most beautiful' mosaic floor brought to light

By Fares Akram
IN BUREIJ, GAZA STRIP

A Palestinian farmer was planting an olive tree last spring when his shovel hit something hard. He called his son and, for the next three months, the pair slowly excavated an ornate Byzantine-era mosaic that experts say is one of the greatest archaeological treasures ever found in Gaza.

The discovery has set off excitement among archaeologists, but it is also drawing calls for better protection of Gaza's antiquities, a fragile collection of sites threatened by a lack of awareness and resources as well as the constant risk of conflict between Israel and Palestinian militants.

The mosaic was uncovered just half a mile from the Israeli border. The floor is well preserved and its colours are bright.

"These are the most beautiful mosaic floors discovered in Gaza, both in terms of the quality of the graphic representation and the complexity of the geometry," said René Elter, an archaeologist from the French Biblical and Archaeological School of Jerusalem.

Mr Elter says the mosaic pavement dates to between the 5th and the 7th centuries. But a proper excavation will determine when exactly and whether it was part of a religious or secular complex.

The Gaza Strip, a Palestinian coastal enclave between Israel and Egypt, was a bustling trade route between Egypt and the Levant in ancient times. It is full of remains of ancient civilisations, from the Bronze Age to the Islamic and Ottoman eras. However, the treasures are rarely protected. Some have been damaged or destroyed by development projects or fighting with Israel.

An Israeli-Egyptian blockade imposed after the Hamas militant group took over Gaza in 2007 has ravaged the economy, leaving few resources for protecting antiquities.

The owner of the land, who refused to be identified before an official announcement, has covered the mosaic floor with tin sheets. He hopes to be compensated for protecting the unique discovery.

UNITED STATES

More buses of migrants sent to Harris's Washington residence

By Rodrique Ngowi

Two buses sent by Texas Governor Greg Abbott dropped off a group of migrants near Vice President Kamala Harris's official residence in Washington DC yesterday, as Republican officials escalate their tactics in a bitter row over immigration.

Two flights with migrants on board, paid for by Florida, were also flown to the summer enclave of Martha's Vineyard where former President Barack Obama has a home.



The migrants, predominantly from Venezuela, were provided with meals, shelter, health care and information about where they can find work.

The governors of states including Texas and Arizona have sent thousands of migrants on buses to New York, Chicago and Washington, DC in recent months, in an to effort to taunt leaders of immigrant-friendly "sanctuary" cities and stoke opposition to Joe Biden's border policies.

But the latest surprise moves reached a new level of political theatre that critics derided as inhumane.

FIJI

PM's son charged with domestic violence

By Conrad Smith



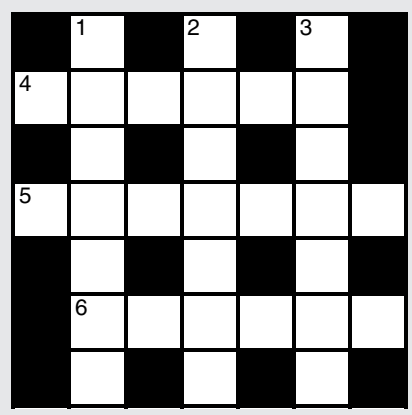
The son of Fiji's Prime Minister has been charged with a string of domestic violence-related offences in Australia.

Ratu Meli Bainimarama, 36, is facing 17 charges, including assault occasioning actual bodily harm, stalking, common assault, destroying or damaging property, intentionally distributing an intimate image without consent and intentionally choking a person without consent.

Mr Bainimarama (*inset*), the only son of Fiji's PM Frank Bainimarama, was arrested last week and later granted bail, *The Guardian* reported. The offences are said to have taken place in Sydney between February and March this year.

A suppression order preventing the publication of the identities of either Mr Bainimarama or his alleged victim was partially overturned following a challenge by the Austrialian Broadcasting Corporation.

The Five-Clue Cryptic Crossword No 3687



Across

4/5 Cop in a T S Eliot play in his workplace? (6,7)

6 Fellow vacated ecumenical place of worship (6)

Down

1 Left carbon monoxide around one porch (7)

2 Court controversy here when one's let off wind (7)

3 Certainly not red herring in legal document that's deciphered (7)

Solution, page 52

CULTURE

Big increase in attempts to get books banned

By Hillel Italie

The wave of attempted book banning and restrictions continues to intensify across the US, the American Library Association (ALA) has said.

Numbers for 2022 already approach last year's totals, which were the highest in decades.

"I've never seen anything like this," said Deborah Caldwell-Stone, director of the ALA's Office for Intellectual Freedom. "It's both the number of challenges and the kinds of challenges.

"It used to be a parent had learned about a given book and had an issue with it. Now we see campaigns where organisations are compiling lists of books, without necessarily reading or even looking at them."

Conservative attacks against schools and libraries have proliferated over the past two years, and librarians have been harassed and even driven out of their jobs.

The ALA has documented 681 challenges to books through the first eight months of this year, involving 1,651 different titles. In all of 2021, the ALA listed 729 challenges, directed at 1,579 books.

Because the ALA relies on media accounts and reports from libraries, the actual number of challenges is likely far higher.

UNITED STATES

Biden unveils floating wind turbine plans

By Matthew Daly and Jennifer McDermott

The Biden administration has announced plans to develop floating platforms in the deep ocean for wind towers that could power millions of homes and vastly expand offshore wind in the United States.

The plan would target sites in the Pacific Ocean off the California and Oregon coasts, as well as in the Atlantic in the Gulf of Maine.



President Joe Biden hopes to deploy up to 15 gigawatts of electricity through floating sites by 2035, enough to power five million homes.

The administration has previously set a goal of 30GW of offshore wind by 2030 using traditional technology that secures turbines to the ocean floor.

There are only a handful of floating offshore platforms in the world – all in Europe – but officials said the technology is developing and could soon establish the United States as a global leader in offshore wind.

The push for offshore wind is part of Mr Biden's effort to promote clean energy and address global warming.

Panorama

Around the world in 10 stories



GERMANY

93 giant snails seized at airport

A trail of slime reportedly led customs officials to a stash of almost 100 giant African land snails hidden inside bags at Dusseldorf Airport.

Officials spotted a snail on a baggage truck and thought it was a toy until it started moving. By following its trail, they found a bag with a hole, with another snail peeping out.

The six bags, with 93 snails, 28kg of fish and smoked meat, and a case of rotting meat were seized. They had been imported from Nigeria destined for an African store. AP

CHINA

Xi voices fears about uprisings

The Chinese President, Xi Jinping, warned his Central Asian neighbours yesterday not to allow outsiders to destabilise them with "colour revolutions" and offered to set up a regional counterterrorism training centre.

Mr Xi's comments reflect official Chinese anxiety that Western support for pro-democracy and human rights activists is a plot to undermine Xi's ruling Communist Party and other authoritarian governments.

"We should prevent external forces from instigating a colour revolution," Mr Xi said, referring to protests that toppled regimes in the former Soviet Union and the Middle East. AP

PAKISTAN

Floods give way to water-borne diseases fears

By Syed Raza Hassan
IN KARACHI

Children and women are becoming more vulnerable as tens of thousands of people suffer from infectious and water-borne diseases in flood-hit Pakistan, government data showed, Unicef said yesterday, as the total death toll from the floods passed 1,500.

As flood waters begin to recede, which could take up to six months, the affected regions have become infested with malaria, dengue fever, diarrhoea and skin problems, said the Sindh provincial government.

"Stagnant water is giving rise to the water-borne diseases," Prime Minister Shehbaz Sharif told the Shanghai Cooperation Organisation summit. "Millions of people are living under open sky." REUTERS

Postcard From...
New York

New York City's latest celebrity visitor is stopping traffic even in this jaded, larger-than-life town.

Little Amal, a 12-foot puppet of a 10-year-old Syrian refugee, is on a 17-day blitz through every corner of the Big Apple as part of a theatre project hoping to raise awareness about immigration.

"When we talk about migration and refugees, we tend to forget that more than half of the people we're talking about are children," said playwright and director Amir Nizar Zuabi, the artistic director of Little Amal Walks NYC. "The reality is they're children and all children are beautiful in their own special way. And I think that's what Amal brings to the table."

She will visit tourist meccas – Times Square, Grand Central Terminal, the American Museum of Natural History and Central Park, among them – and also communities far from the glitz of Manhattan, such as Corona in the Queens borough and Bedford–Stuyvesant in Brooklyn.

"The role of the project is to talk about displacement, to talk about immigration, to talk about vulnerability in different contexts and, of course, each locality," said Mr Zuabi.

At each of the 55 planned stops, organisers have created a special event anchored by the place visited. AP

Mark Kennedy

ITALY

Survivors await rooftop rescue after fatal floods

By Frances D'Emilio
IN ROME

Floodwaters triggered by heavy rainfall swept through several towns in a hilly region of central Italy early yesterday, leaving 10 people dead and at least four missing, authorities said.

Dozens of survivors climbed on to rooftops or up trees to await rescue.

"It wasn't a water bomb, it was a tsunami," Riccardo Pasqualini, the mayor of Barbara, told Italian state radio of the sudden downpour on Thursday evening that devastated his town in the Marche region, near the Adriatic Sea.

He said the flooding had left the 1,300 residents of Barbara without drinking water and with patchy telephone service.



A woman is helped to safety after flood waters struck the Marche region

A mother and her young daughter were missing after trying to escape the floodwaters, the mayor told the Italian news agency ANSA.

While firefighters reported at least seven confirmed deaths and three people missing, RAI state television quoted the local prefect's office as saying there were 10 confirmed deaths.

Two children, including a boy swept out of his mother's arms in Barbara, were among four people still unaccounted for as of late yesterday morning.

Some 50 people were treated at hospitals for injuries.

Many of the 300 firefighters on rescue operations waded through waist-high water in flooded streets.



Mexicans celebrate freedom

Low-rider car enthusiasts cruise through the streets of Mexico City yesterday as part of the celebrations for the country's Independence Day. Mexico gained its independence from Spain in 1821.
REUTERS/GUSTAVO GRAF

UNITED STATES

Trump's cache of top-secret files sent for review

By Eric Tucker
IN WASHINGTON

A veteran New York lawyer appointed as an independent arbiter in the criminal investigation into the presence of classified documents at former President Donald Trump's Florida home will review all documents and report back by November.

The appointment of Raymond Dearie as special master was made by US District Judge Aileen Cannon, who also refused to permit the Justice Department to use the documents seized in an FBI search last month in the meantime.

The sharply worded order from Judge Cannon, a Trump appointee, will almost certainly slow the pace of the investigation and set the stage for an appeal.

The department had given Judge Cannon until Thursday to put on hold her order pausing investigators' review of classified records while the special master completes his work, saying it would ask the Atlanta-based 11th US Circuit Court of Appeals to intervene if she did not do so by then.

The Justice Department did not immediately comment on Thursday's ruling. AP

CHINA

Fire rages at skyscraper

A massive fire sent flames and black smoke pouring yesterday from a 42-storey skyscraper in central China belonging to the country's largest telecoms operator, but no casualties were reported, officials said.

Dozens of floors burned in the building in Changsha. The fire department said it sent 280 firefighters who were able to quickly extinguish the blaze on the 720ft building. AP

SOUTH CAUCASUS

Over 200 killed in border fights

More than 200 service personnel were killed in border clashes between Armenia and Azerbaijan this week, according to figures from both countries yesterday.

Both blame each other for the fighting over the disputed Nagorno-Karabakh region – the deadliest clashes between them since a six-week war in 2020 left thousands dead.

Armenia said 135 personnel were killed while Azerbaijan reported that 77 of its troops were killed. REUTERS

TAIWAN

Lithuanian office opening 'vital'

The opening of the Lithuanian trade office in Taiwan is a "very important step" for both states and the two are on a good track for economic co-operation, a visiting vice minister from the Baltic state said yesterday.

China has downgraded diplomatic ties with Lithuania and pressured multinationals to sever links after it allowed Taiwan to open a de facto embassy in Vilnius. AP

WORLD FOCUS

Wheels of fortune

In the Italian Alps, 'rebel' farmers value tradition over mass production to create one of the world's most expensive cheeses. By **James Imam**

In the northern Italian village of Gerola Alta, diners at the Bitto Centre's tasting room are being served creamy polenta, carafes of local wine and plates stacked with tender salamis and cheeses produced nearby in the alpine Valtellina territory.

Many have come to this corner of the lush Bitto valley to sample the Storico Ribelle (historic rebel), a fatty, pungent, tangy cheese that is this area's most famous product. Some of the visitors gather in the cheese cellar below the restaurant, where 3,000 cheese wheels are lined up on wooden stacks.

Formerly known as Bitto storico (historic Bitto), Storico Ribelle is one of the world's finest cheeses and, according to a number of classifications, one of its most expensive. It can cost as much as €98 (£85) a kilo and that's if you buy direct from the producers.

Its continued existence today owes much to Paolo Ciapparelli, a cheese aficionado who has united with traditional producers in opposition to shifts towards mass production.

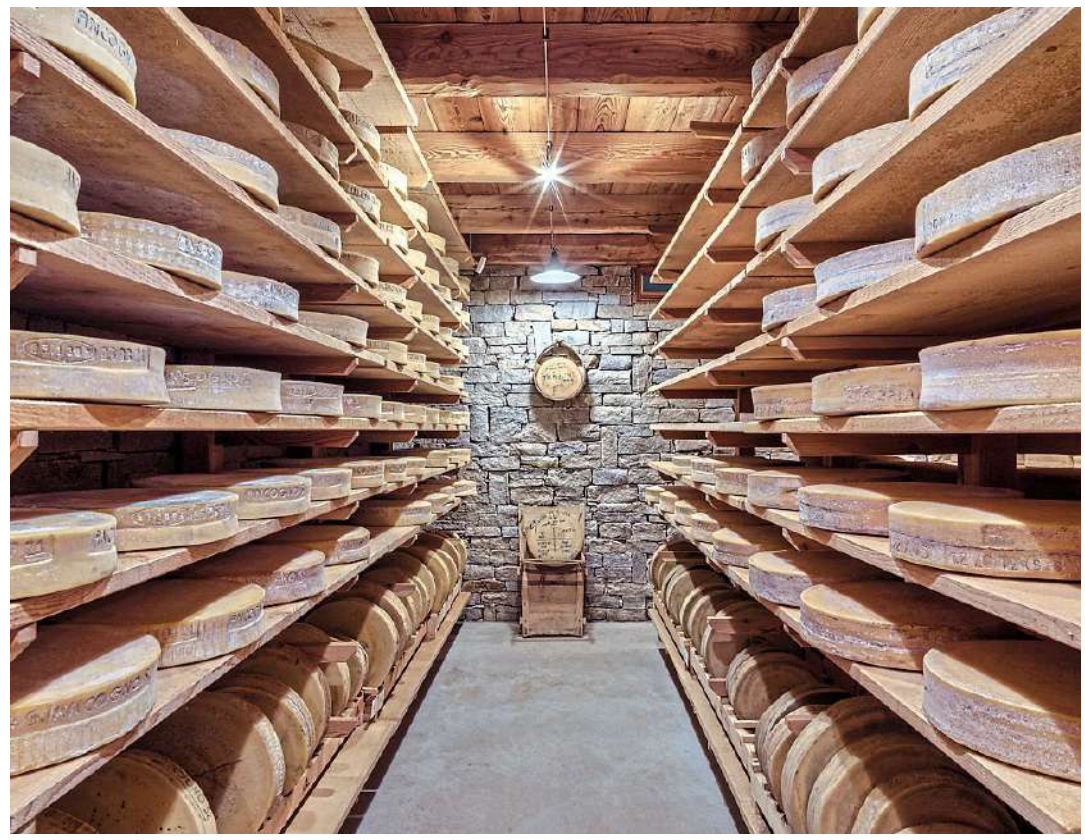
"We had to challenge the system, we had to rebel," says Ciapparelli, a ruddy, energetic 71-year-old, over a beer at the Bitto Centre, which he runs. "Ours was a world of simple mountain folk who each had around 10 cows and knew how to respect the grass," he says. "This was a world too beautiful to lose."

Bitto has been made in this territory ever since the Celts were driven off the Po Valley in 300BC by the Ancient Romans and relocated here. Until 30 years ago, it was made exclusively in Gerola Alta and Albaredo per San Marco, two branches of the valley that is traversed by the Bitto torrent and pocketed with lakes.

Today, Storico Ribelle producers take bruna Alpina-breed cows and orobica goats to graze in high-altitude pastures during the summer months, as they have done for thousands of years.

Their fat-rich milk (80 per cent cow and 20 per cent goat) is heated in cauldrons kept in stone mountain shacks, before the resulting curd is scooped into wooden bonds. Once the cheese has dried, it is transported to the Bitto Centre cellar and left to mature for anywhere between 70 days and 10 years.

Younger cheeses are softer, whiter and sweeter than older varieties, which turn yellow, become hard and crumbly, and have a sharp aftertaste. The valley's freshwater supply and sunshine, high altitude and rich floral variety contribute to the cheese's complex bouquet of perfumes and aromas.



Wheels of Storico Ribelle, made by traditional farmers (below) mature at the Bitto Centre VALLI DEL BITTO S.P.A.

> **Ours was a world of simple mountain folk who knew how to respect the grass**



This is the genuine article, according to Ciapparelli, who contrasts it with other cheeses that still use the Bitto storico name.

"The newer varieties of Bitto cannot compete with the real stuff," the former flooring salesman says. "They taste bland in comparison."

Ciapparelli became a Bitto activist after the Consortium for Safeguarding Casera and Bitto (CSCB), which represents local producers, applied for the Protected Designation of Origin status (known by the acronym "DOP").

Awarded to EU and UK products made with local ingredients according to codified procedures, DOP status is seen by many as a guarantor of quality.

But critics argue that the DOP label is merely a convenient way of commercialising products by increasing visibility and prestige. Consortia often amend their production manuals to maximise output after they have received the status, Ciapparelli claims.

The CSCB won DOP status in 1995 and modified the Bitto production manual seven years later, enabling farmers to supplement animals' diet with fodder, add ferment to cheese, milk cows down valley and extend the area in which Bitto is produced.

Ciapparelli accuses the Lombardy region and Italy's Ministry of Agriculture of prioritising profit over tradition to monopolise the market.

To support traditional cheese makers and promote Bitto storico, in 1994 Ciapparelli united 16 producers under a new association that became the Save Bitto Heritage Consortium.

He was contacted by the Slow Food movement, which promotes regional culinary traditions and has millions of followers in 160 countries, in 2003, and his consortium was included in the Slow Food Communities network.

The resulting visibility helped Ciapparelli bring private investors on board, allowing him to double traditional cheese makers' fees overnight and build the Bitto Centre in 2010.

Ciapparelli says that he has "made enemies" along the way, with the CSCB legally challenging his use of the Bitto storico name and forcing him to replace it with Storico Ribelle in 2016. At the time, Coldiretti, a powerful agricultural association, accused the rebels of "instrumentalising the defence of traditions... for personal interests".

Storico Ribelle has been dwarfed by Bitto DOP, which produces 1,500 traditional cheeses every year. Even so, Ciapparelli has secured the livelihood of a dozen traditional producers.

Roughly 25 suppliers in cities such as London, Milan and Tokyo sell the cheese today, while individuals can order wheels with personalised messages etched into the wax for between €500 and €800. "This is a rare and exclusive product so the prices are high," says Ciapparelli. "I can't produce more cheese without destroying the grass."

Having saved the original Bitto from extinction, Ciapparelli is now trying to line up a successor. "I need somebody that knows the history of this cheese, the values we have promoted and how to spread them," he says. "What you need is humility and respect for history. And just a little bit of rebelliousness."

News in brief

ARGENTINA

Kirchner: I'm alive because of God

Argentina's vice-president, Christina Fernández de Kirchner, has said she is alive "because of God and the Virgin Mary", after surviving an assassination attempt when the weapon jammed.

She also said the Pope, a fellow Argentine, had called to comfort her after the 1 September attack.

Ms Fernández de Kirchner, 69, who is on trial for corruption, was targeted as she left her home in Buenos Aires.

Fernando Sabag Montiel, 35, and Brenda Uliarte, 23, have been charged with attempted murder. But the attack has given rise to a number of conspiracy theories, with many believing it was staged.

DUBAI

Tax fraud Briton told to pay $1.25bn

A British man accused by Denmark of masterminding a $1.7bn (£1.49bn) tax fraud has been ordered by a Dubai court to pay Copenhagen's tax authority $1.25bn, just days after another Dubai court rejected an extradition order.

The order by the Dubai Court of Appeal against Sanjay Shah comes as part of a civil case filed four years ago by Denmark's tax authority.

Mr Shah has maintained his innocence in the case while fighting extradition. A spokesman said Mr Shah's lawyers planned to appeal against the ruling.

UNITED STATES



Jordan jersey sells for record $10m

Michael Jordan's Chicago Bulls jersey (*above*) from the opening game of the 1998 National Basketball Association finals sold for $10.091m (£8.86m) at an auction, making it the most expensive piece of game-worn sports memorabilia in history.

The previous record, set this year, was $9.3m for Argentine football player Diego Maradona's jersey. Sotheby's had expected Jordan's jersey to fetch $3m-$5m. The final price eclipsed the $2.7m bid in May for Kobe Bryant's Lakers jersey – the previous record for a basketball jersey at auction.

7 days

The stories that shaped the news



What we learned this week

'Little Mermaid' trailer sparks joy Following the release of the first trailer for the live-action remake of 'The Little Mermaid', which stars Halle Bailey (*main*), a viral TikTok video showed the awestruck reaction of children across the world in seeing a Disney star who looked like them. 'She's brown like me!' one young girl was heard saying, while others squealed with shock and delight.

Scientists identify best way to get baby to sleep Scientists in Japan believe they have discovered a way to soothe a crying baby and get them to sleep in a cot in just 13 minutes: walk for five minutes while carrying the infant, then sit and hold them for eight minutes before laying them down in the cot. The research involved a series of experiments, testing four different approaches with 21 babies up to seven months old. The results also showed that if the babies were asleep for a longer period before being laid down – at least eight minutes – they were less likely to then wake up.

Painless DIY tattoos invented The discomfort of getting a tattoo could soon be a thing of the past, as scientists have created a new technique which uses microneedles (*right*) to imprint a design into the skin without causing pain or bleeding. Initially, this innovation is most likely to be used in medical settings, but it could also be rolled out for cosmetic use, allowing tattoo parlours to provide a more comfortable option.



Robot mimics loved ones A robot designed to look like a loved one and mimic their owner's expressions (*bottom*) could be available to buy within a few years. The invention could help to tackle loneliness by offering companionship to those in need; the developers plan to trial the first generation of the robot at care homes. It will also be available for a reasonable price, its creator promised.



Shakespeare was a collaborator Up to a third of the Bard's plays may have been co-written with another author, according to new research. There has been a long-held suspicion that the playwright collaborated with others on his works; now an innovative language analysis technique has showed just how likely it is to have been the case. The data revealed that some of the earlier scenes of 'Henry VI, Part Two' were most likely written by Christopher Marlowe, while 'Titus Andronicus' and 'Pericles' may have be co-written by George Peele and George Wilkins respectively.

Leading Italian dictionary makes feminist change In a first for Italian dictionaries, the new edition of the Treccani dictionary will not only add the feminine forms of words but list them before the masculine form if they come first alphabetically. For example, 'beautiful' in Italian is 'bello' or 'bella', depending on whether the word it is describing is male or female. The new edition of the country's leading dictionary will now add 'bella' and put it before 'bello'. 'Words have only ever been listed in the masculine form, but language is the mirror of a society that is changing and we are adapting,' said Giuseppe Patota, one of the experts involved.

London Marathon to include non-binary category The London Marathon has introduced a non-binary gender category for the first time. This will be offered to applicants in the 2023 ballot, which opens next month. The announcement came a day after the Boston Marathon said it was giving runners the same option. London Marathon Events described it as a 'significant step' in making the race more inclusive.

World could be saved trillions by switching energy The world could save as much as £10.2tn if it were to switch from fossil fuels to renewable energy, according to an Oxford University report. The study looked at historical price data for renewables and fossil fuels and then modelled how they are likely to change in the future. 'Our latest research shows scaling-up key green technologies will continue to drive their costs down, and the faster we go, the more we will save,' explained Dr Rupert Way, the report's lead author.

Zoom plans to move to email and digital diaries A service which many of us became (overly) familiar with during lockdown, Zoom is set to broaden its offering from video calls and diversify into email and digital calendars. Dubbed Zmail and Zcal, the new services could be rolled out as early as November, challenging rivals such as Google and Microsoft.

iNewsQuiz

1 Lee Jung-jae became the first Asian to win best drama actor at the Emmys – for which show?

2 *À bout de souffle*, *Le Mépris*, *Alphaville* – all films by which French New Wave director, who died this week?

3 Which budget grocer overtook Morrisons to become Britain's fourth-largest supermarket?

4 Restaurants in which city have become the first in Canada to be covered by the Michelin Guide?

5 Which weather phenomenon has formed for a third consecutive year in the Pacific?

6 Prices of what foodstuff surged 22.5 per cent last month to a record high in China, its biggest consumer in the world?

7 Schoolboy Christopher Atherton became the youngest senior footballer in the UK, playing for Glenavon at what age?

8 "I can't bear this bloody thing." To what was King Charles referring?

9 Tesco's website sold out of which aperitif?

10 The prime minister of which Scandinavian country has resigned?

Answers below

it's been a good week...

HERITAGE
A 2,000-year-old quarter shekel worth more than $1m has been returned to Israel two decades after it was stolen.

RESEARCH
The University of Edinburgh has launched the largest-ever study into ME, offering hope for those with chronic fatigue.

PETS
A cat named Georgie, missing for six years, has been found living under a bush near the home of his owners in Durham.

PHILANTHROPY
The billionaire founder of clothes brand Patagonia has donated his entire company to a climate crisis charity.

SOCIETY
Two brothers from Northampton, Ted, 83, and Geoff, 79, were reunited 77 years after Geoff was put up for adoption, aged one.

SCIENCE
In a breakthrough for climate and weather forecasts, satellites can now monitor Arctic sea-ice thickness all year round.

HEALTH
The Covid pandemic's end is "in sight", said the World Health Organisation, with the fewest cases since March 2020.

iNewsQuiz answers 1. *Squid Game*. **2.** Jean-Luc Godard. **3.** Aldi. **4.** Toronto. **5.** La Niña. **6.** Pork. **7.** 13 years and 329 days. **8.** A leaking pen. **9.** Dubonnet – the Queen's favourite. **10.** Sweden.

7 days COMPILED BY ANNA BONET

Books p44 ● **Puzzles** p47 ● **7-day TV guide** p54 ● **itravel** p71 »

life
SOMETHING FOR THE WEEKEND



50 autumn days out under £10

Events and attractions that won't break the bank, from natural wonders to immersive festivals. By **Emily Cope**

NATIONWIDE

The National Garden Scheme

This scheme gives visitors unique access to more than 3,500 exceptional private gardens in England, Wales, Northern Ireland and the Channel Islands, while raising money for the UK's nursing and health charities through admissions, teas and cake. ***Prices vary, children free, to 31 Oct, findagarden.ngs.org.uk***

Fun Palaces Weekend of Celebration

Seventy five Fun Palaces events will run across the UK over a single weekend with the aim of bringing communities together. Expect origami-making at Rawtenstall Library in Lincolnshire, upcycling at Harrow Arts Centre in Greater London, and hands-on wildlife and biodiversity activities at The Higgins Bedford. ***Free, 30 Sep-1 Oct, funpalaces.co.uk***



High Force waterfall trail (main); Plymouth Trails (above) GETTY

Walking tours

Greeters are a non-profit that offers free two- to three-hour walks with locals throughout hundreds of cities worldwide, including Brighton, Dover and London in the UK. ***internationalgreeter.org***

LONDON

London Literature Festival South Bank

Now in its 15th edition, this Southbank Centre stalwart is the city's longest-running literature festival, setting prestigious authors alongside rising literary stars and cultural observers. With a variety of talks, readings and activities for adults and children. ***Prices vary, some sessions free, 20-30 Oct, southbankcentre.co.uk/whats-on/festivals-series/london-literature-festival***

Hackney City Farm Hackney

Home to goats, sheep, chickens and donkeys, as well as smaller pets such as rabbits and guinea pigs, this farm is also a vital community hub with a vegetable collection scheme for locals, and you can purchase freshly laid eggs and honey from their bees. ***Free, hackneycityfarm.co.uk***

Victoria & Albert Museum Kensington

Renowned for its ground-breaking exhibitions from fêted artists and designers, the V&A holds collections of photography, fashion, sculpture and ceramics. ***Free, vam.ac.uk***

Richmond Park Richmond

Enjoy the autumn colours, while also keeping an eye out for the 600 red deer that call the park home. Perfect to explore on foot or by bike. ***Free, royalparks.org.uk/parks/richmond-park***

Open House Festival Citywide

This two-week festival offers a peek behind usually closed doors, from iconic venues to temples »

Continued from p41

and a vineyard. Join guided walks and learn about the capital's architectural gems. ***Free, to 21 Sep, open-city.org.uk***

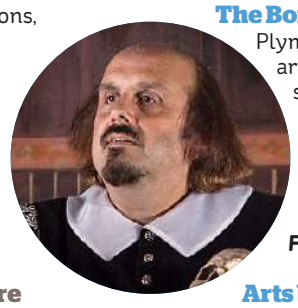
NORTH

High Force waterfall trail County Durham

A new exploratory trail has been set up at High Force waterfall at Forest-in-Teesdale, in the Durham Dales, featuring a selection of beautifully designed woodland sculptures, including a moon-gazing hare and a giant caterpillar. ***Adults £2.50, children £1, raby.co.uk/events/high-force-waterfall***

The World of Beatrix Potter Cumbria

Having been a fixture of childhood bedtime stories for generations, this interactive exhibition in Bowness-on-Windermere recreates Potter's magical tales of Peter Rabbit, Mrs Tiggy-Winkle and friends. ***Adults £9, children £5, under-threes free, hop-skip-jump.com***



Holmfirth Food and Drink Festival Yorkshire

Enjoy a jam-packed weekend of local food markets, live music and entertainment in the quaint town of Holmfirth. Great for foodies. ***Free entry, Sat-Sun, holmfirthfoodanddrink.org***

The National Science and Media Museum Yorkshire

Take a journey through the past 100 years of broadcasting at "Switched On", the latest exhibition at the museum in Bradford. Learn about the industry's innovations, see famous objects from TV history and get hands-on with interactive displays. ***Free, to Jan 2023, scienceandmediamuseum.org.uk***

The Science and Industry Museum Greater Manchester

This fascinating museum is launching an immersive exhibition called "Turn It Up: The Power of Music", exploring the science of music's mysterious hold over us and how it drives us to create, perform, feel and share. ***Adults £8, children £6, from 21 Oct, scienceandindustrymuseum.org.uk/whats-on/turn-it-up***

Liverpool Central Library Merseyside

This building is a beautiful place to visit and offers some of the best views of the city, while inside you can find extensive collections including many rare books, quiet spots to read as well as storytelling days for families. ***Free, liverpool.gov.uk/libraries/find-a-library/central-library***

World Fireworks Championships Lancashire

The best firework technicians from across the world will delight spectators with a series of explosive shows in the skies above Blackpool Tower. Arrive early and head down to the North Pier to secure the best vantage point. ***Free, 1, 25, 27-28 Oct, visitblackpool.com***

Festival of Light Tyne and Wear

A sparkling mix of light and sound displays are returning to Sunderland's Roker Park to delight adults and children alike. ***£3, every Thurs, Fri, Sat & Sun 13 Oct-13 Nov, every day over half-term week beginning 25 Oct, mysunderland.co.uk/fol***

SOUTH

Pick Your Own Cornwall

Set amid 28 acres of countryside, Pick Your Own at Trevaskis Farm near Hayle is a wonderful family day out. Choose from an abundance of seasonal fruit and vegetables, including blackberries and runner beans, while learning about the farm as you wander. ***Free, trevaskisfarm.co.uk/pick-your-own***

Plymouth Trails Devon

Download the Plymouth Trails app and explore the city's heritage on foot, with options to learn about Plymouth's maritime history, feminist past or its connections to America's founding fathers. ***Free, visitplymouth.co.uk/things-to-do/activities/trails/plymouth-trails-app***

The Box Devon

Plymouth's major new museum, art gallery and archive showcases thousands of natural-history specimens, a full-sized replica woolly mammoth, works of art and archive film and photography. ***Free, theboxplymouth.com***

Arts by the Sea Dorset

This immersive arts festival in Bournemouth brings together large-scale spectaculars, diverse music, art installations, dance and street theatre. ***Free, 30 Sep-2 Oct, artsbythesea.co.uk***

Dusk till Dark Dorset

A light parade is set to weave its way through the streets of Weymouth. Expect an eerie underwater world featuring luminescent sea creatures and giant bicycle-powered wizardry. ***Free, 23-24 Sept, love-weymouth.co.uk/events/weymouth/family-fun/dusk-to-dark-2022***









Woolton Farm Harvest Cider Festival Kent

Head to this family farm in Bekesbourne, near Canterbury, to enjoy barbecue and street food, live soul and folk music, apple pressing and, of course, plenty of local cider and craft beers. Camping is also available. ***£5, 30 Sep-2 Oct, wooltonfarm.co.uk***

Pub walks Kent

Britain's oldest brewer, Shepherd Neame, has released a series of pub walks just in time to watch nature taking on its autumnal colours. Taking you through the Kent countryside, each begins and ends at a pub. ***Free, shepherdneame.co.uk/walks***

EAST

St Edmund's Day Weekend Spectacular Suffolk

Spectacular sound and light projections on to the historic Norman Tower and St Edmundsbury Cathedral Tower will tell the story of St Edmund and the founding of Bury St Edmunds' abbey 1,000 years ago, accompanied by an enchanting themed light trail through the Abbey Gardens. ***£3, under-fives free, whatsonwestsuffolk.co.uk/whats-on***

Fire on the Water Norfolk

Taking place on the golden sands of Central Beach in Great Yarmouth, this outdoor experience will encompass dance and acrobatic performances, dramatic light installations and night-time fire shows. Hot food and drink will be available. ***Entry from £3, 22-29 Oct, outtherearts.org.uk/fire-on-the-water***

Burgh Castle Roman Fort Norfolk

One of the most impressive Roman buildings to survive in Britain, this site also provides stunning views across the rivers Waveney and Yare to Halvergate Marshes, part of the Broads National Park – an area rich in bird, animal and plant life. ***Free, english-heritage.org.uk/visit/places/burgh-castle***

Redwings Horse Sanctuary Norfolk

The biggest sanctuary of its kind in the UK, Redwings cares for horses, donkeys, mules and ponies and has two visitor centres in the Norfolk countryside, in Aylsham and Caldecott, as well as walking tours, a café and a play area. ***Free, redwings.org.uk***

WEST

Forest of Dean Sculpture Trail Gloucestershire

A series of world-class, contemporary sculptures, spread out among the trees, celebrates all things nature. The 3.5-mile path begins at Beechenhurst Lodge, which also has a playground for children. Maps are available to download for free. ***forestofdean-sculpture.org.uk***

The Whale Gloucestershire

Families can crawl into the belly of a giant inflatable sperm whale in Tewkesbury town centre, to experience life beneath the surface of the ocean and learn about marine conservation. There will also be music, comedy and puppetry. ***Free, but tickets must be booked in advance, 25 Sep, rosestheatre.org/events/entry/the-whale***



Bristol City Museum and Art Gallery Bristol
Learn about the past billion years of Earth's history (including seeing the best-preserved dinosaur found in Britain), explore the region's natural wonders and enjoy breathtaking art. ***Free, bristolmuseums.org.uk/bristol-museum-and-art-gallery***

Windmill Hill City Farm Bristol
A little agricultural oasis tucked away in Bedminster, this city farm has a wide range of petting animals, farm trails, sculptures, play area, farm shop and café. ***Free, windmillhillcityfarm.org.uk***

MIDLANDS

Lincoln Ghost Walk Lincolnshire
Led by experienced guides, this tour allows visitors to delve into tales of hauntings around Lincoln's historic Cathedral Quarter, giving a glimpse into the city's main attractions as well as some enthralling ghost stories. ***Adults £6, children £4, every Weds to Sat at 7pm, visitlincoln.com/things-to-do/original-lincoln-ghost-walk***

Sculpture Garden at Carden Park Cheshire
Curated by Grant Ford, the BBC *Antiques Roadshow* expert and fine art curator, the sculpture garden is set against the stunning backdrop of a 1,000-acre luxury resort in Cheshire. ***Free, cardenpark.co.uk/introducing-the-sculpture-garden***

Walcot Hall Shropshire
As well as featuring one of the finest arboretums in Britain, Walcot Hall in the South Shropshire Hills boasts its own Grade II listed pub – The Powis Arms – making it the perfect spot for an autumnal amble and a pint of ale. ***£3, open daily (except Sat), walcothall.com***

Ginger and Spice Festival Shropshire
A festival dedicated to all things ginger, this event in Market Drayton contains tastings, ginger-inspired competitions, food stalls and live music. ***Free entry, some activities charged, 24 Sep, gingerandspicefest.co.uk***

Tudor World Warwickshire
Head to Shakespeare's England and step through the doors of this period building in Stratford-upon-Avon to learn about 16th-century life. ***Adults £7, children £4, under-fives free, tudorworld.com***

The National Garden Scheme (above); Tudor World (inset far left); Fire on the Water (top left); Redwings Horse Sanctuary (above left); Forest of Dean Sculpture Trail (left); Oystermouth Castle (below); Richmond Park (inset right); Liverpool Central Library (above right) DAVID STREET MARK VARNEY, ANDREW LAWSON, PA, PHIL REES, GETTY



Apple Day Buckinghamshire
Celebrate all things apple at the community orchard at Ouzel Valley Park in Milton Keynes. Learn more about different varieties and how to grow them, take part in crafts and games, and explore the orchard. ***Free, 22 Oct, theparkstrust.com/events/apple-day***

SCOTLAND

Argaty Red Kites Perthshire
At this popular eco attraction in Stirling, visitors can enjoy guided excursions to see the Argaty Estate's red kites and red squirrels. There are also ATV buggy tours around the farmland, dragonfly safaris, pond-dipping sessions and wildlife talks. ***Adults £7, children £3, argatyredkites.co.uk***

Scottish International Storytelling Festival Edinburgh and online
More than 240 events will form the world's largest celebration of storytelling, anchored at the Scottish Storytelling Centre in Edinburgh. There will also be a host of online performances, including music workshops, poetry readings, epic retellings and more. ***Prices vary, 145 events free, 14-31 Oct, sisf.org.uk***

Apple Harvest Peeblesshire
Inside the Walled Gardens at Traquair House, Scotland's oldest inhabited house, there are plenty of apple trees laden with fruits at this time of year. Pick the apples or bring your own to make apple juice in a mobile press. There is also a maze to enjoy. ***Grounds entry from £5, traquair.co.uk***

The V&A Dundee
"Sincerely, Valentines – From Postcards to Greetings Cards" is a new exhibition at Dundee's V&A Museum which tells the story of Scotland's most pioneering and successful commercial photographers, who popularised the holiday postcard on a global scale. ***Free, to Jan 2023, vam.ac.uk/dundee/exhibitions/sincerely-valentines***

Jim Clark Motorsport Museum Berwickshire
Pay homage to a true Formula One racing legend – and Scottish Borders farmer – at this museum in Duns. See some of Clark's old racing cars, including the Lotus Type 25, as well as motorsport trophies, before jumping behind the wheel in a race-car simulator. ***Adults £6, children £3, under-fives free, jimclarktrust.com/jim-clark-motorsport-museum***

WALES

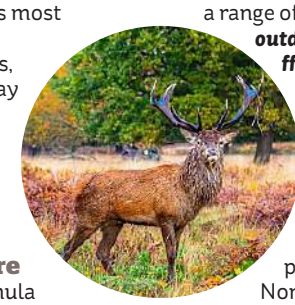
Forest bathing Swansea
Forest bathing is the practice of taking the time to relax, enjoy and experience nature. The sessions in Penllergare Valley Woods take up to two hours and include meditation and mindfulness techniques. ***Free, 23 Sep & 22 Oct, visitswanseabay.com/events/natural-mindfulness-forest-bathing-at-penllergare-valley-woods/***

Oystermouth Castle Swansea
A short walk from The Mumbles, this Norman castle with a rich history and a picturesque courtyard has spectacular views across Swansea Bay. Visitors can sit and picnic while soaking it all in. ***To 30 Sep, then weekends, throughout Oct, £5, family ticket £15 (two adults, two children), visitswanseabay.com/listings/oystermouth-castle***



Barmouth Walking Festival Gwynedd
One of the largest festivals of its kind in Britain, the Barmouth Walking Festival offers an extensive programme of walks led by knowledgeable, local guides across the dramatic Welsh countryside. ***Walks £5, 17-26 Sep, barmouthwalkingfestival.co.uk***

Fforest Fawr Circular Glamorgan
Fforest Fawr is the stunning backdrop to Castell Coch in Cardiff. There are three walking trails to enjoy, including the Children's Sculpture Trail featuring a range of wood carvings. ***Free, outdoorcardiff.com/walks/fforest-fawr-circular-walk***



NORTHERN IRELAND

Peace Maze Co Down
This 6,000-tree maze in Castlewellan Forest Park was built to represent the path to a peaceful future for Northern Ireland. In the centre is a "peace bell" which visitors can ring. ***£5 parking per car, covers admission to forest, discovernorthernireland.com/things-to-do/castlewellan-forest-park-and-peace-maze-p675411***

Edenvilla Park Co Armagh
Spanning 25 acres in Portadown, this forest offers sculpture trails, a play park, plenty of open space for games and picnics, a bird aviary and a secret garden with a fish pond. ***Free, discovernorthernireland.com/things-to-do/edenvilla-park-p715801***

Northern Ireland War Memorial Museum Co Antrim
A must-see for anyone with an interest in Northern Ireland's role in the Second World War, this museum in Belfast tells the story of the Belfast Blitz in 1941, the Ulster Home Guard, the role played by women in the war and the presence of US Forces. ***Free, niwarmemorial.org***

Carrickfergus Castle Co Antrim
One of the most spectacular castles in Northern Ireland, Carrickfergus houses historical displays as well as cannon from the 17th to the 19th centuries. ***Adults £6, children £4, discovernorthernireland.com/things-to-do/carrickfergus-castle-p674971***

40 best books to read this autumn

From prize winners to debut novelists, thrillers to memoirs, **Anna Bonet** picks the reads you'll want to curl up with

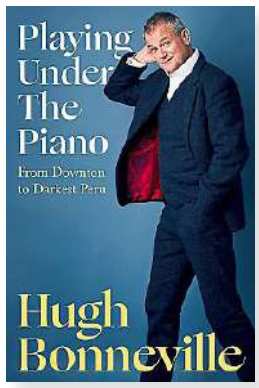
MEMOIR

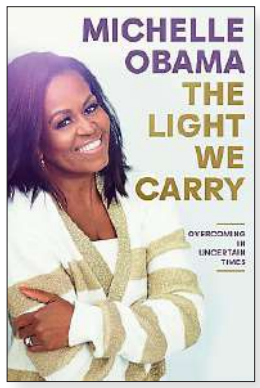
Playing Under the Piano

Hugh Bonneville

(£22, Little, Brown, out 13 Oct)

The actor paints an account of his life thus far, from *Downton Abbey* to dealing with his father's dementia, showing a great verve for storytelling.





SELF-HELP

The Light We Carry

Michelle Obama

(£25, Viking, out 15 Nov)

Drawing on her own experiences and blending stories with advice, the former First Lady shares wisdom and strategies for staying balanced and hopeful.

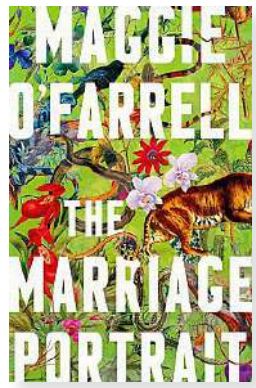
FICTION

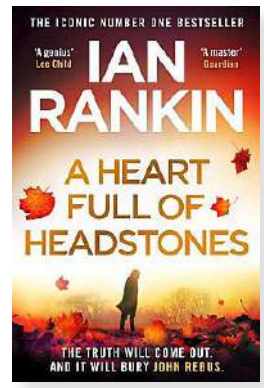
The Marriage Portrait

Maggie O'Farrell

(£25, Headline, out now)

The Women's Prize winner switches from the Bard (*Hamnet*) to Lucrezia de Medici and Renaissance Italy in this story of a wilful young girl forced into marriage.





CRIME

A Heart Full of Headstones

Ian Rankin

(£22, Orion, out 13 Oct)

As Detective John Rebus stands accused of a crime that could land him a life sentence, DI Siobhan Clarke investigates a corrupt cop case in this electrifying read.

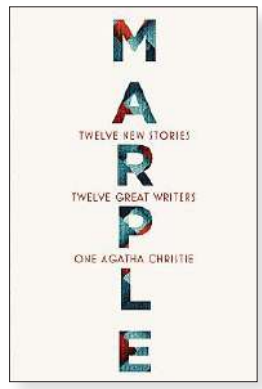
SHORT STORIES

Marple

Various authors

(£20, HarperFiction, out now)

Twelve esteemed contemporary writers – from Val McDermid to Ruth Ware – each pen a story with Christie's legendary detective Jane Marple at its heart.



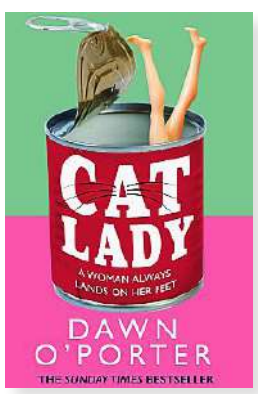
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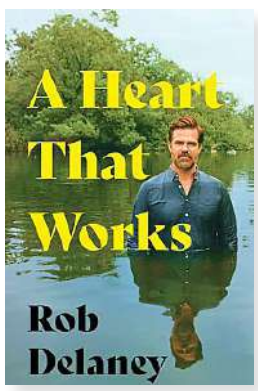
Cat Lady

Dawn O'Porter

(£18.99, HarperFiction, out 27 Oct)

Throughout Mia's life, her cat Pigeon is the one constant. This story about an oddball outsider finding her place in the world will pull at the heartstrings of feline fans.





MEMOIR

A Heart that Works

Rob Delaney

(£16.99, Coronet, out 20 Oct)

The actor and comedian's son Henry was just two when he died of a brain tumour. This is Delaney's raw, devastating journey through grief that still somehow manages to be hopeful.

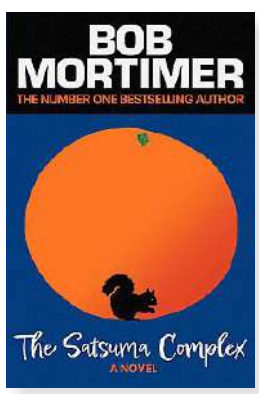
FICTION

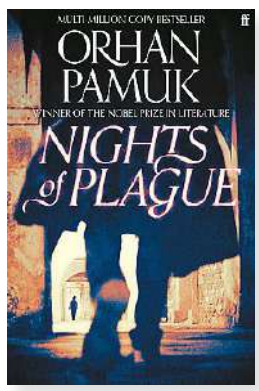
The Satsuma Complex

Bob Mortimer

(£16.99, Simon & Schuster, out 27 Oct)

The comedian's debut novel is a funny, compelling story about a plain man, a chance meeting with a woman he instantly falls for, and a search for two untraceable people.





FICTION

Nights of Plague

Orhan Pamuk

(£20, Faber, out 22 Sep)

The new oeuvre from the Nobel Prize winner is an explosive detective story set on a fictitious island during the Ottoman Empire, where a plague rages and a murder occurs.

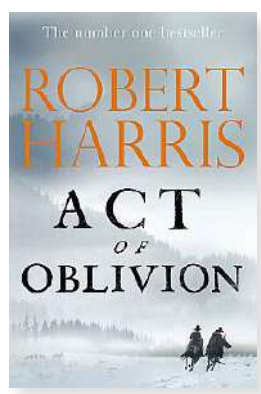
HISTORICAL

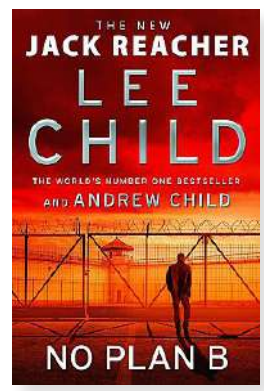
Act of Oblivion

Robert Harris

(£22, Hutchinson Heinemann, out now)

In 1660, a father and son are on the run, wanted for the murder of Charles I. And the man in charge of finding them will stop at nothing. A tour de force of a chase thriller.





CRIME

No Plan B

Lee Child with Andrew Child

(£22, Bantam, out 25 Oct)

Jack Reacher is one of two witnesses to a tragic event – though they have conflicting accounts. What unfolds reveals the "random" act of violence is part of a conspiracy.

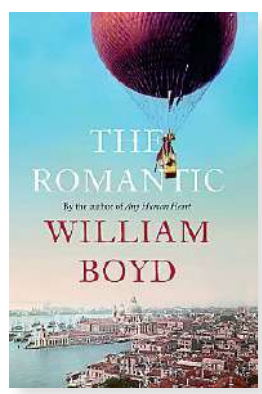
HISTORICAL FICTION

The Romantic

William Boyd

(£20, Viking, out 6 Oct)

As in *Any Human Heart*, Boyd's new work is a whole-life novel. The titular Romantic is Cashel Greville Ross, whose colourful life is a globe-trotting adventure through the 19th century.



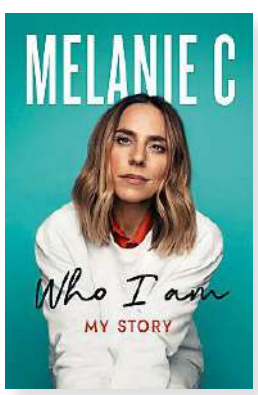
MEMOIR

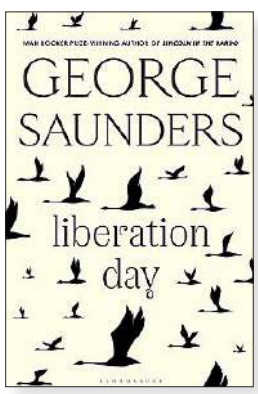
Who I Am

Mel C

(£20, Welbeck, out now)

This close-up of the Spice Girl's life, in which she shares what it is like to be part of the world's most famous girl band, is also a welcome reminder that there is always more to every story.





SHORT STORIES

Liberation Day

George Saunders

(£18.99, Bloomsbury, out 18 Oct)

This collection from the Booker winner (*Lincoln in the Bardo*) is far-reaching – from a hailstorm-set reckoning to a love letter to a grandfather – yet reliably masterful.

THRILLER

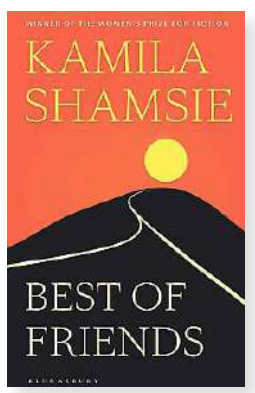
The Skeleton Key

Erin Kelly

(£16.99, Hodder, out now)

The resurrection of a decades-old treasure hunt dredges up all sorts of awful things in Kelly's latest, which is by turns a dysfunctional family drama and a deliciously sinister thriller.





FICTION

Best of Friends

Kamila Shamsie

(£16.99, Bloomsbury, out 27 Sep)

Set between Karachi and London, this novel about a 40-year friendship hinges on one fateful childhood night. An epic story about identity and power.

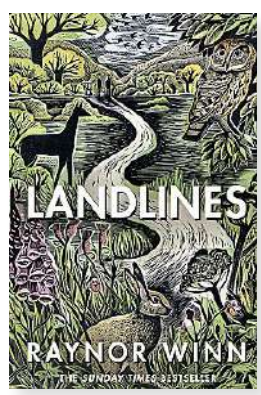
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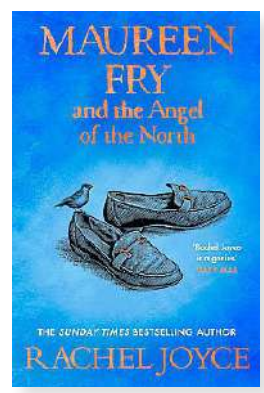
Landlines

Raynor Winn

(£20, Michael Joseph, out now)

The author of *The Salt Path* chronicles her and her terminally ill husband's walk from Scotland to the South West. A tale of remarkable resilience and nature writing at its best.





FICTION

Maureen Fry and the Angel of the North

Rachel Joyce

(£14.99, Doubleday, out 20 Oct)

A decade after *The Unlikely Pilgrimage of Harold Fry*, Joyce brings Harold's wife to the fore and sends her on her own pilgrimage into the past. A gorgeous read.

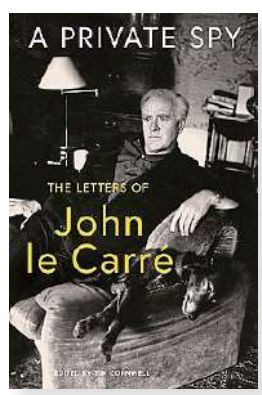
LETTERS

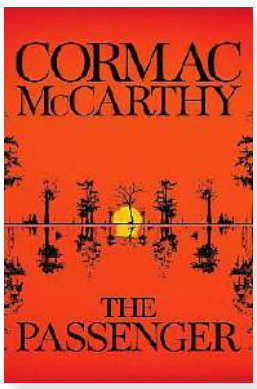
A Private Spy

John le Carré

(£30, Viking, out 13 Oct)

Together, this collection of letters written by the late Le Carré forms an intimate portrait of one of world's greatest espionage writers, as well as the tumultuous times to which he bore witness.





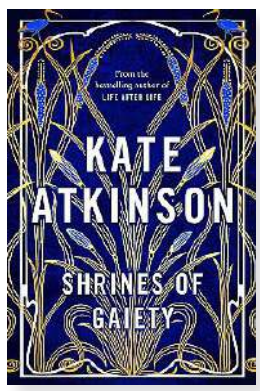
THRILLER

The Passenger

Cormac McCarthy

(£20, Pan Macmillan, out 25 Oct)

People are trying to stop Bobby Western from discovering the truth about a plane crash in this gripping story, written in McCarthy's trademark acerbic style.



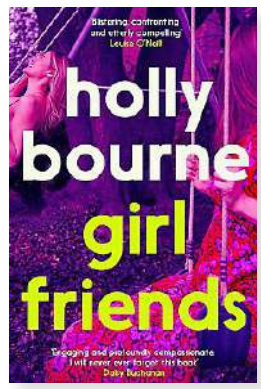
HISTORICAL FICTION

Shrines of Gaiety

Kate Atkinson

(£20, Doubleday, out 27 Sep)

Atkinson brings 20s Soho to life, dancers, gangsters and starlets forming a sensational cast of characters. Nightclub owner Nellie Coker is the beating heart of it all, but her world is under threat.



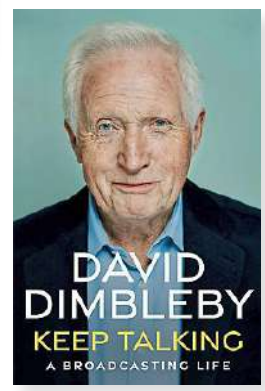
FICTION

Girl Friends

Holly Bourne

(£16.99, Hodder, out now)

When Jessica reappears in Fern's life decades after their teenage bond ended abruptly, firmly buried history is dug back up. A clear-eyed depiction of female friendship and the anxieties of girlhood.



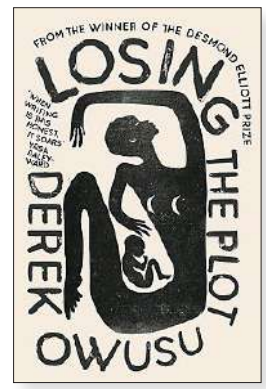
MEMOIR

Keep Talking

David Dimbleby

(£25, Hodder, out 29 Sep)

The veteran broadcaster recalls his extraordinary career – including 25 years anchoring *Question Time* – with the honesty and opinion that his BBC job didn't allow him at the time.



EXPERIMENTAL

Losing the Plot

Derek Owusu

(£12.99, Canongate, out 3 Nov)

The Desmond Elliott Prize winner reimagines his mother's life before he was born, charting her journey from Ghana to the UK through a blend of prose and poetry.



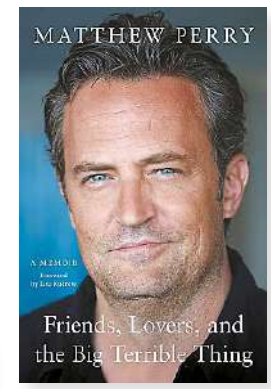
FICTION

Darling

India Knight

(£14.99, Fig Tree, out 20 Oct)

In this terrifically funny, modern reimagining of Nancy Mitford's *The Pursuit of Love*, Linda escapes her eccentric, isolated family in Norfolk farmhouse in search of greater things in London.



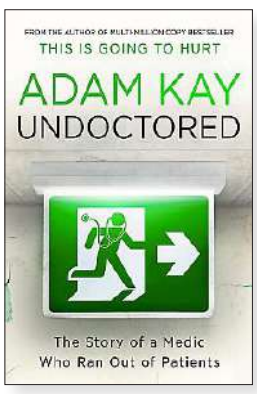
MEMOIR

Friends, Lovers and the Big Terrible Thing

Matthew Perry

(£25, Headline, out 1 Nov)

The *Friends* actor reflects on his life so far – from the dizzying heights of stratospheric stardom to the lows of addiction, told with humour and admirable candour.



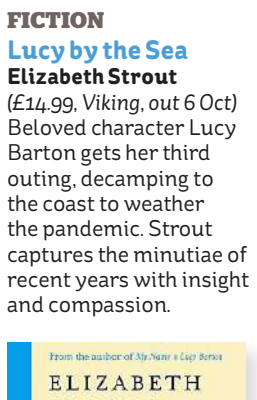
MEMOIR

Undoctored

Adam Kay

(£22, Orion, out now)

The follow-up to the megahit *This is Going to Hurt*, in *Undoctored* Kay opens up about what happened after he left the NHS front line behind, and is equally frank and funny.



FICTION

Lucy by the Sea

Elizabeth Strout

(£14.99, Viking, out 6 Oct)

Beloved character Lucy Barton gets her third outing, decamping to the coast to weather the pandemic. Strout captures the minutiae of recent years with insight and compassion.



ROMANCE

It Starts with Us

Colleen Hoover

(£14.99, Simon & Schuster, out 18 Oct)

Hoover follows up her TikTok viral novel *It Ends with Us* – about Lily and Atlas, and a second chance with a first love – by giving Atlas's side of the story.



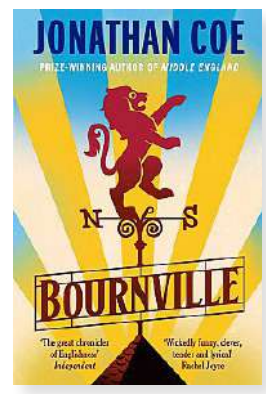
MEMOIR

A Visible Man

Edward Enninful

(£25, Bloomsbury, out now)

The editor of British *Vogue* recounts his rise from being raised in Ghana as the son of a seamstress – sharing the obstacles that face someone who is black, gay and working-class.



FICTION

Bournville

Jonathan Coe

(£20, Viking, out 3 Nov)

The master of the "state of the nation" novel returns with a gripping domestic saga that is also a story of Britain over the past 70 years, told through four generations of a Birmingham family.



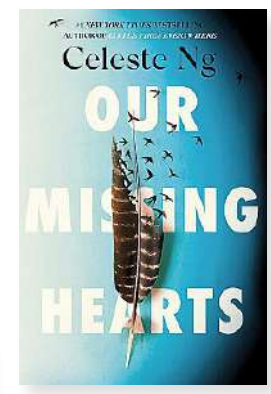
FICTION

Demon Copperhead

Barbara Kingsolver

(£20, Faber, out 18 Oct)

Demon Copperhead spends his early life in foster care and goes on to experience life at the sharp end in this evocative and moving modern-day retelling of Dickens' *David Copperfield*.



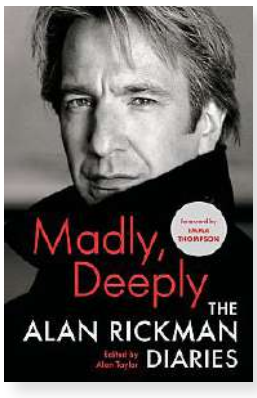
DYSTOPIAN FICTION

Our Missing Hearts

Celeste Ng

(£20, Little Brown, out 4 Oct)

In a United States where laws protect "American culture", Bird's mum has long disappeared when he receives a cryptic letter. Thus begins his quest to find her in this breathtaking tale.



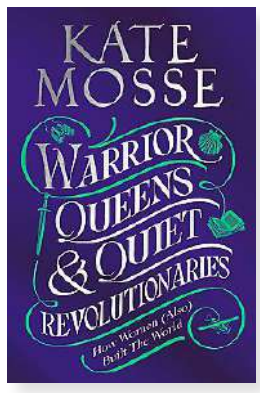
DIARIES

Madly, Deeply

Alan Rickman

(£25, Canongate, out 4 Oct)

The late, great actor's diaries offer a glimpse into his mind as well as life behind the scenes on films such as *Harry Potter* – complete with a foreword from his friend Emma Thompson.



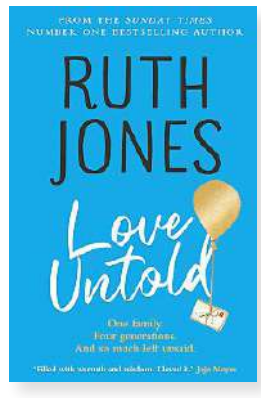
HISTORY

Warrior Queens & Quiet Revolutionaries

Kate Mosse

(£20, Pan Macmillan, out 13 Oct)

The *Labyrinth* author champions nearly 1,000 unsung heroes from history – the "women who (also) built the world".



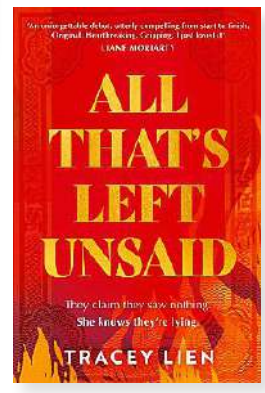
FICTION

Love Untold

Ruth Jones

(£20, Bantam Press, out 29 Sep)

A big-hearted novel from *Gavin and Stacey*'s Jones about a 30-year family rift that nonagenarian Grace is determined to put right before she runs out of time.



THRILLER

All That's Left Unsaid

Tracey Lien

(£14.99, HarperCollins, out now)

Ky's brother was murdered in a restaurant in front of witnesses – so why will no one admit to seeing anything? A debut mystery that is both suspenseful and lyrical.



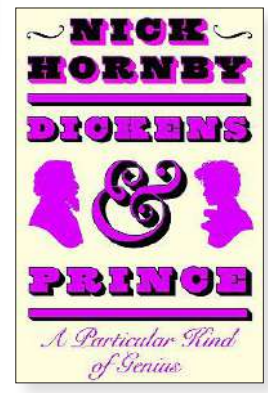
HORROR/FANTASY

Fairy Tale

Stephen King

(£22, Hodder, out now)

Teenage Charlie does odd jobs for an aging recluse in a crumbling property – and at the other side of the man's locked shed is a portal to something sinister in this wickedly haunting story.



BIOGRAPHY

Dickens & Prince

Nick Hornby

(£9.99, Viking, out 27 Oct).

From rocky beginnings to too-early endings, Hornby traces the lives of two very different artists and shows they have more in common than we might think. A playful, illuminating book.



COFFEE TABLE

A Book of Days

Patti Smith

(£25, Bloomsbury, out 15 Nov)

The godmother of punk documents a year of her life in 365 photos – remote cafés, train journeys and notebooks are just some of her subjects – making this a visual treat.

Books

AUTHOR'S TALE

The crime writer Lucy Foley tells **Francesca Steele** how she never knows whodunnit as she starts writing a novel – and why Reese Witherspoon has her on speed dial



PHILIPPA GEDGE

Lucy Foley's hit crime novels are always set in glamorous places – a New Year's Eve getaway at a Highlands lodge, a wedding at a remote Irish island, a beautiful Parisian apartment – but she usually writes them from somewhere completely different.

"I wrote *The Hunting Party* in Iran, where it was really hot. I was finishing *The Guest List* [the Irish island] in an Airbnb in Paris, where I came up with the idea for *The Paris Apartment*."

Foley likes to travel when she is writing, and when we speak she has recently returned from six weeks in northern Spain, where she rented an apartment with her toddler and got to work on a new book. Which is set, naturally, in the West Country.

Doesn't it put her off, visiting wonderful new locations and then trying to immerse herself in entirely different ones while she's writing? "It's probably a bit wanky to invoke Hemingway, but he said that to write properly about a place, you have to have left it. And I do think there's an element of that for me."

The 36-year-old is a cheery but also an extremely hard-working writer. "I do try to do a nine-to-five. I get dressed properly, I brush my hair before I sit down at the computer."

After an undergraduate degree in English at Durham (where she met her husband) and an MA in English literature at UCL, she worked in publishing before writing three historical fiction novels in her twenties. Her books sold well enough that she quit publishing to write full time – but it wasn't until her first crime novel, *The Hunting Party*, published in 2019, that her career really took off.

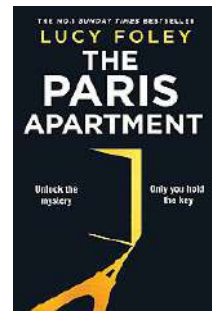
A modern take on an Agatha Christie house party whodunnit, *The Hunting Party* revolves around a group of friends who gather in a remote house in the Highlands for New Year's Eve, only for one of them to be murdered. It was a global bestseller, as were *The Guest List* and *The Paris Apartment*, all three of which are being turned into TV shows and films.

The Guest List was chosen as a pick by Reese Witherspoon's extremely influential online book club and spent months on the *New York Times* bestseller list. "It was amazing but so surreal. I was waking up to emails from my editor saying: 'Reese is calling.'"

The books are all twisty, closed-circle murder mysteries that play with themes of class, family fall-outs and damaged friendships. Does she remember when she decided to switch to crime? "I think it was in the back of my mind that I'd like to write something contemporary, and maybe darker. But when I had the idea for *The Hunting Party*, visiting a remote Highlands lodge myself, I'm not sure I even necessarily realised it was going to be one of those sorts of books until I started writing."

She didn't know who the murderer was? "No, I haven't known the murderer for any of my books when I started writing. I've thought I knew who it was, but with every one it has changed. And that's quite exciting, because it really feels like the book is alive."

In Paris, I heard sounds from the apartment above me late at night, like something heavy being dragged across the floor



Foley has just written the first draft of her next book when we speak – the one set in the West Country, which she describes as "engaging with that rich, pagan history combined with the down-from-London crowd coming up against the locals".

I say that it would put me off holidays, finding murder ideas in every location I visited, and Foley laughs. "I mean, it does get creepy. When I was in Paris, I was staying in the most beautiful Airbnb. Then I started hearing these strange sounds from the apartment above me late at night, like something really heavy being dragged across the floorboards. God, maybe I should have investigated further! But no, I still like holidays, even though I suppose I am always working, thinking of new ideas."

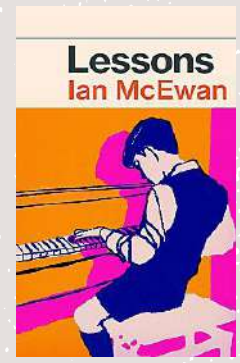
So, perhaps a novel set in northern Spain soon? Or maybe Belgium, where she and her husband and child lived for several years? (They have recently moved back to the UK and are staying with family in Sussex while house hunting in Hampshire.) "Yes, maybe. They are fascinating places. I've got to finish this one first, though!"

The Paris Apartment is published in paperback by HarperCollins on 29 September, at £8.99. Lucy Foley will appear at the Capital Crime festival on 1 October (capitalcrime.org)

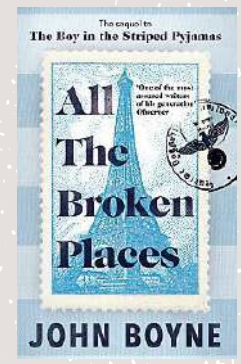
WHAT I'M READING NOW
THE TWIST OF A KNIFE
By Anthony Horowitz
"It's the fourth in his Hawthorne series and it is brilliant."

WHAT I'M READING NEXT
TOMORROW AND TOMORROW AND TOMORROW
By Gabrielle Zevin
"I've heard great things about this."

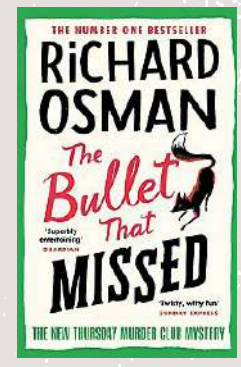
WHAT WE'RE READING



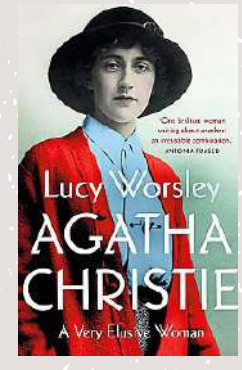
FICTION
LESSONS
By Ian McEwan
(£20, Jonathan Cape)
A sprawling epic from the Booker winner about Chernobyl, the Cuban Missile Crisis, 9/11, Brexit, Covid... and the lifetime's fall-out of a 14-year-old being seduced by his piano teacher at boarding school.



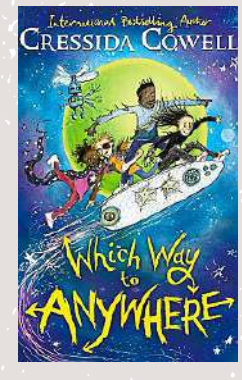
FICTION
ALL THE BROKEN PLACES
By John Boyne
(£20, Doubleday)
This sequel to *The Boy in the Striped Pyjamas* follows Bruno's sister, Gretel, the daughter of an Auschwitz commandant now living in London. A story of shame, love and redemption.



CRIME
THE BULLET THAT MISSED
By Richard Osman
(£20, Viking)
The third in the Thursday Murder Club series is as irresistibly readable as its forebears, as the gang look into a 10-year-old cold case of a murder without a body.



BIOGRAPHY
AGATHA CHRISTIE: A VERY ELUSIVE WOMAN
By Lucy Worsley
(£25, Hodder)
The popular historian presents a different side to the author: as a pioneer whose fascination with psychology helped her through mental illness.



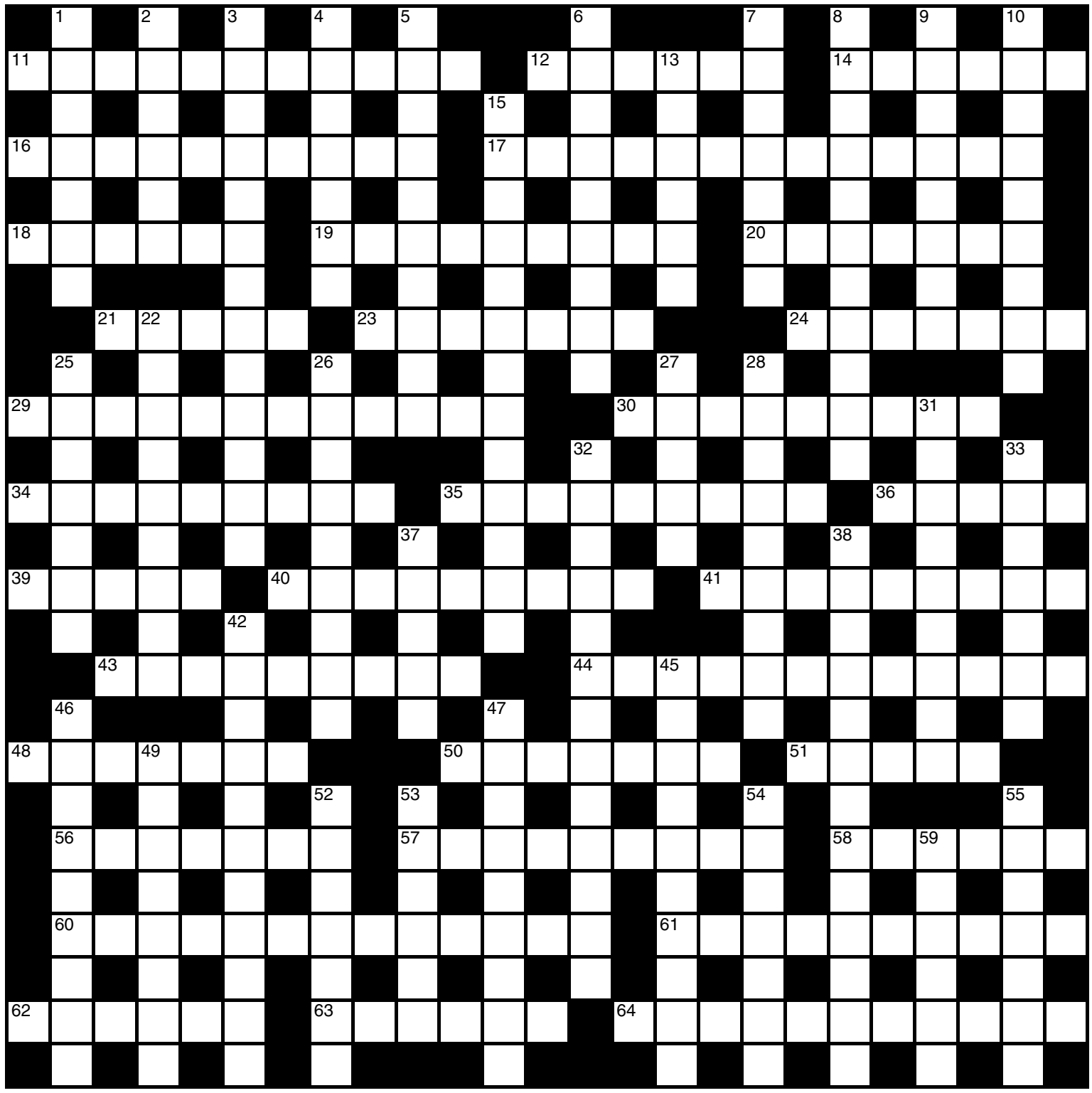
CHILDREN'S 9-12
WHICH WAY TO ANYWHERE
By Cressida Cowell
(£12.99, Hodder)
From the former Children's Laureate and author of *How to Train Your Dragon*, a gripping story about a boy who can draw maps of other, fantastical worlds – and enter them...

games & puzzles

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6 pages of puzzles

Jumbo General Knowledge Crossword



ACROSS

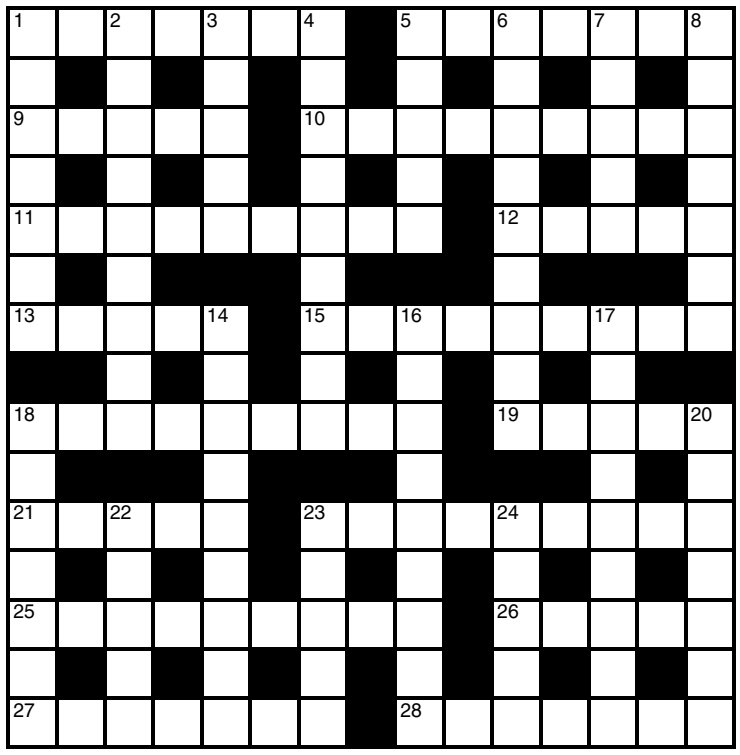
11 Brazilian footballer who joined Tottenham Hotspur from Everton in July (11)
12 Ancient Greek city on Mount Parnassus that was the site of the most famous oracle of Apollo (6)
14 Informal name for a military policeman (6)
16 See 57
17 American actor, director and composer who found fame playing Rowdy Yates in the Western TV series *Rawhide* (5,8)
18 A legendary monster said to inhabit swamps and lagoons of the Australian interior (6)
19 Another name for a retaining wall (9)
20 German prince entitled to be involved in choosing the Holy Roman Emperor (7)
21 City in Afghanistan on the Hari Rud River (5)
23 Functional unit within a kidney, consisting of a glomerulus and an associated tubule (7)
24 A chapel, altar or other part of a church endowed for the celebration of masses for the donor's soul (7)
29 Panamanian boxer who lost his WBA lightweight title to Ken Buchanan in 1970 (6,6)
30 Small irregularly-shaped blood vessels found in certain organs, especially the liver (9)
34 Greek boxer who succeeded Zeno as the second head of the Stoic school in Athens (9)
35 The citadel of an ancient Greek city (9)
36/63 Scottish lead singer of Altered Images whose films include *Gregory's Girl* (5,6)
39 The administrative centre of East Sussex (5)
40 Actor, singer and comedian who played the title role in the 1952 film *Hans Christian Andersen* (5,4)
41 Adventure board game created by Milton Bradley in conjunction with Games Workshop in 1989 (9)
43 Former name for Ciudad Bolívar, used for concentrated bitters first produced there (9)
44 Norwegian opera singer who was due to sing *Rule, Britannia!* at this year's cancelled Last Night of the Proms (4,8)
48 1972 number one single by Don McLean (7)
50 The capital of Madeira (7)
51 The administrative centre of Cornwall (5)
56 County of the Republic of Ireland whose county town is Carrick-on-Shannon (7)
57/16 TV show whose winners have included Matt Dawson, Phil Vickery and Ade Edmondson (9,10)
58 The state capital of New York (6)
60 Character played by Mark Hamill in the *Star Wars* films (4,9)
61 American singer-songwriter whose hit singles include *Twenty Four Hours from Tulsa* and *Something's Gotten Hold of My Heart* (4,6)
62 1740 novel by Samuel Richardson subtitled *Virtue Rewarded* (6)
63 See 36
64 Czech tennis player who won the women's singles title at Wimbledon in 1998 (4,7)

DOWN

1 Greece's chief port (7)
2 North Yorkshire fishing port and resort featured in the novel *Dracula* (6)
3/8 Group of English painters, poets and art critics founded in 1848, partly modelled on the Nazarene movement (3-10,11)
4/27 The 37th president of the United States (7,5)
5 American actor, comedian and filmmaker who created the Disney+ series *The Mandalorian* (3,7)
6 British company founded by Will Shu and Greg Orlowski in 2013 (9)
7 A system of exercise named after its German inventor, whose father was a gymnast from Greece (7)
8 See 3
9 Canadian city that hosted the 1978 Commonwealth Games (8)
10 See 38
13 A starchy tuber from the perennial plant *Solanum tuberosum* (6)
15 Another name for a drop scone (6,7)
22 Egyptian village that was the scene of a decisive Allied victory in 1942 (2,7)
25 A book of psalms (7)
26 Any oxide of a lanthanide (4,5)
27 See 4
28 Gymnast who won Japan's first individual all-around Olympic gold medal in 1964 (5,4)
31 Sauron's stronghold in Mirkwood before he moves to Barad-dûr in Mordor in the works of J R R Tolkien (3,6)
32 Disc jockey who was the first voice heard on Radio 1 when it launched in 1967 (4,9)
33 Cut of beef from the breast (7)
37 Lemur also called a babakoto (5)
38/10 Football club that has played at Molineux since 1889 (13,9)
42 American author whose first novel was *A Time to Kill* (4,7)
45 One of the things to be discussed in *The Walrus and the Carpenter* by Lewis Carroll (7-3)
46 1959 novel by Keith Waterhouse (5,4)
47 Poem written by Samuel Taylor Coleridge after an opium-influenced dream (5,4)
49/59 Fictional village in which *Noel's House Party* was set (8,6)
52 Irish playwright whose works include *The Playboy of the Western World* (1,1,5)
53 Book size resulting from folding a sheet of paper to form eight leaves (6)
54 South Korean automotive manufacturer founded in 1967 (7)
55 The first section of Dante's *Divine Comedy* (7)
59 See 49

Solutions, page 52

i CRYPTIC CROSSWORD No 3623 BY PHI



ACROSS

1 Secretary reduced pressure, securing year's writing material (7)
5 Note employed by Purcell? (6,1)
9 Requirements ascertained after intervention by Democrat recalled (5)
10 Describing secretions in core, going critical after completion (9)
11 Monastic call is to source of religion, possibly (9)
12 Spots no end of gimcrack device details (5)
13 Obscure alto replacing contralto for an audience (5)
15 Popular mixture of fun and zeal is something you could catch (9)
18 A client is, when upset, unlikely to yield (9)
19 Some information US lawyer used against corporation (5)
21 Fish stock emptied out and consumed (5)
23 I have repeatedly to pen name and another name taking time to be creative (9)
25 Sensible to avoid first cape when apprehending one of villains at sea (9)
26 Russian stage designer leads in ballet and kindred sundry theatrics (5)
27 Works out dictator's imprisoning journalist (7)
28 Ban the writer returning to pub? Try (7)

DOWN

1 Father seizing a new card – it sorts everything out (7)
2 Senior politician, one welcoming leading figure with source of impact on others (9)
3 Searches for weapon, ignoring initial dangers (5)
4 Exhausted, without strength, I will have sweet (9)
5 Poem penned by male lecturer, for example (5)
6 Father going round church to avoid dog (9)
7 European river over in former capital of Italy (5)
8 Place associated with buns otherwise bringing tea round (7)
14 Debate inclusion of 'beer' in dictionary? I start to complain (9)
16 Expert, against one blocking chimney, stated cost (4,5)
17 Overly precise person identifying dunces? (3-6)
18 Popular trip to the sea is turning dull (7)
20 Conductor is French, though involved in a lot of Roman playing (7)
22 Biting account run by papers (5)
23 Bone incorporated hints of unusual surgery (5)
24 Important person, upper-class one? That includes a baron (5)

Solution to yesterday's Cryptic

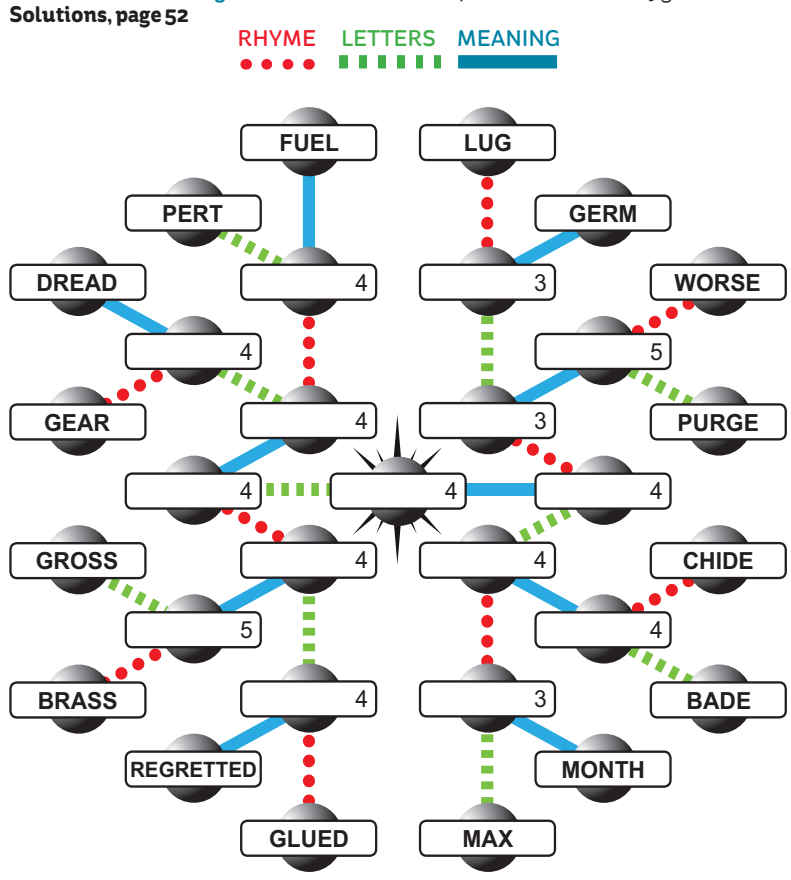
M	E	D	I	U	M	■	A	B	S	T	R	A	C	T	
A	■	O	■	N	■	■	■	E	■	A	■	D	■	A	
N	O	U	R	I	S	H	■	S	U	C	C	O	U	R	
S	■	B	■	O	■	E	■	T	■	I	■	R	■	O	
P	U	T	O	N	E	S	F	O	O	T	I	N	I	T	
L	■	■	■	■	I	■	I	■	W	■	■	■	M	■	
A	L	L	U	S	I	O	N	■	A	S	S	E	N	T	
I	■	I	■	E	■	D	■	F	■	E	■	N	■	E	
N	O	B	O	D	Y	■	N	E	O	N	A	T	A	L	
■	■	R	■	■	■	A	■	D	■	S	■	■	■	E	
M	E	A	T	A	N	D	P	O	T	A	T	O	E	S	
I	■	R	■	I	■	V	■	R	■	T	■	T	■	C	
N	O	I	S	O	M	E	■	A	T	I	S	H	O	O	
E	■	A	■	L	■	R	■	■	■	O	■	E	■	P	
R	E	N	M	I	N	B	I	■	U	N	T	R	U	E	

Solution to last Saturday's Cryptic

S	T	O	D	G	E	■	H	A	R	D	S	H	I	P	
■	Y	■	R	■	A	■	A	■	O	■	U	■	N	■	
A	R	M	O	U	R	E	R	■	T	I	P	O	F	F	
■	O	■	O	■	N	■	P	■	A	■	P	■	L	■	
C	L	A	P	P	E	D	O	U	T	■	O	P	U	S	
■	■	■	■	■	S	■	O	■	O	■	R	■	E	■	
O	L	D	L	A	T	I	N	■	R	O	T	U	N	D	
■	E	■	O	■	■	■	■	■	■	■	E	■	C	■	
S	M	O	O	C	H	■	A	T	T	O	R	N	E	Y	
■	O	■	S	■	Y	■	M	■	A	■	■	■	■	■	
O	N	C	E	■	G	R	O	U	N	D	S	M	A	N	
■	T	■	E	■	I	■	U	■	K	■	U	■	S	■	
B	R	O	N	Z	E	■	N	E	A	R	M	I	S	S	
■	E	■	D	■	N	■	T	■	R	■	A	■	A	■	
R	E	A	S	S	E	S	S	■	D	E	C	A	Y	S	

Zygolex®

Find the missing words by following the RHYME, LETTERS and MEANING links – eg, a word that **rhymes** with 'cheek', has one **letter** different from 'pear' and has the same **meaning** as mountain, would be 'peak'. Full rules at zygolex.com.
Solutions, page 52



Mensa® Brain Teasers

● Rearrange the letters of
COOL ROBIN ICON
to give two vegetables. What are they?

● Add together three of the following numbers each time to score 55. How many different combinations are there? Each number can be used as many times as you wish.

5 10 15 20 25

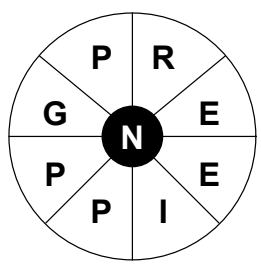
● Complete the missing words so that a chain is formed with each word suffixing the previous word and prefixing the following word. What are the missing words?

TO
__Y
LIGHT
____E
WORK
____E
SHIP

Solution, page 52
Curious about IQ? Take the workout, mensa.org.uk

Word Wheel

How to play This is an open-ended puzzle. How many words of three or more letters, each including the letter at centre of the wheel, can you make from this diagram? We've found 23, including one nine-letter word.
Solutions, page 52



Number Square

How to play Fill the empty squares with numbers that will make the across and down calculations produce the results shown in the grey squares. Each numeral from 1 to 9 must only appear once. The calculations should be performed from left to right and top to bottom, rather than in strict mathematical order.

Easier

	x		x		80
-	■	+	■	÷	
	-	4	-		1
+	■	+	■	x	
	x	3	+		30
9		9		45	

Harder

	x		+		16
+	■	x	■	-	
	-		x		8
+	■	x	■	x	
6	+		x		22
17		15		2	

Minesweeper

How to play Find all the mines in the grid. Numbers in certain squares indicate how many mines there are in the neighbouring squares, including diagonally touching squares. Mines cannot be placed in squares with numbers.

	0			0	0				2				1		
			3			3					2			0	
2					1					4	3		1		
3								3		3					
	3			2			3		3				3		1
		1						2					3		
0					0			2			1		1		
				1		0						1			1
	2		0				1			3					
			0			0		0			3		2	2	
1		1		3					1	3					
						2						3			2

Solutions minURL.co.uk/i

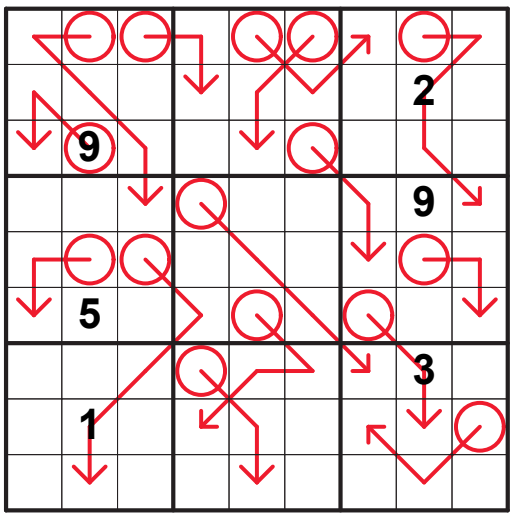
Killer Sudoku

How to play Each row, column and 3 by 3 box must contain each number (1 to 9) only once. The sum of all numbers contained in a dotted area must match the number printed in its top-left corner. No number can appear more than once in a dotted area.

15	15	11	9		7		10	10
			10		11	13		
10			5	9			20	
9		10			13		5	
	11		18			9		9
13		5		11	16		14	
		17	7			14		
9	8			5			17	5
		13		12				

Sudokarrow

How to play As traditional sudoku, but numbers along the path of an arrow must also add up to the circled square at the top of each arrow.



Jigsawdoku

How to play Place the numbers 1-9 once in each row, column and bold-lined jigsaw region.

		8					7	
5				2	9			1
4								6
		1						7
			2		8			
9						4		
1								3
2			7	3				9
	3					2		

Sudoku

Easier

5	6	7	8				9	
		9		4		6		
2			1				3	
3			4	5				
4	7			8			1	9
				1	7			3
	2				4			1
		3		6		9		
	5				8	4	2	7

idoku Exclusive to i

In addition to the usual constraints, each numeral from 1 to 9 must appear (once only) in the squares forming the red letter i.

	6		9			4	7	
							5	
5		2				1		
3			4	7		6		
	1		5		9		4	
		7		3	6			5
		5				9		4
	3							
	7	8			1		6	

Codeword No 3365

The numbers in the grid correspond to the letters of the alphabet. Solve the puzzle and fill in the letters in the key as you discover them. Three letters are provided to give you a start. The solution will be printed in Monday's paper; the solution to yesterday's codeword is on page 52

1	2	3	4	5	6
7 K	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23 R	24 W
		25	26		

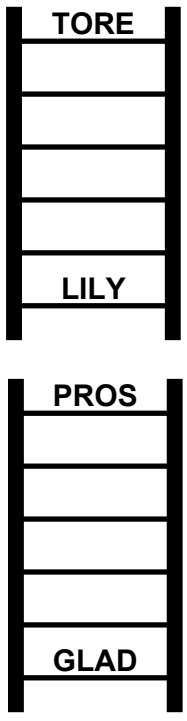
8	11	20	7	■	19	1	19	5	16	17	9	22
3	■	24	■	23	■	9	■	9	■	22	■	9
22	3	17	18	19	6	25	■	8	3	20	9	22
11	■	22	■	21	■	9	■	13	■	11	■	5
15	9	12	■	19	■	11	■	6	3	23	12	9
3	■	■	■	13	9	20	20	19	■	19	■	22
5	■	14	■	6	■	■	■	16	■	23	■	15
16	■	3	■	9	2	9	22	19	■	■	■	9
11	22	17	15	25	■	23	■	22	■	3	17	23
23	■	16	■	8	■	17	■	19	■	21	■	8
19	26	17	6	19	■	20	3	20	10	17	8	17
23	■	22	■	22	■	9	■	20	■	19	■	20
20	17	12	10	16	17	22	12	■	4	11	17	16

A B C D E F G H I J ~~K~~ L M N O P Q ~~R~~ S T U V ~~W~~ X Y Z

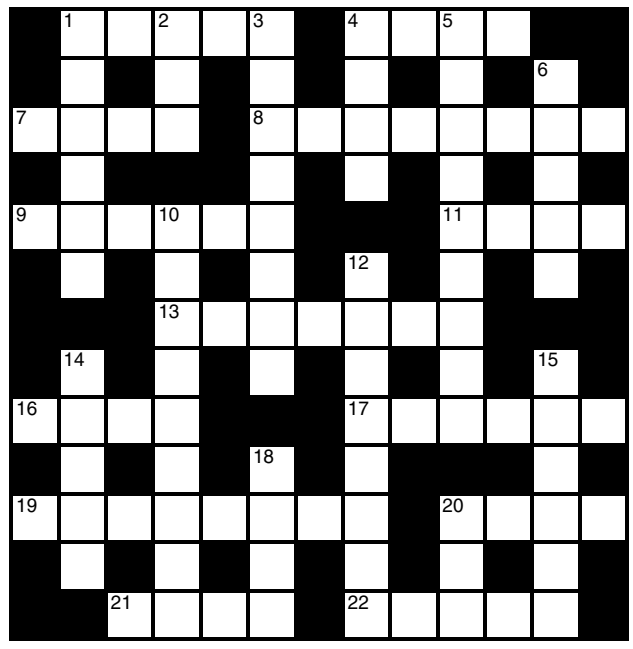
Need a little help getting started? Then call for up to four extra clue letters on **0901 292 5204.** Calls cost £1 plus your telephone company's network access charge (if you are having trouble with the phone service, call the helpline: 0333 202 3390). Or text **THEI CLUE** to **85100** to receive your clues. Texts cost £1 plus your standard network charge (if you are having trouble with the text service, call the helpline: 0333 335 3351). Clues change each day at midnight.

Word Ladder

How to play Convert the word at the top of the ladder into the word at the bottom of it, using only the four rungs in between. On each rung, you must put a valid four-letter word that is identical to the word above it, apart from a one-letter change. There may be more than one way of achieving this.



Concise Crossword No 3687



ACROSS
1 Archery target ring (5)
4 Hearing organs (4)
7 Lump of earth (4)
8 Laid low (8)
9 Concealed gunman (6)
11 Narrow recess (4)
13 Foreword (7)
16 Hairless (4)
17 Large shore bird (6)
19 Similarly (8)
20 Way out (4)
21 Leave out (4)
22 Urbane (5)

DOWN
1 Ticking over (6)
2 Indicate assent (3)
3 Funds (8)
4 Merit (4)
5 Storyteller (9)
6 Under (5)
10 Fanciful plan (4,5)
12 Glandular organ (8)
14 Room on a ship (5)
15 Contrivance (6)
18 Present (4)
20 Age (3)

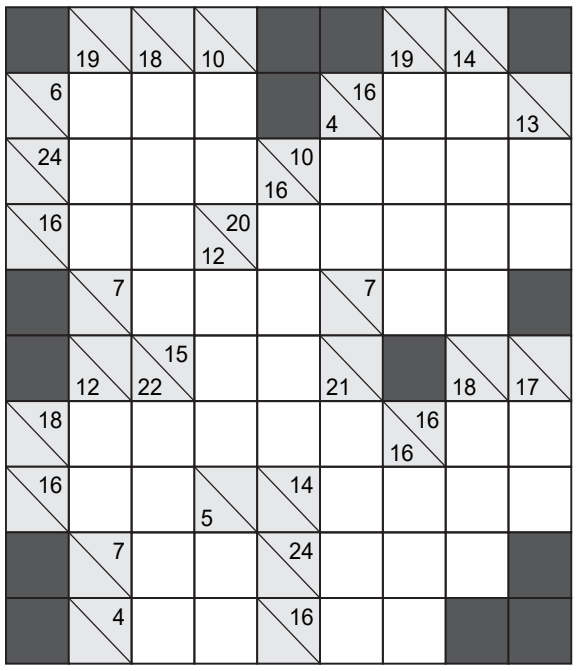
Stuck on the concise crossword?
Then call our solutions line on **0906 751 0201**. Calls cost 80p per minute plus your telephone company's network access charge. If you are having trouble accessing this number, please call our helpdesk on 0333 202 3390.

Solution to yesterday's Concise Crossword
ACROSS 1 Pickle, 4 Owe (Piccolo), 7 Sirius, 8 Obtuse, 9 Standoff, 10 Roam, 11 Switchblade, 14 Laos, 16 Publican, 19 Entire, 20 Raisin, 21 Hoe, 22 Sevens.
DOWN 1 Point, 2 Chianti, 3 Lasso, 4 Otter, 5 Enslave, 6 Confab, 11 Staunch, 12 Copper, 13 Asinine, 15 Shire, 17 Barge, 18 Amiss.

Solutions
minURL.co.uk/i

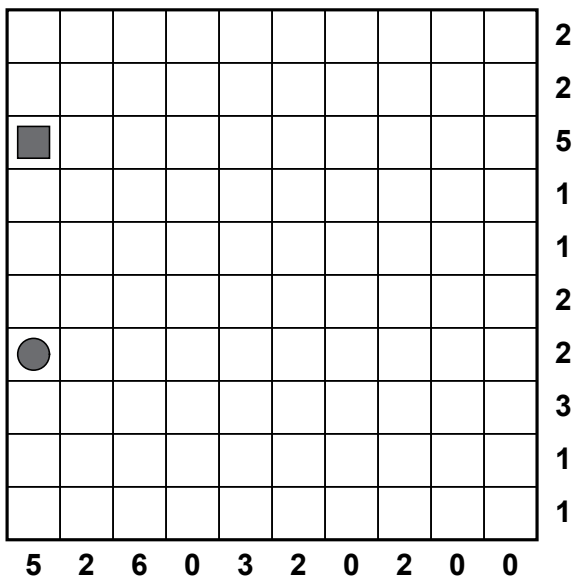
Kakuro

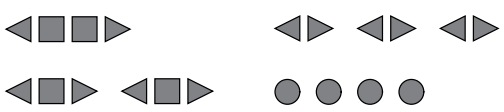
How to play Fill the white squares so that the total in each across or down run of cells matches the total at the start of that run. You must use the numbers from 1-9 only and cannot repeat a number in a run.



Battleships

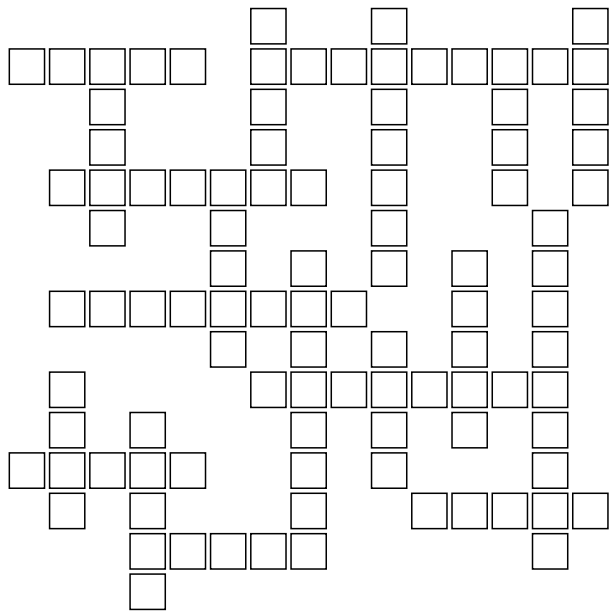
How to play Locate the position of each of the ships listed below in the grid. Numbers around the edge tell you the number of ship segments in each row and column of the puzzle. Ships are surrounded on all sides by water, including diagonally.





Word Fit

How to play Can you fit all the words into the grid to complete the puzzle? Some words may initially fit in more than one place, but there is only one way to fit all the words together to complete the grid.



4 letters
Bake
Errs
Flax

5 letters
Abyss
Cubic
Decks
Kebab
Legal
Mercy
Passe
Piles
Viper
Wades

7 letters
Airlift
Palaces

8 letters
Bearskin
Clerical
Dateless

9 letters
Admirable
Sprinkler

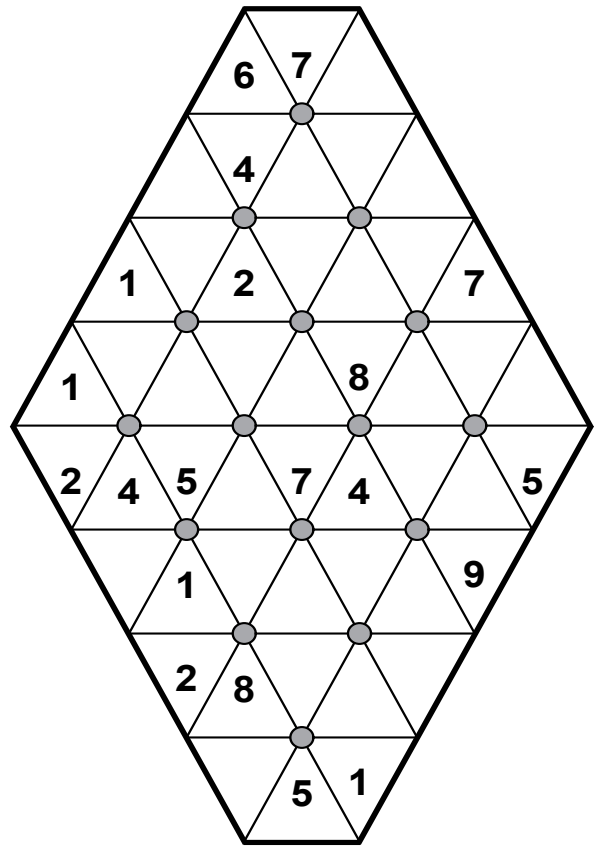
Binary

How to play Complete the grid so that each row and column contains five 0s and five 1s. The same number cannot appear in more than two consecutive squares in any row or column. In the finished puzzle, each row must have a different sequence of 0s and 1s to any other row, and likewise for each column.

	1	1		0					
				0	0			0	
		1							
0						0	0		0
0	0							0	
			0		1			0	1
		1		1					
0					0				
									1

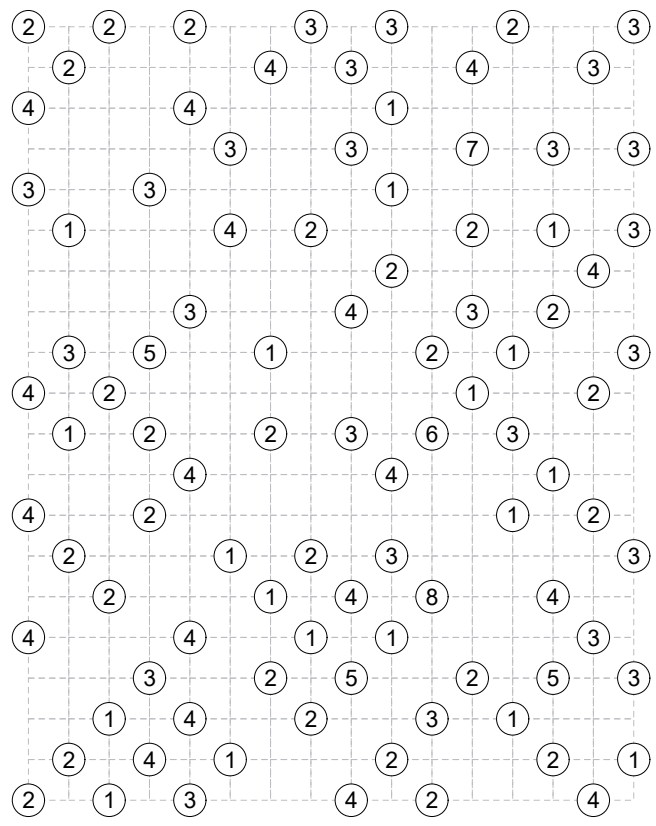
Number Hexagon

How to play Each hexagon is divided into six triangles. The sum of these six triangles is always 25. Place a number from 1-9 in each empty triangle to complete the puzzle; you cannot repeat a number within a hexagon.



Bridges

How to play Connect every island (represented by circles) into a single interconnected group. To do this draw bridges between islands. The number in each circle states how many bridges must be connected to that island. Bridges cannot cross each other, can only be drawn horizontally or vertically, and there can be a maximum of two bridges between any pair of islands.



Dominoes

How to play Each of the 28 domino pieces from 0-0 through to 6-6 have been placed once into the grid. Can you work out where each of them are placed?

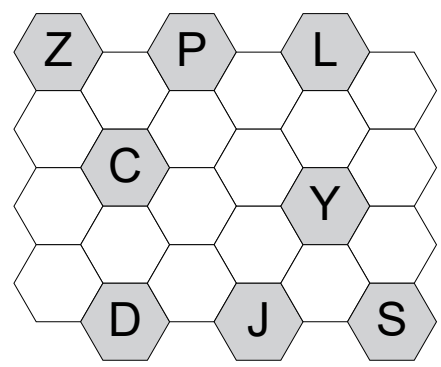
2	2	1	2	6	1	0	1
5	1	4	6	0	4	1	4
3	3	4	4	6	0	1	3
2	6	2	3	6	2	6	3
5	5	0	5	1	5	3	5
5	4	3	2	3	4	0	5
0	4	1	6	2	0	0	6

	0	1	2	3	4	5	6
6							
5							
4							
3							
2							
1							
0							

Hexalex

How to play Place each of the letters below once into the empty hexagons, crossing them off as you do so. Enter the letters in such a way that it is possible to find all the words listed alongside the grid by moving from hexagon to adjacent hexagon to spell out each word.

A B E F G H I K M
N O R T U W X



BUD
FAD
FAX
GYMS
HOWL
JUT
LEG
OWE
PICK
TONIC
TRY
TUX
ZIP

CHILDREN'S PUZZLES

Solutions
minURL.co.uk/puzzles

WORD SEARCH

D	A	M	H	Y	P	R	T	R	F
Y	Y	P	L	T	E	Z	E	R	Y
H	R	Z	R	B	S	B	D	R	M
Y	Y	A	O	I	M	U	N	K	J
Y	R	T	U	E	L	N	G	H	U
M	C	A	C	R	I	Y	C	U	Z
O	W	E	U	H	B	R	L	J	A
Q	D	M	N	N	A	E	U	U	P
Y	C	K	A	M	A	N	F	U	J
Q	S	S	R	Y	E	J	E	R	S

How to play
Can you find the words in the grid? They may be written horizontally, vertically or diagonally, and either forwards or backwards.

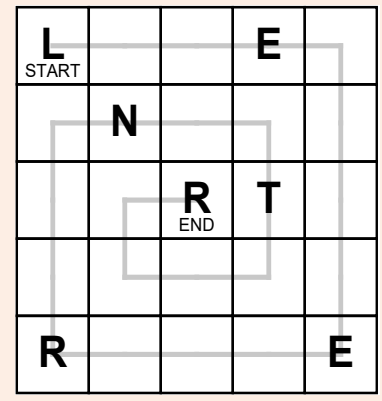
APRIL
AUGUST
DECEMBER
FEBRUARY
JANUARY
JULY
JUNE
MARCH
MAY
OCTOBER

SUM FINDER

How to play Three of the numbers in the box below add up to 93. But can you work out what those three numbers are?

15	36	19
26	16	17
30	22	
		29 28
12		14

ROUTE WORD

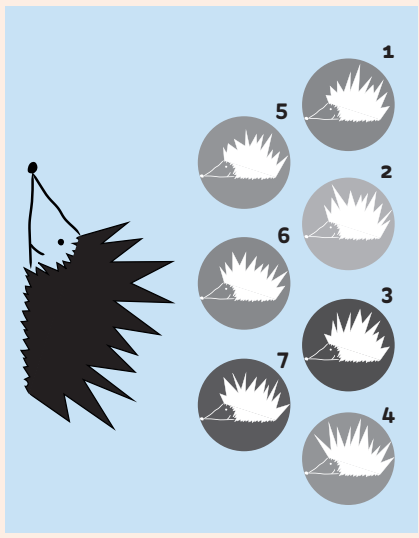


How to play
Solve the crossword-style clues below to fill the grid, writing one letter per square. The last letter of each answer is the first letter of the next answer. These have been written in for you, along with the first and last letter of the whole puzzle.

CLUES
- Opposite of early (4)
- Part of a car (6)
- Go inside (5)
- Large black crow (5)
- Where a bird lays eggs (4)
- Slight earthquake (6)

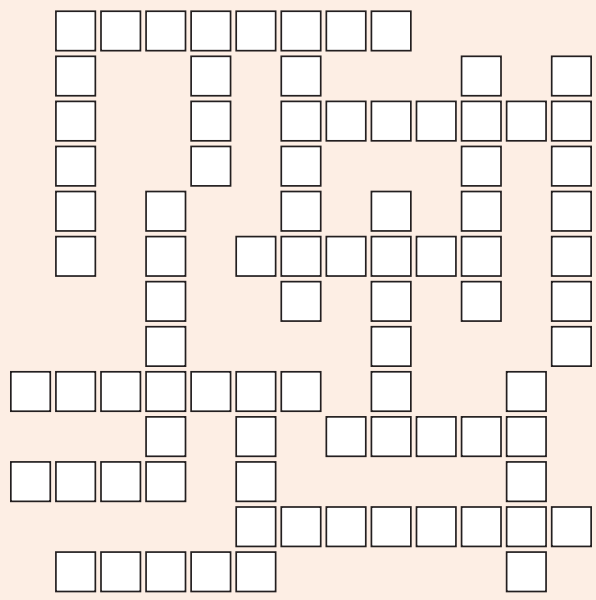
MATCHING HEDGEHOG

How to play
Can you find the matching hedgehog?



LETTER FIT

How to play Fill the grid with the words given in the list.
Each word only has one position and must fit exactly in the given squares



4 letters
Lime
Mint

5 letters
Basil
Lemon
Onion
Pasta

6 letters
Carrot
Papaya
Potato
Tomato

7 letters
Avocado
Coconut
Crouton
Lettuce
Shallot

8 letters
Olive oil
Parmesan

SPOT THE DIFFERENCE

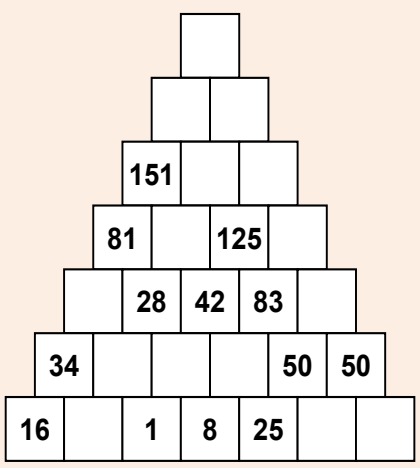
How to play Can you spot the 6 differences between the two pictures?



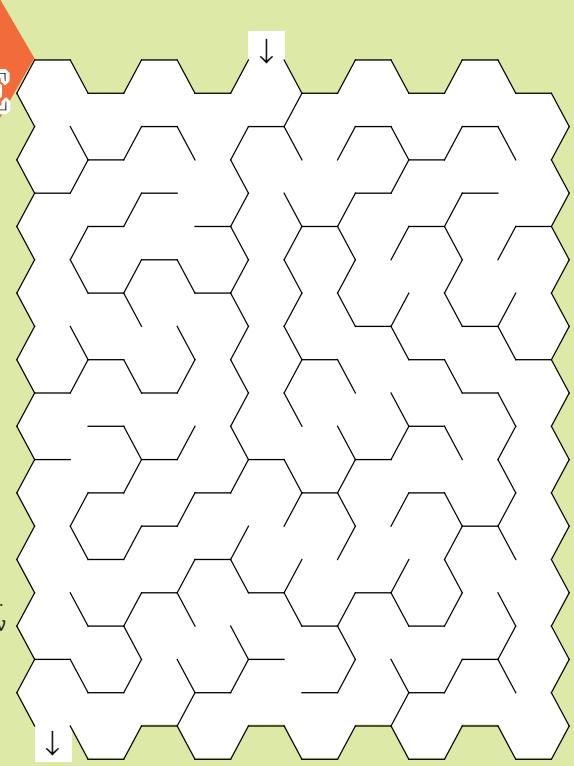


NUMBER PYRAMID

How to play
The value of each square in the number pyramid is the sum of the two squares directly under it



HEX MAZE



How to play
Find your way out of the grid, entering at the entrance arrow. You must follow only one path which does not cut corners, jump walls or repeat itself.

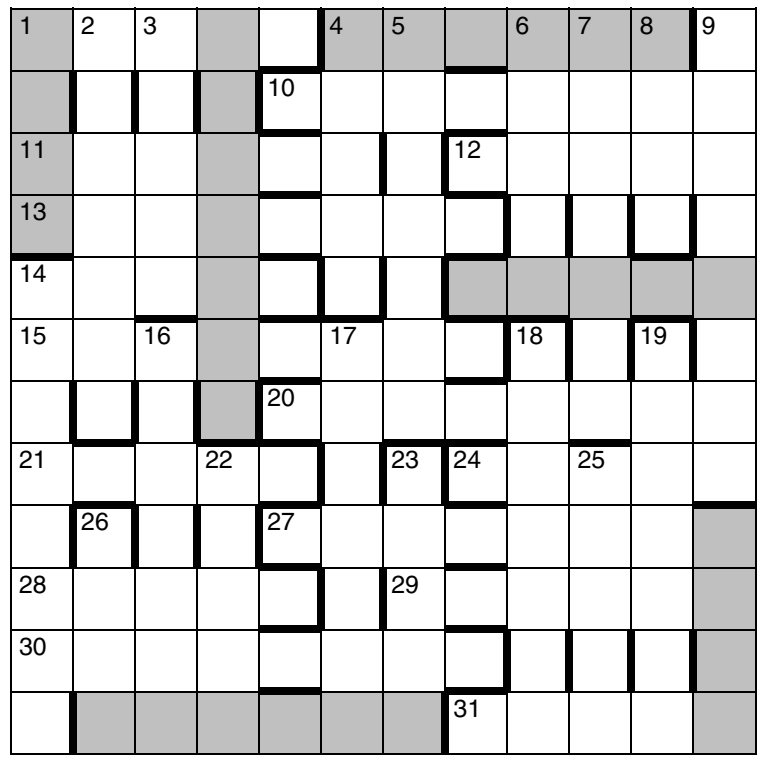
WORD BUILDER

How to play Answers to every clue contain only the letters in the grid, are five letters long and include the central letter.

V	A	T
K	C	E
U	I	H

- Break the rules
- Opposite of thin
- Instruct or educate
- Expel from a property

INQUISITOR No 1769



VI Fun by Wiglaf
From the answer to each clue the solver must omit one letter wherever it occurs (sometimes more than once) before entry in the diagram. The 32 letters thus omitted may be arranged to make the six unclued lights, which are of a kind. Definitions in clues and their enumerations refer to the full, unmutilated answers; wordplay leads to the mutilated forms to be entered in the diagram.

26 is in *Collins*.

ACROSS

1 Telephone hacker, back briefly in Hong Kong (6)

10 Half of airlines curiously downed by LOT's aircraft controllers (9)

11 Northern Italy reacted in an inappropriate way (7)

12 Strelnikov regularly dismissed Italian architect (6)

13 Most severe tests are in need of reform (9)

14 Sound of rev passing round some hemp (6)

15 Mary and Rita suffering problem of the heart (10)

20 Police near, outside the plant (11)

21 Earl expresses contempt for electronic publications (6)

24 After end of toast, German fellow cheers (6)

27 Two seals swimming demonstrates a physical principle (9, 2 words)

28 Leaves of absence to see former partner and French son (6)

29 Sportsperson's article about bad service (7)

30 Pretended to sing song about New York City society with New Order (9)

31 To some extent, it's a national language (6)

DOWN

2 Hares scrap and become exhausted (8, 2 words)

3 One narrates novel at Oxford, but not all of it (7)

4 Arthurian knight extremely educated? That's agreed (6)

5 Is sick youngster providing support for plane at the back? (8)

6 Tableland river crossed by a native of Oz (6)

7 Erudite person's course about salamander (8)

8 Working at home of the Muses (6)

9 Old sailors working in transparent enclosures (9)

14 Swimmers in staff residence bordering lake (9)

16 Island to the north of a former British colony (8)

17 Wrongly instruct girl to finish early at college (8)

18 Scented water softener delivered in batches, occasionally used by lieutenants (9, 2 words)

19 Invent a different arrangement of blood vessels (8)

22 A word for 'place of gross debauchery' in fine Uralic language (6)

23 Learned East European's little beard (6)

25 *Star Wars* princess subdued by a reading disorder (6)

26 Smokeless gunpowder found in cab heading down south (5)

Solvers may e-mail queries and comments to nimrod1@jetdoc.co.uk at any time. Twitter @enigmatistelgar

You can comment about today's puzzle after 10am on 27 September at fifteensquared.net, which hosts a weekly blog.

S	P	E	C	T	R	E	S	V	A	B	F
U	L	G	U	F	U	U	L	V	E	F	V
E	A	O	E	J	W	G	A	T	O	Z	C
F	V	D	F	D	G	U	V	B	N	F	G
G	W	U	C	N	U	B	O	V	A	C	F
R	U	S	A	L	K	A	N	H	G	F	F
D	G	U	W	I	O	O	I	E	O	G	F
A	W	G	U	N	A	Z	C	N	V	R	X
N	F	A	T	N	N	O	B	R	I	D	E
C	B	V	D	L	F	C	O	I	F	A	U
E	L	B	Q	I	Z	N	Z	A	X	F	V
S	F	U	V	N	E	W	W	O	R	L	D

Solution to 1767
Key Issues by Phi
The code matched the QWERTY and Dvorak keyboards (ignoring the punctuation arrangements), replacing the qwerty key with the equivalent in the row-by-row order on the Dvorak. In the final grid the unclued entries were works or titles associated with Antonin Dvorak (who had nothing to do with *this* type of keyboard): *(The) SPECTRE'S BRIDE*, *SLAVONIC DANCES*, *NEW WORLD (Symphony)*, and *RUSALKA*.

Give Me a Clue

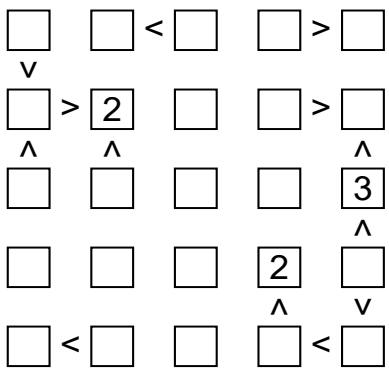
Revisiting the subject of dubious joining words, and at the risk of other readers calling Nimrod "grumpy", what do you think of these clues: "After victory sign, steer dad into street interview (3,3); "Constable country, with criminal stealing two articles? (4,6)"; and "Enraptured by adviser, he starts raving (8)"?

In the interests of balance, how about this, Clue of the Week from Lavatch in the *Spectator*: "Went on Israeli version of Irish TV programme? (8)". Grumpy, *me*? I *love* this one.

John Henderson (Nimrod), @enigmatistelgar

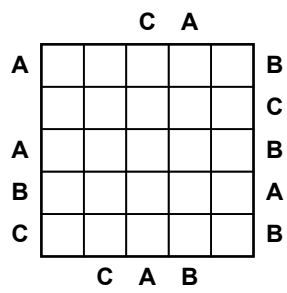
Futoshiki

How to play Place the numbers from 1-5 exactly once in each row and column. The greater than and less than signs ('>' and '<') indicate where one cell is greater/less than the adjacent cell indicated.



ABC Logic

How to play Place the letters A, B and C only once in each row and column. Each row and column has two blank cells. The letters at the edge of a row/column indicate which of the letters is the first/last to appear in that row/column.



Puzzle solutions

WORD WHEEL

Nine-letter word peppering **Other words** erne, gene, genie, genre, gin, green, grin, nee, nip, nipper, peeping, peering, pen, pin, pine, ping, preen, reign, rein, repine, ring, ripen

MENSA BRAIN TEASERS

1. Onion and broccoli
2. Four. 25 + 15 + 15/25 + 25 + 5/20 + 20 + 15/25 + 20 + 10
3. Day, house and space

5-CLUE CROSSWORD

Across: 4/5 Police station*, **6** Chap-e-l
Down: 1 Port-1-CO, **2** Mistr(1)al, **3** De-cod-ed

ZYGOLEX

LEFT TO RIGHT: peat; bug; fear; purse; feat; bag; deed; **deer**; stag; reed; stay; grass; bide; rued; may

JUMBO CROSSWORD

Across 11 Richarlison, 12 Delphi, 14 Redcap, 17 Clint Eastwood, 18 Bunyip, 19 Revetment, 20 Elector, 21 Herat, 23 Nephron, 24 Chantry, 29 Ismael Laguna, 30 Sinusoids, 34 Cleanthes, 35 Acropolis, 36/63 Clare Grogan, 39 Lewes, 40 Danny Kaye, 41 HeroQuest, 43 Angostura, 44 Lise Davidsen, 48 Vincent, 50 Funchal, 51 Truro, 56 Leitrim, 57/16 Celebrity MasterChef, 58 Albany, 60 Luke Skywalker, 61 Gene Pitney, 62 Pamela, 64 Jana Novotna

Down 1 Piraeus, 2 Whitby, 3/8 Pre-Raphaelite Brotherhood, 4/27 Richard Nixon, 5 Jon Favreau, 6 Deliveroo, 7 Pilates, 9 Edmonton, 13 Potato, 15 Scotch pancake, 22 El Alamein, 25 Psalter, 26 Rare Earth, 28 Yukio Endo, 31 Dol Guldur, 32 Tony Blackburn, 33 Brisket, 37 Indri, 38/10 Wolverhampton Wanderers, 42 John Grisham, 45 Sealing-wax, 46 Billy Liar, 47 Kubla Khan, 49/59 Crinkley Bottom, 52 J M Synge, 53 Octavo, 54 Hyundai, 55 Inferno

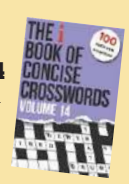
FRIDAY'S CODEWORD 3364

1	2	3	4	5	6	7	8	9	10	11	12	13
H	G	L	N	A	F	J	K	R	Z	P	S	O
14	15	16	17	18	19	20	21	22	23	24	25	26
E	M	W	T	Y	U	Q	C	D	V	X	B	I

More solutions: minURL.co.uk/i

ALL NEW PUZZLES

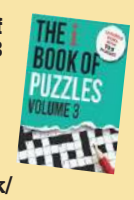
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culture

The five best this weekend



FILM
TICKET TO PARADISE
Romcom in which divorcees David (George Clooney) and Georgia (Julia Roberts) put grudges to one side to stop their daughter getting married on a whim in Bali. It's fluff – but enjoyable fluff.



TV
THE CAPTURE
BBC iPlayer
Seeing is usually believing – but not in the world of deepfake technology. Holliday Grainger returns as DCI Rachel Carey, for a second series of the mind-boggling police drama.



PODCAST
PHYSICAL CAPITAL
Human Resources
Going beyond just the history of boxing, this podcast explores both the origins of the sport and the ways in which it has been exploited for financial and political gain.



RADIO
LIVE LOUNGE MONTH 2022
Radio 1/BBC Sounds
September is Live Lounge month on Radio 1 – catch up on sets from the likes of Self Esteem and YUNGBLUD. New sets performed daily during the week.



ALBUM
SELF-TITLED
By Marcus Mumford
The Mumford & Sons singer gets intensely personal on his solo debut with the crushing revelation that he was abused as a child. Sonically sparse but ultimately hopeful.



TALKING POINT

Must nature really be quite so red in tooth and claw?

'Frozen Planet II', the BBC's latest David Attenborough series, is less nature documentary, more horror show, writes **Jessie Hewitson**

After a full-on day at work, my husband and I wanted to relax with a wholesome TV programme. Sir David Attenborough's *Frozen Planet II* is meant to be good, my husband suggested. We debated whether we should wait and watch it with the kids but, too tired to think of what we could watch instead, we loaded up iPlayer.

One hour later, having watched the first episode of the new series, I turned off the TV, ashen-faced.

I had expected it to leave me feeling warm and fuzzy. Instead I was nauseous, and massively relieved that I was not born a seal – a sentence I never thought I would write.

But I felt even more relief that we didn't watch it with our two sons. Twelve and six, they care passionately about nature. Hell, I did too – until this programme made me question it all.

Because this is not really a nature show – it's more an hour-long horror film where one defenceless cute animal after another meets a sickening end.

There is one scene, involving a grizzly bear and a newborn calf confused about who its mum really is, that is so viscerally upsetting I genuinely fear it might stay with me for life.

Only, what's that? Hang on – a scrap of hope. Look! Another calf has managed to escape the grizzly bear. But where is its mother? Cue the camera zooming out, and you discover she is miles away. Leaving the calf stumbling in the snow to try and find her, only to collapse, left to die exhausted, freezing and alone. Dear God, life is bleak.

I feel so strongly about it I want to warn all well-meaning parents, who may, as I write this piece, be settling down on their sofa with their small, wide-eyed children. "Don't do it!" I want to cry – you may end up inadvertently traumatising your offspring for life.

If they do hit play, they will realise as their children's expressions drop that

The calf stumbles, collapses and is left to die exhausted. Dear God, life is bleak

nature programmes have come a long way from the ones we watched when we were kids, when you would brace yourself for one upsetting scene – in which a dehydrated gazelle took a sip in the inviting water only for the crocodile to strike – but then there would be no more death in the programme.

Now, it's a succession of gory endings. *Frozen Planet II* gobbles you up and spits you out at the end. Far from calmed by nature, I felt revolted by it.

Of course, discovering that the natural world, like the human one, can be brutal, senseless and random is a key part of growing up, and one of the most difficult lessons. I remember resisting it, feeling furious with the cameraman, and even saintly Sir David, for allowing the poor animal to die when they could have intervened.

I would comfort myself with the thought that perhaps it looked like the seal was being mauled to death but really it was just an unfortunate angle and the cameraman, after the film stopped rolling, saved it, got out his or her first aid kid and dedicated the next two weeks to nursing it back to life.

Only now, after watching a poor seal desperately cling to a scrap of floating ice that was in the midst of a tidal wave created by four killer whales whacking their huge tails in the water so they could upend the poor thing... there was no comfort to be had.

Life is brutish and short, said Thomas Hobbes, the renowned pessimist thinker. Having watched *Frozen Planet II*, I now know what he means in full Technicolor detail. Only I'm not sure I needed reminding quite so often – and I'm pretty sure the series should have had a content warning: all cute animals were harmed in the making of this show. Young children, look away now.

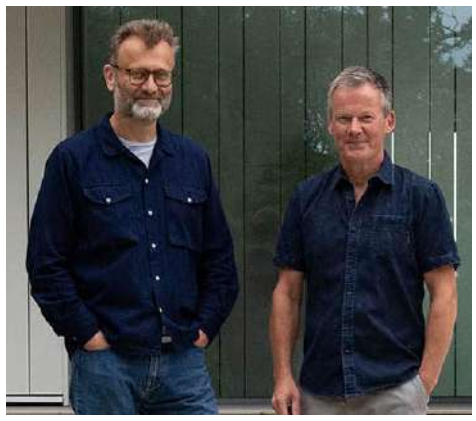
Frozen Planet II continues on Sunday at 8.05pm on BBC One

Your seven-day guide to television, on-demand services and radio p54-67

Saturday television & radio

*Please note that schedules may change at short notice throughout the week

CRITIC'S CHOICE



Hugh Debbis explores an eco mansion in Epping Forest in 'Huge Homes', 8pm, More4

Hitler: The Lost Tapes
8pm, Channel 4

This new four-part series explores the Führer's public and private life by way of the photos and videos of Heinrich Hoffmann, his official photographer, and Hoffmann's photographic assistant Eva Braun, who of course went on to become Hitler's mistress and (very briefly) wife. Featured in the series is a fascinating archive that includes a collection of 1,300 recently digitised, rarely seen photos that were taken by Hoffmann and material garnered from Braun's personal photo collection, along with more than four hours of her home videos that were filmed at Hitler's fortified chalet in the Bavarian Alps.

The Amazing Hattie Jacques: Larger than Life
8pm, Channel 5

This is a retrospective of one of Britain's best-loved comedy actresses, who starred in 13 of the *Carry On* films (usually terrifying Kenneth Williams with her passionate longings) and teamed up with Eric Sykes for the popular sitcom *Sykes*. Her private life was unconventional, living for a while in the same house as her husband, *Dad's Army* actor John Le Mesurier, and her lover John Schofield.

Huge Homes with Hugh Dennis
8pm, More4

The actor visits a labyrinthine home in Berkshire boasting a range of fantasy-like features, including a moat, a throne room and the mock ruins of a faux-medieval abbey. Next, he is off to Essex, where he views a striking modern mansion with ground-breaking eco credentials sitting proudly on the edge of Epping Forest. And in Staffordshire, he calls into a stately Jacobean pile which boasts gorgeous period charm along with a helicopter, private train and a hidden home cinema.

Casualty
8.30pm, BBC One

Dylan has been trying to beef up security in A&E, the hospital chiefs providing bodycams (cue jerky POV footage). Dylan's concerns are justified when Sah is kidnapped by a knife-wielding patient. Elsewhere, in the peace garden, Dylan confides his doubts to Charlie, but his spirits are finally lifted when Charlie voices his continued faith in him

Griff's Canadian Adventure
9pm, Channel 4

Griff Rhys Jones finishes his journey across Canada in the province of British Columbia. From snow-capped mountains and the Pacific Ocean to ski villages and surf towns, Jones uncovers what it is about living in the Pacific Northwest that makes people strive for happiness. As the adventure concludes, he reflects on his journey across Canada and

DAYTIME

BBC One

6.00 Breakfast (S). **10.00 Saturday Kitchen Live** (S). **11.30 Mary Berry – Cook & Share** (R) (S). **12.00 Football Focus** (S). **1.00 BBC News;** Weather (S). **1.45 Lifeline** (S). **1.55 Bargain Hunt** (R) (S). **2.40 Escape To The Country** (S). **3.40 Garden Rescue** (S). **4.25 Final Score** (S). **5.10 BBC News** (S).

BBC Two

7.45 Ninja Express (R) (S). **7.55 The Deep** (R) (S). **8.20 Odd Squad** (R) (S). **8.30 One Zoo Three** (R) (S). **8.55 Newsround** (S). **9.00 Blue Peter: A Celebration of Our Queen** (S). **10.00 BBC News** (R) (S).**1.00 Wanted Down Under** (R) (S). **1.45 BBC News** (S). **5.10 Richard Osman's House Of Games** (S). **5.40 Unbeatable** (S).

ITV

6.00 CITV 9.25 ITV News (S). **9.25 James Martin's Saturday Morning** (S). **11.35 John And Lisa's Weekend Kitchen** (S). **12.35 James Martin's Great British Adventure** (R) (S). **1.10 Gino's Italy: Like Mamma Used To Make** (R) (S). **1.35 ITV News;** Weather (S). **1.45 Ainsley's Caribbean Kitchen** (R) (S). **2.20 Simply Raymond Blanc** (R) (S). **2.50 Dickinson's Real Deal Winners** (R) (S).**3.15 Tipping Point** (R) (S). **3.45 Catchphrase** (R) (S). **4.30 Ninja Warrior UK: Race For Glory** (S). **5.30 ITV News;** Weather (S).

Channel 4

6.15 The King Of Queens (R) (S). **6.40 The King Of Queens** (R) (S). **7.05 Everybody Loves Raymond** (R) (S). **7.30 Everybody Loves Raymond** (R) (S). **8.00 Frasier** (R) (S). **8.30 Frasier** (R) (S). **9.00 The Simpsons** (R) (S). **9.30 The Simpsons** (R) (S). **10.00 The Simpsons** (R) (S). **10.30 The Simpsons** (R) (S). **11.00 The Simpsons** (R) (S). **11.30 The Simpsons** (R) (S). **12.00 The Simpsons** (R) (S). **12.30 Live Betfred Super League Rugby** (S). **3.15 A Place In The Sun** (S). **4.00 Kirstie And Phil's Love It Or List It: Brilliant Builds** (S). **4.25 Escape To The Chateau** (R) (S). **5.30 Channel 4 News** (S).

5

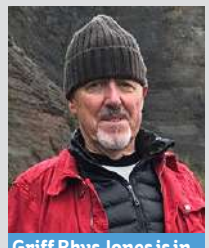
6.00 Milkshake! 10.00 The Smurfs (R) (S). **10.15 SpongeBob SquarePants** (R) (S). **10.25 Entertainment News On 5** (S). **10.35 Friends** (R) (S). **11.05 Friends** (R) (S). **11.30 Friends** (R) (S). **12.00 Friends** (R) (S). **12.30 Friends** (R) (S). **1.00 Friends** (R) (S). **1.30 Holiday Homes In The Sun** (R) (S). **2.35 Holiday Homes In The Sun** (R) (S). **3.30 The Greek Islands: Escape To The Sun** (S). **4.55 5 News Weekend** (S). **5.00 All Creatures Great And Small** (R) (S).

BBC Four



Jessica De Gouw's Megan deals with her grief in Aussie drama 'The Secrets She Keeps' 9.20pm, BBC One

Film4



Griff Rhys Jones is in British Columbia 9pm, Channel 4



A profile of beloved actress Hattie Jacques 8pm, Channel 5

itv2

6.00 Totally Bonkers Guinness World Records (S). **6.20 Coronation Street Omnibus** (S). **9.00 Love Bites** (S). **10.00 Love Bites** (S). **11.00 Dress To Impress** (S). **12.00 Secret Crush** (S). **1.00 Ninja Warrior UK** (S). **2.00 Catchphrase** (S). **2.45 FILM: Dr Dolittle 2** (Steve Carr 2001) Comedy sequel, starring Eddie Murphy (S). **4.30 FILM: Smurfs: The Lost Village** (Kelly Asbury 2017) Animated adventure, with the voice of Demi Lovato (S).

6PM

BBC One

6.00 BBC Regional News; Weather (S).
6.10 Pointless Celebrities Low-scoring quiz show (S).

BBC Two

6.10 Mortimer & Whitehouse: Gone Fishing (R) (S).
6.40 Simon Reeve's South America (R) (S).

ITV

6.50 ITV Regional News; Weather (S).

Channel 4

6.00 The Dog House (R) (S).

5

6.00 FILM: King Arthur: Legend Of The Sword (Guy Ritchie 2017) Drama, starring Charlie Hunnam (S).

BBC Four

Film4

itv2

6.20 FILM: Wonder Woman (Patty Jenkins 2017) Fantasy adventure, starring Gal Gadot (S).

7PM

BBC One

7.05 When Paddington Met the Queen (S).
7.00 FILM: Paddington (Paul King 2014) Comedy (S).

BBC Two

7.40 A House Through Time David Olusoga reveals the story of a Victorian house's first resident (R) (S).

ITV

7.00 The Masked Dancer Five disguised celebrities return to the stage (S).

Channel 4

7.00 Lost Treasures Of Rome Last in the series (S).

5

BBC Four

7.00 The Treasures Of Ancient Rome Alastair Sooke explores ancient Roman art. Last in the series (S).

Film4

6.45 FILM: Raiders Of The Lost Ark (Steven Spielberg 1981) Adventure, with Harrison Ford (S).

itv2

8PM

BBC One

8.30 Casualty Sah resists Jools' attempts to care for their dad and them (S).

BBC Two

8.40 FILM: Stan & Ollie (Jon S Baird 2018) Starring Steve Coogan and John C Reilly (S).

ITV

8.30 The Voice UK The blind auditions continue in the singing contest (S).

Channel 4

8.00 Hitler: The Lost Tapes New series. Exploring the public and private life of the infamous dictator (S).

5

8.00 The Amazing Hattie Jacques: Larger Than Life Featuring a profile of the comedy actress (S).

BBC Four

8.00 Himalaya With Michael Palin From K2 in Pakistan to Ladakh in India (S).

Film4

itv2

9PM

BBC One

9.20 The Secrets She Keeps A grief-stricken Meghan navigates a nightmare in prison (S).

BBC Two

ITV

Channel 4

9.00 Griff's Canadian Adventure Last in the series (S).

5

9.30 The Big Fight Live: British Lightweight Title Gavin Gwynne vs Craig Woodruff (S).

BBC Four

9.00 FILM: The Girl With A Bracelet (Stéphane Demoustier 2020) Premiere. Courtroom drama (S).

Film4

9.00 FILM: Snatch (Guy Ritchie 2000) Comedy drama, starring Jason Statham and Brad Pitt (S).

itv2

9.00 FILM: Ted (Seth MacFarlane 2012) Comedy, starring Mark Wahlberg (S).

10PM

BBC One

10.05 BBC News (S).
10.50 Match Of The Day Highlights of the latest matches (S).

BBC Two

10.15 FILM: The Two Faces of January (Hossein Amini 2014) Thriller, starring Viggo Mortensen (S).

ITV

10.00 Who Wants To Be A Millionaire? Jeremy Clarkson hosts the quiz (S).
10.55 ITV News; Weather (S).

Channel 4

10.00 FILM: Mission: Impossible – Ghost Protocol (Brad Bird 2011) Adventure sequel, starring Tom Cruise (S).

5

BBC Four

10.30 Gorbachev. Heaven – Storyville An intimate portrait of the late Mikhail Gorbachev (S).

Film4

itv2

11PM

BBC One

BBC Two

11.45 All That Glitters: Britain's Next Jewellery Star Six jewellers are tasked to make a pearl chain necklace. (R) (S).

ITV

11.20 English Football League Highlights (S).

Channel 4

5

11.35 World's Funniest TV Ads With Jason Manford A look at commercials from around the world (R) (S).

BBC Four

Film4

11.05 FILM: Layer Cake (Matthew Vaughn 2004) Crime thriller, starring Daniel Craig (S).

itv2

11.10 Family Guy Cleveland returns to the town (S).
11.35 Family Guy (S).

LATE

BBC One

12.05 Weather for the Week Ahead (S). **12.10 BBC News** (S).

BBC Two

12.45 This Is BBC Two (S).

ITV

1.05 Shop: Ideal World 3.00 The Queen in Her Own Words (S). **3.55 Unwind with ITV** (R) **5.05 The Young Elizabeth** (R)

Channel 4

12.35 FILM: A Quiet Place (John Krasinski 2018) Horror. (S). **2.10 Ramsay's Kitchen Nightmares USA** (R) (S). **2.55 Food Unwrapped** (R) (S). **3.20 The Queen and Her Prime Ministers** (R) (S).

5

12.35 Greatest Ever Celebrity Wind Ups (R) (S). **1.30 999: Criminals Caught on Camera** (S).**2.30 A&E After Dark** (S) **3.20 Traffic Cops** (R) (S). **4.05 Bargain-Loving Brits In The Sun** (R) (S).

BBC Four

12.10 Jane Austen: Behind Closed Doors (S). **1.10 The Treasures Of Ancient Rome** (S). **2.10 Himalaya With Michael Palin** (S). **3.10 Close**

Film4

1.15 FILM: The Great Wall (Yimou Zhang 2016) Fantasy adventure, starring Matt Damon (S). **3.15 Close**

itv2

12.05 American Dad! (S). **12.30 American Dad!** (S). **1.00 All American** (S). **1.50 All American** (S). **2.40 Unwind With ITV** (S). **3.00 Teleshopping**

shares what he has learned about the country.

The Secrets She Keeps
9.20pm, BBC One
How likely is that Meghan (Jessica De Gouw), having been charged with murdering her husband, would be imprisoned in not just the same cell block but on the same floor as Agatha (Laura Carmichael), the woman who is banged up for abducting Meghan's baby? But then the second series of this Aussie thriller, which is now reaching its penultimate episode after a short break (initially for the cancelled *Proms* finale), isn't one to eschew melodramatic twists.

Gerard Gilbert

FILM CHOICE



Jason Statham is among the ensemble cast of Guy Ritchie's crime flick 'Snatch', 9pm, Film4

The Great Escape
3.10pm, Film4
(John Sturges, 1963)
An uncommonly rousing war movie about the escape plan of a group of Allied POWs in the Stalag Luft III camp in 1944. A caption at the start announces that this "is the way it really happened" – then the film gets on with the business of delivering old-fashioned entertainment laden with heroic derring-do, villainous Nazis and a cast of major movie stars.

Jupiter Ascending
6.35pm, 5Star
(Lilly & Lana Wachowski, 2015)
The Wachowskis' extravagant and hyperstimulated $175m space opera stars Mila Kunis as a woman who learns she is heir to the fortune of a bickering dynasty of universe-bestriding near-immortals whose wealth derives from farming human life essence. It is only semi-coherent, but it is fun.

Snatch
9pm, Film4
(Guy Ritchie, 2000)
Here is geezer cinema's Guy Ritchie in his politically incorrect prime, giving it everything he has: ostentatiously colourful vernacular, flashbacks, freeze frames, cool needle drops and a top-notch ensemble that includes Brad Pitt, Jason Statham, Stephen Graham and Benicio del Toro.

Laurence Phelan

On Demand

Sins of Our Mother Netflix
True-crime documentary about Lori Vallow, a cultist charged with murdering her two children.

The Grand Tour Presents: A Scandi Flick Prime Video
Jeremy Clarkson, Richard Hammond and James May drive around the Arctic region of Scandinavia.

Wedding Season Disney+
Drily witty thriller about a fugitive bride and her lover.

itv3

6.00 That's My Boy (S). **6.35 That's My Boy** (S). **7.05 FILM: That Riviera Touch** (Cliff Owen 1966) Comedy, starring Morecambe and Wise (S). **9.05 Agatha Christie's Poirot** (S). **10.05 Maigret** (S). **11.50 Agatha Christie's Poirot** (S). **2.00 Goodwood Revival Highlights** (S). **4.00 Midsomer Murders** (S).

6.00 World Series Of Darts Finals Jacqui Oatley presents live coverage of day two (S).

10.00 Midsomer Murders An old family feud resurfaces in Midsomer Parva (S).

12.00 Agatha Christie's Poirot (S). **1.10 That's My Boy** (S). **1.40 That's My Boy** (S). **2.10 Unwind With ITV** (S). **2.30 Teleshopping**

E4

6.00 How I Met Your Mother (S). **6.25 Wipeout USA** (S). **7.20 Lego Masters Australia** (S). **8.50 Ramsay's Kitchen Nightmares USA** (S). **9.50 Ramsay's Kitchen Nightmares USA** (S). **10.50 Ramsay's Kitchen Nightmares USA** (S). **11.50 Ramsay's 24 Hours To Hell And Back** (S). **12.50 The Great British Bake Off** (S). **2.20 The Big Bang Theory** (S). **2.50 The Big Bang Theory** (S). **3.20 The Big Bang Theory** (S). **3.50 The Big Bang Theory** (S). **4.20 The Big Bang Theory** (S). **4.50 The Big Bang Theory** (S). **5.20 The Big Bang Theory** (S). **5.50 The Big Bang Theory** (S).

6.20 The Big Bang Theory Howard questions his engineering abilities (S).
6.50 The Big Bang Theory (S).

7.15 FILM: Bride Wars (Gary Winick 2009) Comedy, with Kate Hudson and Anne Hathaway (S).

9.00 Celebrity Gogglebox Shows including *The Savoy* and *This Is MY House* are appraised (S).

10.00 Gogglebox The armchair critics share their opinions on programmes from May 2021 (S).

11.05 Gogglebox Shows including *Vigil*, *Ready to Mingle* and *Beat the Chasers* are appraised (S).

12.10 First Dates Hotel (S). **1.15 First Dates Hotel** (S). **2.15 Celebrity Gogglebox** (S). **3.10 Derry Girls** (S). **3.40 Hollyoaks Omnibus** (S).

More4

8.55 Food Unwrapped (S). **9.30 A Place In The Sun: Home Or Away** (S). **10.25 A Place In The Sun: Home Or Away** (S). **11.25 A Place In The Sun: Home Or Away** (S). **12.30 Location, Location, Location** (S). **1.35 Come Dine With Me** (S). **2.05 Come Dine With Me** (S). **2.35 Come Dine With Me** (S). **3.10 Come Dine With Me** (S). **3.40 Come Dine With Me** (S). **4.15 Four In A Bed** (S). **4.50 Four In A Bed** (S). **5.20 Four In A Bed** (S). **5.50 Four In A Bed** (S).

6.20 Four In A Bed (S).

6.55 Matt Baker: Travels With Mum & Dad (S).

8.00 Huge Homes With Hugh Dennis (S).

9.00 24 Hours In A&E A couple are brought in after a road accident (S).

10.00 24 Hours In A&E A young cyclist is sent for a CT scan after falling from her bike (S).

11.05 8 Out Of 10 Cats Does Countdown Jimmy Carr hosts (S).

12.05 8 Out Of 10 Cats Does Countdown (S). **1.10 24 Hours In A&E** (S). **2.15 24 Hours In A&E** (S). **3.20 Food Unwrapped** (S). **3.45 Close**

sky max

6.00 Supergirl (R) (S). **7.00 Supergirl** (R) (S). **8.00 Supergirl** (R) (S). **9.00 Supergirl** (R) (S). **10.00 Grimm** (R) (S). **11.00 Grimm** (R) (S). **12.00 Grimm** (R) (S). **1.00 Grimm** (R) (S). **2.00 Hawaii Five-0** (R) (S). **3.00 Hawaii Five-0** (R) (S). **4.00 Hawaii Five-0** (R) (S). **5.00 S.W.A.T** (R).

6.00 NCIS: Los Angeles An employee of the navy's missile defence programme is murdered (R) (S).

7.00 The Ultimate Romcom Movies With Clara Amfo, Ellie Taylor and Russell Kane.

8.00 A League Of Their Own With Kyle Walker, Russell Howard, Maisie Adam and David Walliams (R).

9.00 Never Mind The Buzzcocks Return of the comedy music quiz, hosted by Greg Davies (R).
9.45 Banshee (R) (S).

10.40 Brassic Chinese Dan gives his retired racing greyhound to Cardi (R) (S).

11.40 Freddie Fries Again Andrew Flintoff and Rob Penn's second tour concludes in Ireland (R) (S).

12.40 The Force: North East (R) (S). **1.35 Road Wars** (R) (S). **2.30 Road Wars** (R). **3.00 Brit Cops: War On Crime** (R) (S). **4.00 Air Ambulance ER** (R) (S). **5.00 Air Ambulance ER** (R) (S).

sky atlantic

6.00 Fish Town (R) (S). **7.00 Fish Town** (R) (S). **8.00 Fish Town** (R) (S). **9.00 Fish Town** (R) (S). **10.00 Boardwalk Empire** (R) (S). **11.10 Boardwalk Empire** (R) (S). **12.15 Boardwalk Empire** (R). **1.20 Boardwalk Empire** (R). **2.25 Boardwalk Empire** (R). **3.30 The Sopranos** (R) (S). **4.40 The Sopranos** (R) (S).

5.45 The Sopranos Junior undergoes surgery for stomach cancer (R).

6.50 The Sopranos Tony's generosity in giving up his time with Dr Melfi pays off (R).

7.55 The Sopranos Christopher gives Adriana her own music club to manage. With James Gandolfini (R).

9.00 Game Of Thrones Qhorin gives Jon a chance to prove himself. Drama, starring Emilia Clarke (R) (S).

10.05 Game Of Thrones Theon embarks on a hunt as he tries to prove his Ironborn status (R) (S).

11.10 Game Of Thrones Robb Stark discovers he has been betrayed by one of his closest friends (R) (S).

12.15 Game Of Thrones (R) (S). **1.20 Game Of Thrones** (R) (S). **2.30 The Gilded Age** (R) (S). **3.30 In Treatment** (R) (S). **4.00 Urban Secrets** (R) (S). **5.00 Urban Secrets** (R) (S).

Radio listings

BBC Radio 1
6am Radio 1 Happy **7.00** Adele Roberts **10.00** Radio 1 Anthems **10.30** Newsbeat **10.32** Radio 1 Anthems **11.02** Katie Thistleton **1pm** Matt And Mollie **4.00** Radio 1's Dance Anthems With Charlie Hedges **5.00** Radio 1's Dance Anthems With Charlie Hedges **6.00** Radio 1's Dance Anthems With Charlie Hedges **7.00** Radio 1's Soundsystem **9.00** 1Xtra's Rap Show **11.00** Radio 1's Drum & Bass Show **12mdn't** Radio 1's Drum & Bass Mix **12.30** Radio 1's Drum & Bass Mix **1.00** Radio 1's Classic Essential Mix **3.00** Future Dance Mix With Sarah Story **3.30** Pete Tong's Hot Mix **4.00** Radio 1's Dance Anthems With Charlie Hedges **5.00** Radio 1 Relax

BBC Radio 1Xtra
6am 1Xtra's R&B Chill Mix **7.00** Saturday Breakfast **10.00** Nick Bright **1pm** Lady Leshurr **4.00** Sian Anderson And Tazer Black **7.00** DJ Target **9.00** 1Xtra's Rap Show **11.00** Ace **12.30am** Ace **1.00** 1Xtra's Throwback Party **2.00** 1Xtra's Cosmic Wind Down With Jamz Supernova **3.00** Benji B **5.00** Amapiano To AfroHouse

BBC Radio 2
6am Sounds Of The 60s With Tony Blackburn **8.00** Dermot O'Leary **10.00** Claudia Winkleman **1pm** Pick Of The Pops **2.00** Pick Of The Pops **3.00** Rylan On Saturday **6.00** Liza Tarbuck **8.00** Sounds Of The 80s With Gary Davies **10.00** Sounds Of The 90s With Fearne Cotton **11.00** Sounds Of The 90s With Fearne Cotton **12mdn't** My Life In A Mixtape **1.00** Dance Sounds Of The 90s With Vernon Kay **2.00** My Life In A Mixtape **3.00** My Life In A Mixtape **4.00** Radio 2 In Concert: Talk Talk **5.00** Tracks Of My Years

BBC Radio 3
7am Breakfast **9.00** Record Review **11.45** Music Matters **12.30pm** This Classical Life **1.00** Inside Music **3.00** Sound Of Cinema **4.00** Music Planet **5.00** J To Z **6.30** Opera On 3 **10.00** New Music Show **12mdn't** Freeness **1.00** Through The Night

BBC Radio 4
6am News And Papers **6.07** Ramblings **6.30** Farming Today This Week **6.57** Weather **7.00** Today **9.00** Saturday Live **10.30** You're Dead To Me **11.00** The Briefing Room **11.30** From Our Own Correspondent **12noon** News **12.04** Money Box **12.30** The News Quiz **12.57** Weather **1.00** News **1.10** Any Questions? **2.00** Any Answers? **2.45** 39 Ways To Save The Planet **3.00** Censoring An Iranian Love Story **4.00** Weekend Woman's Hour **5.00** Saturday PM **5.30** Political Thinking With Nick Robinson **5.54** Shipping Forecast **5.57** Weather **6.00** Six O'Clock News **6.15** Loose Ends **7.00** Profile **7.15** This Cultural Life **8.00** Paris-Zurich-Trieste: Joyce L'European **9.00** GF Newman's The Corrupted **9.45** Joe Smith And His Waxworks **10.00** News **10.15** Bringing Up Britain **11.00** Brain Of Britain **11.30** Contains Strong Language Live From Birmingham **12mdn't** Midnight News **12.15** Living With The Gods **12.30** Short Works **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Bells On Sunday **5.45** Profile

BBC Radio 4 LW
12.01pm Shipping Forecast

BBC Radio 4 Extra
6am Fighting Over Beverley **7.30** Great Lives **8.00** Booked **8.30** The Break **9.00** Pam Ayres – The Radio Years **12noon** To Hull And Back **12.30** 1835 **1.00** Music Hall Reclaimed **2.00** Think The Unthinkable **2.30** The Consultants **3.00** Simon Evans Goes To Market **3.30** Alex Horne Presents The Horne Section **4.00** Fighting Over Beverley **5.30** Great Lives **6.00** Doctor Who **7.00** Pam Ayres – The Radio Years **10.00** Comedy Club: John Finnemore's Souvenir Programme **10.30** Comedy Club: The Harpoon **11.00** Comedy Club: Rhod Gilbert's Bulging Barrel Of Laughs **12mdn't** Doctor Who **1.00** Music Hall Reclaimed **2.00** Think The Unthinkable **2.30** The Consultants **3.00** Simon Evans Goes To Market **3.30** Alex Horne Presents The Horne Section **4.00** Fighting Over Beverley **5.30** Great Lives

BBC 5 Live
6am Saturday Breakfast **9.00** Patrick Kielty **11.00** Fighting Talk **12noon** 5 Live Sport **3.00** 5 Live Sport **5.00** Sports Report **5.30** 5 Live Sport. Tottenham Hotspur v Leicester City (Kick-off 5.30pm). **7.30** 6-0-6 **9.00** Stephen Nolan **12mdn't** Newscast **1.00** Laura McGhie **5.00** Sports Desk **5.30** 5 Live Sport

BBC 6 Music
6am Amy Lamé **8.00** Mark Radcliffe **10.00** The Huey Show **1pm** Jamz Supernova On 6 **3.00** Gilles Peterson **6.00** The Craig Charles Funk And Soul Show **9.00** The Blessed Madonna **12mdn't** Lose Yourself With **1.00** Lose Yourself With **2.00** Late In The Day **4.00** The Morning After Mix

Classic FM
7am Alan Titchmarsh **10.00** Aled Jones **1pm** Alexander Armstrong **4.00** Moira Stuart's Hall Of Fame Concert **7.00** Saturday Night At The Movies **9.00** David Mellor's Melodies **10.00** Smooth Classics **1am** Katie Breathwick **4.00** Sam Pittis

Absolute Radio
8am Frank Skinner **11.00** Sarah Champion **2pm** Rock 'n' Roll Football With Matt Forde **5.00** Andy Bush's Indie Disco **7.00** Absolute Classic Rock Party With Jennie Longdon **10.00** Sophie K **4am** Ross Buchanan

Heart
6am Heart's Feel Good Weekend With Zoe Hardman **9.00** Heart's Feel Good Weekend With JK&Kelly Brook **12noon** Heart's Feel Good Weekend With Dev Griffin **4.00** Mark Wright **7.00** Heart's Club Classics With Pandora Christie **11.00** Rezzy Ghadjar **1am** Lindsey Russell

TalkSPORT
6am GameDay Breakfast **9.00** GameDay Warm Up **11.00** GameDay Exclusive **2.30pm** GameDay Live **5.30** The GameDay Phone-In **7.30** The Mark Goldbridge Show **9.00** Fight Night **1am** Extra Time With Martin Kelner

RADIO PICK

Sounds of the 90s with Fearne Cotton
10pm, BBC Radio 2



Whether you look back on the final decade of the 20th century with fondness or are too young and simply enjoy the sounds that emerged at the time, Fearne Cotton (*inset*) has two hours of the most memorable tracks to transport you to the era of Britpop, Girl Power and dance, featuring Oasis, the Spice Girls and much more.

Sunday television & radio

CRITIC'S CHOICE



King Charles III, 'The Eve of the State Funeral of HM The Queen Elizabeth II', 7pm, BBC One

The Eve of the State Funeral of HM The Queen Elizabeth II
7pm, BBC One
A look ahead to the preparations for Monday's state funeral at Westminster Abbey and meeting the crowds already no doubt starting to line the route. The programme is followed by a National Minute's Silence.

The Secret World of Ice Cream
8.01pm, Channel 4
Jo Brand tells the story of how Britain fell in love with ice cream. The heavyweights of the industry reveal the battles fought to dominate freezers, from the earliest innovations of Wall's and Lyons Maid, to the sophistication of Mars and the high-end luxury introduced by Häagen-Dazs and Ben & Jerry's.

Frozen Planet II
8.05pm, BBC One
A different sort of frozen world now, as Sir David Attenborough reports from the Arctic Ocean. He begins with the fact that during winter, the frozen ice covers an area larger than the United States. We get to meet polar bears and their cubs, as well as the bears' prey, ringed seals, while 30 beluga whales find themselves trapped in the ice of Arctic Russia. But the sweetest image is that of a seal pup learning to swim – using doggy paddle.

Celebrity SAS: Who Dares Wins
9.05pm, Channel 4
Twelve recruits remain from the original 14, now facing tasks that will test their resilience to the max. In teams led by competitive brothers Curtis and AJ Pritchard, they must move a broken-down, one-ton Jeep to a safety zone half a kilometre away. Disgraced athlete Dwain Chambers (banned for being a drugs cheat) seems particularly eager to impress the DS while balancing on ropes 160ft above the ground.

Bloodlands
9.05pm, BBC One
James Nesbitt returns as the seriously dodgy Ulster cop Tom Brannick, otherwise known as "Goliath" (it's a long story, but series one is available on BBC iPlayer). We are back beside Strangford Lough in County Down, on whose windy shores the body of a murdered accountant has been discovered. The death would seem to involve stolen gold and, as the accompanying spoiler-free blurb puts it, "The accountant is woven into the tapestry of Tom's tumultuous past." Reprising their roles in this Jed Mercurio-produced thriller are Lorcan Cranitch (as Tom's boss, the one Tom tried to frame in series one) and Charlene McKenna as his colleague Niamh. Lola Petticrew, Chris Walley and Victoria Smurfit are also among the cast.

DAYTIME

BBC One
6.00 Breakfast (S). **9.00 Sunday With Laura Kuenssberg** (S). **10.00 Sunday Morning Live** (S). **11.00 Wanted Down Under** (R) (S). **11.45 Homes Under The Hammer** (S). **12.15 Bargain Hunt** (R) (S). **1.00 BBC News** (S). **1.45 Songs Of Praise: Hymns In Tribute To Her Majesty** (S). **2.15 Escape To The Country** (S). **3.15 Garden Rescue** (R) (S). **4.00 Frozen Planet II** (R) (S). **5.00 BBC News** (S). **5.30 BBC Regional News;** Weather (S).

BBC Two
6.20 Beechgrove (R) (S). **6.50 Gardeners' World** (R) (S). **7.50 Match Of The Day** (R) (S). **9.00 Nadiya's Everyday Baking** (R) (S). **9.30 Saturday Kitchen Best Bites** (S). **11.00 BBC News** (S). **12.15 MOTD Live: Women's Super League** Aston Villa vs Manchester City. Kick-off is at 12.30pm (S). **2.35 BBC News** (S). **5.00 Flog It!** (S).

ITV
6.00 Good Morning Britain (S). **9.30 Love Your Weekend With Alan Titchmarsh** (S). **11.25 English Football League Highlights** (R) (S). **1.20 ITV News;** Weather (S). **1.30 You've Been Framed!** (R) (S). **2.00 Ainsley's Caribbean Kitchen** (R) (S). **2.30 Simply Raymond Blanc** (R) (S). **3.00 James Martin's Great British Adventure** (R) (S). **3.30 Dickinson's Real Deal Winners** (R) (S). **4.00 Tipping Point: Lucky Stars** (R) (S). **5.00 Ninja Warrior UK: Race For Glory** (R) (S).

Channel 4
6.25 The King Of Queens (R) (S). **6.50 The King Of Queens** (R) (S). **7.10 Everybody Loves Raymond** (R) (S). **7.35 Everybody Loves Raymond** (R) (S). **8.00 Everybody Loves Raymond** (R) (S). **8.30 The Simpsons** (R) (S). **9.00 The Simpsons** (R) (S). **9.30 Sunday Brunch** (S). **12.00 The Simpsons** (R) (S). **12.30 The Simpsons** (R) (S). **1.00 The Simpsons** (R) (S). **1.35 The Great British Bake Off** (R) (S). **2.05 FILM: Deep Impact** (Mimi Leder 1998) Sci-fi drama, starring Robert Duvall (S). **5.25 The Dog House** (R) (S).

5
6.00 Milkshake! 6.20 Peppa Pig (R) (S). **6.25 Pip And Posy** (R) (S). **6.35 Milkshake! 10.00 The Smurfs** (R) (S). **10.10 SpongeBob SquarePants** (R) (S). **10.25 Entertainment News On 5** (S). **10.30 NFL End Zone** (S). **11.00 Friends** (R) (S). **11.30 Friends** (R) (S). **12.00 Friends** (R) (S). **12.35 Friends** (R) (S). **1.00 Cash In The Attic** (R) (S). **2.00 FILM: Any Which Way You Can** (Buddy Van Horn 1980) Comedy sequel, starring Clint Eastwood (S). **4.15 FILM: Joe Kidd** (John Sturges 1972) Western, starring Clint Eastwood (S).

BBC Four


James Nesbitt is back as no-nonsense detective Tom Brannick in Ulster thriller 'Bloodlands' 9.05pm, BBC One

Film4


David Attenborough explores the Arctic 8.05pm, BBC One



Simon Reeves takes a trip through Brazil 9.05pm, BBC Two

ITV2
6.00 World's Funniest Videos (S). **6.35 Love Bites** (S). **7.35 Secret Crush** (S). **8.30 Secret Crush** (S). **9.30 Secret Crush** (S). **10.30 Take Me Out Celebrity Special** (S). **11.30 The Masked Dancer** (S). **1.05 FILM: Rio 2** (Carlos Saldanha 2014) Animated comedy sequel, with the voice of Jesse Eisenberg (S). **3.15 FILM: Robots** (Carlos Saldanha, Chris Wedge 2005) Animated adventure, with the voice of Ewan McGregor (S). **5.10 FILM: Madagascar** (Eric Darnell, Tom McGrath 2005) Animated comedy, with the voice of Ben Stiller (S).

6PM

6.00 Countryfile: Queen And Country – Windsor Special (S).

6.00 Saving Lives At Sea A teenage girl is swept out to sea (R) (S).

6.00 ITV News; Weather (S). **6.20 ITV Regional News** (S). **6.30 Gino's Italy: Like Mamma Used To Make** (S).

6.25 Channel 4 News (S).

6.00 Happy Campers: The Caravan Park Charley and Andi make their debuts as park mascots (R) (S).

7PM

7.00 The Eve Of The State Funeral Of HM Queen Elizabeth II (S).

7.00 This Farming Life New series. Emma and Ewan move to their forever farm on the Isle of Bute (S).

7.00 Coronation Street Gary is unhappy Sharon visited Kelly (S). **7.55 Queen Elizabeth II: National Silence** (S).

7.00 Grand Designs A couple building their home above a swamp near a West Sussex estuary (R) (S).

7.00 Billionaire Resorts: On Holiday With The Super Rich The French Riviera, (S). **7.58 5 News Update**

7.00 Super League Playoff Highlights Action from the semi-finals (S).

7.05 FILM: Fantastic Four (Josh Trank 2015) Superhero adventure, starring Miles Teller (S).

6.55 FILM: Rampage (Brad Peyton 2018) Fantasy adventure, starring Dwayne Johnson (S).

8PM

8.00 A National Minute's Silence For HM The Queen (S). **8.05 Frozen Planet II** (S).

8.00 A National Minute's Silence For HM The Queen (S). **8.05 Stolen: Catching The Art Thieves** (S).

8.05 Ridley An investigation is linked to the arson attack that killed Alex's family. Last in the series (S).

8.00 One Minute's Silence 8.05 The Secret World Of Ice Cream New series. (S).

8.05 Million Pound Motorhomes Angellica Bell takes a one-day motorhome-manoeuvring course (S).

8.00 A National Minute's Silence For HM The Queen (S). **8.05 Akram Khan's Giselle** (S).

9PM

9.05 Bloodlands New series. Return of the crime thriller, starring James Nesbitt (S).

9.05 Simon Reeve's South America Simon travels through Brazil (S).

9.05 Celebrity SAS: Who Dares Wins The celebs face a series of tasks that will test their resilience to the max (S).

9.05 Colin & Justin's Hotel Hell New series. Colin McAllister and Justin Ryan overhaul a hotel (S).

9.45 Michael Clark's To A Simple, Rock 'n' Roll – Song Dance pieces by the choreographer (S).

9.00 FILM: Indiana Jones And The Temple Of Doom (Steven Spielberg 1984) Action adventure (S).

9.00 Family Guy Peter enjoys Bonnie's cooking (S). **9.30 Family Guy** Stewie is reborn (S).

10PM

10.05 BBC News; Weather (S).

10.05 Cricket: Women's ODI Highlights (S). **10.35 Super League Playoff Highlights** The semi-finals (S).

10.00 ITV News; Weather (S). **10.20 Bradley & Barney Walsh: Breaking Dad** (R) (S).

10.05 Gogglebox More recent television shows are appraised (R) (S).

10.05 Bargain-Loving Brits In The Sun Featuring Joe and Jan, who run the Last Chance Animal Rescue Centre (R) (S).

10.40 Being Beethoven How the composer's desire for love and family tipped over into obsession. (S).

10.00 Family Guy (S). **10.30 Family Guy** Peter and his cronies decide to confront God (S).

11PM

11.00 BBC Regional News; Weather (S). **11.05 Match Of The Day 2** (S).

11.35 Sign Zone: The Boys From Brazil: Rise Of The Bolsonaros How the family reached power (R) (S).

10.45 Gallagher Premiership Rugby Union Highlights Action from the second round of fixtures (S).

11.00 FILM: The Hobbit: The Desolation Of Smaug (Peter Jackson 2013) Fantasy adventure (S).

11.00 Most Shocking Celebrity Moments In Pop Memorable incidents involving musicians (R) (S).

11.40 Secrets Of The Museum Project manager Alice unframes a gallery of Raphael's cartoons (S).

11.20 FILM: Allied (Robert Zemeckis 2016) Second World War thriller, starring Brad Pitt (S).

11.00 Family Guy Chris learns he is the heir to Carter's fortune (S). **11.30 Unwind With ITV**

LATE

11.50 The Women's Football Show Highlights of the weekend's games in the Super League (S). **12.40 BBC News** (S).

12.35 Sign Zone: Celebrity MasterChef (R) (S). **1.40 Sign Zone:** Celebrity MasterChef (R) (S). **2.35 This Is BBC Two** (S).

11.45 The Queen Remembered A look back at the life of Queen Elizabeth II (R) (S).

1.45 Ramsay's Kitchen Nightmares USA (R) (S). **2.30 Couples Come Dine With Me** (R) (S). **3.15 Hollyoaks Omnibus** (R) (S). **5.05 Find It, Fix It, Flog It** (R) (S). **5.20 Location, Location, Location** (R) (S).

12.55 Entertainment News On 5 (S). **1.05 Casualty 24/7: Every Second Counts** (R) (S). **2.05 Ambulance: Code Red** (R) (S). **2.55 Trawlermen: Celebs At Sea** (R) (S). **4.30 Now That's Funny!** (R) (S).

12.40 The Art Mysteries With Waldemar Januszczak (S). **1.10 The Celts: Blood, Iron And Sacrifice With Alice Roberts And Neil Oliver** (S). **2.10 Being Beethoven** (S). **3.10 Close**

1.45 FILM: The Nile Hilton Incident (Tarik Saleh 2017) Crime drama, starring Fares Fares (S). **4.00 Close**

11.45 The Queen Remembered A look back at the life of Queen Elizabeth II.

Simon Reeve's South America
9.05pm, BBC Two

The travelogue continues as our man in Latin America reaches Brazil – but don't expect carnival clichés from Reeve, as he investigates the government-sanctioned deforestation of the Amazon and meets members of the indigenous Waiapi tribe, whose habitat and way of life are being destroyed by loggers, farmers and miners. He also visits the Amazonian city of Manaus, "the ground zero of the pandemic in Brazil", a country where 700,000 people died of Covid, before heading to Rio, a city highly vulnerable to climate change.

Gerard Gilbert

FILM CHOICE



Martin Freeman returns as Bilbo in 'The Hobbit: The Desolation of Smaug', 11pm, Channel 4

Rio 2
1.05pm, ITV2

(Carlos Saldanha, 2014)

Parrots Blu and Jewel discover that they are not, as thought in the 2011 musical animation *Rio*, the last remaining Spix's macaws, but that there is a whole flock of them in the Amazon. This busy sequel is full of colourful junglescapes, a plot about stopping a logging operation, and songs by *Flight of the Conchords*' Jemaine Clement.

Contagion
9pm, 5Star

(Steven Soderbergh, 2011)

"Disaster movie" seems too small a phrase for a film in which 8 per cent of the world's population might die. But with its all-star cast, multiple story strands and urgently contemporary vibe, that is what this is. Unlike the disaster flicks of the 70s, however, there isn't much grand-scale spectacle to enjoy; just clammily convincing detail of worst-case scenarios.

The Hobbit: The Desolation of Smaug
11pm, Channel 4

(Peter Jackson, 2013)

The middle film in Peter Jackson's adaptation of JRR Tolkien's 1937 children's book is where most of the action is. Bilbo (Martin Freeman) and his dwarfish companions embark on a dragon-slaying quest to the dragon's lair via the floating city of Lake-town.

Laurence Phelan

On Demand

State of Happiness BBC iPlayer
Both seasons of the superior Norwegian drama series about the 70s oil boom.

Unplugging Paramount+
Eva Longoria stars in a comedy about a couple digitally detoxing to save their marriage.

The Beatles in India All4
Documentary about the Fab Four's embrace of Indian culture in 1968.

itv3

6.00 That's My Boy (S). **6.35 Emmerdale** (S). **7.30 Emmerdale** (S). **8.00 Emmerdale** (S). **8.30 Emmerdale** (S). **9.00 Emmerdale** (S). **9.30 Emmerdale** (S). **10.00 Emmerdale** (S). **10.30 Emmerdale** (S). **11.05 That's My Boy** (S). **11.40 Agatha Christie's Poirot** (S). **12.50 Agatha Christie's Poirot** (S). **2.00 Goodwood Revival Highlights** Classic cars take to Goodwood Motor Circuit (S). **4.00 Midsomer Murders** (S).

6.00 World Series Of Darts Finals The semi-finals and final (S).

10.00 Martin Clunes: My Travels And Other Animals
10.30 Martin Clunes: My Travels And Other Animals

11.00 Martin Clunes: My Travels And Other Animals
11.30 Unwind With ITV (S).

11.45 The Queen Remembered A look back at the life of Queen Elizabeth II.

E4

6.00 Hollyoaks Omnibus (S). **8.20 Married At First Sight UK** (S). **9.30 Married At First Sight UK** (S). **10.30 Married At First Sight UK** (S). **12.00 Married At First Sight UK** (S). **1.05 FILM: The Chronicles Of Narnia: The Voyage Of The Dawn Treader** (Michael Apted 2010) Fantasy adventure, with Georgie Henley and Skandar Keynes (S). **3.20 The Big Bang Theory** (S). **3.50 The Big Bang Theory** (S). **4.15 Lego Masters Australia** (S).

6.05 Wipeout USA Thrill-seekers compete on the world's largest obstacle course (S).

7.05 FILM: Failure To Launch (Tom Dey 2006) Romantic comedy, with Sarah Jessica Parker (S).

9.00 Married At First Sight UK: Unveiled With Michelle Visage, Sam Thompson and Yinka Bokinni (S).

10.00 Rick And Morty Rick needs to save a trapped Morty (S).
10.35 Harley Quinn New series. (S).

11.00 The Inbetweeners Will is left home alone (S).
11.35 The Inbetweeners (S).

12.10 Derry Girls (S). **12.45 Derry Girls** (S). **1.20 Gogglebox** (S). **2.20 The Big Bang Theory** (S). **2.45 Naked Attraction** (S). **3.35 The Inbetweeners** (S). **4.00 Rick And Morty** (S). **4.25 Big Bang Theory** (S).

More4

8.55 George Clarke's Amazing Spaces (S). **9.55 Ugly House To Lovely House With George Clarke** (S). **10.55 George Clarke's Old House, New Home** (S). **12.00 Location, Location, Location** (S). **1.00 Come Dine With Me** (S). **1.35 Come Dine With Me** (S). **2.05 Come Dine With Me** (S). **2.35 Come Dine With Me** (S). **3.05 Come Dine With Me** (S). **3.40 Four In A Bed** (S). **4.10 Four In A Bed** (S). **4.45 Four In A Bed** (S). **5.15 Four In A Bed** (S). **5.50 Four In A Bed** (S).

6.20 Come Dine With Me Geoff Conway holds the first dinner party in Wigan (S).

6.55 Come Dine With Me Natalie Crompton hosts (S).
7.25 Come Dine With Me The third party (S).

8.05 Come Dine With Me Simon Grimwood hosts in Wigan (S).
8.35 Come Dine With Me The final night (S).

9.05 Secrets Of The Queen's Coronation Behind the scenes at the ceremony in 1953 (S).

10.00 24 Hours In A&E The medics treat a doorman who was stabbed at the social club where he works (S).

11.05 Emergency Helicopter Medics Two motorcyclists are attended by air ambulance crews (S).

12.10 8 Out Of 10 Cats Does Countdown (S). **1.15 24 Hours In A&E** (S). **2.15 Emergency Helicopter Medics** (S). **3.20 Food Unwrapped** (S). **3.50 Close**

sky max

6.00 The Flash (R) (S). **7.00 The Flash** (R) (S). **8.00 The Flash** (R) (S). **9.00 The Flash** (R) (S). **10.00 NCIS: New Orleans** (R) (S). **11.00 NCIS: New Orleans** (R) (S). **12.00 NCIS: New Orleans** (R) (S). **1.00 NCIS: New Orleans** (R) (S). **2.00 The Ultimate Romcom Movies** (R) (S). **3.00 Grimm** (R) (S). **4.00 Grimm** (R) (S). **5.00 Grimm** (R) (S).

6.00 Grimm Nick investigates a murder at a carnival (R) (S).

7.00 A League Of Their Own With Kyle Walker, Russell Howard, Maisie Adam and David Walliams (R) (S).

8.00 A Minute's Silence For The Queen
8.05 A Discovery Of Witches Marcus reconnects with his kids (R) (S).

9.00 S.W.A.T Street is a passenger on a hijacked plane (S).

10.00 NCIS: Los Angeles The team works with DEA agent Talia Del Campo (S).

11.00 Never Mind The Buzzcocks Return of the comedy music quiz, hosted by Greg Davies (R) (S).

11.45 The Blacklist (R) (S). **12.40 An Idiot Abroad 2** (R) (S). **1.40 The Force: North East** (R) (S). **2.35 Road Wars** (R) (S). **3.05 Road Wars** (R) (S). **4.00 Air Ambulance ER** (R) (S). **5.00 Air Ambulance ER** (R) (S).

sky atlantic

6.00 Fish Town (R) (S). **7.00 Fish Town** (R) (S). **8.00 Fish Town** (R) (S). **9.00 Boardwalk Empire** (R) (S). **10.05 Boardwalk Empire** (R) (S). **11.15 Boardwalk Empire** (R) (S). **12.20 Boardwalk Empire** (R) (S). **1.25 Boardwalk Empire** (R) (S). **2.30 The Sopranos** (R) (S). **3.40 The Sopranos** (R) (S). **4.45 The Sopranos** (R) (S).

5.50 The Sopranos Jackie Jr goes into hiding after his botched armed robbery. (R) (S).

6.55 Julia Alice struggles with her new assignment (R) (S).

8.00 A Minute's Silence For The Queen (R).
8.05 Julia The cook struggles with the price of fame (R) (S).

9.00 House Of The Dragon *Game of Thrones* prequel, starring Paddy Considine (R) (S).

10.10 Landscapers Susan and Christopher each take the stand (R) (S).

11.10 The Gilded Age In the aftermath of a tragedy, George agrees to help Bertha (R) (S).

12.15 I Hate Suzie (R) (S). **12.55 House Of The Dragon** (R) (S). **2.00 House Of The Dragon** (S). **3.10 Game Of Thrones** (R) (S). **4.15 Urban Secrets** (R) (S). **5.05 Urban Secrets** (R) (S).

Radio listings

BBC Radio 1
6am Radio 1's Chillout Anthems **7.00** Adele Roberts **10.00** Radio 1 Anthems **10.30** Newsbeat **10.32** Radio 1 Anthems **11.02** Radio 1 00s With Nat OiLeary **1pm** Matt And Mollie **4.00** Radio 1's Life Hacks **6.00** The Official Chart **7.00** Radio 1's Chillest Show **10.00** Radio 1's Wind Down Presents **11.00** Radio 1's Wind Down Presents **12mdn't** Radio 1's Power Down Playlist With Sian Eleri **1.00** Radio 1's Power Down Playlist With Sian Eleri **2.00** Radio 1's Decompression Session **3.00** Radio 1's Decompression Session **4.00** Radio 1's Classical Movie Mixtape **5.00** Radio 1's Chillout Anthems

BBC Radio 1Xtra
6am 1Xtra's R&B Chill Mix **7.00** Fee Mak **10.32** The Gospel Corner **11.00** Trevor Nelson **1pm** David Rodigan **3.00** Rampage **7.00** Nick Bright **9.00** 1Xtra's R&B Chill Mix **10.00** 1Xtra's R&B Chill Mix **11.00** 1Xtra's R&B Chill Mix **12mdn't** Amapiano To AfroHouse **1.00** 1Xtra Salutes.. **2.00** Ace **3.30** Ace **4.00** Future Wave With Complexion **5.00** 1Xtra's R&B Chill Mix

BBC Radio 2
6am Good Morning Sunday **9.00** Steve Wright's Sunday Love Songs **11.00** Trevor Nelson **1pm** Elaine Paige On Sunday **3.00** Sounds Of The 70s With Johnnie Walker **5.00** Gary Davies **7.00** Tony Blackburn's Golden Hour **8.00** Sunday Night Is Music Night **9.30** Radio 2 Unwinds With Angela Griffin **11.00** Radio 2 Unwinds With Angela Griffin **12mdn't** Radio 2 With OJ Borg **3.00** Radio 2 With Nicki Chapman

BBC Radio 3
7am Breakfast **9.00** Sunday Morning **12noon** Private Passions **1.00** Radio 3 Lunchtime Concert **2.00** The Early Music Show **3.00** Choral Evensong **4.00** Jazz Record Requests **5.00** The Listening Service **5.30** Words And Music **6.45** Between The Ears: California Burning **7.15** New Generation Artists **8.00** Drama On 3: Folk **9.30** Record Review Extra **11.00** The Voice Of The Vibraphone **12mdn't** Classical Fix **12.30** Through The Night

BBC Radio 4
6am News Headlines **6.05** Something Understood **6.35** Natural Histories **6.57** Weather **7.00** News; Sunday Papers **7.10** Sunday **7.54** Radio 4 Appeal **7.57** Weather **8.00** News; Sunday Papers **8.10** Sunday Worship **8.48** A Point Of View **8.58** Tweet Of The Day **9.00** Broadcasting House **10.00** The Archers **11.15** Desert Island Discs **12noon** News **12.04** Mark Steel's In Town **12.32** The Food Programme **12.57** Weather **1.00** The World This Weekend **1.30** The Coming Storm **2.00** Gardeners' Question Time **2.45** Reflections On Majesty **3.00** Drama: North And South **4.00** Open Book **4.30** Imagiste **5.00** File On 4 **5.40** Profile **5.54** Shipping Forecast **5.57** Weather **6.00** Six O'Clock News **6.15** Pick Of The Week **7.00** The Archers **7.15** Ed Reardon's Week **7.45** Hulda's Cafe **8.00** One Minute Silence **8.01** News **8.15** Archbishop Justin Welby: A Meditation For The Queen **8.30** Last Word **9.00** Money Box **9.25** Radio 4 Appeal **9.30** The Queen And Her Faith **10.00** The Westminster Hour **11.00** Loose Ends **11.30** Something Understood **12mdn't** News And Weather **12.15** Thinking Allowed **12.45** Bells On Sunday **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer For The Day **5.45** Farming Today **5.58** Tweet Of The Day

BBC Radio 4 LW
12.01pm Shipping Forecast

BBC Radio 4 Extra
6am Adventures Of A Young Naturalist Omnibus **7.10** Inheritance Tracks **7.20** Eleanor Rising **8.30** The Enchanting World Of Hinge And Bracket **9.00** Take It From Here **9.30** Trevor's World Of Sport **10.00** Desert Island Discs **10.45** David Attenborough's Life Stories **11.00** Radiolab **12noon** Poetry Extra **12.30** Thanks A Lot, Milton Jones! **1.00** In Search Of Mary Shelley Omnibus **2.10** Inheritance Tracks **2.20** Breathing Underwater Omnibus **3.30** The Hotel Suite **4.00** Madeleine **5.00** Poetry Extra **5.30** Thanks A Lot, Milton Jones! **6.00** The Door In The Wall **6.45** The Mermaid And The Rat Catcher **7.00** Radiolab **8.00** Desert Island Discs **8.45** David Attenborough's Life Stories **9.00** Madeleine **10.00** Comedy Club: Thanks A Lot, Milton Jones! **10.30** Comedy Club: I Think I've Got A Problem **11.00** Comedy Club: The Masterson Inheritance **11.30** Comedy Club: At Home With The Snails **12mdn't** The Door In The Wall **12.45** The Mermaid And The Rat Catcher **1.00** In Search Of Mary Shelley Omnibus **2.10** Inheritance Tracks **2.20** Breathing Underwater Omnibus **3.30** The Hotel Suite **4.00** Madeleine **5.00** Yes Minister **5.30** Thanks A Lot, Milton Jones!

BBC 5 Live
6am 5 Live Science **7.00** Sunday Breakfast **10.00** Helen Skelton **12noon** 5 Live Sport **2.15** 5 Live Sport **4.00** 5 Live Sport **5.00** 5 Live Sport **7.00** 6-0-6 **7.55** Stephen Nolan **12mdn't** TBA **2.00** Dotun Adebayo

BBC 6 Music
6am Amy Lamé **8.00** Mark Radcliffe **10.00** Cerys Matthews **1pm** Music Life **2.00** Guy Garvey's Finest Hour **4.00** Iggy Pop **6.00** Tom Robinson **9.00** Don Letts' Culture Clash Radio **11.00** Late In The Day **1am** The Morning After Mix **3.00** Focus Beats **5.00** 6 Music

Classic FM
7am Aled Jones **10.00** John Brunning **1pm** Catherine Bott **4.00** John Humphrys **7.00** Smooth Classics At Seven **9.00** Moira Stuart Meets – Jamie Oliver **10.00** Smooth Classics **1am** Bill Overton **4.00** Early Breakfast

Absolute Radio
8am Jason Manford **11.00** Sarah Champion **2pm** Rock 'n' Roll Football With Jay Lawrence **6.00** Request Show With Dan Noble **8.00** Sunday Night Music Club **10.00** The Skin Show **12mdn't** Dan Noble

Heart
6am Heart's Feel Good Weekend With Katrina Ridley **9.00** Zoe Hardman **12noon** Pandora Christie **4.00** The Official Big Top 40 **7.00** Heart's Feel Good Weekend With Emma Bunton **10.00** Anna Whitehouse **12mdn't** Anna Whitehouse **1.00** Simon Beale **4.00** Early Breakfast With James Stewart

TalkSPORT
6am Weekend Sports Breakfast **9.00** Jonny Owen And Friends **11.00** The Warm Up **1pm** The Sunday Session **5.00** The Boot Room **8.00** A TalkSPORT Special **9.00** Trans Europe Express **12mdn't** A TalkSPORT Special **1.00** Extra Time **5.00** Early Breakfast

RADIO PICK

Between the Ears: California Burning
6.45pm, BBC Radio 3



Poet Kim Addonizio (*inset*) follows in the footsteps of Jack Kerouac, who spent a season as a fire lookout, and heads for the National Sequoia Forest in California to spend a night in a fire lookout tower high above the tree line. There, she learns the trade from Mich Michigan and Kathryn Allison, who must scan the horizon every 15 minutes.

Monday television & radio

CRITIC'S CHOICE



Live rolling coverage of 'The State Funeral of HM Queen Elizabeth II', 8am, BBC One

The State Funeral of HM Queen Elizabeth II
8am, BBC One
Live coverage of the state funeral of the Queen at Westminster Abbey, the service beginning at 11am. Heads of state, European royals and key figures from public life will be invited to gather in the Abbey, which can hold a congregation of 2,000. Rolling coverage will continue throughout the day as the funeral procession makes its way to Windsor Castle. A recap of the day's events can be seen at 8.30pm on BBC One.

Mastermind
7pm, BBC Two
Returning for its 50th anniversary, remarkably little has changed on British TV's most venerable quiz show. There's still the doomy theme music (appropriately titled "Approaching Menace") and the drum roll as contestants approach the famous black chair, though of course these days it is Clive Myrie asking the questions. The opening foursome hoping to go home with the glass bowl trophy face questions on Francisco de Goya, *Peaky Blinders* (this contestant in suitable attire), Team GB at the 2020 Olympics and Raymond Chandler's Philip Marlowe novels.

Great American Railroad Journeys
7pm, BBC Four
Michael Portillo and trains – it's hard to think of a more iconic TV duo at this stage (OK, maybe Ant & Dec). It's not hard to see why Portillo loves taking to the rails, however, given some of the sights and sounds he encounters on his various adventures. On this occasion he is amid the towering peaks, rugged coastlines and crashing rivers of Alaska, where he learns about the US state's links with Russia and gets the chance to feed a sea otter pup. Cute.

24 Hours in A&E
9pm, Channel 4
It's mainly about the scooters in this week's visit to St George's Hospital in south-west London. Anthony is rushed to resus after coming off his motor scooter on his 18th birthday, with doctors concerned that he has internal bleeding. Sixteen-year-old Jack, meanwhile, is urgently transferred from another hospital with multiple fractures and nerve damage in his arm after he fell off his electric scooter.

The Search for a New Earth
9pm, BBC Four
Theoretical physicist Stephen Hawking believed the human species will have to populate a new planet within 100 years if it is to survive, with climate change, pollution, deforestation, pandemics and population growth making life on Earth increasingly precarious. In this repeat of his 2017 documentary, made a year before his death, he was joined by

DAYTIME

BBC One

6.00 Breakfast (S). **8.00 The State Funeral Of HM Queen Elizabeth II** (S). **5.00 BBC News** (S). **5.50 BBC Regional News;** Weather (S).

BBC Two

6.30 Money For Nothing (R) (S). **7.15 Antiques Road Trip** (R) (S). **8.00 Sign Zone:** The State Funeral Of HM Queen Elizabeth II (S). **5.00 Flog It!** (R) (S).

ITV

6.00 Good Morning Britain (S). **9.30 Queen Elizabeth II: The State Funeral** (S).

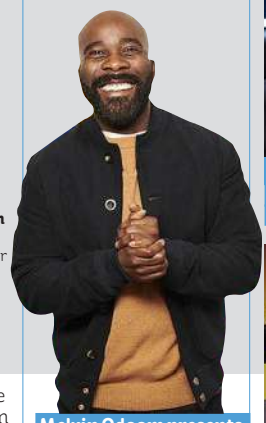
Channel 4

6.55 Britain's Most Beautiful Landscapes (R) (S). **7.45 Britain's Most Beautiful Landscapes: The Lake District** (R) (S). **8.30 Britain's Most Beautiful Landscapes: Snowdonia** (R) (S). **9.20 Secrets Of The Royal Gardens** (R) (S). **10.05 Secrets Of The Royal Gardens** (R) (S). **10.55 Her Majesty The Queen** (R) (S). **11.55 HM The Queen: Two Minutes' Silence** (S). **12.00 A Queen Is Crowned** (R) (S). **1.25 Channel 4 News Summary** (S). **2.50 FILM: We'll Meet Again** (Philip Brandon 1943) (S). **4.10 Secrets Of The Royal Gardens** (R) (S). **5.00 Coastal Railways With Julie Walters** (R) (S).

5

6.00 Milkshake! (R) (S). (S). **9.35 FILM: Thomas & Friends: Race For The Sodor Cup** (Campbell Bryer, Jason Groh 2021) Animated adventure (S). **10.35 The Adventures Of Paddington** (R) (S). **10.45 The Adventures Of Paddington** (R) (S). **11.00 The Smurfs** (R) (S). **11.10 FILM: The Emoji Movie** (Tony Leondis 2017) (S). **12.30 FILM: Stuart Little** (Rob Minkoff 1999) (S). **1.55 FILM: Ice Age 3: Dawn Of The Dinosaurs** (Carlos Saldanha, Mike Thurmeier 2009) (S). **3.20 FILM: Sing** (Garth Jennings, Christophe Lourdelet 2016) Animated comedy (S). **5.00 5 News At 5** (S).

BBC Four

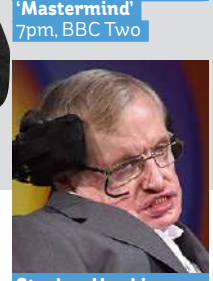


Melvin Odoom presents as the students face a French cooking task in 'Celeb Cooking School' 10pm, E4

Film4



Clive Myrie presents 'Mastermind' 7pm, BBC Two



Stephen Hawking on 'A New Earth' 9pm, BBC Four

itv2

6.00 Good Morning Britain (S). **9.30 Queen Elizabeth II: The State Funeral** (S).

6PM

6.15 The One Show: Our Queen Remembered Tributes to and stories of Her Majesty Queen Elizabeth II (S).

6.00 Richard Osman's House Of Games With Charlie Baker (S).
6.30 Unbeatable Quiz, with Jason Manford (S).

6.00 ITV Regional News; Weather (S).
6.30 ITV News; Weather (S).

5.45 Coastal Railways With Julie Walters From Newcastle to Edinburgh. (R) (S).

6.15 Traffic Cops The road crime team leads a county lines drugs crackdown (R) (S).

6.00 Local News; Weather
6.30 ITV News (S).

7PM

6.50 FILM: Paddington 2 (Paul King 2017) Comedy adventure, with the voice of Ben Whishaw (S).

7.00 Mastermind New series.With Clive Myrie (S).
7.30 Only Connect The Cryptics take on the Strigiformes (S).

7.30 Queen Elizabeth II: A Nation Remembers The events of the past 10 days (S).

6.35 Devon And Cornwall Life in the two counties in south-west England (R) (S).
7.00 Channel 4 News (S).

7.00 Police Interceptors Officers chase a van carrying cocaine (R) (S).
7.55 5 News Update (S).

7.00 Great American Railroad Journeys Michael Portillo begins a journey across Alaska (S).

6.35 FILM: Sahara (Breck Eisner 2005) Adventure, with Matthew McConaughey (S).

7.30 Queen Elizabeth II: A Nation Remembers The events of the past 10 days (S).

8PM

8.30 The State Funeral Of HM Queen Elizabeth II: Events Of The Day A look back at the day's events (S).

8.00 University Challenge Coventry takes on Cardiff (S).

8.00 Food Unwrapped (S).
8.30 Jamie's One-Pan Wonders (S).
8.55 Jamie's One-Pan Wonders (S).

8.00 Motorway Cops: Catching Britain's Speeders David delivers life-saving tools (R) (S).

8.00 Art Of Persia How Iran preserved its language and culture despite the Arab conquest (S).

9PM

8.30 FILM: The Guernsey Literary And Potato Peel Pie Society (Mike Newell 2018) Drama.

9.00 Queen Elizabeth II: The Final Farewell (S).

9.00 24 Hours In A&E An 18-year-old is rushed in after coming off his motor scooter (S).

9.00 Police: Night Shift 999 Sgt Gladwin is surrounded by an aggressive family (R) (S).

9.00 The Search For A New Earth The possibility of humans inhabiting other planets (S).

9.00 FILM: World War Z (Marc Forster 2013) Zombie thriller, starring Brad Pitt (S).

9.00 Queen Elizabeth II: The Final Farewell (S).

10PM

10.00 BBC News At Ten (S).

10.30 Martin Compston's Scottish Fling The actor and Phil MacHugh visit the Western Isles (R) (S).

10.00 ITV News At Ten; Weather (S).
10.50 ITV Regional News; Weather (S).

9.50 First Dates Two divorcees go in search of a more successful match (R) (S).

9.45 Casualty 24/7: Every Second Counts A new junior doctor treats a man with a case of sepsis (R) (S).

10.30 Clydebuilt: The Ships That Made The Commonwealth Four vessels built in Glasgow shipyards (S).

11.15 FILM: Maze Runner: The Scorch Trials (Wes Ball 2015) Sci-fi adventure, starring Dylan O'Brien (S).

10.00 ITV News At Ten (S).

11PM

11.00 BBC Regional News; Weather (S).
11.25 Ellie & Natasia (R) (S).
11.40 Ellie & Natasia (R) (S).

11.00 All That Glitters: Britain's Next Jewellery Star The jewellers make a best-selling brooch (R) (S).

11.00 Queen Elizabeth II: The Final Farewell (R) (S).

10.40 First Dates (R) (S).
11.30 UEFA Nations League Magazine Show Opening rounds highlights (S).

10.30 999: Critical Condition (R) (S).
11.15 FILM: Wild Card (Simon West 2015) Action, starring Jason Statham (S).

11.30 Ian Hislop's Fake News: A True History The history of dishonest news reporting (S).

11.00 Queen Elizabeth II: The Final Farewell

LATE

11.55 The Hit List Celebrity Special A *Strictly* special of the music-based quiz show (R) (S). **12.45 BBC News** (S).

12.00 Sign Zone: Celebrity MasterChef (R) (S). **1.00 Sign Zone:** Mortimer & Whitehouse: Gone Fishing (R) (S). **1.30 This Is BBC Two** (S).

12.00 The Queen Remembered (R) (S).

11.55 Walter Presents: Sisterhood (S). **12.45 999: On The Front Line** (R) (S). **1.35 My Grandparents' War: Kit Harington** (R) (S). **2.25 FILM: Pebbles** (PS 2021) (S). **3.35 Grand Designs: The Streets** (R)

12.50 Entertainment News On 5 (S). **1.00 Live NFL: Monday Night Football** (S). **4.30 Entertainment News On 5** (S). **4.40 Wildlife SOS** (R) (S). **5.05 Wildlife SOS** (R) (S). **5.30 Peppa Pig** (R) (S).

12.30 The Celts: Blood, Iron And Sacrifice With Alice Roberts And Neil Oliver (S). **1.30 Great American Railroad Journeys** (S). **2.30 Art Of Persia** (S). **3.30 Close**

1.55 FILM: God's Own Country (Francis Lee 2017) Drama, starring Josh O'Connor and Alec Secareanu (S). **4.00 Close**

12.00 The Queen Remembered

engineering professor Danielle George and his former student Christophe Galfard to examine whether it is possible for humans to relocate to other planets.

Celebrity Cooking School
10pm, E4
Celebs and food – as they've proven in special editions of *Bake Off* and *MasterChef* – can be an entertaining mix, and so it proves in this experiment, hosted by the cheeky Melvin Odoom. Tonight, the famous faces have plenty to sink their teeth into as one of their number makes hotdog flavour dumplings and the students also have a less-than-successful encounter with French dishes.

Gerard Gilbert

FILM CHOICE



Lily James stars in 'The Guernsey Literary and Potato Peel Pie Society', 8.30pm, BBC Two

Labor Day
3.30pm, Sky Cinema Drama
(Jason Reitman, 2013)
An adaptation of a Joyce Maynard novel about the relationship that forms between an escaped prisoner (Josh Brolin) and the depressed single mother (Kate Winslet) with whom he hides out one weekend in the summer of 1987. It is well-made, well-acted, handsomely shot, albeit unusually comforting fare coming from the acclaimed director of such films as *Young Adult*, *Juno* and *Up in the Air*.

The Guernsey Literary and Potato Peel Pie Society
8.30pm, BBC Two
(Mike Newell, 2018)
This romantic mystery features a London writer who corresponds with residents of Guernsey post-war – then visits the island to discover what it was like during its occupation by the Nazis. Wholesome period drama escapism, starring Lily James and a handful of *Downton* alumni.

Air Force One
9pm, Great! movies
(Wolfgang Petersen, 1997)
The US president's plane is hijacked by Kazakh terrorists. Luckily, he is a former war hero played by Harrison Ford, who is able to take on Gary Oldman and his band of baddies by himself. Basically, *Die Hard* at 40,000ft; overblown, but very entertaining.

Laurence Phelan

On Demand

Deepfake Porn: You Could Be Next BBC iPlayer
The emergence of a form of image-based sexual abuse.

The Serpent Queen Starzplay
Samantha Morton plays Catherine de Medici in a new take on Italian history.

The Monocled Mutineer BritBox
Paul McGann stars in Alan Bleasdale's 1986 drama about a British Army mutiny in First World War France.

itv3

6.00 Good Morning Britain (S). **9.30 Queen Elizabeth II: The State Funeral** (S).

6.00 Local News; Weather
6.30 ITV News

7.30 Queen Elizabeth II: A Nation Remembers The events of the past 10 days (S).

9.00 Queen Elizabeth II: The Final Farewell (S).

10.00 ITV News At Ten (S).

11.00 Queen Elizabeth II: The Final Farewell (R) (S).

12.00 The Queen Remembered

E4

6.00 Hollyoaks (S). **7.00 Ramsay's Kitchen Nightmares USA** (S). **8.00 Black-ish** (S). **9.00 How I Met Your Mother** (S). **10.00 The Big Bang Theory** (S). **11.00 Young Sheldon** (S). **11.30 Young Sheldon** (S). **11.55 HM The Queen: Two Minutes' Silence** (S). **12.00 Brooklyn Nine-Nine** (S). **12.30 Brooklyn Nine-Nine** (S). **1.00 The Big Bang Theory** (S). **1.30 The Big Bang Theory** (S). **2.00 The Big Bang Theory** (S). **2.30 The Big Bang Theory** (S). **3.00 Young Sheldon** (S). **3.30 Young Sheldon** (S). **4.00 Teen First Dates** (S). **5.00 The Big Bang Theory** (S). **5.30 The Big Bang Theory** (S).

6.00 The Big Bang Theory Raj risks deportartion (S).
6.30 The Big Bang Theory Sheldon faces his nemises (S).

7.00 Hollyoaks Juliet warns Sid about Victor (S).
7.30 The Big Bang Theory Leonard's mother visits (S).

8.00 Below Deck: Mediterranean Guests come aboard to celebrate their seven-month anniversary (S).

9.00 Married At First Sight UK The final two couples in the experiment set off on their honeymoons (S).

10.00 Celeb Cooking School One of the five celebrities makes hot dog flavour dumplings (S).

11.05 Gogglebox Jamie's Quick & Easy Food, Our Planet and Britain's Got Talent are appraised (S).

12.10 First Dates Hotel (S). **1.15 Married At First Sight UK** (S). **2.20 Celeb Cooking School** (S). **3.10 Below Deck** (S). **4.05 Ramsay's Kitchen Nightmares USA** (S). **4.55 Brooklyn Nine-Nine** (S).

More

8.55 Kirstie's Vintage Gems (S). **9.15 A Place In The Sun: Home Or Away** (S). **10.05 A Place In The Sun: Home Or Away** (S). **11.05 Find It, Fix It, Flog It** (S). **11.55 HM The Queen: Two Minutes' Silence** (S). **12.00 Find It, Fix It, Flog It** (S). **1.05 Heir Hunters** (S). **2.10 Four In A Bed** (S). **2.40 Four In A Bed** (S). **3.15 Four In A Bed** (S). **3.50 Four In A Bed** (S). **4.20 Four In A Bed** (S). **4.50 Find It, Fix It, Flog It** (S).

5.55 Car S.O.S Tim and Fuzz restore a 1997 Peugeot 106 Rallye (S).

6.55 Escape To The Chateau Dick and Angel Strawbridge transform one of the old outbuildings (S).

7.55 Wondrous Wales A photographer studies puffins on the Pembrokeshire coast (S).

9.00 Devon And Cornwall The head gardener at Cornwall's Lost Gardens of Heligan sows flowers (S).

10.00 Homes From Hell: Caught On Camera The dangers lurking inside homes (S).

11.05 24 Hours In A&E The stories of patients who are facing adversity head-on (S).

12.10 Shocking Emergency Calls (S). **1.00 Homes From Hell: Caught On Camera** (S). **1.55 24 Hours In A&E** (S). **2.45 Food Unwrapped: China Special** (S). **3.50 Close**

sky max

6.00 Highway Patrol (R) (S). **6.30 Stargate SG-1** (R) (S). **7.30 Stargate SG-1** (R) (S). **8.30 Rob & Romesh vs NBA Basketball** (R). **9.30 The Ultimate Romcom Movies** (R) (S). **10.30 The Funeral Of Queen Elizabeth II 1.30 Anthony Joshua vs Rob & Romesh 2** (R) (S). **2.30 Flintoff: From Lord's To The Ring** (R). **3.30 Flintoff: From Lord's To The Ring** (R). **4.30 Flintoff: From Lord's To The Ring** (R). **5.30 Stargate SG-1** (R) (S).

6.30 Stargate SG-1 A sleepy seaside town hides a sinister secret (R) (S).

7.30 Cricket's Funniest Moments A selection of comical clips (R) (S).

8.00 Resident Alien Harry and Asta's trip is interrupted (R) (S).

9.00 COBRA: Cyberwar A breach at the port of Dover means a threat may be in play (R) (S).

10.00 Brassic Chinese Dan gives his retired racing greyhound to Cardi (R) (S).

11.00 A League Of Their Own With Kyle Walker, Russell Howard, Maisie Adam and David Walliams (R) (S).

12.00 The Ultimate Romcom Movies (R) (S). **1.00 NCIS: New Orleans** (R) (S). **2.00 NCIS: New Orleans** (R) (S). **3.00 Hawaii Five-0** (R) (S). **4.00 MacGyver** (R) (S). **5.00 Highway Patrol** (R) (S).

sky atlantic

6.00 Urban Secrets (R) (S). **6.50 Urban Secrets** (R) (S). **7.45 Boardwalk Empire** (R) (S). **8.50 Boardwalk Empire** (R) (S). **10.00 Micro Monsters With David Attenborough** (R) (S). **10.30 The Funeral Of Queen Elizabeth II 1.30 Richard E Grant's Hotel Secrets** (R) (S). **2.30 Richard E Grant's Hotel Secrets** (R) (S). **3.30 Boardwalk Empire** (R) (S). **4.40 Boardwalk Empire** (R) (S).

5.45 The Sopranos Tony warns Janice about her new love. (R) (S).

6.50 The Sopranos Bobby's wife has a car accident (R) (S).

7.55 Game Of Thrones Daenerys arrives in Slaver's Bay looking to form an army (R) (S).

9.00 House Of The Dragon *Game of Thrones* prequel, starring Paddy Considine (R) (S).

10.10 Gangs Of London Darren wrestles with the chaos he has unleashed (R) (S).

11.15 House Of The Dragon *Game of Thrones* prequel, starring Paddy Considine (R) (S).

Radio listings

BBC Radio 1
6am Radio 1 Relax **7.00** Radio 1 Early Breakfast With Arielle Free **10.00** Radio 1 Breakfast With Greg James **12.45pm** Newsbeat **1.00** Dean And Vicky **3.30** Going Home With Vick And Jordan **5.45** Newsbeat **6.00** Clara Amfo. Clara brings you soothing musical vibes. **9.00** Radio 1's Power Down Playlist With Sian Eleri. Songs for when you need to switch off the world. **10.00** Radio 1's Power Down Playlist With Sian Eleri. Soothing tracks to make you feel warm and cosy, from Wolf Alice, Alt-J, Rosalia and more. **11.00** Radio 1's Wind Down Presents **12mdn't** Radio 1's Wind Down Presents **1.00** Radio 1's Decompression Session **2.00** Radio 1's Classical Movie Mixtape **3.00** Radio 1's Chillout Anthems **4.00** Radio 1 Relax In Love **5.00** Radio 1 Early Breakfast With Arielle Free

BBC Radio 1Xtra
6am 1Xtra Playlists **7.00** Nadia Jae **10.00** Ace **12.45pm** Newsbeat **1.00** Remi Burgz **4.00** Nick Bright **5.45** Newsbeat **6.00** Nick Bright **7.00** DJ Target **9.00** Sian Anderson **11.00** Amapiano To AfroHouse **12mdn't** Amapiano To AfroHouse **1.00** 1Xtra @ 20-20 Years Of African Sounds **2.00** 1Xtra @ 20-20 Years Of African Sounds **3.00** 1Xtra's R&B Chill Mix **4.00** 1Xtra's Influence With Koffee **5.00** 1Xtra's Cosmic Wind Down With Jamz Supernova

BBC Radio 2
6.30am Radio 2 With Zoe Ball **9.30** Radio 2 With Gary Davies **10.45** Radio 2 With Jeremy Vine **11.00** The State Funeral Of Her Majesty Queen Elizabeth II. Coverage of the State Funeral of Her Majesty Queen Elizabeth II. **11.55** Radio 2 With Jeremy Vine **2pm** Radio 2 With Steve Wright **5.00** Radio 2 With Sara Cox **7.00** Radio 2 With Jo Whiley **9.00** Radio 2 With Trevor Nelson **12mdn't** OJ Borg. Through-the-night entertainment live from the Salford Riviera. **2.30** One Hit Wonders With OJ Borg **3.00** Pick Of The Pops **4.00** Early Breakfast Show

BBC Radio 3
6.30am Breakfast **9.00** Essential Classics **11.00** The State Funeral Of Her Majesty Queen Elizabeth II **12noon** Essential Classics **1.00** A Sequence Of Music With Penny Gore **4.00** The Service Of Committal Of Her Majesty Queen Elizabeth II **5.00** In Tune **7.00** In Tune Mixtape **7.30** BBC Singers: Songs Of Farewell **9.00** Composer Of The Week: Emilie Mayer **10.00** Music Matters **10.45** The Essay: Coming Home **11.00** Night Tracks **12.30am** Through The Night

BBC Radio 4
6am Today **9.00** The State Funeral Of Her Majesty Queen Elizabeth II **1.30pm** The World At One **2.30** The Service Of Committal Of Her Majesty Queen Elizabeth II **5.00** PM **5.57** Weather **6.00** Six O'Clock News **6.30** North By Northamptonshire **7.00** The Archers **7.15** Front Row **8.00** Beyond Belief **8.30** Crossing Continents **9.00** Batman And Ethan **9.30** Cold As A Mountain Top **10.00** The World Tonight **10.45** Book At Bedtime: Stone Blind **11.00** In Suburbia **11.30** The Psalms **12mdn't** News And Weather **12.30** Book Of The Week: Fen, Bog & Swamp **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer For The Day **5.45** Farming Today **5.58** Tweet Of The Day

BBC Radio 4 LW
5.54pm Shipping Forecast

BBC Radio 4 Extra
6am Paul Temple And The Jonathan Mystery **6.30** Agatha Raisin **7.00** Hazelbeach **7.30** Mark Steel's In Town **8.00** Round The Horne **8.30** Poetry Extra **9.00** Desert Island Discs **9.45** David Attenborough's Life Stories **10.00** September Tide **11.00** TED Radio Hour **11.50** The Frederica Quartet – Omnibus **1pm** Paul Temple And The Jonathan Mystery **1.30** Agatha Raisin **2.00** Dr Hannah Fry: Codebreaker **3.00** TBA **6.00** The Slide **6.30** A Good Read **7.00** Round The Horne **7.30** Yes Minister **8.00** Paul Temple And The Jonathan Mystery **8.30** Agatha Raisin **9.00** TED Radio Hour **9.50** Inheritance Tracks **10.00** Comedy Club: Mark Steel's In Town **10.30** Comedy Club: Rubbish **11.00** Comedy Club: Chain Reaction **11.30** Comedy Club: Lionel Nimrod's Inexplicable World **12mdn't** The Slide **12.30** A Good Read **1.00** Paul Temple And The Jonathan Mystery **1.30** Agatha Raisin **2.00** In Montparnasse **2.15** Eleanor Rising **2.30** Rock 'n' Roll In Four Movements **3.00** A Capital Case: Karl Marx Meets Sherlock Holmes **4.00** Dilemma **4.30** Country Matters **5.00** Hazelbeach **5.30** Mark Steel's In Town

BBC 5 Live
6am 5 Live Breakfast **9.00** 5 Live News **11.00** TBA **1.30pm** Nihal Arthanayake **5.00** 5 Live Drive **8.00** 5 Live News **9.00** Colin Murray **12mdn't** TBA **1.00** Dotun Adebayo **5.00** Wake Up To Money

BBC 6 Music
8am 6 Music **12noon** 6 Music **4.00** 6 Music **7.00** 6 Music **10.00** Focus Beats **12mdn't** Focus Beats **2.00** Focus Beats **3.00** The Morning After Mix **5.00** Chris Hawkins

Classic FM
6am More Music Breakfast **9.00** Alexander Armstrong **12noon** Lucy Coward **4.00** John Brunning **7.00** Smooth Classics At Seven **10.00** Smooth Classics **1am** Bill Overton **4.00** Early Breakfast

Absolute Radio
6am Andy Bush **10.00** Leona Graham **1pm** Jay Lawrence **4.00** Richie **7.00** Danielle Perry **10.00** Emil Franchi **1am** Dan Noble

Heart
6.30am Heart Breakfast With Jamie Theakston And Amanda Holden **10.00** Pandora Christie **1pm** Matt Wilkinson **4.00** JK And Kelly Brook **7.00** Heart's Feel Good Weekend With Dev Griffin **10.00** Fia Tarrant **1am** Simon Beale **4.00** Early Breakfast With James Stewart

TalkSPORT
6am TalkSPORT Breakfast With Laura Woods **10.00** Jim White And Simon Jordan **1pm** Hawksbee And Jacobs **4.00** TalkSPORT Drive With Andy Goldstein And Darren Bent **7.00** Kick Off **10.00** Sports Bar **1am** Extra Time **5.00** Early Breakfast

RADIO PICK

Composer of the Week: Emilie Mayer
9pm, BBC Radio 3



Donald Macleod (*inset*) explores the life and work of the German composer, who is considered to be the most prolific female composer of the Romantic period. When Mayer was only five, her father bought her a new grand piano. She soon took lessons with the city organist, and by the age of seven was composing her own works.

Tuesday television & radio

CRITIC'S CHOICE



How Jair Bolsonaro's leadership has been a disaster for the Amazon, 9pm, BBC Two

Celebrity MasterChef
8pm, BBC One
Finals week resumes, with four of the five surviving celebs (Danny Jones, Mel Blatt, Cliff Parisi, Kitty Scott-Claus and Lisa Snowdon) now facing the famously daunting Chef's Table – this year hosted by Italian chef Giorgio Locatelli at his Mayfair restaurant. The quartet must impress four pioneers of Italian cuisine in the UK – Francesco Mazzei, Jacob Kenedy, Masha Rener and Theo Randall. The final is on Thursday.

The Great British Bake Off
8pm, Channel 4
There is plentiful wordplay involving the current president of France as the contestants are asked to bake 18 macarons – these ones made to look like anything but a macaron (burgers, watermelons, daisies, cats and yoyos are among the ensuing disguises). It's Biscuit Week, starting with a technical challenge of baking 12 Garibaldi biscuits ("Otherwise known as squashed-fly biscuits," elucidates Matt Lucas) before a showstopper round in which the remaining bakers must create a 3-D biscuit mask.

Crossfire
9pm, BBC One
A first original screenplay by Louise Doughty, whose novel *Apple Tree Yard* was successfully dramatised by BBC One in 2017. Like that psychological thriller, this three-part tale (showing over consecutive nights) also involves a middle-aged woman's extra-marital affair – Keeley Hawes playing unhappily married Jo, whose tryst takes place against the backdrop of a family holiday at an all-inclusive luxury hotel on the Canary Islands. While her husband Jason (*The A Word*'s Lee Ingleby) and children play around the pool, Jo is exchanging saucy texts with her lover when shots ring out from below. A gunman is on the loose...

The Boys from Brazil: Rise of the Bolsonaros
9pm, BBC Two
In Sunday night's edition of *Simon Reeve's South America*, the presenter witnessed for himself the devastation being wrought by loggers, farmers and miners in the Amazon rainforest. The final part of this series about Brazilian president Jair Bolsonaro details the political background to the deforestation as the newly elected leader delivered to his populist base while facing a global outcry.

Michael Palin: Into Iraq
9pm, Channel 5
The globetrotter may now be in his 80th year, and not that long ago required heart surgery, but he follows up his 2018 trip to North Korea with the equally daunting destination of Iraq – "a country with a terrible present but an extraordinary past", as he puts it. The plan is to follow the River

	BBC One	BBC Two	ITV	Channel 4	Channel 5	BBC Four	Film4	ITV2
DAYTIME	**6.00 Breakfast** (S). **9.15 Morning Live** (S). **10.00 Northern Justice** (S). **10.30 For Love Or Money** (R) (S). **11.15 Homes Under The Hammer** (S). **12.15 Bargain Hunt** (R) (S). **1.00 BBC News At One;** Weather (S). **1.30 BBC Regional News;** Weather (S). **1.45 Doctors** (S). **2.15 Money For Nothing** (R) (S). **3.00 Escape To The Country** (S). **3.45 Antiques Road Trip** (S). **4.30 The Tournament** (S). **5.15 Pointless** (S).	**6.30 Coast** (R) (S). **7.00 Homes Under The Hammer** (R) (S). **8.00 Sign Zone:** Mary Berry – Cook & Share (R) (S). **8.30 Sign Zone:** Nadiya's Everyday Baking (R) (S). **9.00 BBC News** (S). **10.00 BBC News** (S). **1.00 Chase The Case** (R) (S). **1.45 Eggheads** (R) (S). **2.15 Glorious Gardens From Above** (R) (S). **3.00 Flipping Profit** (R) (S). **3.45 Home Is Where The Art Is** (R) (S). **4.30 Murder, Mystery And My Family** (R) (S). **5.15 Flog It!** (R) (S).	**6.00 Good Morning Britain** (S). **9.00 Lorraine** (S). **10.00 This Morning** (S). **12.30 Loose Women** (S). **1.30 ITV News;** Weather (S). **1.55 ITV Regional News;** Weather (S). **2.00 Dickinson's Real Deal** (S). **3.00 Tenable** (S). **3.59 ITV Regional Weather** (S). **4.00 Tipping Point** (S). **5.00 The Chase** (S).	**6.10 Countdown** (R) (S). **6.50 3rd Rock From The Sun** (R) (S). **7.15 3rd Rock From The Sun** (R) (S). **7.40 Everybody Loves Raymond** (R) (S). **8.05 Everybody Loves Raymond** (R) (S). **8.30 Everybody Loves Raymond** (R) (S). **9.00 Frasier** (R) (S). **9.30 Frasier** (R) (S). **10.00 Frasier** (R) (S). **10.30 Ramsay's Kitchen Nightmares USA** (R) (S). **11.25 Channel 4 News Summary** (S). **11.30 The Great House Giveaway** (R) (S). **12.30 Steph's Packed Lunch** (S). **2.10 Countdown** (S). **3.00 A Place In The Sun** (R) (S). **4.00 Chateau DIY** (S). **5.00 Moneybags** (S).	**6.00 Milkshake! 9.15 Jeremy Vine** (S). **12.45 Holiday Homes In The Sun** (S). **1.40 5 News At Lunchtime** (S). **1.45 Home And Away** (S). **2.15 FILM: Saving Billy** (Roxy Shih 2021) Drama, starring Anna Schafer (S). **4.00 Bargain Loving Brits By The Sea** (R) (S). **5.00 5 News At 5** (S).	 **Keeley Hawes stars in 'Crossfire', featuring a holidaying family whose hotel is attacked** 9pm, BBC One	 **Michael Palin goes on a trip around Iraq** 9pm, Channel 5  **Paul Hollywood judges Biscuit Week** 8pm, Channel 4	**6.00 World's Funniest Videos** (S). **6.25 World's Funniest Videos** (S). **7.00 Love Bites** (S). **8.00 Secret Crush** (S). **9.00 Veronica Mars** (S). **10.00 One Tree Hill** (S). **11.00 Hart Of Dixie** (S). **12.00 Supermarket Sweep** (S). **1.00 Family Fortunes** (S). **2.00 The Masked Singer US** (S). **3.05 Veronica Mars** (S). **4.00 One Tree Hill** (S). **5.00 Hart Of Dixie** (S).
6PM	**6.00 BBC News At Six;** Weather (S). **6.30 BBC Regional News;** Weather (S).	**6.00 Richard Osman's House Of Games** (S). **6.30 Unbeatable** Quiz, hosted by Jason Manford (S).	**6.00 ITV Regional News;** Weather (S). **6.30 ITV News;** Weather (S).	**6.00 The Simpsons** Apu's wife has octuplets (R) (S). **6.30 Hollyoaks** Juliet warns Sid to be wary of Victor (R) (S).	**6.00 Cash In The Attic** A lecturer looking to sell antiquities (S). **6.55 5 News Update** (S).			**6.00 Celebrity Catchphrase** With Chris Hoy, Martine McCutcheon and Faye Tozer (S).
7PM	**7.00 The One Show** (S). **7.30 EastEnders** Frankie finally tells Mick about her opportunity in Scotland (S).	**7.00 Villages By The Sea** Ben Robinson explores Botallack (R) (S). **7.30 Iolo: A Wild Life** (R) (S).	**7.00 Emmerdale** Drama from the Dales (S).	**7.00 Channel 4 News** (S).	**7.00 Dogs Behaving (Very) Badly** Trainer Graeme Hall takes on a destructive English bulldog (R) (S).	**7.00 Great American Railroad Journeys** Scientists studying the Northern Lights (S).	**6.40 FILM: The Second Best Exotic Marigold Hotel** (John Madden 2015) Comedy drama sequel (S).	**7.00 Secret Crush** Craig thinks chocolates and poetry can win over Sophie (S).
8PM	**8.00 Celebrity MasterChef** Well-known faces compete in the kitchen (S).	**8.00 The Hotel People** The Grand Central is on high alert as a hotel inspector could arrive at any time (R) (S).	**8.00 Coronation Street** Drama from England's most famous cobbled street (S).	**8.00 The Great British Bake Off** The bakers make illusion macarons and a 3D mask of biscuit (S).	**8.00 The Yorkshire Vet** Julian performs an emergency blood plasma transfusion on a baby alpaca (S).	**8.00 Keeping Up Appearances** (S). **8.30 Ever Decreasing Circles** Paul buys a neighbour's house (S).		**8.00 Bob's Burgers** (S). **8.30 Bob's Burgers** Linda chaperones Tina to a conference (S).
9PM	**9.00 Crossfire** New series. Jo summons the courage to rescue as many staff and guests as possible (S).	**9.00 The Boys From Brazil: Rise Of The Bolsonaros** A look at Jair Balsonaro's time as president of Brazil (R) (S).	**9.00 The Suspect** Thriller, starring Aidan Turner (S).	**9.30 First Dates Hotel** Animal lover Sophie is paired with Billy, who has a collection of pet tarantulas (S).	**9.00 Michael Palin: Into Iraq** New series. Michael embarks on an epic, revelatory journey through Iraq (S).	**9.00 One Day In Ukraine: Storyville** A snapshot of one day in a country under siege (S).	**9.00 FILM: Once Upon A Time In Hollywood** (Quentin Tarantino 2019) Drama (S).	**9.00 Bad Chefs** With guest chef Joseph Denison Carey (S).
10PM	**10.00 BBC News At Ten** (S). **10.30 BBC Regional News;** Weather (S).	**10.00 Cunk On Earth** New series. Spoof documentary, starring Diane Morgan (S). **10.30 Newsnight** (S).	**10.05 ITV News At Ten;** Weather (S). **10.40 ITV Regional News;** Weather (S).	**10.35 Rosie Jones' Trip Hazard** Fay Ripley joins Rosie in Pembrokeshire. Last in the series (S).	**10.00 The World's Most Luxurious Prison** A look inside Norway's Halden Prison (R) (S).	**10.20 Seamus Heaney And The Music Of What Happens** The life and work of the poet (S).		**10.00 Plebs** The Crown and Toga is hit by a bill (S). **10.30 Plebs** Marcus has a run-in with the fire brigade (S).
11PM	**10.40 Mental Health: Young Lives In Crisis** The challenges faced daily by mental health clinicians and patients (S).	**11.15 Sign Zone: Fake Or Fortune?** A sketch believed to be by artist Amedeo Modigliani (R) (S).	**10.55 Who Wants To Be A Millionaire?** Big-prize quiz (R) (S).	**11.35 Gogglebox** More recent television shows are appraised (R) (S).	**11.05 My Son The Serial Killer** The personality of serial killer Steve Wright (R) (S).	**11.50 The Celts: Blood, Iron And Sacrifice With Alice Roberts And Neil Oliver** (S).		**11.00 Family Guy** Peter and Lois open a cookie store (S). **11.30 Family Guy** Brian gives Stewie herpes (S).
LATE	**11.45 BBC News** (S).	**12.15 Sign Zone:** Celebrity MasterChef (R) (S). **1.15 Sign Zone:** Mortimer & Whitehouse: Gone Fishing (R) (S). **1.45 This Is BBC Two** (S).	**11.55 Heathrow: Britain's Busiest Airport** (R) (S). **12.25 Shop: Ideal World 3.00 Take The Tower** (R) (S). **3.50 Unwind With ITV** (S). **5.05 Dickinson's Real Deal** (R) (S).	**12.35 The Great British Bake Off: An Extra Slice** (R) (S). **1.30 The Last Leg** (R) (S). **2.10 The Simpsons** (R) (S). **2.35 FILM: Goat** (Andrew Neel 2016) (S). **4.20 Sarah Beeny's New Life In The Country** (R) (S).	**12.05 The Yorkshire Ripper: Born To Kill** (R) (S). **1.00 Entertainment News On 5** (S). **1.05 The LeoVegas Live Casino Show** (S). **3.05 British Airways 24/7** (R) (S). **3.50 Building The Channel Tunnel: 25 Years On** (R) (S).	**12.50 Great American Railroad Journeys** (S). **1.50 The Search For A New Earth** (S). **3.20 Close**	**12.15 FILM: Topsy-Turvy** (Mike Leigh 1999) Drama, starring Jim Broadbent (S). **3.35 Close**	**12.00 American Dad!** (S). **12.30 American Dad!** (S). **12.55 Bob's Burgers** (S). **1.25 Bob's Burgers** (S). **1.50 Don't Hate The Playaz** (S). **2.35 Totally Bonkers Guinness World Records** (S). **3.00 Teleshopping**

Tigris on its 1,000-mile journey through the region, starting in the shattered remains of Mosul before heading to the oil-rich Iraqi Kurdish capital of Erbil.

Cunk on Earth
10pm, BBC Two
Philomena Cunk (Diane Morgan) returns with a landmark series telling the entire story of human civilisation from prehistoric times to the present day. Except, of course, that this is the new series of Charlie Brooker's comedy where (in the cringy tradition of Ali G) Morgan/Cunk befuddles various experts with her dim questions and observations (including "the tragic invention of maths").
Gerard Gilbert

FILM CHOICE



Al Pacino stars in Francis Ford Coppola's 'The Godfather', 5.05pm, Sky Cinema Greats

The Godfather
5.05pm, Sky Cinema Greats
(Francis Ford Coppola, 1972)
The screen acting legend Marlon Brando passes the baton on to Al Pacino in Francis Ford Coppola's impeccably staged chronicle of a Mafia dynasty: a detailed and insightful rumination on family, power, the immigrant experience and the corruption of the American dream. A bravura, magisterial work, it is one of the greatest of all gangster movies.

The Second Best Exotic Marigold Hotel
6.40pm, Film4
(John Madden, 2015)
As long as you don't mind the patronising stereotypes or imperialist overtone, nor that it pinches a plot strand from *Fawlty Towers*, this sequel to the cosy and colourful 2011 hit about English retirees in Jaipur has lots of gentle character comedy to enjoy.

Topsy-Turvy
12.15am, Film4
(Mike Leigh, 1999)
Leigh's first costume drama is his most visually sumptuous film, and another masterclass in comic characterisation and observation, with the added interest that its characters are Gilbert (Jim Broadbent) and Sullivan (Allan Corduner), caught here in a creative slump prior to the success of *The Mikado*.
Laurence Phelan

On Demand

The Deceived Acorn TV
A noirish romantic thriller from Ireland, co-written by *Derry Girls*' Lisa McGee.

Days that Shook the BBC with David Dimbleby iPlayer
The host looks back at the controversies that have beset the public broadcaster.

Girl in the Box: The Real Story Paramount+
Kidnapping victim Colleen Stan looks back at her seven-year ordeal as a captive.

itv3

6.00 Classic Coronation Street (S). **6.35 Classic Coronation Street** (S). **7.00 Classic Emmerdale** (S). **7.30 Classic Emmerdale** (S). **8.05 That's My Boy** (S). **8.40 That's My Boy** (S). **9.15 The Royal** (S). **10.20 The Royal** (S). **11.30 Heartbeat** (S). **12.35 Heartbeat** (S). **1.40 Classic Emmerdale** (S). **2.10 Classic Emmerdale** (S). **2.40 Classic Coronation Street** (S). **3.10 Classic Coronation Street** (S). **3.45 Agatha Christie's Poirot** (S).

5.55 Heartbeat Merton and Jenny prepare to tie the knot (S).

7.00 Heartbeat A suspicious death is investigated (S).

8.00 Martin Clunes: Islands Of The Pacific In Vanuatu, Martin climbs an active volcano (S).

9.00 Midsomer Murders Mysterious lights are seen in the sky over Cooper Hill (S).

11.05 Maigret A teacher is convinced he will be accused of murder (S).

12.15 The Royal (S). **1.15 The Royal** (S). **2.20 Unwind With ITV** (S). **2.30 Teleshopping**

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6.00 Hollyoaks (S). **7.00 Ramsay's Kitchen Nightmares USA** (S). **8.00 Black-ish** (S). **9.00 How I Met Your Mother** (S). **10.00 The Big Bang Theory** (S). **10.30 The Big Bang Theory** (S). **11.00 Young Sheldon** (S). **11.30 Young Sheldon** (S). **12.00 Brooklyn Nine-Nine** (S). **12.30 Brooklyn Nine-Nine** (S). **1.00 The Big Bang Theory** (S). **1.30 The Big Bang Theory** (S). **2.00 The Big Bang Theory** (S). **2.30 The Big Bang Theory** (S). **3.00 Young Sheldon** (S). **3.30 Young Sheldon** (S). **4.00 Married At First Sight UK** (S). **5.00 The Big Bang Theory** (S). **5.30 The Big Bang Theory** (S).

6.00 The Big Bang Theory Sheldon teaches Leonard about American football (S).
6.30 The Big Bang Theory (S).

7.00 Hollyoaks Sid supports Victor at his mum's funeral (S).
7.30 The Big Bang Theory Raj lusts after a girl (S).

8.00 Below Deck: Mediterranean Hannah experiences betrayal when Ben goes to the Captain (S).

9.00 Married At First Sight UK The third dinner party takes place (S).

10.00 Celeb Cooking School The remaining celebs make sausages by hand (S).

11.05 Naked Attraction A singer and a development manager take part (S).

12.05 First Dates Hotel (S). **1.15 Married At First Sight UK** (S). **2.15 Celeb Cooking School** (S). **3.10 Below Deck** (S). **4.00 Ramsay's Kitchen Nightmares USA** (S). **4.45 Brooklyn Nine-Nine** (S).

More4

8.55 Kirstie's Handmade Treasures (S). **9.15 A Place In The Sun** (S). **10.05 A Place In The Sun** (S). **11.05 Find It, Fix It, Flog It** (S). **12.05 Find It, Fix It, Flog It** (S). **1.05 Heir Hunters** (S). **2.10 Four In A Bed** (S). **2.40 Four In A Bed** (S). **3.15 Four In A Bed** (S). **3.50 Four In A Bed** (S). **4.20 Four In A Bed** (S). **4.50 Find It, Fix It, Flog It** (S).

5.55 Car S.O.S Tim Shaw and Fuzz Townshend work on a 1972 Renault Alpine A110. (S).

6.55 Escape To The Chateau Dick Strawbridge attempts to make sloe gin (S).

7.55 Wondrous Wales Lambing season is in full swing for a family in the Brecon Beacons (S).

9.00 Titanic: Building The World's Largest Ship The untold story of the doomed steamship's construction (S).

10.00 24 Hours In A&E A nasty injury threatens to leave a man without the use of his right hand (S).

11.05 Emergency Helicopter Medics Medical staff use battlefield dressings to save a man (S).

12.10 999: On The Front Line (S). **1.15 24 Hours In A&E** (S). **2.20 Emergency Helicopter Medics** (S). **3.25 Food Unwrapped** (S). **3.50 Close**

sky max

6.00 Stargate SG-1 (R) (S). **7.00 Stargate SG-1** (R) (S). **8.00 The Flash** (R) (S). **9.00 DC's Legends Of Tomorrow** (R) (S). **10.00 Supergirl** (R) (S). **11.00 NCIS: New Orleans** (R) (S). **12.00 NCIS: New Orleans** (R) (S). **1.00 Hawaii Five-0** (R) (S). **2.00 MacGyver** (R) (S). **3.00 DC's Legends Of Tomorrow** (R) (S). **4.00 The Flash** (R) (S). **5.00 Supergirl** (R) (S).

6.00 Stargate SG-1 Colonel O'Neill is taken prisoner (R) (S).

7.00 Stargate SG-1 Jonas begs the Pentagon for help (R) (S).

8.00 A League Of Their Own With Kyle Walker, Russell Howard, Maisie Adam and David Walliams (R) (S).

9.00 The Blacklist Red tries to reveal his true enemy (S).

10.00 Strike Back: Vendetta Section 20 is sent on a military mission to Bosnia (R) (S).

11.00 Brassic Chinese Dan gives his retired racing greyhound to Cardi (R) (S).

12.00 S.W.A.T (R) (S). **1.00 Supergirl** (R) (S). **2.00 Football's Funniest Moments** (R) (S). **2.45 Road Wars** (R) (S). **3.15 Hawaii Five-0** (R) (S). **4.10 MacGyver** (R) (S). **5.00 Highway Patrol** (R) (S).

sky atlantic

6.00 Fish Town (R) (S). **6.50 Fish Town** (R) (S). **7.45 Boardwalk Empire** (R) (S). **8.50 Boardwalk Empire** (R) (S). **10.00 The Sopranos** (R) (S). **11.05 The Sopranos** (R) (S). **12.15 Ray Donovan** (R) (S). **1.20 Ray Donovan** (R) (S). **2.25 Game Of Thrones** (R) (S). **3.30 Boardwalk Empire** (R) (S). **4.40 Boardwalk Empire** (R) (S).

5.45 The Sopranos Johnny pursues a personal vendetta (R) (S).

6.50 The Sopranos Tony goes to the races. Drama, starring James Gandolfini (R) (S).

7.55 Game Of Thrones Arya encounters the Brotherhood Without Banners (R) (S).

9.00 Irma Vep Mira must say goodbye to her role as Irma. Last in the series (S).

10.05 House Of The Dragon *Game Of Thrones* prequel, starring Paddy Considine (R).

11.15 Munich Games Jackie Igelski, the owner of the Israeli football club, is blackmailed (R) (S).

12.15 Succession (R) (S). **1.20 In Treatment** (R) (S). **1.50 FILM: 11th Hour** (Jim Sheridan 2017) (R) (S). **2.00 FILM: Nightingale** (Elliott Lester 2015) **3.30 In Treatment** (R) (S). **4.00 Fish Town** (R) (S).

Radio listings

BBC Radio 1
6.57am Newsbeat **7.00** Radio 1 Breakfast With Greg James **10.30** Newsbeat **10.32** Rickie, Melvin And Nat **12.45pm** Newsbeat **1.00** Dean And Vicky **3.30** Newsbeat **3.32** Going Home With Jordan **5.45** Newsbeat **6.00** Radio 1's Future Sounds With Clara Amfo **8.00** Radio 1's Future Artists With Jack Saunders **10.00** Radio 1's Power Down Playlist With Sian Eleri **11.00** Annie Nightingale Presents **1am** Radio 1's Chill Mix **1.30** Radio 1's Motivate Me Mix **2.00** Radio 1's Workout Anthems **3.00** Charli XCXis Best Song Ever **3.30** Charli XCXis Best Song Ever **4.00** Radio 1 Dance **5.00** Radio 1 Early Breakfast With Arielle Free

BBC Radio 1Xtra
6am 1Xtra Playlists **7.00** Nadia Jae **10.00** Ace **12.45pm** Newsbeat **1.00** Remi Burgz **4.00** Nick Bright **5.45** Newsbeat **6.00** Nick Bright **7.00** DJ Target **9.00** Jamz Supernova **11.00** Snoochie Shy **1am** 1Xtra @ 20-20 Years Of African Sounds **2.00** 1Xtra @ 20-20 Years Of African Sounds **3.00** Battle Of The Mixes **3.30** Battle Of The Mixes **4.00** Pressed **5.00** 1Xtra's Cosmic Wind Down With Jamz Supernova

BBC Radio 2
6.30am The Zoe Ball Breakfast Show **9.30** Ken Bruce **12noon** Jeremy Vine **2.00** Steve Wright In The Afternoon **5.00** Sara Cox **7.00** Jo Whiley **9.00** The Jazz Show With Jamie Cullum **10.00** Trevor Nelson's Rhythm Nation **12mdn't** OJ Borg **3.00** Pick Of The Pops **4.00** Early Breakfast Show

BBC Radio 3
6.30am Breakfast **9.00** Essential Classics **12noon** Composer Of The Week: Emilie Mayer **1.00** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **5.00** In Tune **7.00** In Tune Mixtape **7.30** Radio 3 In Concert **10.00** Free Thinking **10.45** The Essay: Coming Home **11.00** Night Tracks **12.30am** Through The Night

BBC Radio 4
6am Today **9.00** The Life Scientific **9.30** One To One **9.45** Book Of The Week: Fen, Bog & Swamp **10.00** Woman's Hour **11.00** The Curious Cases Of Rutherford & Fry **11.30** Icon **12noon** News **12.04** Call You And Yours **12.57** Weather **1.00** The World At One **1.45** Just One Thing With Michael Mosley **2.00** The Archers **2.15** Drama: Calls From Far Away **3.00** Short Cuts **3.30** BBC National Short Story Award 2022 **4.00** The Listening Project **4.30** Great Lives **5.00** PM **5.57** Weather **6.00** Six O'Clock News **6.30** Alone **7.00** The Archers **7.15** Front Row **8.00** The Today Debate: What Do We Want From Our Monarchy? **8.40** In Touch **9.00** Can The Police Keep Us Safe? **9.30** The Life Scientific **10.00** The World Tonight **10.45** Book At Bedtime: Stone Blind **11.00** Fortunately **11.30** BBC National Short Story Award 2022 **12mdn't** News And Weather **12.30** Book Of The Week: Fen, Bog & Swamp **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer For The Day **5.45** Farming Today **5.58** Tweet Of The Day

BBC Radio 4 LW
8.31am Yesterday In Parliament **9.45** Daily Service **12.01pm** Shipping Forecast **5.54** Shipping Forecast

BBC Radio 4 Extra
6am Paul Temple And The Jonathan Mystery **6.30** The Cry Of The Owl **7.00** The Break **7.30** Alone **8.00** The Goon Show **8.30** King Street Junior **9.00** Chain Reaction **9.30** The Older Woman **10.00** Cold Comfort Farm **11.00** Good Luck Professor Spiegelhalter **12noon** The Goon Show **12.30** King Street Junior **1.00** Paul Temple And The Jonathan Mystery **1.30** The Cry Of The Owl **2.00** In Montparnasse **2.15** Eleanor Rising **2.30** The Blonde Women Of India **3.00** Cold Comfort Farm **4.00** The 3rd Degree **4.30** The Older Woman **5.00** The Break **5.30** Alone **6.00** The Slide **6.30** Soul Music **7.00** The Goon Show **7.30** King Street Junior **8.00** Paul Temple And The Jonathan Mystery **8.30** The Cry Of The Owl **9.00** Good Luck Professor Spiegelhalter **10.00** Comedy Club: Alone **10.30** Comedy Club **11.30** Comedy Club: 2000 Years Of Radio **11.45** Comedy Club: Paperback Hell **12mdn't** The Slide **12.30** Soul Music **1.00** Paul Temple And The Jonathan Mystery **1.30** The Cry Of The Owl **2.00** In Montparnasse **2.15** Eleanor Rising **2.30** Blonde Women Of India **3.00** Cold Comfort Farm **4.00** 3rd Degree **4.30** The Older Woman **5.00** The Break **5.30** Alone

BBC 5 Live
6am 5 Live Breakfast **9.00** Nicky Campbell **11.00** Naga Munchetty **1pm** Nihal Arthanayake **4.00** 5 Live Drive **7.00** 5 Live Sport **8.00** Rugby League **9.00** 5 Live Sport: The Euro Leagues Podcast **10.00** Colin Murray **1am** Dotun Adebayo **5.00** Wake Up To Money

BBC 6 Music
7.30am Nemone **10.30** Jamz Supernova **1pm** Craig Charles **4.00** Steve Lamacq **7.00** Marc Riley **9.00** Gideon Coe **12mdn't** 6 Music Artist In Residence **1.00** The First Time With Jonsi **2.00** The First Time With Nitin Sawhney **3.00** 6 Music Live Hour **4.00** 6 Music's Jukebox **5.00** Chris Hawkins

Classic FM
6am Breakfast **9.00** Alexander Armstrong **12noon** Lucy Coward **4.00** John Brunning **7.00** Smooth Classics At Seven **10.00** Smooth Classics **1am** Bill Overton **4.00** Early Breakfast

Absolute Radio
6am Andy Bush **10.00** Leona Graham **1pm** Jay Lawrence **4.00** Richie **7.00** Danielle Perry **10.00** Emil Franchi **1am** Dan Noble

Heart
6.30am Heart Breakfast With Jamie Theakston And Amanda Holden **10.00** Pandora Christie **1pm** Matt Wilkinson **4.00** JK And Kelly Brook **7.00** Heart's Feel Good Weekend With Dev Griffin **10.00** Fia Tarrant **1am** Simon Beale **4.00** Early Breakfast With James Stewart

TalkSPORT
6am Breakfast **10.00** Jim White And Simon Jordan **1pm** Hawksbee & Baker **4.00** TalkSPORT Drive With Andy Goldstein And Darren Bent **7.00** Kick Off **10.00** Sports Bar **12mdn't** Extra Time **5.00** Early Breakfast

RADIO PICK

Free Thinking
10pm, BBC Radio 3



A dig at Lindisfarne this September aimed to find out more about the medieval monastery raided by Vikings. David Petts (*inset*) from Durham University shares his findings, while Professor Michelle Brown looks at the text and illustrations in the Lindisfarne Gospels as well as the culture of producing books in Anglo-Saxon England.

Wednesday television & radio

CRITIC'S CHOICE



Sophie Sellu, Mel Giedroyc and Tom Dyckhoff in 'Britain's Best Woodworker', 8pm, Channel 4

Handmade: Britain's Best Woodworker
8pm, Channel 4

One of the best of the seemingly endless talent competitions in *The Great British Bake Off* mould – indeed, these days I prefer it to *Bake Off*. Isn't making a dining table more interesting than creating yet another, increasingly esoteric variety of cake? Anyway, that dining table is the first task of the contest, with host Mel Giedroyc returning alongside judges Tom Dyckhoff and "industry titan" Sophie Sellu. Among the amateur carpenters gathered in a Welsh forest are a one-time England international squash player and a Liverpudlian who describes himself as a "botched DIYer".

Doc Martin
9pm, ITV

Morwenna (Jessica Ransom) can thankfully bid farewell to her short-lived and none-too-successful career as an estate agent as she returns to her role as receptionist at the doctor's revived surgery. Meanwhile, the Ellinghams have a new dog, despite Martin (Martin Clunes) having previously said "over my dead body". All well and good, then, in this entertainingly cosy fictional corner of Cornwall.

Escape from Kabul Airport
9pm, BBC Two

The inside story of the largest airlift in modern US history, which took place in August 2021 when, amid chaos, the US withdrew 124,000 people from Afghanistan, marking the end of its longest war. This feature-length documentary hears from the specialist unit of US Marines tasked with managing the evacuation, whose plans were shattered when Taliban forces entered the city at lightning speed, and from Taliban commanders and fighters who had recently taken the city and encircled the airport perimeter.

Grand Designs
9pm, Channel 4

Kevin McCloud meets Zimbabwean-born Davi and Matt from Australia, who are determined to create a home to reflect their backgrounds, so set out to build a house in the Chess Valley in the Chilterns with a radical multicultural design. Despite their inexperience and the technical difficulty of the steeply sloping site, Davi and Matt manage the venture themselves. Cue raised McCloudian eyebrows and, inevitably, it's not long before the problems begin.

Never Mind the Buzzcocks
9pm, Sky Max

A second season of the rebooted former BBC music panel show, with Greg Davies overseeing proceedings in his familiar sardonic *Taskmaster* mode. Indeed, *Taskmaster* appears to have been a fruitful hunting ground, as former

	BBC One	BBC Two	ITV	Channel 4	Channel 5	BBC Four	Film4	ITV2
DAYTIME	**6.00 Breakfast** (S). **9.15 Morning Live** (S). **10.00 Northern Justice** (S). **10.30 For Love Or Money** (R) (S). **11.15 Homes Under The Hammer** (R) (S). **12.15 Bargain Hunt** (R) (S). **1.00 BBC News At One;** Weather (S). **1.30 BBC Regional News;** Weather (S). **1.45 Doctors** (S). **2.15 Money For Nothing** (S). **3.00 Escape To The Country** (R) (S). **3.45 Antiques Road Trip** (S). **4.30 The Tournament** (S). **5.15 Pointless** (S).	**6.30 Escape To The Country** (R) (S). **7.15 Antiques Road Trip** (R) (S). **8.00 Sign Zone:** Gardeners' World (R) (S). **9.00 BBC News** (S). **10.00 BBC News** (S). **12.15 Politics Live** (S). **1.00 Chase The Case** (R) (S). **1.45 Eggheads** (R) (S). **2.15 Glorious Gardens From Above** (R) (S). **3.00 Flipping Profit** (R) (S). **3.45 Home Is Where The Art Is** (R) (S). **4.30 Murder, Mystery And My Family** (R) (S). **5.15 Flog It!** (R) (S).	**6.00 Good Morning Britain** (S). **9.00 Lorraine** (S). **10.00 This Morning** (S). **12.30 Loose Women** (S). **1.30 ITV News;** Weather (S). **1.55 ITV Regional News;** Weather (S). **2.00 Dickinson's Real Deal** (S). **3.00 Tenable** (S). **3.59 ITV Regional Weather** (S). **4.00 Tipping Point** (S). **5.00 The Chase** (S).	**6.10 Countdown** (R) (S). **6.50 3rd Rock From The Sun** (R) (S). **7.15 3rd Rock From The Sun** (R) (S). **7.40 Everybody Loves Raymond** (R) (S). **8.05 Everybody Loves Raymond** (R) (S). **8.30 Everybody Loves Raymond** (R) (S). **9.00 Frasier** (R) (S). **9.30 Frasier** (R) (S). **10.00 Frasier** (R) (S). **10.30 Ramsay's Kitchen Nightmares USA** (R) (S). **11.25 Channel 4 News Summary** (S). **11.30 The Great House Giveaway** (R) (S). **12.30 Steph's Packed Lunch** (S). **2.10 Countdown** (S). **3.00 A Place In The Sun** (R) (S). **4.00 Chateau DIY** (S). **5.00 Moneybags** (S).	**6.00 Milkshake! 9.15 Jeremy Vine** (S). **12.45 Holiday Homes In The Sun** (S). **1.40 5 News At Lunchtime** (S). **1.45 Home And Away** (S). **2.15 FILM: Secret Lives Of Housewives** (Dave Thomas 2022) Premiere. Drama, starring Jessica Morris (S). **4.00 Bargain Loving Brits By The Sea** (R) (S). **5.00 5 News At 5** (S).	 **Kevin McCloud meets a couple building a multicultural home in 'Grand Designs'** 9pm, Channel 4	 **US Marines on the 'Escape from Kabul'** 9pm, BBC Two  **Martin Clunes' Doc is not a happy man** 9pm, ITV	**6.00 World's Funniest Videos** (S). **6.25 World's Funniest Videos** (S). **7.00 Love Bites** (S). **8.00 Secret Crush** (S). **9.00 Veronica Mars** (S). **10.00 One Tree Hill** (S). **11.00 Hart Of Dixie** (S). **12.00 Supermarket Sweep** (S). **1.00 Family Fortunes** (S). **2.00 The Masked Singer US** (S). **3.05 Veronica Mars** (S). **4.00 One Tree Hill** (S). **5.00 Hart Of Dixie** (S).
6PM	**6.00 BBC News At Six;** Weather (S). **6.30 BBC Regional News;** Weather (S). **6.55 Party Political Broadcast** (S).	**6.00 Richard Osman's House Of Games** (S). **6.30 Unbeatable** Hosted by Jason Manford (S).	**6.00 ITV Regional News;** Weather (S). **6.25 Party Political Broadcast** (S). **6.30 ITV News;** Weather (S).	**6.00 The Simpsons** Homer tackles a biker gang (R) (S). **6.30 Hollyoaks** (R) (S).	**6.00 Cash In The Attic** Jules Hudson and appraiser Jessica Wall are in Caerphilly (S). **6.55 5 News Update** (S).			**6.00 Celebrity Catchphrase** Dion Dublin, Rachel Riley and Tim Vine take part (S).
7PM	**7.00 The One Show** Presented by Alex Jones and Jermaine Jenas (S). **7.30 EastEnders** (S).	**7.00 Villages By The Sea** (S). **7.30 Iolo: A Wild Life** (S).	**7.30 Emmerdale** Dan drives Amelia further away (S).	**7.00 Channel 4 News** (S).	**7.00 The Highland Vet** A Belgian shepherd suffers a serious leg injury (R) (S). **7.55 5 News Update** (S).	**7.00 Great American Railroad Journeys** Michael Portillo crosses over from Alaska to Canada (S).	**6.45 FILM: The Post** (Steven Spielberg 2017) Drama, starring Meryl Streep (S).	**7.00 Secret Crush** Idris opens up to Frankie (S).
8PM	**8.00 The Repair Shop** Items include a secret wartime radio (S).	**8.00 Mary Berry – Cook & Share** (S). **8.30 Nadiya's Everyday Baking** (S).	**8.00 Coronation Street** Kelly abandons her engagement party to accuse Gary of murder (S).	**8.00 Handmade: Britain's Best Woodworker** New series (S).	**8.00 Police Interceptors** Dog handler Chris finds himself on the tail of a runaway Renault (S).	**8.00 From Ice To Fire: The Incredible Science Of Temperature** (S).		**8.00 Bob's Burgers** (S). **8.30 Bob's Burgers** Tina is recruited by Wagstaff's debate team (S).
9PM	**9.00 Crossfire** Jo summons the courage to rescue as many staff and guests as possible (S).	**9.00 Escape From Kabul Airport** The inside story of the largest airlift in modern US history (S).	**9.00 Doc Martin** Morwenna is back as receptionist and the Ellinghams have a new dog (S).	**9.00 Grand Designs** A couple building a multicultural home in the Chess Valley (S).	**9.00 Casualty 24/7: Every Second Counts** A 17-year-old arrives after falling from his bike (S).	**9.00 World War Two: A Timewatch Guide** The history of the world's most destructive war (S).	**9.00 FILM: Indiana Jones And The Last Crusade** (Steven Spielberg 1989) (S).	**9.00 Bad Chefs** The contestants attempt to cook macaroni cheese (S).
10PM	**10.00 BBC News At Ten** (S). **10.30 BBC Regional News** **10.40 Red Rose** Horror starring Amelia Clarkson (S).	**10.15 Saving Lives At Sea** (S). **10.30 Newsnight** (S).	**10.00 ITV News At Ten;** Weather (S). **10.30 ITV Regional News;** Weather (S). **10.45 Peston** (S).	**10.00 Broke: Britain's Debt Emergency – Dispatches** The work of the debt advisors at Citizens Advice (S).	**10.00 Ambulance: Code Red** A man collapses with a heart attack. (R) (S).	**10.00 Our Friends In The North** Nicky and Geordie meet in London (S).		**10.00 Family Guy** Part one of two. The Griffins find themselves stuck in Springfield (S). **10.30 Family Guy** (S).
11PM	**11.15 Red Rose** Horror starring Amelia Clarkson (S).	**11.15 Unspun World With John Simpson** (S). **11.40 Cricket: Women's ODI Highlights** (S).	**11.40 Jonathan Ross' Comedy Club** Featuring sets from Nigel Ng, Bec Hill and Jordan Brookes (R) (S).	**11.05 The Great** Catherine and Peter's newborn son goes missing (S).	**11.05 A&E After Dark** A young man is brought into Hull Royal Infirmary with stab wounds (R) (S).	**11.15 Our Friends In The North** Eddie sweeps to election victory (S).	**11.35 FILM: 12 Years A Slave** (Steve McQueen 2013) Oscar-winning fact-based period drama (S).	**11.00 Family Guy** Peter becomes an intelligent, classy person (S). **11.30 American Dad!** (S).
LATE	**11.55 RuPaul's Drag Race UK: Meet the Queens** (R) (S). **12.15 Weather for the Week Ahead** (S). **12.20 BBC News** (S).	**12.10 The Boys from Brazil: Rise of the Bolsonaros** (R) (S). **1.10 Sign Zone** (R) (S).	**12.05 Shop: Ideal World 3.00 James Martin's Great British Adventure** (R) (S). **3.25 Unwind With ITV** (S). **4.40 The Masked Dancer** (R) (S).	**12.10 Ramsay's Kitchen Nightmares USA** (R) (S). **1.00 Food Unwrapped Does Breakfast** (R) (S). **1.55 Rosie Jones' Trip Hazard** (R) (S). **2.50 A Very British Job Agency** (R) (S). **3.45 Come Dine With Me** (R) (S).	**12.05 999: Criminals Caught On Camera** (R) (S). **1.00 Entertainment News On 5** (S). **1.05 The LeoVegas Live Casino Show** (S). **3.00 Entertainment News On 5** (S).	**12.25 Our Friends In The North** (S). **1.40 Great American Railroad Journeys** (S). **2.40 World War Two: A Timewatch Guide** (S). **3.40 Close**	**2.15 FILM: The Dead Center** (Billy Senese 2018) Horror, starring Shane Carruth (S). **4.00 Close**	**12.00 American Dad!** (S). **12.30 Bob's Burgers** (S). **1.00 Bob's Burgers** (S). **1.30 Shopping With Keith Lemon** (S). **2.00 Iain Stirling's CelebAbility** (S). **2.45 Unwind With ITV** (S). **5.30 Teleshopping**

contestants Daisy May Cooper (*This Country*) and Jamali Maddix also return as regulars, alongside *Buzzcocks* veteran Noel Fielding. Guests in this opener are Nile Rodgers, Russell Howard and singer-songwriter Mae Muller.

Broke: Britain's Debt Emergency – Dispatches
10pm, Channel 4
As Britain suffers the worst cost of living crisis in 70 years, Citizens Advice opens its doors, offering rare access to the work of its debt advisers. This film follows three stories, including that of a Southend mother-of-two who is coping with a £20,000 debt accrued from pay-day loans.

Gerard Gilbert

FILM CHOICE



Chiwetel Ejiofor stars in the Oscar-winning drama '12 Years a Slave', 11.35pm, Film4

Magic
9pm, Talking Pictures
(Richard Attenborough, 1978)
This riff on *Dead of Night*, with a screenplay by William Goldman, gave Anthony Hopkins his first great mild-mannered psycho role. Magician Corky Withers is a quiet, nervy character until he combines his act with a ventriloquism routine and introduces a cheeky little fellow called Fats, who gives him licence to say things he ordinarily wouldn't – and do things he knows he shouldn't.

Man On Wire
9pm, Sky Documentaries
(James Marsh, 2008)
On 7 August 1974, a young French street entertainer performed a tightrope walk (and dance) across a 200ft steel wire that he and his accomplices illicitly rigged between the tops of the newly constructed Twin Towers in New York. A fascinating study of human daring and the artistic impulse.

12 Years a Slave
11.35pm, Film4
(Steve McQueen, 2013)
McQueen's adaptation of the 1853 memoir of one Solomon Northup is the most unflinching, precise and harrowing slave narrative ever put on film. Chiwetel Ejiofor stars as Solomon, who spends 12 years being witness and subject to the full range of degrading and violent treatment.

Laurence Phelan

On Demand

Patton Oswalt: We All Scream Netflix
Boomers and our ageing bodies are among the topics in Oswalt's comedy special.

Star Wars: Andor Disney+
Diego Luna reprises his role as Cassian Andor for a prequel series to the 2016 *Star Wars* movie.

Ridley ITV Hub
Line of Duty's Adrian Dunbar is the latest (semi-retired) detective on the block.

itv3

6.00 Classic Coronation Street (S). **6.35 Classic Coronation Street** (S). **7.00 Classic Emmerdale** (S). **7.30 Classic Emmerdale** (S). **8.05 That's My Boy** (S). **8.40 That's My Boy** (S). **9.15 The Royal** (S). **10.20 The Royal** (S). **11.30 Heartbeat** (S). **12.35 Heartbeat** (S). **1.40 Classic Emmerdale** (S). **2.10 Classic Emmerdale** (S). **2.40 Classic Coronation Street** (S). **3.10 Classic Coronation Street** (S). **3.45 Agatha Christie's Poirot** (S). **5.55 Heartbeat** (S).

7.00 Heartbeat Three farm children are left orphaned (S).

8.00 Lewis A babysitter is murdered (S).

10.00 Wycliffe An amateur flautist apparently commits suicide (S).

11.05 Maigret A woman claims her belongings are being moved (S).

12.15 The Royal (S). **1.15 The Royal** (S). **2.20 Unwind With ITV** (S). **2.30 Teleshopping**

E4

6.00 Hollyoaks (S). **7.00 Ramsay's Kitchen Nightmares USA** (S). **8.00 Black-ish** (S). **8.30 Black-ish** (S). **9.00 How I Met Your Mother** (S). **10.00 The Big Bang Theory** (S). **10.30 The Big Bang Theory** (S). **11.00 Young Sheldon** (S). **11.30 Young Sheldon** (S). **12.00 Brooklyn Nine-Nine** (S). **12.30 Brooklyn Nine-Nine** (S). **1.00 The Big Bang Theory** (S). **1.30 The Big Bang Theory** (S). **2.00 The Big Bang Theory** (S). **2.30 The Big Bang Theory** (S). **3.00 Young Sheldon** (S). **3.30 Young Sheldon** (S). **4.00 Married At First Sight UK** (S). **5.00 The Big Bang Theory** (S). **5.30 The Big Bang Theory** (S).

6.00 The Big Bang Theory (S).
6.30 The Big Bang Theory Kripke plays a prank on Sheldon (S).

7.00 Hollyoaks History repeats itself when Victor forces a terrified Sid to sell drugs (S).
7.30 Hollyoaks (S).

8.00 Below Deck: Mediterranean (S).

9.00 Married At First Sight UK Experts deliver some hard-hitting truths to help the couples progress (S).

10.25 Send Nudes: Body SOS Vogue meets Becky, who has lost 11 stone, but gained pounds of excess skin (S).

11.30 Gogglebox Britain's Got Talent and Line of Duty are among the shows appraised (S).

12.35 First Dates Hotel (S). **1.35 Married At First Sight UK** (S). **2.45 Send Nudes: Body SOS** (S). **3.40 Below Deck** (S). **4.30 Brooklyn Nine-Nine** (S). **5.20 How I Met Your Mother** (S).

More4

8.55 Food Unwrapped (S). **9.15 A Place In The Sun** (S). **10.05 A Place In The Sun** (S). **11.05 Find It, Fix It, Flog It** (S). **12.05 Find It, Fix It, Flog It** (S). **1.05 Heir Hunters** (S). **2.10 Four In A Bed** (S). **2.40 Four In A Bed** (S). **3.15 Four In A Bed** (S). **3.50 Four In A Bed** (S). **4.20 Four In A Bed** (S). **4.50 Find It, Fix It, Flog It** (S). **5.55 Car S.O.S** (S).

6.55 Escape To The Chateau Dick and Angel Strawbridge turn their attentions to the wash house (S).

7.55 Wondrous Wales The work of conservationists to preserve breeding pairs of ospreys (S).

9.00 24 Hours In A&E An actor with a suspected broken shoulder receives a more worrying diagnosis (S).

10.00 24 Hour Baby Hospital A couple return to the Rotunda hoping for the safe arrival of their baby (S).

11.05 24 Hours In A&E A builder breaks his neck after falling off his shed (S).

12.10 999: On The Front Line (S). **1.15 24 Hour Baby Hospital** (S). **2.20 24 Hours In A&E** (S). **3.25 Food Unwrapped** (S). **3.55 Close**

sky max

6.00 Stargate SG-1 (R) (S). **7.00 Stargate SG-1** (R) (S). **8.00 The Flash** (R) (S). **9.00 DC's Legends Of Tomorrow** (R) (S). **10.00 Supergirl** (R) (S). **11.00 NCIS: New Orleans** (R) (S). **12.00 NCIS: New Orleans** (R) (S). **1.00 Hawaii Five-0** (R) (S). **2.00 MacGyver** (R) (S). **3.00 DC's Legends Of Tomorrow** (R) (S). **4.00 The Flash** (R) (S). **5.00 Supergirl** (R) (S).

6.00 Stargate SG-1 The Goa'uld captures the team (R) (S).

7.00 Stargate SG-1 An assassin jeopardises refugees at the Alpha site (R) (S).

8.00 The Ultimate Romcom Movies With Clara Amfo, Ellie Taylor and Russell Kane (R) (S).

9.00 Never Mind The Buzzcocks With Roisin Conaty, ArrDee and James Bay.
9.45 Brassic (S).

10.45 Resident Alien Harry travels to New York looking for one of his people (R) (S).

11.45 NCIS: Los Angeles The team works with DEA agent Talia Del Campo (R) (S).

12.35 Hawaii Five-0 (R) (S). **1.30 Road Wars** (R) (S). **2.00 Air Ambulance ER** (R) (S). **3.00 Hawaii Five-0** (R) (S). **4.00 MacGyver** (R) (S). **5.00 Highway Patrol** (R) (S). **5.30 Highway Patrol** (R) (S).

sky atlantic

6.00 Richard E Grant's Hotel Secrets (R) (S). **6.50 Richard E Grant's Hotel Secrets** (R) (S). **7.45 Boardwalk Empire** (R) (S). **8.50 Boardwalk Empire** (R) (S). **10.00 The Sopranos** (R) (S). **11.05 The Sopranos** (R) (S). **12.15 Ray Donovan** (R) (S). **1.20 Ray Donovan** (R) (S). **2.25 Game Of Thrones** (R) (S). **3.30 Boardwalk Empire** (R) (S). **4.40 Boardwalk Empire** (R) (S). **5.45 The Sopranos** (R) (S).

6.50 The Sopranos Paulie is released from jail (R) (S).

7.55 Game Of Thrones Jaime strikes a deal with his captors (R) (S).

9.00 FILM: Nightingale (Elliott Lester 2015) Psychological drama (R).

10.30 The White Lotus Belinda tries to redirect Tanya's focus to her business proposal (R) (S).

11.40 Irma Vep Mira must say goodbye to her role as Irma. Last in the series (R) (S).

12.45 Mare Of Easttown (R) (S). **1.50 Ray Donovan** (R) (S). **2.55 Ray Donovan** (R) (S). **4.00 Richard E Grant's Hotel Secrets** (R) (S). **5.00 Richard E Grant's Hotel Secrets** (R) (S).

Radio listings

BBC Radio 1
6.57am Newsbeat **7.00** Radio 1 Breakfast With Greg James **10.30** Newsbeat **10.32** Rickie, Melvin And Nat **12noon** Radio 1's Live Lounge **12.45** Newsbeat **1.00** Dean And Vicky **3.30** Newsbeat **3.32** Going Home With Vick And Jordan **5.45** Newsbeat **6.00** Radio 1's Future Sounds With Clara Amfo **8.00** Radio 1's Future Artists With Jack Saunders **10.00** Radio 1's Power Down Playlist With Sian Eleri **11.00** Benji B **1am** Radio 1 Dance Presents **2.00** The Radio 1 Interview **2.15** Radio 1 Playlists

BBC Radio 1Xtra
6am Battle Of The Mixes **6.30** Battle Of The Mixes **7.00** Nadia Jae **10.00** Ace **12.45pm** Newsbeat **1.00** Remi Burgz **4.00** Reece Parkinson **5.45** Newsbeat **6.00** Reece Parkinson **7.00** DJ Target **9.00** DJ Edu – Destination Africa **10.30** DJ Edu's DNA Mix **11.00** Snoochie Shy **1am** 1Xtra @ 20-20 Years Of African Sounds **2.00** 1Xtra @ 20-20 Years Of African Sounds **3.00** Legends Fall In The Making **3.30** Legends Fall In The Making **4.00** 1Xtra's Influence With Koffee **5.00** Amapiano To AfroHouse

BBC Radio 2
6.30am The Zoe Ball Breakfast Show **9.30** Ken Bruce **12noon** Jeremy Vine **2.00** Steve Wright In The Afternoon **5.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whiley's Shiny Happy Playlist **7.30** Jo Whiley **9.00** The Folk Show With Mark Radcliffe **10.00** Trevor Nelson's Magnificent 7 **10.30** Trevor Nelson's Rhythm Nation **12mdn't** OJ Borg **3.00** TBA

BBC Radio 3
9am Essential Classics **12noon** Composer Of The Week: Emilie Mayer **1.00** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **4.00** Choral Evensong **5.00** In Tune **7.00** In Tune Mixtape **7.30** Radio 3 In Concert **10.00** Free Thinking **10.45** The Essay: Coming Home **11.00** Night Tracks **12.30am** Through The Night

BBC Radio 4
6am Today **9.00** More Or Less **9.30** One Dish **9.45** Book Of The Week: Fen, Bog & Swamp **10.00** Woman's Hour **11.00** The Other Black Door **11.30** Princess **12noon** News **12.04** You And Yours **12.57** Weather **1.00** The World At One **1.45** Reflections On Majesty **2.00** The Archers **2.15** Drama: Someone Dangerous **3.00** Money Box Live **3.30** BBC National Short Story Award 2022 **4.00** Thinking Allowed **4.30** The Media Show **5.00** PM **5.57** Weather **6.00** Six O'Clock News **6.30** Janey Godley: Still Got It **7.00** The Archers **7.15** Front Row **8.00** Bringing Up Britain **8.45** Four Thought **9.00** Costing The Earth **9.30** The Media Show **10.00** The World Tonight **10.45** Book At Bedtime: Stone Blind **11.00** The Hauntening **11.15** The Skewer **11.30** Today In Parliament **12mdn't** News And Weather **12.30** Book Of The Week: Fen, Bog & Swamp **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer For The Day **5.45** Farming Today **5.58** Tweet Of The Day

BBC Radio 4 LW
8.31am Yesterday In Parliament **9.45** Daily Service **12.01pm** Shipping Forecast **5.54** Shipping Forecast

BBC Radio 4 Extra
6am Paul Temple And The Jonathan Mystery **6.30** The Cry Of The Owl **7.00** Jake Yapp's Media Circus **7.30** Joe Lycett's Obsessions **8.00** Hancock's Half Hour **8.30** Flying The Flag **9.00** The Write Stuff **9.30** 1835 **10.00** Cold Comfort Farm **11.00** The National Theatre With Daniel Rosenthal **12noon** Hancock's Half Hour **12.30** Flying The Flag **1.00** Paul Temple And The Jonathan Mystery **1.30** The Cry Of The Owl **2.00** In Montparnasse **2.15** Eleanor Rising **2.30** Tiny Tinkles **3.00** Cold Comfort Farm **4.00** The Write Stuff **4.30** 1835 **5.00** Jake Yapp's Media Circus **5.30** Joe Lycett's Obsessions

BBC 5 Live
6am 5 Live Breakfast **9.00** Nicky Campbell **11.00** Naga Munchetty **1pm** Nihal Arthanayake **4.00** 5 Live Drive **7.00** 5 Live Sport **7.45** 5 Live Sport **10.00** Colin Murray **1am** Dotun Adebayo

BBC 6 Music
7.30am Lauren Laverne **10.30** Jamz Supernova **1pm** Craig Charles **4.00** Steve Lamacq **7.00** Marc Riley **9.00** Gideon Coe **12mdn't** Freak Zone Playlist **1.00** The Evolution Of John Peel **2.00** The Evolution Of John Peel **3.00** 6 Music Live Hour **4.00** 6 Music's Jukebox

Classic FM
6am More Music Breakfast **9.00** Alexander Armstrong **12noon** Lucy Coward **4.00** John Brunning **7.00** Smooth Classics At Seven **10.00** Smooth Classics **1am** Bill Overton **4.00** Early Breakfast

Absolute Radio
6am Andy Bush **10.00** Leona Graham **1pm** Sarah Champion **4.00** Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1am** Dan Noble

Heart
6.30am Heart Breakfast With Jamie Theakston And Amanda Holden **10.00** Pandora Christie **1pm** Matt Wilkinson **4.00** JK And Kelly Brook **7.00** Heart's Feel Good Weekend With Dev Griffin **10.00** Fia Tarrant **1am** Simon Beale **4.00** Early Breakfast With James Stewart

TalkSPORT
6am TalkSPORT Breakfast With Laura Woods **10.00** Jim White And Simon Jordan **1pm** Hawksbee And Jacobs **4.00** TalkSPORT Drive With Andy Goldstein And Darren Bent **7.00** Kick Off **10.00** Sports Bar **1am** Extra Time **5.00** Early Breakfast

RADIO PICK

Princess
11.30am, BBC Radio 4



Anita Anand (*inset*) talks to Rachel Fairburn and Flora Fraser about 18th-century princess Caroline of Brunswick. The princess was roped into a bigamous marriage with Prince George, a relationship that dissolved into a very public feud. Scandal and affairs ensued, and Caroline was left hammering on the door of Westminster Abbey.

Thursday television & radio

CRITIC'S CHOICE



John Bishop explores the deaf community with his son Joe in 'Life After Deaf', 9pm, ITV

All that Glitters: Britain's Next Jewellery Star
9pm, BBC Two

Katherine Ryan welcomes back four semi-finalists to the workshop in Birmingham's jewellery quarter, where they must impress judges Dinny Hall and Shaun Leane by designing and creating a set of asymmetric earrings, before making a pair of bespoke cufflinks for a special client. Then we discover who has made the finale and who leaves.

John & Joe Bishop: Life After Deaf
9pm, ITV

Comedian and actor John Bishop's eldest son, Joe, has an autoimmune condition causing progressive deafness. After a decade of trying to "fix" Joe's hearing, the family came to the decision that it is now time to reconsider and find out more about the deaf community. John has set himself the target of delivering a stand-up gig in sign language to a deaf audience, which means mastering both an entirely new language and an entirely new way of performing. This moving documentary follows John and Joe's journey and unpacks the issues that the family has faced.

My Grandparents' War: Keira Knightley
9pm, Channel 4

The latest instalment of this *Who Do You Think You Are?* hybrid follows actor Keira Knightley as she goes in search of her grandparents' experiences of the Second World War. The central figure of her particular story is her formidable-sounding Glaswegian grandmother Jan, who first met her grandfather Mac during an air raid before heading off to become a hospital administrator and a nurse. Mac, meanwhile, was working as a sonar operator with the Royal Navy, and Knightley discovers how he and the crew of HMS *Wolverine* were responsible for the rescue of hundreds of Irish Guards from a sinking ship – and how both grandparents coped with the news that their younger brothers had been reported missing in action.

Emma Willis: Delivering Babies
9pm, W

Celebrities dipping into "ordinary" jobs is an old television staple, but you can't fault Emma Willis for the commitment she has shown in training to become a maternity care assistant (following the footsteps of her mother). After a three-year break due to the pandemic, she now returns to the Princess Alexandra Hospital in Essex, receiving a refresher on such jobs as carrying out pre-operative checks and monitoring blood loss. And then she is asked to assist in theatre, which, after a long while away, she finds understandably challenging.

	BBC One	BBC Two	ITV	Channel 4	Channel 5	BBC Four	Film4	ITV2
DAYTIME	**6.00 Breakfast** (S). **9.15 Morning Live** (S). **10.00 Northern Justice** (S). **10.30 For Love Or Money** (R) (S). **11.15 Homes Under The Hammer** (S). **12.15 Bargain Hunt** (R) (S). **1.00 BBC News At One;** Weather (S). **1.30 BBC Regional News;** Weather (S). **1.45 Doctors** (S). **2.15 Money For Nothing** (R) (S). **3.00 Escape To The Country** (S). **3.45 Antiques Road Trip** (S). **4.30 The Tournament** (S). **5.15 Pointless** (S).	**6.30 Money For Nothing** (R) (S). **7.15 Antiques Road Trip** (R) (S). **8.00 Sign Zone:** Fake Or Fortune? (R) (S). **9.00 BBC News** (S). **10.00 BBC News** (S). **12.15 Politics Live** (S). **1.00 Chase The Case** (R) (S). **1.45 Eggheads** (R) (S). **2.15 Glorious Gardens From Above** (R) (S). **3.00 Flipping Profit** (R) (S). **3.45 Home Is Where The Art Is** (R) (S). **4.30 Murder, Mystery And My Family** (R) (S). **5.15 Flog It!** (R) (S).	**6.00 Good Morning Britain** (S). **9.00 Lorraine** (S). **10.00 This Morning** (S). **12.30 Loose Women** (S). **1.30 ITV News;** Weather (S). **1.55 ITV Regional News;** Weather (S). **2.00 Dickinson's Real Deal** (S). **3.00 Tenable** (S). **3.59 ITV Regional Weather** (S). **4.00 Tipping Point** (S). **5.00 The Chase** (S).	**6.10 Countdown** (R) (S). **6.50 3rd Rock From The Sun** (R) (S). **7.15 3rd Rock From The Sun** (R) (S). **7.40 Everybody Loves Raymond** (R) (S). **8.05 Everybody Loves Raymond** (R) (S). **8.30 Everybody Loves Raymond** (R) (S). **9.00 Frasier** (R) (S). **9.30 Frasier** (R) (S). **10.00 Frasier** (R) (S). **10.30 Ramsay's Kitchen Nightmares USA** (R) (S). **11.25 Channel 4 News Summary** (S). **11.30 The Great House Giveaway** (R) (S). **12.30 Steph's Packed Lunch** (S). **2.10 Countdown** (S). **3.00 A Place In The Sun** (R) (S). **4.00 Chateau DIY** (S). **5.00 Moneybags** (S).	**6.00 Milkshake! 9.15 Jeremy Vine** (S). **12.45 Holiday Homes In The Sun** (S). **1.40 5 News At Lunchtime** (S). **1.45 Home And Away** (S). **2.15 FILM: The Drowning** (Nigel Thomas 2021) Thriller, starring René Ashton (S). **4.00 Bargain Loving Brits By The Sea** (R) (S). **5.00 5 News At 5** (S).	 **Emma Willis is given a refresher on the jobs she will be doing while 'Delivering Babies'** 9pm, W	 **Katherine Ryan hosts 'All that Glitters'** 9pm, BBC Two  **Keira Knightley on her 'Grandparents' War'** 9pm, Channel 4	**6.00 World's Funniest Videos** (S). **6.25 World's Funniest Videos** (S). **7.00 Dress To Impress** (S). **8.00 Secret Crush** (S). **9.00 Veronica Mars** (S). **10.00 One Tree Hill** (S). **11.00 Hart Of Dixie** (S). **12.00 Supermarket Sweep** (S). **1.00 The Masked Singer US** (S). **3.05 Veronica Mars** (S). **4.00 One Tree Hill** (S). **5.00 Hart Of Dixie** (S).
6PM	**6.00 BBC News At Six;** Weather (S). **6.30 BBC Regional News;** Weather (S).	**6.00 Richard Osman's House Of Games** (S). **6.30 Unbeatable** Quiz, hosted by Jason Manford (S).	**6.00 ITV Regional News;** Weather (S). **6.30 ITV News;** Weather (S).	**6.00 Hollyoaks** History repeats itself when Victor forces a terrified Sid to sell drugs (R) (S). **6.30 Hollyoaks** (R) (S).	**6.00 Cash In The Attic** Chris Kamara and Kayleigh Davies are in Manchester (S). **6.55 5 News Update** (S).			**6.00 Celebrity Catchphrase** With James Jordan, Fiona Wade and Louis Walsh (S).
7PM	**7.00 The One Show** Live magazine show, with Alex Jones and Ronan Keating (S). **7.30 EastEnders** (S).	**7.00 Villages By The Sea** (S). **7.30 Iolo: A Wild Life** (S).	**7.30 Emmerdale** Dan is left concerned (S).	**7.00 Channel 4 News** (S).	**7.00 Save Money on Your Supermarket Shop** How clothing matches the high street (S).	**7.00 Great American Railroad Journeys** Michael Portillo explores British Columbia (S).	**6.35 FILM: Indiana Jones And The Kingdom Of The Crystal Skull** (Steven Spielberg 2008) (S).	**7.00 Secret Crush** Millie wants answers from Neo and will not stop until she gets them (S).
8PM	**8.00 EastEnders** The highs and lows of life in Albert Square (S). **8.30 Celebrity MasterChef** The final (S).	**8.00 Saving Lives At Sea** A teenage girl is swept out to sea (S).	**8.30 Pulling Teeth: The End of NHS Dentistry? Tonight** (S).	**8.00 The Great British Bake Off: An Extra Slice** With Jamie Laing, Kadeena Cox and Tom Davis (S).	**8.00 Westminster Abbey: Behind Closed Doors** New series (S).	**8.00 Imagine – Mel Brooks: Unwrapped** (S).		**8.00 Bob's Burgers** Bob and Linda hide the eggs for the annual Easter hunt (S). **8.30 Bob's Burgers** (S).
9PM	**9.00 Crossfire** Jo faces a stand-off with Flavio. Last in the series (S).	**9.00 All That Glitters: Britain's Next Jewellery Star** Four semi-finalists take on two penultimate challenges (S).	**9.00 John & Joe Bishop: Life After Deaf** John Bishop and his son Joe learn about the deaf community (S).	**9.00 My Grandparents' War: Keira Knightley** (S).	**9.00 All Creatures Great And Small** James struggles to get Siegfried to let him take the reins (S).	**9.10 FILM: The Producers** (Mel Brooks 1968) comedy, starring Zero Mostel and Gene Wilder (S).	**9.00 FILM: Ad Astra** (James Gray 2019) Sci-fi drama, starring Brad Pitt (S).	**9.00 Bad Chefs** The group tackles a Turkish kebab with guest chef Big Has (S).
10PM	**10.00 BBC News At Ten** (S). **10.30 BBC Regional News;** Weather (S). **10.40 Question Time** (S).	**10.00 Live at the Apollo** Loyiso Gola introduces Scott Bennett and Helen Bauer (R) (S). **10.30 Newsnight** (S).	**10.00 ITV News At Ten;** Weather (S). **10.30 ITV Regional News 10.45 Life After Deaf Stand Up Show** (S).	**10.00 Naked Attraction** (S).	**10.00 Ben Fogle: New Lives In The Wild** Ben meets a family living in a yurt in New Zealand (R) (S).	**10.40 FILM: Blazing Saddles** (Mel Brooks 1974) Western spoof, starring Cleavon Little and Gene Wilder (S).		**10.00 Shopping With Keith Lemon** (S). **10.30 Family Guy** (S).
11PM	**11.40 Newscast** (S).	**11.15 Stolen: Catching the Art Thieves** Documentary (R) (S).	**11.30 Heathrow: Inside Britain's Biggest Airport** (R) (S). **11.55 All Elite Wrestling: Rampage** (S).	**11.05 Embarrassing Bodies** Dr Tosin advises a patient living with hair loss (R) (S).	**11.05 Police: Night Shift 999** Sgt Gladwin is surrounded by an aggressive family (R) (S).		**11.20 FILM: No Escape** (John Erick Dowdle 2015) Action thriller, starring Owen Wilson (S).	**11.00 Family Guy** Meg has fun partying with Peter when he takes her to a college (S). **11.30 American Dad!** (S).
LATE	**12.10 The Secrets She Keeps** (R) (S). **12.55 Weather for the Week Ahead** (S). **1.00 BBC News** (S).	**12.15 Sign Zone** Celebrity MasterChef: (R) (S). **12.45 Sign Zone:** Martin Compston's Scottish Fling (R) (S). **1.15 Sign Zone:** How To with John Wilson (R) (S). **1.45 This Is BBC Two** (S).	**12.50 Shop: Ideal World 3.00 Dickinson's Real Deal** (R) (S). **3.50 Unwind With ITV** (S). **5.05 Tenable** (R) (S).	**12.10 First Dates Hotel** (R) (S). **1.00 Ramsay's Kitchen Nightmares USA** (R) (S). **1.50 Couples Come Dine With Me** (R) (S). **2.40 Lata In Her Own Voice** (R) (S). **2.50 FILM: Mughal-E-Azam** (K Asif 1960) (S).	**12.05 Motorway Cops: Catching Britain's Speeders** (R) (S). **1.05 The LeoVegas Live Casino Show** (S). **3.00 Entertainment News On 5** (S).	**12.10 Clydebuilt: The Ships That Made The Commonwealth** (S). **1.10 Great American Railroad Journeys** (S). **2.10 From Ice To Fire: The Incredible Science Of Temperature** (S). **3.10 Close**	**1.25 FILM: The Beast** (Jung-Ho Lee 2019) Drama, starring Sung-min Lee (S). **4.00 Close**	**12.00 American Dad!** (S). **12.30 Bob's Burgers** (S). **1.30 The Stand Up Sketch Show** (S). **2.00 The Stand Up Sketch Show** (S). **2.30 Totally Bonkers Guinness World Records** (S). **5.30 Teleshopping**

RuPaul's Drag Race UK
9pm, BBC Three
A new set of queens sashay into the hallowed workroom to see who will succeed 2021 winner Krystal Versace. Drag at this level seems a small world – and many of the competitors appear to know each other. They include the first-ever participant from the trans community and the first bearded drag queen. The first task is a tribute to the Spice Girls, before they take to the runway with looks inspired by the BBC's centenary. Among the costumes being judged by Michelle Visage, Graham Norton and Joanna Lumley is a tribute to Lumley's *Absolutely Fabulous* character Patsy.
Gerard Gilbert

FILM CHOICE



Bruce Campbell and Ellen Sandweiss in 'The Evil Dead', 12am, Sky Cinema Sci-Fi/Horror

The Producers
9.10pm, BBC Four
(Mel Brooks, 1968)
Mel Brooks's first film is a stagey but joyous showbiz satire pitched at a consistently hysterical level. Zero Mostel and Gene Wilder star as Bialystock and Bloom, a Broadway producer and his accountant whose get-rich-quick scheme culminates in the gloriously tasteless, Busby Berkeley-style musical show-stopper "Springtime for Hitler".

No Escape
11.20pm, Film4
(John Erick Dowdle, 2015)
Owen Wilson plays a water company engineer who relocates with his young family to an unnamed South East Asian country (it's Thailand), whereupon they are immediately caught up in a violent coup.

The Evil Dead
12am, Sky Cinema Sci-Fi/Horror
(Sam Raimi, 1982)
Five US college kids holidaying in an isolated cabin in the woods unwittingly awaken something evil in the influential low-budget horror movie debut of the then 20-year-old Sam Raimi. A deadpan comedy of excess, it was decried as the ultimate video nasty by Mary Whitehouse – a badge of honour that ensured its relentless invention and entertainment were matched only by its notoriety.
Laurence Phelan

On Demand

Thai Cave Rescue Netflix
Six-part docuseries about the dramatic 2018 rescue of a boys' football team and their coach from Tham Luang cave.

The Kardashians Disney+
Cameras return to capture the ever-changing lives of Kris, Kourtney, Kim, Khloé, Kendall and Kylie.

Savage River Paramount+
Australian thriller in which a woman returns to her small town after 10 years in jail.

itv3

6.00 Classic Coronation Street (S). **6.35 Classic Coronation Street** (S). **7.00 Classic Emmerdale** (S). **7.30 Classic Emmerdale** (S). **8.05 That's My Boy** (S). **8.40 That's My Boy** (S). **9.15 The Royal** (S). **10.20 The Royal** (S). **11.30 Heartbeat** (S). **12.35 Heartbeat** (S). **1.40 Classic Emmerdale** (S). **2.10 Classic Emmerdale** (S). **2.40 Classic Coronation Street** (S). **3.10 Classic Coronation Street** (S). **3.45 Agatha Christie's Poirot** (S). **5.55 Heartbeat** (S).

7.00 Heartbeat An elderly man reports an unusual break-in (S).

8.00 Vera A wealthy betting shop tycoon is murdered during a home invasion (S).

10.00 Wycliffe An ancient Cornish custom ends in murder (S).

11.05 Maigret The detective returns to his home town (S).

12.15 The Royal (S). **1.15 The Royal** (S). **2.20 Unwind With ITV** (S). **2.30 Teleshopping**

E4

6.00 Hollyoaks (S). **7.00 Ramsay's Kitchen Nightmares USA** (S). **8.00 Black-ish** (S). **9.00 How I Met Your Mother** (S). **10.00 The Big Bang Theory** (S). **10.30 The Big Bang Theory** (S). **11.00 Young Sheldon** (S). **11.30 Young Sheldon** (S). **12.00 Brooklyn Nine-Nine** (S). **12.30 Brooklyn Nine-Nine** (S). **1.00 The Big Bang Theory** (S). **1.30 The Big Bang Theory** (S). **2.00 The Big Bang Theory** (S). **2.30 The Big Bang Theory** (S). **3.00 Young Sheldon** (S). **3.30 Young Sheldon** (S). **4.00 Married At First Sight UK** (S). **5.10 The Big Bang Theory** (S). **5.40 The Big Bang Theory** (S).

6.05 The Big Bang Theory Bernadette takes an interest in physics (S).
6.35 The Big Bang Theory (S).

7.00 The Big Bang Theory Leonard and Sheldon's flat is burgled (S).
7.30 The Big Bang Theory (S).

8.00 Below Deck: Mediterranean Hannah and Ben redefine their relationship (S).

9.00 Married At First Sight UK It is Love/Hate week for the couples (S).

10.00 Dirty House Rescue: Queens Of Clean Lola and Adam come to the aid of Hashu, from Birmingham (S).

11.05 Gogglebox Britain's Got Talent, Line of Duty and Jeremy Wade's Dark Waters are appraised (S).

12.05 Married At First Sight UK (S). **1.15 Rick And Morty** (S). **1.45 Tuca & Bertie** (S). **2.10 Dirty House Rescue: Queens Of Clean** (S). **3.05 Below Deck** (S). **3.55 Ramsay's Kitchen Nightmares USA** (S).

More4

8.55 Food Unwrapped (S). **9.15 A Place In The Sun** (S). **10.05 A Place In The Sun** (S). **11.05 Find It, Fix It, Flog It** (S). **12.05 Find It, Fix It, Flog It** (S). **1.05 Heir Hunters** (S). **2.10 Four In A Bed** (S). **2.40 Four In A Bed** (S). **3.15 Four In A Bed** (S). **3.50 Four In A Bed** (S). **4.20 Four In A Bed** (S). **4.50 Find It, Fix It, Flog It** (S).

5.55 Car S.O.S Tim and Fuzz head to Leicester to pick up a Mk 3 Ford Cortina. (S).

6.55 Escape To The Chateau Dick and Angel Strawbridge attempt to renovate the orangery (S).

7.55 Wondrous Wales Teams from Fishguard and Newport compete in a Celtic boat race. Last in series (S).

9.00 Huge Homes With Hugh Dennis Last in the series (S).

10.00 Grand Designs Australia A couple create a multi-storied modern home with a triple car-stacker (S).

11.05 24 Hours In A&E Doctors try to save a baby who stopped breathing at home (S).

12.10 999: On The Front Line (S). **1.15 Huge Homes With Hugh Dennis** (S). **2.20 24 Hours In A&E** (S). **3.25 Food Unwrapped** (S). **3.55 Close**

sky max

6.00 Stargate SG-1 (R) (S). **7.00 Stargate SG-1** (R) (S). **8.00 The Flash** (R) (S). **9.00 DC's Legends Of Tomorrow** (R) (S). **10.00 Supergirl** (R) (S). **11.00 NCIS: New Orleans** (R) (S). **12.00 NCIS: New Orleans** (R) (S). **1.00 Hawaii Five-0** (R) (S). **2.00 MacGyver** (R) (S). **3.00 DC's Legends Of Tomorrow** (R) (S). **4.00 The Flash** (R) (S). **5.00 Supergirl** (R) (S).

6.00 Stargate SG-1 An alien world offers Earth a miracle drug (R) (S).

7.00 Stargate SG-1 Part one of two. A reporter threatens to expose a secret military project (R) (S).

8.00 An Idiot Abroad 2 Karl Pilkington travels along America's Route 66 (R) (S).

9.00 A League Of Their Own With Patrice Evra, Jimmy Carr, Richard Ayoade and Angela Scanlon.

10.00 Cricket's Funniest Moments (R) (S).
10.30 The Russell Howard Hour.

11.15 COBRA: Cyberwar (R) (S).

12.15 The Force: North East (R) (S). **1.15 MacGyver** (R) (S). **2.15 Supergirl** (R) (S). **3.10 Hawaii Five-0** (R) (S). **4.05 MacGyver** (R) (S). **5.00 Highway Patrol** (R) (S). **5.30 Highway Patrol** (R) (S).

sky atlantic

6.00 Richard E Grant's Hotel Secrets (R) (S). **6.50 Richard E Grant's Hotel Secrets** (R) (S). **7.45 Boardwalk Empire** (R) (S). **8.50 Boardwalk Empire** (R) (S). **10.00 The Sopranos** (R) (S). **11.05 The Sopranos** (R) (S). **12.15 Ray Donovan** (R) (S). **1.20 Ray Donovan** (R) (S). **2.25 Game Of Thrones** (R) (S). **3.30 Boardwalk Empire** (R) (S). **4.40 Boardwalk Empire** (R) (S).

5.45 The Sopranos Furio visits his father in Italy (R) (S).

6.50 The Sopranos Junior falls down a flight of stairs (R) (S).

7.55 Game Of Thrones (R) (S).

9.00 I Hate Suzie Cob decides it is his turn to let loose (R) (S).
9.45 The Staircase (R) (S).

Radio listings

BBC Radio 1
6.57am Newsbeat **7.00** Radio 1 Breakfast With Greg James **10.30** Newsbeat **10.32** Rickie, Melvin And Nat **12noon** Radio 1's Live Lounge **12.45** Newsbeat **1.00** Dean And Vicky **3.30** Newsbeat **3.32** Going Home With Vick And Jordan **5.45** Newsbeat **6.00** Radio 1's Future Sounds With Clara Amfo **8.00** Radio 1's Future Pop With Mollie King **10.00** BBC Introducing Dance **11.00** Radio 1's Residency **12mdn't** Radio 1's Residency **1.00** Radio 1's Ibiza Anthems **2.00** Get Set with Radio 1

BBC Radio 1Xtra
6am Battle Of The Mixes **6.30** Battle Of The Mixes **7.00** Nadia Jae **10.00** Ace **12.45pm** Newsbeat **1.00** Remi Burgz **4.00** Reece Parkinson **5.45** Newsbeat **6.00** Reece Parkinson **7.00** DJ Target **9.00** Seani B **11.00** Snoochie Shy **1am** 1Xtra @ 20-20 Years Of African Sounds **2.00** 1Xtra @ 20-20 Years Of African Sounds **3.00** 1Xtra's 2022 Words First Showcase

BBC Radio 2
6.30am The Zoe Ball Breakfast Show **9.30** Ken Bruce **12noon** Jeremy Vine **2.00** Steve Wright In The Afternoon **5.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whiley's Shiny Happy Playlist **7.30** Jo Whiley **9.00** The Country Show With Bob Harris **10.00** Trevor Nelson's Magnificent 7 **10.30** Trevor Nelson's Rhythm Nation **12mdn't** OJ Borg **3.00** Sounds Of The 90s With Fearne Cotton **4.00** A Dance Through The Decades **4.30** Early Breakfast Show

BBC Radio 3
6.30am Breakfast **9.00** Essential Classics **12noon** Composer Of The Week: Emilie Mayer **1.00** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **5.00** In Tune **7.00** In Tune Mixtape **7.30** Radio 3 In Concert **10.00** Free Thinking **10.45** The Essay: Coming Home **11.00** The Night Tracks Mix **11.30** Unclassified **12.30am** Through The Night

BBC Radio 4
6am Today **9.00** In Our Time **9.45** Book Of The Week: Fen, Bog & Swamp **10.00** Woman's Hour **11.00** Crossing Continents **11.30** Unplayable: Disability And The Gaming Revolution **12noon** News **12.04** You And Yours **12.30** All Consuming **12.57** Weather **1.00** The World At One **1.45** TBA **2.00** The Archers **2.15** Drama: I've Been So Touched **3.00** Ramblings **3.27** Radio 4 Appeal **3.30** BBC National Short Story Award 2022 **4.00** The Curious Cases Of Rutherford & Fry **4.30** BBC Inside Science **5.00** PM **5.57** Weather **6.00** Six O'Clock News **6.30** Gemma Arrowsmith's Sketched Out **7.00** The Archers **7.15** Front Row **8.00** The Briefing Room **8.30** The Digital Human **9.00** BBC Inside Science **9.30** In Our Time **10.00** The World Tonight **10.45** Book At Bedtime: Stone Blind **11.00** Your Place Or Mine **11.30** Today In Parliament **12mdn't** News And Weather **12.30** Book Of The Week: Fen, Bog & Swamp **12.48** Shipping Forecast **1.00** As BBC World Service

BBC Radio 4 LW
8.31am Yesterday In Parliament **9.45** Daily Service **12.01pm** Shipping Forecast **5.54** Shipping Forecast

BBC Radio 4 Extra
6am Paul Temple And The Jonathan Mystery **6.30** The Cry Of The Owl **7.00** To Hull And Back **7.30** Michael Spicer: Before Next Door **8.00** The Small, Intricate Life Of Gerald C Potter **8.30** No Commitments **9.00** The Unbelievable Truth **9.30** Trevor's World Of Sport **10.00** Cold Comfort Farm **11.00** Desert Island Discs **11.45** David Attenborough's Life Stories **12noon** The Small, Intricate Life Of Gerald C Potter **12.30** No Commitments **1.00** Paul Temple And The Jonathan Mystery **1.30** The Cry Of The Owl **2.00** In Montparnasse **2.15** Eleanor Rising **2.30** The Last Post **3.00** Cold Comfort Farm **4.00** The Unbelievable Truth **4.30** Trevor's World Of Sport **5.00** To Hull And Back **5.30** Michael Spicer: Before Next Door **6.00** The Slide **6.30** Great Lives **7.00** The Small, Intricate Life Of Gerald C Potter **7.30** No Commitments **8.00** Paul Temple And The Jonathan Mystery **8.30** The Cry Of The Owl **9.00** Desert Island Discs **9.45** David Attenborough's Life Stories **10.00** Comedy Club: Michael Spicer: Before Next Door **10.30** Comedy Club: Craig Brown's Lost Diaries **11.00** Comedy Club: The Hauntening **11.15** Comedy Club: Little Lifetimes **11.30** Comedy Club: Weak At The Top **12mdn't** The Slide **12.30** Great Lives **1.00** Paul Temple And The Jonathan Mystery **1.30** The Cry Of The Owl

BBC 5 Live
6am 5 Live Breakfast **9.00** Nicky Campbell **11.00** Adrian Chiles **1pm** Nihal Arthanayake **4.00** 5 Live Drive **7.00** 5 Live Sport **7.45** 5 Live Sport **10.00** Colin Murray **1am** Dotun Adebayo

BBC 6 Music
7.30am Lauren Laverne **10.30** Jamz Supernova **1pm** Craig Charles **4.00** Steve Lamacq **6.00** Steve Lamacq's Roundtable **7.00** Marc Riley **9.00** Gideon Coe **12mdn't** New Music Fix With Steve Lamacq **1.00** New Music Fix With Mary Anne Hobbs **2.00** New Music Fix With Tom Ravenscroft **3.00** New Album Fix **4.00** New Music Fix Playlist **5.00** The Remix With Chris Hawkins **5.30** Chris Hawkins

Classic FM
6am More Music Breakfast **9.00** Alexander Armstrong **12noon** Lucy Coward **4.00** John Brunning **7.00** Smooth Classics At Seven **10.00** Smooth Classics **1am** Bill Overton

Absolute Radio
6am Andy Bush **10.00** Leona Graham **1pm** Sarah Champion **4.00** Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1am** Dan Noble

Heart
6.30am Heart Breakfast With Jamie Theakston And Amanda Holden **10.00** Pandora Christie **1pm** Matt Wilkinson **4.00** JK And Kelly Brook **7.00** Heart's Feel Good Weekend With Dev Griffin **10.00** Fia Tarrant **1am** Simon Beale **4.00** Early Breakfast With James Stewart

TalkSPORT
6am TalkSPORT Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan **1pm** Hawksbee & Baker **4.00** TalkSPORT Drive With Andy Goldstein And Darren Bent **7.00** Kick Off **10.00** Sports Bar **1am** Extra Time

RADIO PICK

Gemma Arrowsmith's Sketched Out
6.30pm, BBC Radio 4



Writer-performer Gemma Arrowsmith (*inset*) introduces her new sketch comedy series. In this first episode, actor Paterson Joseph is drafted in to host by execs Theo and Cleo in the hope that his smooth voice and suave charms can boost ratings. Meanwhile, Arrowsmith herself has to work out how to wrest back control of her show.

Friday television & radio

CRITIC'S CHOICE



Alison and Mike welcome the very first guests to their new B&B in 'Ghosts', 8.50pm, BBC One

Strictly Come Dancing
7pm, BBC One

Now in its 20th year, this is the *Strictly* launch show, where the 15 new celebrities meet their pro partners – and whether you recognise them may depend on your age and interests. Either way, there are too many to list here. Suffice to say that the night's special guests are singer John Legend and last year's champions, Rose Ayling-Ellis and Giovanni Pernice, who will be reprising their winning routine.

England International Football
7pm, Channel 4

Italy vs England (kick-off 7.45pm). The Uefa Nations League Group A3 encounter at the San Siro in Milan. The sides met in the Euro 2020 final, but things have not fully gone either team's way since then, with the Italians failing to qualify for this year's World Cup and England currently sitting at the bottom of this group.

Ghosts
8.50pm, BBC One

The amiable paranormal comedy from the *Horrible Histories* crew returns with Alison and Mike (Charlotte Ritchie and Kiell Smith-Bynoe) welcoming the first guests to their newly opened B&B in the gatehouse of Button House. "What is the circumstance or are they just coming in willy-nilly," enquires the pompous Lady Button (Martha Howe-Douglas), while trousers-down Conservative MP Julian (Simon Farnaby) characteristically wonders whether the guests have come for a "dirty weekend".

Mortimer & Whitehouse: Gone Fishing
9pm, BBC Two

The boys are beside Loch Garry in the Scottish Highlands this week, angling for ferox trout (a particularly large example of the species, apparently). Nothing much is biting, however, which means more time for clowning around and a lovely skit inspired by Bob's remark that the scenery "looks vaguely Canadian" as they imagine themselves as "vaguely Canadian folk duo Hector and Benjamin". Paul also casts his rod in Loch Ness, while Bob heads off to meet Steve, a monster hunter who has devoted the past 30 years to catching a site of Nessie.

Agatha Christie's Hjerson
9pm, More4

This particular crime drama may be somewhat on the light side, but the oddball Swedish import has its charms, especially the interplay between the lead actors Johan Rheborg and Hanna Alström. This week, the body of a chef is found frozen in the fridge of a restaurant, the crime being identical to a murder from an unpublished manuscript. The writer asks Hjerson and Klara to crack the case.

	BBC One	BBC Two	ITV	Channel 4	Channel 5	BBC Four	Film4	ITV2
DAYTIME	**6.00 Breakfast** (S). **9.15 Morning Live** (S). **10.00 Northern Justice** (S). **10.30 For Love Or Money** (R) (S). **11.15 Homes Under The Hammer** (R) (S). **12.15 Bargain Hunt** (S). **1.00 BBC News At One;** Weather (S). **1.30 BBC Regional News;** Weather (S). **1.45 Doctors** (S). **2.15 Money For Nothing** (S). **3.00 Escape To The Country** (R) (S). **3.45 Antiques Road Trip** (S). **4.30 The Tournament** (S). **5.15 Pointless** (S).	**6.30 Escape To The Country** (R) (S). **7.15 Antiques Road Trip** (R) (S). **8.00 Sign Zone:** The Repair Shop (R) (S). **9.00 BBC News** (S). **10.00 BBC News** (S). **12.15 Politics Live** (S). **1.00 Chase The Case** (R) (S). **1.45 Eggheads** (R) (S). **2.15 FILM: The Red Shoes** (Michael Powell, Emeric Pressburger 1948) Powell and Pressburger's drama, starring Moira Shearer (S). **4.25 Beechgrove Repotted** (R) (S). **4.30 Murder, Mystery And My Family** (R) (S). **5.15 Flog It!** (R) (S).	**6.00 Good Morning Britain** (S). **9.00 Lorraine** (S). **10.00 This Morning** (S). **12.30 Loose Women** (S). **1.30 ITV News;** Weather (S). **1.55 ITV Regional News;** Weather (S). **2.00 Dickinson's Real Deal** (S). **3.00 Tenable** (S). **3.59 ITV Regional Weather** (S). **4.00 Tipping Point** (S). **5.00 The Chase** (S).	**6.10 Countdown** (R) (S). **6.50 3rd Rock From The Sun** (R) (S). **7.15 3rd Rock From The Sun** (R) (S). **7.40 Everybody Loves Raymond** (R) (S). **8.05 Everybody Loves Raymond** (R) (S). **8.30 Everybody Loves Raymond** (R) (S). **9.00 Frasier** (R) (S). **9.30 Frasier** (R) (S). **10.00 Frasier** (R) (S). **10.30 Ramsay's Kitchen Nightmares USA** (R) (S). **11.25 Channel 4 News Summary** (S). **11.30 The Great House Giveaway** (R) (S). **12.30 Steph's Packed Lunch** (S). **2.10 Countdown** (S). **3.00 A Place In The Sun** (R) (S). **4.00 Chateau DIY** (S). **5.00 Moneybags** (S).	**6.00 Milkshake! 9.15 Jeremy Vine** (S). **12.45 Holiday Homes In The Sun** (S). **1.40 5 News At Lunchtime** (S). **1.45 Home And Away** (S). **2.15 FILM: Deadly Divorce Party** (Roxanne Boisvert 2022) Premiere. Thriller, starring Glenda Braganza (S). **4.00 Bargain Loving Brits By The Sea** (R) (S). **5.00 5 News At 5** (S).	 **Gareth Southgate will be hoping England can defeat Italy in the Uefa Nations League** 7pm, Channel 4	 **Bob Mortimer goes in search of Nessie** 9pm, BBC Two  **Klara joins the effort to solve a murder** 9pm, More4	**6.00 World's Funniest Videos** (S). **6.25 World's Funniest Videos** (S). **7.00 Dress To Impress** (S). **8.00 Secret Crush** (S). **9.00 Veronica Mars** (S). **10.00 One Tree Hill** (S). **11.00 Hart Of Dixie** (S). **12.00 Supermarket Sweep** (S). **1.00 Family Fortunes** (S). **2.00 The Masked Singer US** (S). **3.05 Veronica Mars** (S). **4.00 One Tree Hill** (S). **5.00 Hart Of Dixie** (S).
6PM	**6.00 BBC News At Six;** Weather (S). **6.30 BBC Regional News;** Weather (S).	**6.00 Richard Osman's House Of Games** (S). **6.30 Unbeatable** General knowledge quiz (S).	**6.00 ITV Regional News;** Weather (S). **6.30 ITV News;** Weather (S).	**6.00 Channel 4 News** (S).	**6.00 Cash In The Attic** (S). **6.55 5 News Update** (S).			**6.00 Celebrity Catchphrase** Featuring Kelvin Fletcher, Chris Ramsey and Heather Small (S).
7PM	**7.00 Strictly Come Dancing** New series. Tess Daly and Claudia Winkleman host the launch of the 20th series (S).	**7.00 Villages By The Sea** (R) (S). **7.30 Beechgrove** Advice on what to do with used tomato grow-bags (S).	**7.30 Emmerdale** Chas is guilty, and there is tension between her and Cain (S).	**7.00 England International Football** Italy vs England. Kick-off is at 7.45pm (S).	**7.00 Susan Calman's Grand Day Out** The comedian visits Shakespeare Country (R) (S).	**7.00 One-Hit Wonders At The BBC** Compilation of hits by artists hardly heard from again (S).	**6.45 FILM: How To Lose A Guy In 10 Days** (Donald Petrie 2003) Comedy, starring Kate Hudson (S).	**7.00 Secret Crush** Kyle returns for a second crack at best friend Paris (S).
8PM	**8.50 Ghosts** New series. Alison and Mike open their posh new B&B (S).	**8.00 Gardeners' World** Monty Don plants garlic, and sows ornamental grass seeds (S).	**8.00 Coronation Street** Stephen's heart sinks when Gabrielle visits the Platts (S).		**8.00 World's Most Scenic Railway Journeys** A coast-to-coast journey through the Australian outback (R) (S).	**8.00 Top Of The Pops** (S). **8.30 Top Of The Pops** (S).		**8.00 Bob's Burgers** (S). **8.30 Bob's Burgers** (S).
9PM	**9.20 Have I Got News For You** (S). **9.50 Am I Being Unreasonable?** New series (S).	**9.00 Mortimer & Whitehouse: Gone Fishing** (S). **9.30 Martin Compston's Scottish Fling** (S).	**9.00 Professor T** A prominent barrister and his second wife are found shot to death (S).		**9.00 The Cotswolds & Beyond With Pam Ayres** The poet's journey begins at Longleat House in Wiltshire (S).	**9.00 Roy Orbison: Love Hurts** The performer's three sons reflect on his legacy (S).	**9.00 FILM: A Vigilante** (Sarah Daggar-Nickson 2019) Drama, starring Olivia Wilde (S).	**9.00 Bad Chefs** Katie Pix attempts to teach the group how to cook a takeaway classic (S).
10PM	**10.20 BBC News At Ten** (S). **10.50 BBC Regional News;** Weather (S).	**10.00 Mock The Week** Quiz show, with Dara O Briain (S). **10.30 Newsnight** (S).	**10.00 ITV News** **10.30 ITV Regional News** **10.45 Who Wants To Be A Millionaire?** (R) (S).	**10.00 Gogglebox** The households' opinions on recent television (S).	**10.00 Julia Roberts: A Hollywood Fairytale** (S). **10.30 FILM: Sleeping With The Enemy** (Joseph Ruben 1991) (S).	**10.00 Roy Sings Orbison** The singer performs his hits (S). **10.30 Later – With Jools Holland** (S).	**10.50 FILM: Den Of Thieves** (Christian Gudegast 2018) Crime thriller, starring Gerard Butler (S).	**10.00 Family Guy** Brian and Peter go on a mission to find a new Thanksgiving turkey (S). **10.30 Family Guy** (S).
11PM	**11.00 RuPaul's Drag Race UK** (R) (S). **11.50 FILM: Detroit** (Kathryn Bigelow 2017) Fact-based drama (S).	**11.05 MOTDx** (R) (S). **11.35 The Misadventures Of Romesh Ranganathan** (R) (S).	**11.40 The NFL Show** Including action from Cleveland Browns vs Pittsburgh Steelers (S).	**11.05 The Last Leg** David Harewood and Judi Love join in the comic review of the past seven days (S).		**11.30 Hip Hop At The BBC** Featuring the Sugarhill Gang, Run-DMC and Eric B & Rakim (S).		**11.00 Family Guy** (S). **11.30 American Dad!** (S).
LATE	**2.10 BBC News** (S).	**12.35 Sign Zone:** The Boys From Brazil: Rise Of The Bolsonaros (R) (S). **1.35 Sign Zone:** Simon Reeve's South America (R) (S). **2.35 This Is BBC Two** (S).	**12.35 Shop: Ideal World** **3.00 Dickinson's Real Deal** (R) (S). **3.50 Unwind With ITV** (S). **5.10 Griff's Great New Zealand Adventure** (R) (S). **5.35 Griff's Great New Zealand Adventure** (R) (S).	**12.10 England International Football** (S). **1.05 Travel Man: 48 Hours In Cyprus** (R) (S). **1.35 Ramsay's Kitchen Nightmares USA** (R) (S). **2.20 Couples Come Dine With Me** (R) (S).	**1.30 The LeoVegas Live Casino Show** (S). **3.30 British Airways 24/7: Access All Areas** (R) (S). **4.30 Made In Yorkshire** (R) (S). **5.05 Now That's Funny!** (R) (S). **5.45 Paw Patrol** (R) (S). **5.55 Peppa Pig** (R) (S).	**12.30 Top Of The Pops** (S). **1.00 Top Of The Pops** (S). **1.30 One-Hit Wonders At The BBC** (S). **2.30 Roy Orbison: Love Hurts** (R) (S). **3.30 Roy Sings Orbison** (S). **4.00 Close**	**1.35 FILM: Don't Breathe** (Fede Alvarez 2016) Horror, starring Stephen Lang (S). **3.25 Close**	**12.00 American Dad!** (S). **12.30 Bob's Burgers** (S). **1.30 The Stand Up Sketch Show** (S). **2.00 The Stand Up Sketch Show** (S). **2.30 Totally Bonkers Guinness World Records** (S). **5.30 Teleshopping**

Am I Being Unreasonable?
9.50pm, BBC One
How to follow a modern comedy classic like *This Country*? Daisy May Cooper has done it by teaming up with her real-life best friend Selin Hizli (*Land Girls*, *Grantchester*) to create and perform a twisted comedy thriller about obsessive friendship, maternal paranoia... and a dead cat. Cooper plays Nic, an unhappily married mother who is grieving a loss she feels she can't share with anyone else. But when Jen (Hizli) arrives in town, Nic realises she has found a kindred soul and dark secrets begin to bubble up. Good stuff, with shades of *Motherland*.

Gerard Gilbert

FILM CHOICE



John Boyega stars in 'Detroit', a drama set during the 1967 race riot, 11.50pm, BBC One

The Red Shoes
2.15pm, BBC Two
(Michael Powell & Emeric Pressburger, 1948)
The plot melds Hans Christian Andersen's fairy tale, Diaghilev and Nijinsky's impresario/dancer relationship, and a routine backstage theatrical melodrama. But what this film is really all about is its long, delirious fantasy dance sequence.

A Vigilante
9pm, Film4
(Sarah Daggar-Nickson, 2018)
Olivia Wilde gives a powerful performance in this indie revenge drama as a young woman with a lot of scars on her body and trauma just below the surface. Armed with only a krav maga manual, she sets herself up as a kind of avenging angel, righting the wrongs suffered by fellow survivors of domestic abuse.

Detroit
11.50pm, BBC One
(Kathryn Bigelow, 2017)
This tense film from the *Hurt Locker* director restages the Algiers Motel incident: an ugly episode in the 1967 race riot in Detroit, which began when police raided the motel room in which members of soul group The Dramatics were having an aftershow party, and ended with three people dead and others traumatised. John Boyega stars.

Laurence Phelan

On Demand

Sidney Apple TV+
Oprah Winfrey-produced documentary about the late African-American film star Sidney Poitier.

The Capture BBC iPlayer
Series two of the ingenious surveillance thriller starring Holliday Grainger.

Super/Natural Disney+
Benedict Cumberbatch narrates a series looking at animals' secret powers and super-senses.

itv3

6.00 Classic Coronation Street (S). **6.35 Classic Coronation Street** (S). **7.00 Classic Emmerdale** (S). **7.30 Classic Emmerdale** (S). **8.05 That's My Boy** (S). **8.40 That's My Boy** (S). **9.15 The Royal** (S). **10.20 The Royal** (S). **11.30 Heartbeat** (S). **12.35 Heartbeat** (S). **1.40 Classic Emmerdale** (S). **2.10 Classic Emmerdale** (S). **2.40 Classic Coronation Street** (S). **3.10 Classic Coronation Street** (S). **3.45 Agatha Christie's Poirot** (S). **5.55 Heartbeat** (S).

7.00 Heartbeat Bellamy runs down a boy. Rural drama, starring Mark Jordon, James Carlton (S).

8.00 McDonald & Dodds A body is found in a shallow grave in the shadow of Glastonbury Tor (S).

10.00 Wycliffe A body is found at a farm. Whodunit, starring Jack Shepherd and Helen Masters (S).

11.05 Maigret A killer terrorises the women of Montmartre. Drama starring Michael Gambon (S).

12.15 Agatha Christie's Poirot (S). **2.30 Teleshopping**

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6.00 Hollyoaks (S). **7.00 Ramsay's Kitchen Nightmares USA** (S). **8.00 Black-ish** (S). **9.00 How I Met Your Mother** (S). **9.30 How I Met Your Mother** (S). **10.00 The Big Bang Theory** (S). **10.30 The Big Bang Theory** (S). **11.00 Young Sheldon** (S). **12.00 Brooklyn Nine-Nine** (S). **12.30 Brooklyn Nine-Nine** (S). **1.00 The Big Bang Theory** (S). **1.30 The Big Bang Theory** (S). **2.00 The Big Bang Theory** (S). **2.30 The Big Bang Theory** (S). **3.00 Young Sheldon** (S). **3.30 Young Sheldon** (S). **4.00 Married At First Sight UK** (S). **5.00 The Big Bang Theory** (S). **5.30 The Big Bang Theory** (S).

6.00 The Big Bang Theory Raj lusts after a girl at a party (S).
6.30 The Big Bang Theory (S).

7.00 Hollyoaks (S).
7.30 The Big Bang Theory Leonard is invited to visit the Large Hadron Collider (S).

8.00 Below Deck: Mediterranean The crew revels in Danny's absence (S).

9.00 FILM: X-Men Origins: Wolverine (Gavin Hood 2009) Superhero adventure prequel (S).

11.05 Naked Attraction Two women look for new partners (S).

12.10 Naked Attraction (S). **1.15 First Dates Hotel** (S). **2.20 Below Deck** (S). **3.10 Gogglebox** (S). **4.05 Ramsay's Kitchen Nightmares USA** (S). **4.55 Brooklyn Nine-Nine** (S).

More

8.55 Kirstie's Vintage Gems (S). **9.15 A Place In The Sun** (S). **10.05 A Place In The Sun** (S). **11.05 Find It, Fix It, Flog It** (S). **12.05 Find It, Fix It, Flog It** (S). **1.05 Heir Hunters** (S). **2.10 Four In A Bed** (S). **2.40 Four In A Bed** (S). **3.15 Four In A Bed** (S). **3.50 Four In A Bed** (S). **4.20 Four In A Bed** (S). **4.50 Find It, Fix It, Flog It** (S). **5.55 Car S.O.S** (S).

6.55 Escape To The Chateau All the family members come together to build an open kitchen (S).

7.55 Great Canal Journeys (S).

9.00 Agatha Christie's Hjerson The body of a chef is found frozen in the fridge of a restaurant (S).

10.00 24 Hours In A&E A 74-year-old man is brought into A&E after suffering a suspected stroke (S).

11.05 24 Hours In A&E A nine-year-old boy has a dangerously high heart rate (S).

12.05 999: On The Front Line (S). **1.15 8 Out Of 10 Cats Does Countdown** (S). **2.15 24 Hours In A&E** (S). **3.20 Food Unwrapped** (S). **3.55 Close**

sky max

6.00 Stargate SG-1 (R) (S). **7.00 Stargate SG-1** (R) (S). **8.00 The Flash** (R) (S). **9.00 DC's Legends Of Tomorrow** (R) (S). **10.00 Supergirl** (R) (S). **11.00 NCIS: New Orleans** (R) (S). **12.00 NCIS: New Orleans** (R) (S). **1.00 Hawaii Five-0** (R) (S). **2.00 MacGyver** (R) (S). **3.00 DC's Legends Of Tomorrow** (R) (S). **4.00 The Flash** (R) (S). **5.00 Supergirl** (R) (S).

6.00 Stargate SG-1 Part two of two. Thor asks for help (R) (S).

7.00 Stargate SG-1 An ancient artefact causes problems (R) (S).

8.00 A League Of Their Own With Patrice Evra, Jimmy Carr, Richard Ayoade and Angela Scanlon (R).

9.00 Rob & Romesh vs Cricket: South Africa (R) (S).

10.00 Banshee Racine requests Carrie and Hood's help in dealing with Mr Rabbit (R) (S).

11.00 Never Mind The Buzzcocks (R).
11.45 The Russell Howard Hour (R).

12.30 The Ultimate Romcom Movies (R) (S). **1.30 The Blacklist** (R) (S). **2.30 Road Wars** (R) (S). **3.00 Hawaii Five-0** (R) (S). **4.00 MacGyver** (R) (S). **5.00 Highway Patrol** (R) (S). **5.30 Highway Patrol** (R) (S).

sky atlantic

6.00 Storm City (R) (S). **6.50 Storm City** (R) (S). **7.45 Boardwalk Empire** (R) (S). **8.50 Boardwalk Empire** (R) (S). **10.00 The Sopranos** (R) (S). **11.05 The Sopranos** (R) (S). **12.15 Ray Donovan** (R) (S). **1.20 Ray Donovan** (R) (S). **2.25 Game Of Thrones** (R) (S). **3.30 Boardwalk Empire** (R) (S). **4.40 Boardwalk Empire** (R) (S). **5.45 The Sopranos** (R) (S).

6.50 The Sopranos Tony's housing development funds scam hangs in the balance (R) (S).

7.55 Game Of Thrones Robb is betrayed. Fantasy drama, starring Richard Madden and Kit Harington (R) (S).

9.00 Munich Games The game is set to be cancelled if Kresnik is not found (R) (S).

10.00 House Of The Dragon Game of Thrones prequel, starring Paddy Considine (R).

11.10 FILM: Nightingale (Elliott Lester 2015) Drama, starring David Oyelowo (R) (S).

12.40 We Own This City (R) (S). **1.50 The Wire** (R) (S). **2.55 The Wire** (R) (S). **4.00 Storm City** (R) (S). **5.00 Storm City** (R).

Radio listings

BBC Radio 1
6.33am Radio 1's Best New Pop **6.57** Newsbeat **7.00** Radio 1 Breakfast With Greg James **10.00** Radio 1 Anthems **10.30** Newsbeat **10.32** Radio 1 Anthems **11.02** Katie Thistleton **12.45pm** Newsbeat **1.00** Matt And Mollie **3.00** Radio 1's Party Anthems **4.00** The Official Chart On Radio 1 With Jack Saunders **5.45** Newsbeat **6.00** Radio 1's Dance Party With Danny Howard **8.00** Radio 1's Future Dance With Sarah Story **10.00** Pete Tong **12mdn't** Radio 1's Essential Mix **2.00** Radio 1 Dance Presents **3.00** Danny Howard **4.00** Radio 1's Wind Down Presents **5.00** Radio 1 Relax

BBC Radio 1Xtra
6am Battle Of The Mixes **6.30** Battle Of The Mixes-Crystal Palace **7.00** Nadia Jae **10.00** Nick Bright **12.45pm** Newsbeat **1.00** Remi Burgz **4.00** Sian Anderson **5.45** Newsbeat **6.00** Sian Anderson **7.00** Jeremiah Asiamah **8.30** Jeremiah Asiamah's Get Lit Mix **9.00** Kenny Allstar **11.00** Sir Spyro **1am** 1Xtra Salutes.. **2.00** 1Xtra @ 20-20 Years Of African Sounds **3.00** 1Xtra @ 20-20 Years Of African Sounds **4.00** Big Narstie's Big Night Out **5.00** Amapiano To AfroHouse

BBC Radio 2
6.30am The Zoe Ball Breakfast Show **9.30** Ken Bruce **12noon** Jeremy Vine **2.00** Steve Wright In The Afternoon **4.15** Steve Wright In The Afternoon – Serious Jockin' **5.00** Sara Cox **7.00** Michelle Visage **8.30** Michelle Visage's Handbag Hits **9.00** The Good Groove With DJ Spoony **11.00** The Rock Show With Johnnie Walker **12mdn't** Romesh Ranganathan: For The Love Of Hip-Hop **1.00** My Life In A Mixtape **2.00** Radio 2 Unwinds With Angela Griffin **3.00** Trevor Nelson's Magnificent 7 **3.30** TBA **4.00** Sophie Ellis-Bextor's Kitchen Disco **5.00** Radio 2 In Concert: BB King

BBC Radio 3
6.30am Breakfast **9.00** Essential Classics **12noon** Composer Of The Week: Emilie Mayer **1.00** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **4.30** The Listening Service **5.00** In Tune **7.00** In Tune Mixtape **7.30** Radio 3 In Concert **10.00** The Verb **10.45** The Essay: Coming Home **11.00** Late Junction

BBC Radio 4
6am Today **9.00** Desert Island Discs **9.45** Book Of The Week: Fen, Bog & Swamp **10.00** Woman's Hour **11.00** Net Zero: A Very British Problem **11.30** Relativity **12noon** News **12.04** TBA **12.57** Weather **1.00** The World At One **1.45** Just One Thing With Michael Mosley **2.00** The Archers **2.15** Drama: One Five Seven Years **2.45** Living With The Gods **3.00** Gardeners' Question Time **3.30** BBC National Short Story Award 2022 **3.45** Short Works **4.00** Last Word **4.30** More Or Less **5.00** PM **5.57** Weather **6.00** Six O'Clock News **6.30** The News Quiz **7.00** The Archers **7.15** Screenshot **8.00** Any Questions? **8.50** A Point Of View **9.00** Dear Adolf – Letters To The Fuhrer **10.00** The World Tonight **10.45** Book At Bedtime: Stone Blind **11.00** Great Lives **11.30** Today In Parliament **12mdn't** News And Weather **12.30** Book Of The Week: Fen, Bog & Swamp **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast

BBC Radio 4 LW
8.31am Yesterday In Parliament **9.45** Daily Service **12.01pm** Shipping Forecast **5.54** Shipping Forecast

BBC Radio 4 Extra
6am Paul Temple And The Jonathan Mystery **6.30** The Cry Of The Owl **7.00** Miracles R Us **7.30** Ed Reardon's Week **8.00** It Sticks Out Half A Mile **8.30** Thirty Minutes Worth **9.00** Say The Word **9.30** The Circle **10.00** Cold Comfort Farm **11.00** Podcast Radio Hour **12noon** It Sticks Out Half A Mile **12.30** Thirty Minutes Worth **1.00** Paul Temple And The Jonathan Mystery **1.30** The Cry Of The Owl **2.00** In Montparnasse **2.15** Eleanor Rising **2.30** The Invisible College **3.00** Cold Comfort Farm **4.00** Say The Word **4.30** The Circle **5.00** Miracles R Us **5.30** Ed Reardon's Week **6.00** The House On The Hill **6.30** Sounds Natural **7.00** It Sticks Out Half A Mile **7.30** Thirty Minutes Worth **8.00** Paul Temple And The Jonathan Mystery **8.30** The Cry Of The Owl **9.00** Podcast Radio Hour **10.00** Comedy Club: Ed Reardon's Week **10.30** Comedy Club: Mitch Benn's Crimes Against Music **11.00** Comedy Club: What The Future? **11.30** Comedy Club: James Acaster's Perfect Sounds **12mdn't** The House On The Hill **12.30** Sounds Natural

BBC 5 Live
6am 5 Live Breakfast **9.00** Nicky Campbell **11.00** Chiles On Friday **1pm** Kammy & Ben's Proper Football Podcast **1.30** The Footballers' Football Podcast **2.00** Elis James And John Robins **4.00** 5 Live Drive **7.00** 5 Live Sport **7.45** 5 Live Sport **10.00** Stephen Nolan **1am** Hayley Hassall **5.00** 5 Live Boxing

BBC 6 Music
7.30am Lauren Laverne **10.30** Jamz Supernova **1pm** Craig Charles **4.00** Steve Lamacq **7.00** The People's Party With Afrodeutsche **9.00** Tom Ravenscroft **11.00** The Ravers Hour **12mdn't** 6 Music's Indie Forever **1.00** 6 Music's Emo Forever **2.00** Focus Beats **4.00** Ambient Focus

Classic FM
6am More Music Breakfast **9.00** Alexander Armstrong **12noon** Lucy Coward **4.00** John Brunning **7.00** Smooth Classics At Seven **10.00** Smooth Classics **1am** Katie Breathwick

Absolute Radio
6am Andy Bush **10.00** Leona Graham **1pm** Sarah Champion **4.00** Richie **7.00** Absolute 80s Greatest Hits With Claire Sturgess **10.00** Emil Franchi **4am** Ross Buchanan

Heart
6.30am Heart Breakfast With Jamie Theakston And Amanda Holden **10.00** Pandora Christie **1pm** Matt Wilkinson **4.00** JK And Kelly Brook **7.00** Heart's Club Classics With Toby Anstis **11.00** Rezzy Ghadjar **1am** Lindsey Russell

TalkSPORT
6am TalkSPORT Breakfast With Alan Brazil **10.00** Jim White And Simon Jordan **1pm** Hawksbee And Jacobs **4.00** TalkSPORT Drive With Andy Goldstein And Darren Bent **7.00** Kick Off **10.00** Sports Bar **1am** Extra Time With Martin Kelner

RADIO PICK

Drama: One Five Seven Years
2.15pm, BBC Radio 4



Five-part drama by Marietta Kirkbride about an alternative world where a minority of people are discovered to have extended life syndrome, which allows them to live twice as long as everyone else. When Anya (Rose Wardlaw, *inset*) and her boyfriend Luke disagree about testing, their world is turned inside-out.

gardening



GUY BARTER is the Royal Horticultural Society's (RHS) chief horticulturalist

Jobs for the weekend ...greenhouse care

Greenhouses, lush and productive after summer, require attention now to get them ready for winter.

Light levels are falling fast, as are temperatures (particularly at night), and from now until April, plants will need every bit of light they can get. Shading can be removed in stages, until it is all removed as the end of the month approaches. It is worth cleaning the glazing with detergent and water and using an old plant label to shift dirt from where panes overlap. Any cracked or broken panes should be replaced before cold weather arrives. The same is true of cold frames, polytunnels and conservatories.

Fluctuating temperatures are a risk in September, so good ventilation by day and closing vents overnight are very helpful in maintaining plant health and wringing the last of the season's growth from plants. Ideally, aim for about 16°C during the day and 10°C at night. Close vents in the afternoon and open them again only when the sun is up the following morning. It is better to have temperatures on the cool side than humid and warm conditions.

The end of many crops is in sight, and when tomato and pepper ripening slows, fruits can be harvested and spent plants composted. Tomato fruits kept

From now until April, plants will need every bit of light that they can get



indoors in a dark, warm place will go on ripening for some time. The same goes for outdoor tomatoes, although blight disease often destroys these crops once September rains set in.

Where greenhouse tomato crops are still growing, keep vents closed in rainy periods and seal leaks with transparent silicone sealant – blight disease occurs only when plants become wet.

Wet leaves also promote grey mould or Botrytis, a fungus disease that also lives on dead plant material. Botrytis is more problematic than cold for many greenhouse plants in autumn and early winter, but can be curbed by good ventilation, carefully avoiding overwatering and frequent removal of dead leaves. Water needs of plants are greatly reduced as light and temperatures fall and overwatering again becomes a leading cause of plant loss.

There is no need yet to add extra insulation using bubble wrap – this will cut out much light and increase humidity. When the time comes, next month, consider insulating only the north-facing sides.

With outdoor temperatures still equable, take the opportunity to put all the plants outside and cleanse the interior before winter. Use hot water, detergent and garden disinfectant.

Remove dead, diseased and rotted material before placing plants back indoors and add nematode drenches to control vine weevil larvae if a problem.

Houseplants – in greenhouses, conservatories or on window sills – also need decreasing water and less feeding from now on.

@GuyBarter

The RHS is a charity inspiring everyone to grow via its research, advisory, outreach, shows and gardens. For more information, visit: rhs.org.uk

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Santorini - Lounge Set Autumn Bundle
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When women travel solo, we face greater risks. And as a woman of colour, I've faced racism and hostility **Anita Sethi, p73**



Seek out the heat for less

The best-value destinations to see out the rest of the year, from Malta to Mexico. By Qin Xie

SHORT-HAUL

Portugal

October temperatures: 23°C high/15°C low

Portugal is one of the least expensive countries in western Europe, where the cost of living is significantly lower – by as much as 30 per cent compared with the UK. In the Algarve, temperatures are comfortably warm into winter and lively resorts such as Albufeira will have mellowed after a busy summer season. Head west towards Sagres or Tavira to the east and things get quieter still. According to the Post Office's most recent "Family Holiday" report, the Algarve represents the best value for money across 13 Eurozone destinations. Self-catering is the sweet spot here – supermarket prices are generally slightly cheaper than the UK, while mains at restaurants will usually give you change from €10 (£8.70). ***Thomas Cook has a week's self-catering at the Santa Eulália Hotel Apartamento & Spa from £417pp, with Manchester flights on 23 October, thomascook.com***

Madeira

October temperatures: 25°C/19°C

This Atlantic island is typically a little more expensive to get to than Continental destinations, but prices on the ground are comparable to those on mainland Portugal, sometimes cheaper. For that little bit extra, you get warmer weather, lush landscapes and a great launch point for whale- and dolphin-spotting. Head up into the mountains for mouth-watering *espetada* kebabs at rustic restaurants that cost around €11 (£9.55) and will fill you up for the day, providing energy for hiking in the hills. ***Lastminute.com has a week's B&B at the Pestana Carlton Madeira Premium Ocean Resort from £679pp, with Luton flights on 1 October***

Malta

October temperatures: 25°C/17°C

Malta can be expensive during the summer, but prices tumble during the shoulder seasons, with savings of up to 75 per cent. Basing yourself in quieter coastal villages such as Mellieha in the north – from where you can hike to Ghadira Nature Reserve or enjoy the golden sandy beaches – can often mean cheaper accommodation and restaurants, too. ***Mercury Holidays has a week at the Maritim Antonine Hotel and Spa in Mellieha from £230pp, including Luton flights on 31 October, mercuryholidays.co.uk***

Greece

October temperatures: 23C°/15°C

The Greek capital was recently named Europe's cheapest city break destination by the Post Office's annual "City Costs Barometer" report. Based on the price of a dozen typical holiday purchases and two nights at a three-star hotel, the study found that the average bill for a two-night city break in Athens was £207.18. Hiking up to the ruins of the Acropolis, visiting the interactive museum and lounging on one of the 13 sandy beaches of the Athens Riviera will easily fill a weekend. Or, for a low-cost Saturday morning activity, trawl one of the local markets. ***Olympic Holidays offers a seven-night holiday at the Marathon Beach Resort in Nea Makri on the Athens Riviera from £556pp with Gatwick flights on 12 October, olympicholidays.com***



Malta (top); Albufeira (above) in the Algarve mellows in the autumn GETTY

MID-HAUL

Morocco

October temperatures: 28°C/15°C

With a favourable exchange rate and general low cost of living, Morocco can be very budget-friendly – but only if you get out of the big resorts and international

Continued from p71

hotels. Food in casual cafés can cost less than £5 a meal, although expect to pay above the odds for alcohol. ***Visitors must show proof of Covid vaccination or a negative test. Ryanair, Wizz and easyJet all fly to Marrakech from as little as £20 one way, while local guest houses, such as Hotel Riad Todos, start from less than £100 a night***



Tenerife

October temperatures: 26°C/20°C

Tenerife is generally considered the cheapest of the Canaries thanks to a plentiful supply of flights and hotel rooms. In October, for example, flights start from £26 one way. Although Gran Canaria is only a smidge more at £28 one way, there are fewer activities to choose from. Costs on the ground are low, too. Beers cost as little as €1.50 (£1.30), and many restaurants offer a *menú del día* for €10 (£8.70) or less, which usually includes a starter, main and drink. The island's star attraction – Teide National Park – is also free to visit. ***Visitors must show proof of Covid vaccination or a negative test. Tui has a week's self-catering at Tui Suneo Tamaimo Tropical resort in Puerto de Santiago from £355pp, with East Midlands flights on 17 October, tui.co.uk***

Egypt

October temperatures: 32°C/24°C

A decent meal out will rarely cost more than £10pp in the popular Red Sea resort of Sharm El Sheikh, but drinks can be expensive, especially imported spirits. For divers, this is one of the cheapest and best resorts, but it is also a great place to enjoy the beaches, easy snorkelling, and trips up into Mount Sinai. Remember that when looking for souvenirs, some gentle haggling is expected. ***Padi offers six nights' all-inclusive at the Reef Oasis Beach Resort, with eight boat dives, from £1,338pp excluding flights, travel.padi.com***

Tunisia

November temperatures: 21°C/14°C

A fly-and-flop destination with busy souks and impressive mosques, Sousse, on the east coast of Tunisia, is very budget-friendly. Britons benefit from a favourable exchange rate but the cost of living is lower, too; a meal out for two might cost as little as £15, while beers are around £1. ***Visitors must show proof of Covid vaccination or a negative test. Sunshine.co.uk offers a seven-night all-inclusive break at the Occidental Sousse Marhaba from £224pp, with Gatwick flights on 28 November***

Turkey

October temperatures: 27°C/14°C

Antalya is one of the best-value destinations for all-inclusive holidays at four- or five-star hotels, making it a great option for half-term, although food in local restaurants is affordable and delicious. Car hire and taxis are both expensive but local buses are regular and cheap – useful for exploring the many glorious beaches along the Turquoise Coast, and ancient landmarks such as Hadrian's Gate and the ruined cities of Aspendos, Olympos and Phaselis. ***Southall Travel offers six nights' all-inclusive at the Granada Luxury Okurcalar from £759pp, with Heathrow flights on 23 October, southalltravel.co.uk***

UAE

November temperatures: 32°C/17°C

Often overlooked by visitors who flock to the Emirates of Dubai or Abu Dhabi, Ras Al Khaimah has built its recent tourism reputation on adventure (it is home to the world's longest zipline and the highest peak in the UAE, Jebel Jais). Its lack of obvious glitz also means prices tend to be more competitive. Drinks are expensive, but food can be very reasonable if you look beyond the big hotels – meals at restaurants start from as little as £2. However, the Fifa World Cup in Qatar will push up air fares to the Gulf between 20 November and 18 December. ***Visitors must show proof of Covid vaccination or a negative test. Emirates Holidays has five nights' B&B at the Hampton by Hilton Marjan Island from £836pp with Gatwick flights on 5 October.***

LONG-HAUL

South Africa

November temperatures: 25°C/15°C

The exchange rate is the big advantage for Britons in South Africa right now – it's currently 20 rand to the pound (a decade ago it was hovering between 10 and 15). It means that for casual dining, you won't need more than £10, and it is even cheaper if you go for street food. Flights are always expensive but accommodation can be reasonable. ***Virgin Atlantic is restarting its seasonal direct flights to Cape Town in November; Lufthansa has flights via Munich from £435pp in November***







From top: Bacalar, Mexico; Antalya in Turkey; Morocco (below, left); dining in South Africa (below, right) will set you back no more than £10
GETTY

Thailand

November temperatures: 32°C/24°C

An essential stop on the backpacker route for a reason, this culture and beach big-hitter is very budget-friendly. Street food in Bangkok costs as little as £1 and most temples are free to visit. Some tuk tuk drivers will even offer free city tours in exchange for visiting one of their affiliated shops. In the north, Chiang Mai, home to hundreds of temples, makes a popular twin-centre break – while heading south to the beaches and islands is an undeniable draw. Bus travel is cheap, and there is a good supply of budget accommodation; aim for resorts such as Ao Nang or the island of Koh Lanta Yai. ***Visitors must show proof of Covid vaccination or a negative test. Intrepid's eight-day Explore Northern Thailand group tour starts at £668pp excluding flights, intrepidtravel.com***

India

November temperatures: 34°C/21°C

You can go as budget-friendly or as luxurious as you want in India. For an average restaurant, expect to pay around £10pp, while street food is even more affordable. Taxis are cheap, too, though be prepared for traffic in urban areas. A short walk from the luxurious Taj hotel in Mumbai is the stylish Abode Bombay, which has doubles from R3,500 (£40), while there are elegant heritage guest houses dotted all over coastal areas such as Goa, Kerala and Pondicherry, with rooms costing around £50. ***Visitors must show proof of Covid vaccination or a negative test and fill out an Air Suvidha Declaration Form. Connecting flights to Mumbai typically cost less than £500 on airlines such as Gulf Air. G Adventures has a week-long Kerala Beaches and Backwaters group tour from £404pp excluding flights, gadventures.com***

Mexico

November temperatures: 29°C/21°C

Flights to Mexico can be expensive, but once you have landed, prices are very reasonable. Budget around £15pp for a meal at a mid-range restaurant and £2 for a beer. Public transport and taxis are both cheap, so venturing outside the resorts should be easy. Aim for the lagoon of Bacalar as an alternative to chi-chi Tulum – rustic guesthouses such as Los Aluxes have rooms from £70. South of busy Puerto Vallarta, Yelapa is a quiet beach retreat where guesthouses cost around £50. ***Responsible Travel offers a 12-day tour featuring Mexico City and Yucatan from £1,940pp excluding flights, responsibletravel.com***

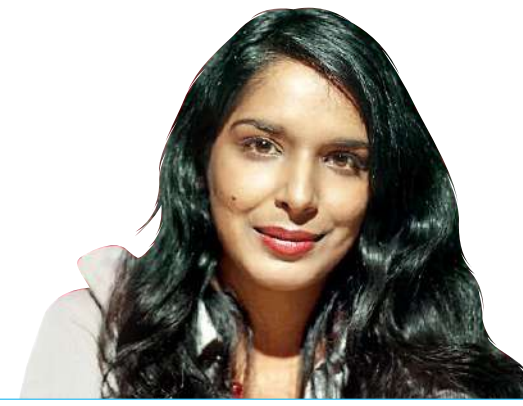
Vietnam

November temperatures: 31°C/23°C

Vietnam has a low cost of living compared with the UK and the pound will stretch far when dining out. An average meal can cost around £4 in the big cities. A seven-night stay in a five-star hotel in Hanoi at the end of October starts from around £450, compared with more than £1,000 in Singapore, which enjoys similar temperatures at this time of year. Group tours can be a cost-effective way to combine some of the country's major sites. In 10 days you could see the pagodas, markets and Notre-Dame Cathedral in Ho Chi Minh City, cross part of the Truong Son Mountains via the scenic Hai Van Pass and cruise Halong Bay, with its impressive limestone karsts. ***A 10-day Simply Vietnam tour including accommodation, transfers and some meals starts at £540pp excluding flights. Departs 23 October, explore.co.uk***

ANITA SETHI

Whatever happened to Girls' Own Adventures?



I always longed for adventure, to go on trips to far-flung places and nearby wonders and capture my journey through the world in words. I yearned to climb mountains, to swim in the sea and walk the world's great pathways.

I devoured adventure stories in my local library. Yet in all the great travel stories, it was the boys having the adventures. *Gulliver's Travels*, *Robinson Crusoe*, *Boys' Own Adventure* stories. How many girls got to have adventures? Well, there was Alice... who got to fall down a rabbit hole.

Travel writing is still a genre dominated by male voices chronicling real-life adventures – you only need to go into a bookshop and amid hundreds of books in the Travel Writing section, you could tot up the number of female authors on a single pair of hands.

I step inside the largest bookshop in the North where, as a teenager, I would browse the shelves and dream of one day being a writer. Over the years I've come to know its nooks and crannies like my own heart, yet it seemed almost impossible given the barriers that a book of mine would one day be there on the shelves.



Travel writing is dominated by men – but women can change that GETTY

My heart skips a beat to see it there – at the centre of a table with a sign reading "Best of British Travel Writing". It is the culmination of a long, tough journey – quite literally.

I realise I had internalised societal expectations to believe that I did not really belong – to see it there is a mark of validation. On this particular display are 35 books by men and only a couple by women including one of my inspirations, *The Living Mountain* by Nan Shepherd.

I walk further and see an extensive Travel Writing section and again there are only a few books by women. But I am proud to see mine, *I Belong Here*, amid the back catalogues of Dervla Murphy, Jan Morris and Freya Stark. There is *Wild* by Cheryl Strayed, who made an epic journey walking the Pacific Crest Trail, and *Wanderlust* by Rebecca Solnit, and *Among Flowers* by Jamaica Kincaid. Anthologies include *The Virago Book of Women Travellers* – although the women of colour writers collected are few and far between.

The gender imbalance in the genre of travel writing is part of larger societal inequality. There is a crossover of travel and adventure with sport – how women move our bodies through the world and our equal right to belong. Women's strength and power was on superlative display in the Lionesses's wonderful win in July, yet it wasn't until 1991 that the first Fifa Women's World Cup was held.

The road to getting published at all was a tough one – I was told "someone like me" wasn't, and couldn't be, a travel writer. Even when published I faced obstacles. One person told me I'd only achieved anything by "ticking a box".

When women travel solo, we face greater risks, such as violence and street harassment, and as a woman of colour I've faced racism and hostility. And when we write about travel, we can face another set of risks and hostility.

Back to those bookshop shelves: "If there's a book you want to read, but it hasn't been written yet, then you must write it", advised the great Toni Morrison – so I keep putting one foot forward, one more word on the page.

Anita Sethi is a travel writer and author of *I Belong Here: a Journey Along the Backbone of Britain* (£16.99, Bloomsbury Wildlife)
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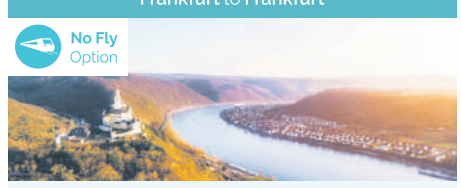
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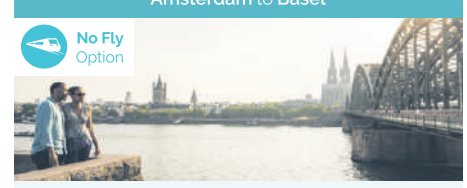
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Take me to the beach
Penzance

The traditional Cornish seaside town has a colourful piratical past, an eclectic art scene and is close to some of the county's prettiest spots, writes **Richard Vaughan**



TRAVEL ESSENTIALS

When to go

Penzance gets very busy during the peak summer season, but the crowds begin to ease in early September. And it always seems to avoid the hordes that descend on hotspots such as St Ives and Newquay partly because it is still very much a working Cornish town that is not as focused on serving the tourist trade.

There are notable events from spring to autumn. The Penzance art festival runs from mid-May to July, while the optimum time to see basking sharks and dolphins is from April to October. For more adventurous visitors, there is the option of snorkelling with blue sharks, from June to October, bluesharksnorkel.co.uk.

How to get there

Great Western Railway runs direct services between Penzance and London Paddington, Cardiff Central and Plymouth, among other hubs. The railway station is a 10-minute walk to the town centre, which is compact enough to amble from boutique to antiques shop to café. The artsy town of Newlyn is a gentle, 20-minute stroll along the promenade.

There are reliable bus services from Penzance down to Mousehole and from Penzance up to St Ives.

The MOUS bus between Penzance and Mousehole runs every 20 minutes Mon–Fri and every 30 minutes Sat–Sun. Bus number 17 runs every 30 minutes from Penzance to St Ives Mon–Sat and every hour on Sundays. A day ticket covering all bus travel in Cornwall is £5.

Where to stay

At the end of Penzance's Chapel Street is red-bricked Chapel House boutique hotel. The Georgian townhouse has been beautifully renovated, with contemporary local art on every wall. Doubles from £160 per night. There are also two apartments in its carefully manicured Mediterranean-style garden from £295 a night, sleeping up to four. All include breakfast, chapelhousepz.co.uk.

For those on a budget, the Premier Inn close to the train station offers clean and comfortable rooms from £59 per night. Premier Plus rooms, starting from £84, include a Nespresso machine, premierinn.com.

DAY ONE

Up with the sun

Hardy types might be tempted by an early dip in Penzance's open-air Jubilee Pool, which nudges out into the Atlantic. The main seawater pool is five degrees warmer than the inky depths. There's also a geothermally heated section, which is a bath-like 34°C.

After a swim, it will be time for some sustenance. The Honey Pot on Parade Street serves breakfast from 9am to 11.30am Monday to Saturday and an all-day brunch from 10am to 2.30pm on Sundays. Tuck into veggie, vegan or meaty full breakfasts or opt for a warm ciabatta roll with halloumi, guacamole and chilli jam or bacon and egg. There's a separate menu for children, thehoneypotpz.com.

Souvenir hunting

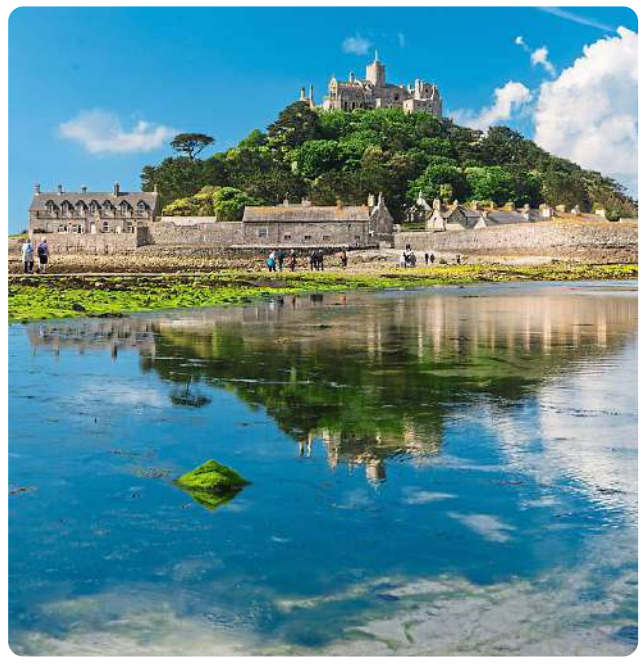
Punctuated by clothing and homeware boutiques, antiques stores and traditional drinking dens, Chapel Street is ideal for a few hours of mooching. Penzance and the surrounding area are also home to many contemporary artists. As such, the town has plenty of independent galleries, including the Cornwall Contemporary (cornwallcontemporary.com) and PZ Gallery (instagram.com/pzgallery).

Don't miss

The Newlyn Art Gallery, around 20 minutes' walk from The Exchange, offers anyone a peaceful retreat. It highlights contemporary artists and well-known figures from the original Newlyn Art School set, £7, newlynartgallery.co.uk.



From top: Penzance harbour and town; the Jubilee pool; St Michael's Mount
GETTY



Time for a sundowner

On the cobbled high street across from the harbour, The Turks Head dates back to the 16th century and is the town's oldest pub. It has a wide selection of beers, wines and cocktails, theturkshead.pub.

Just opposite is the chic Artist Residence boutique hotel, which has a terrace complete with a bar shack serving cocktails and bar bites from 5-8pm every day, artistresidence.co.uk/penzance/eat-drink.

Dinner reservation

Created by local chef Ben Tunnicliffe, Tolcarne Inn in nearby Newlyn is a Michelin-starred seafood restaurant without the Michelin-starred prices. The simple but elegant menu, featuring dishes from dressed crab to butterflied sardines, uses locally sourced produce (tolcarneinn.co.uk). If the Tolcarne is booked up, Tunnicliffe has another spot to try: the Packett Inn smokehouse, in Rosudgeon, east of Penzance (thepacketinn.co.uk).

DAY TWO

Hit the beach

Mousehole is a 15-minute taxi ride (or 20 minutes by bus) west along the coast. The village has a picture-postcard harbour, small, white sandy beaches, pubs, galleries and coastal walks. The whole family can enjoy a paddle while the water is calm.

Lunch time

The Old Coastguard hotel and restaurant at the western end of town has a scenic backdrop. The palm tree-lined garden overlooks the sea and you can dine on crab claws, hake, pollock or monkfish, all washed down well with a carafe of Provencal rosé, oldcoastguardhotel.co.uk.

Explore the coast

A pilgrimage to St Michael's Mount is one of Cornwall's highlights. Head back to Penzance and, from there, take a bus (u4; 515 or u4x) to Marazion. At low tide, you can walk across the ancient causeway or, between 1 April and 31 October, there is a ferry service, stmichaelsmount.co.uk.

A final treat

When in Cornwall, you really have to try the local delicacies – so head to The Cornish Hen for a traditional and authentic Cornish pasty, facebook.com/thecornishhen.



THREE THINGS YOU MIGHT NOT KNOW ABOUT PENZANCE...

1) The Welsh poet Dylan Thomas was a frequent visitor to Cornwall and got married in Penzance Registry Office in 1937. The building, now Phoenix House, has a commemorative Heritage Plaque.
2) The Admiral Benbow pub in Penzance is said to have inspired the opening scene of Robert Louis Stevenson's *Treasure Island*. It began serving pirates, smugglers and rum in the 17th century (thebenbow.com).
3) Nearby Newlyn is the home of the Tidal Observatory and for a century provided the world with the official sea-level reading. When Mount Everest was described as reaching 8,849m above sea level, Newlyn was the reference point.

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Havana - Corner Lounge Set

This sleek contemporary lounge set is perfect for a lazy evening in the garden. It can seat up to 5 comfortably and comes with a square coffee table in shades of a sophisticated graphite. This set is virtually maintenance-free and comes with thick foam cushions which have easily removable covers for washing to maintain that pristine look. This set comes with a 1-year constructional warranty.

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Stockholm - Corner Lounge Set - Black

This gorgeous sleek set is the perfect spot to unwind outdoors with friends and family. This unique dark sofa seats up to 6 people and includes a beautifully designed corner sofa, a generously sized sturdy dining table and is virtually maintenance-free. This set comes with a 12-month constructional warranty. Available in both left or right hand orientation.*

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Palma - Corner Rattan Garden Lounge Set

This stylish lounge set, which seats up to 9, is the perfect setting for alfresco dining. Constructed using durable polyrattan, making it practical and hardwearing. Consisting of a deluxe 7 seater sofa, square stool, rectangular stool and a generously sized coffee table with a glass table top. The luxurious thick cushions come in a chic Grey and have removable covers for washing.

Normally £1399 Now **£559.60**
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Marbella - 5-Seater Corner Lounge Set

Relax in your garden without a care in the world with this stunning rattan lounge set. Brought to you in an elegant Earth Grey colour theme, this set will add character and personality to your garden. With its galvanised steel frame, this set is virtually maintenance-free and seats 5 comfortably so you can entertain outside with ease. Includes a tempered glass-topped coffee table.

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Santorini - Lounge Set with Side Cushions

If it is versatility you're looking for then look no further than the sleek, modular Santorini lounge set. Consisting of a right-hand and a left-hand sofa, two ottomans and a compact coffee table, allowing you to transform your garden set into a variety of options when placed in multiple combinations. Also available in Grey and comes with a 12-month constructional warranty.

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Chesterton - Corner Rattan Set

Sit in luxury with this rustic and comfortable lounge set, made from durable polyrattan making it completely maintenance-free. The tempered glass-topped coffee table brings a touch of class and the seat and back cushions are easily removable making it so easy to look after. Seating 5 people with ease, this lounge set will be all you need to make your evenings stress free.

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"I now have 20:20 vision which I haven't had for about 12 years - amazing!"

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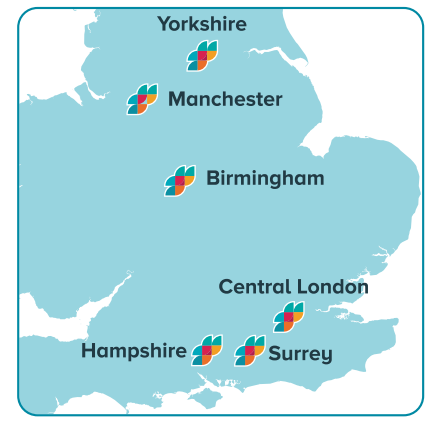
Sophie Lyons

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money & business

RETAIL

Ex-Naked chief back as adviser

Troubled subscription service Naked Wines has brought its old chief executive back as an adviser just days after a representative for one of its biggest shareholders left the board. Rowan Gormley, who has a 2.9 per cent stake in Naked Wines, will take on the unpaid role for between two and three months. The announcement comes two days after Naked said Pratham Ravi had left its board, bosses said yesterday.

RETAIL

MySale turns down Frasers' 29% bid

A bid by retail group Frasers to become the largest shareholder in Australian fashion marketplace MySale has been rejected. Mike Ashley's outfit offered to buy a 28.7 per cent stake. MySale directors declined, saying the offer price undervalued the company. The online retailer said it has had no "material" discussions with Frasers.

EMPLOYMENT

Hiring intentions end 10-month run

The UK's labour market is set to see an end to 10 months of positive hiring intentions following a dip in productivity, according to a report. Business advisory firm BDO said the labour market was at a "turning point", with fears of a recession expected to put downward pressure on employment as hiring intentions start to fall.

SERVICES

FedEx slims down hours and offices

The international delivery group FedEx said it was closing offices and parking aircraft to offset falling volumes of packages moving around the world. The US-based company revealed it would also stop recruiting, close 90 FedEx Office locations, reduce Sunday operations and close five corporate offices after warning of declining revenues in Europe and Asia because of rising costs.

PERSONAL FINANCE

Tips, advice and tricks to save money this winter

With the cost of living set to soar in the coming months, now is the time to maximise the savings you can make, writes **Laurie Havelock**

It's getting colder and energy prices are anxiety-provoking. What you need is a plan to get your house and your finances ready for winter. Below we've compiled sensible, practical suggestions that will help save you money.

Read your meter

Make sure you do a meter reading on 30 September. If you do, you will pay for the energy you use at the current lower rate before it increases on 1 October. If you don't, you might pay for more usage under the new, more expensive rate.

Do it earlier too just in case — in March, suppliers' websites crashed as people raced to submit readings before April's rise. If you have a smart meter, this will not be necessary as it does it automatically.

Bleed your radiators

For any rooms that are less important to heat – bedrooms perhaps – turn the radiators off at the wall, and bleed them so they are running as efficiently as possible.

Time the kids' showers

Anything that involves heating you or the home up is now expensive. Keep a timer in the shower and set it to two minutes so your kids know when their time is up.

Running your washing machine full and at a low temperature helps (reserving a high one for sheets).

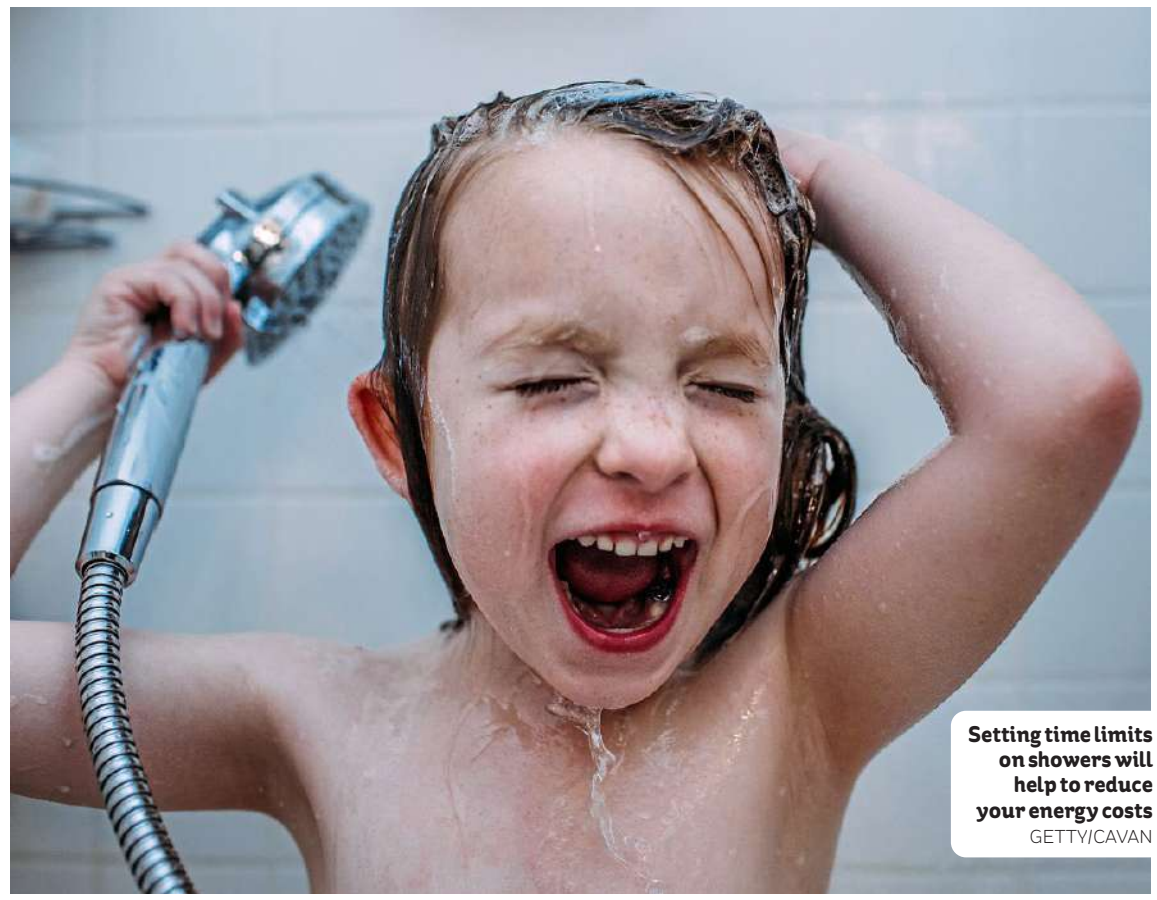
Switch light bulbs

If left on for around four hours a day, a halogen bulb would cost £17.85 a year to run while an LED bulb would cost £4.25, under the current price cap.

If you swap 10 bulbs and used them all for four hours a day, you would save £116 a year, even after the initial £20 cost of the new bulbs. This saving will nearly double from next month.

Cook slowly

If you have one, use a slow cooker as it's a third of the cost. A study from energy supplier Utilita shows that an electric cooker costs on average 87p per day to run, working out as £6.09 a week and £26.38 per month. Meanwhile a slow cooker costs just 16p a day, £2.32 a week or £10 a month. Air fryers come in between 14p a day, just over £1 a week and £4.40 a month.



Setting time limits on showers will help to reduce your energy costs
GETTY/CAVAN

But by far the cheapest appliance, according to a survey by the firm, is the microwave, which is 8 pence a day, 58p a week or £2.50 a month.

More people are buying frozen vegetables instead of fresh. Tesco, on its website, has lots of meal plans where it suggests five family dinners you can cook for £25.

Covering pans with lids and only boiling the kettle for what you need can also conserve energy.

Sort out your mortgage

If you are on a fixed-rate mortgage that is due to expire in the next six months, you will be able to lock in a new deal before your old one ends.

Next week the Bank of England will almost certainly increase the Base Rate – which will lead to all forms of borrowing getting more expensive – and it is possible it will increase the rate by as much as 0.5 per cent. Some banks will let you agree a new deal six months in advance – although some will only do it three months ahead. Speak to a mortgage broker to see what can be done.

Check your tax breaks

One way to ensure you are making the most of every penny this winter is to ensure you are claiming every tax break you can.

800,000
The number of families eligible for tax-free childcare who do not claim it

Many could be taking advantage of key tax breaks and incentives including tax-free childcare, the marriage allowance and pension credit.

Tax perks are available to both working and retired households, including low-income and middle-income individuals and couples.

Tax-free childcare: Figures show that during the 2021/22 financial year, 512,415 families used tax-free childcare accounts in order to get up to £2,000 per child, per year off their childcare costs.

However, while the Government is heralding this as a success, there are still almost 800,000 families who are eligible for the scheme but aren't taking advantage of it, meaning the perk is grossly under-used.

The average family in the UK has 1.9 children, which means there could be £3bn per year of free government money going unclaimed by families.

Marriage allowance: The marriage allowance can be used by married couples where one partner is not earning or works part-time and receives a salary below the personal allowance of £12,570 and the other is a basic-rate taxpayer. »

Winter money saving tips continued p80 ● Best savings deals p81 ● Money watch p83 »

A financial health check to alleviate the cost of living blues this winter

Continued from p79

If your household has one main breadwinner, often because the other partner is looking after children, then this could be worth £252 a year.

However, the allowance is far more lucrative than that because claims can be backdated, meaning some couples could be in line for a £1,242 windfall.

You have to actively claim the marriage allowance, rather than being automatically given it by the government, meaning many people overlook it because they do not know it exists or aren't sure how to claim it.

The tax break works by allowing a lower-earning partner to transfer up to £1,260 of their own personal allowance to their higher earning spouse. The higher earner will therefore pay less tax, boosting total household income. For most eligible couples it is worth an extra £252 a year, although this will be slightly less if the lower earner is on a salary close to the personal allowance threshold and cannot, therefore, transfer the full £1,260 of their personal allowance.

However, couples can also put in a claim for up to four previous tax years, if they were eligible, boosting to the total value of the tax break.

The higher earner must be a 20 per cent taxpayer, so those with earnings over £50,270 won't be eligible.

The new Prime Minister has said she wants to expand this tax relief, letting the lower earning partner transfer up to their entire personal allowance.

This means the higher-earning partner could see their own personal allowance boosted by not just £1,250 but £12,500, and could save couples as much as £2,500.

Pension credit

An estimated 850,000 eligible claimants fail to take up their pension credit payments, which are available to individuals with an income of less than £182.50 a week and couples who get less than £278.70. In total they're believed to be missing out on £1.7bn a year.

The full basic state pension currently pays £141.85 per week. It means pension credit pays an extra £40.75 a week, or £2,119 a year, for someone with only the basic full state pension as a source of income today.

It is also available to couples with income below £278.70, although this means two people on the full basic state pension are over the income threshold for pension credit. Some people will be entitled to higher pension credit payments, for example if they also receive carer's allowance or support relating to disability.

Stop draughts

Our homes are draughty and if you make them less so, you'll save money. Buy some draught excluders for the bottom of doors and secondary glazing film for your windows from hardware shops such as Wickes for £7.50 for a 6m roll. Wickes suggests this will save up to £20 a year by reducing the heat lost.



Using a slow cooker to prepare meals is a good way to save money GETTY

£625

The amount of rent you can charge a lodger per month before you have to pay tax

Take in a lodger

If you are lucky enough to have a spare room – or perhaps your kids can share a room, freeing one up – taking on a lodger can be a massive tax perk.

Doing so allows you to make up to £7,500 a year without having to tell the taxman or pay him anything (£625 a month) through the rent a room scheme.

This means that only the households in the most expensive property areas in the country will have to pay tax on this income.

Anyone whose rent is above this can deduct the relief to reduce how much they pay: if you charge your lodger £900 a month, you only have to pay tax on £275 (£900 less £625) at your usual income tax rate.

Obviously the lodger will use energy, so your bills will go up and it's wise to have an upfront conversation about how long to use the shower for and heating.

Tenants can also rent out a room, as long as they are still living in the home and have permission from their landlord to sublet.

The Government doesn't care how you find your tenants – you can advertise on Airbnb if you like – as long as you're staying in the home when they are. (If you are renting out a property you don't plan to live in, you can't claim rent a room relief.)

There are websites to help you to find a lodger, even ones that specialise in Monday-to-Friday lodgers, leaving you with your home to yourself for the weekend. Home owners are obliged to tell their lenders, but

Pensions Big decisions

Figures from Penfold, a digital pensions company, show the number of savers choosing to opt out of their pension rose 29 per cent from March to July this year.

But even short gaps in contributions today can have a big impact on how large your pension is in retirement. According to the investment platform AJ Bell, a 30-year-old who pauses contributions for three years could have £25,000 less at state pension age. This assumes an existing pot of £25,000, a £30,000 salary and investment growth of 4 per cent a year after charges.

If you're in this position consider reducing your contributions rather than stopping. Or some pension providers will also let you pause contributions for a few months.

If you do leave your company's scheme you can apply to re-join but it might not happen straight away: employers are obligated to handle these requests only once every 12 months.

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Charity shops are a great place to find Christmas presents for family and friends

in reality many don't because of exclusions that can exist for lodgers.

Goodbye nursery, hello Granny

Alice Haine of Bestinvest suggests that, instead of sending the little ones to nursery – where fees can cost a small fortune – you could come to an arrangement with grandparents who may have the energy and desire to be paid to look after the kids instead. Pay them and it may help with their bills too, while reducing yours.

Shop second hand for presents – and yourself

Consumers can save ahead of Christmas by purchasing their seasonal presents second hand.

The auction site eBay has thousands upon thousands of new, nearly new and rarely worn items for sale online with shoppers able to choose from a range of products that make perfect gifts.

Charity shops are also a great place to search for Christmas presents for family and friends including children as used toys are a popular donation in stores.

While some may not have considered doing this before, they could be surprised at the range of items available.

Shoppers can also save by selling their pre-loved items online to make some money ahead of the festive season.

Many other websites are popping up offering similar services as the need to be more sustainable – and cut costs – becomes more pressing.

Vinted and Depop are two of the latest online stores where consumers can buy and sell second-hand clothes at far cheaper prices than purchasing new.

Meanwhile, Gumtree, Facebook Marketplace and Freecycle are established buying and selling platforms that can be used to find presents or be used by those looking to purchase cut price items for their home.

They are usually much cheaper than buying new, with many also offering goods for free, as long as people can collect them directly from the seller.



Help from grandparents can cut the cost of childcare CHRISTOPHER HOPE-FITCH

… and what won't make a big difference

It's a myth that going around your house and turning off every socket will save you a ton of money. So-called "vampire devices", which are said to be using power day and night, just don't really exist any more.

Since 2013, the amount of power that appliances such as computers, games consoles and TVs can consume while on standby has been capped at 0.5W.

A device left on standby all year would cost £1.24, or £2.28 from October.

Top Savings Accounts

EASY ACCESS

Provider	Account	Notice or Term	Deposit	AER
Al Rayan Bank **(A)**	Everyday Saver (3)	None	£5,000	2.10%
Gatehouse Bank **(A)**	Easy Access	None	£1	2.00%
Zopa	Smart Saver	None	£1	1.85%
Shawbrook Bank	Easy Access - Issue 30	None	£1,000	1.81%
Paragon Bank	Triple Access - 9	None	£1	1.80%

SHORT-TERM FIXED RATES

Provider	Account	Notice or Term	Deposit	AER
Charter Savings Bank	Fixed Rate Bond	18-mth bond	£5,000	3.60% **(F)**
Paragon Bank	18 Month Fixed Rate	18-mth bond	£1,000	3.40% **(F)**
Charter Savings Bank	Fixed Rate Bond	1-yr bond	£5,000	3.40% **(F)**
United Trust Bank	UTB 15 Month Bond	15-mth bond	£5,000	3.40% **(F)**
Family Building Society	Fixed Rate Bond (11)	18-mth bond	£20,000	3.40% **(F)**

LONG-TERM FIXED RATES

Provider	Account	Notice or Term	Deposit	AER
BLME **(A)**	Premier Deposit Account	5-yr bond	£1,000	3.75% **(F)**
BLME **(A)**	Premier Deposit Account	7-yr bond	£1,000	3.75% **(F)**
Oxbury Bank	5 Year Bond - Issue 6	5-yr bond	£1,000	3.70% **(F)**
Monument Bank	Fixed Term Deposit	5-yr bond	£25,000	3.65% **(F)**
SmartSave	Fixed Rate Saver	5-yr bond	£10,000	3.61% **(F)**

VARIABLE ISAS

Provider	Account	Notice or Term	Deposit	AER
Santander	eISA (Issue 15)	None	£500	1.85%
Virgin Money	Access ISA Exclusive 2	Instant	£1	1.75%
Gatehouse Bank **(A)**	Easy Access Cash ISA	None	£1	1.75%
Mansfield BS	90 Day Notice ISA (3rd)	90 Day	£1	1.75%
Teachers BS	ISA Notice 90 (Issue 10)	90 Day	£100	1.70%

CREDIT INTEREST PAYING CURRENT ACCOUNTS

Provider	Account	Min Funding (pm)	Account fee	Reward
Halifax	Reward Current	£1,500	Nil	£5.00pm **(B)**
Nationwide BS	FlexDirect	£1,000	Nil	5.00% **(C)**
TSB	Spend & Save	None	Nil	£5.00pm **(C)**
Virgin Money	M Plus Account	None	Nil	2.02%
The Co-operative Bank	Current Everyday Rewards	£800	Nil	£1.00pm **(B)**

(A) = Provider operates under Islamic finance principles, rate shown is expected profit rate. **(B)** = Paid net of income tax.
(C) = Introductory rate for a limited period. **(F)** = Fixed rate.
All rates are shown as AER variable unless otherwise stated. Methods of opening and operating accounts will vary.
Current account interest rates paid up to a specified level, terms may apply to qualify for rates shown.

Top Borrowing Accounts

FIXED-RATE MORTGAGES

Provider	Rate	Period	Max LTV	Fee
Penrith BS	3.49%	for 2 years	90%	£999
Coventry BS	4.05%	to 28.2.25	75%	-
Coventry BS	3.77%	to 28.2.26	75%	£999
HSBC	3.78%	to 31.3.28	75%	£999
HSBC	3.93%	to 31.3.28	90%	£999

VARIABLE RATE MORTGAGES

Provider	Rate	Period	Max LTV	Fee
first direct	3.69%	for term	75%	£490
first direct	3.84%	for term	75%	-
first direct	4.14%	for term	80%	£490
first direct	4.29%	for term	80%	-
first direct	4.79%	for term	90%	£490

CURRENT ACCOUNT OVERDRAFT SELECTION

Provider	Account	ArrEAR	UnarrEAR	0% overdraft limit
Starling Bank	Current Account	15.0%	0.0%	Nil
first direct	1st Account	39.9%	39.9%	£250
Virgin Money	M Plus Account	19.9%	19.9%	Nil
Lloyds Bank	Club Lloyds	27.5%	0.0%	£50
TSB	Spend & Save Plus	39.9%	39.9%	£100

CREDIT CARDS STANDARD RATE

Provider	Card Type	Rate PM	APR	Min income
Bank of Scotland	Plat Low Rate Mastercard	0.792%	9.9%	-
Halifax	Credit Card Mastercard	0.792%	9.9%	-
Tesco Bank	Clubcard Low APR MC	0.793%	9.9%	£5,000
TSB	Advance Credit Card MC	0.800%	9.9%	-
MBNA Limited	Platinum Visa	1.019%	12.9%	£14,000

All borrowing rates and availability of products are subject to individual credit ratings.

All rates and terms subject to change without notice and should be checked before finalising any arrangement.
This information is provided by moneyfacts.co.uk on 8.00am 15th September 2022 in good faith.

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BANKING

Uncapped bonuses pose 'reckless risk'

By David Connett

Banker's bonuses are a "symptom" of the wider problem of "reckless risk" in the financial system and lifting a cap on them may result in a repeat of previous crises, experts have warned,

New chancellor Kwasi Kwarteng is considering scrapping the cap on banker bonuses.

Introduced in 2014 in response to the financial crisis, the cap limits bonuses to a year's salary, rising to two years if shareholders approve.

Removing the cap, it is argued, could strengthen London's competitiveness in the global finance industry against rivals in New York and Asia by allowing City banks to lure the sector's best talent by offering better remuneration.

Opponents of the move say it could lead to a return of high risk behaviour that triggered the financial crisis in 2007. Labour MP Margaret Hodge, who campaigns against "dirty money" in the City, said bonuses for mergers and acquisition bankers were already at record levels of £2.6bn – even with the cap in place.

"Thinking about bankers at this stage is obscene. Whose side is everybody on, really?" she said.

Mick McAteer, a former Financial Conduct Authority board member, described it as a "bad idea" that would encourage the kind of aggressive risk-taking seen before the 2008 crash.

It would create incentives for "misselling of toxic socially useless financial products", he warned, saying: "I'm not sure it's appreciated just how dangerous fierce competition can be."

Mr McAteer added: "What does scrapping [the] bonus cap mean for levelling up?"

CONSUMER

Retail feels pinch of frugal shoppers

By Bradley Gerrard

Consumers rapidly reined in spending in August as retail sales dropped by the largest amount in over a year.

The volume of retail sales fell by 1.6 per cent, the joint largest drop since July last year, according to the Office for National Statistics.

All retail sectors saw a decline, with online firms having the largest fall at 2.6 per cent. Grocery and food store sales were the most resilient, down just 0.8 per cent, but this still leaves them 1.4 percentage points below their pre-coronavirus levels.

The amount spent by consumers also dropped by 1.7 per cent month on month.

Consumers are being increasingly watchful over their spending due to energy bills concern.

PERSONAL FINANCE

'The consumer crunch has put our business on the line'

EMILY WILKINSON, 34, lives near Macclesfield in Cheshire with her husband, Alex, and their two French bulldogs, Peanut and Minnie, and two cats Tiger and Narla. She runs a gym called AW Muscle and Fitness with her husband. She takes home a £1,042 salary from the gym and also puts £1,500 a month from the business into a joint account for bills. Most of the money from the business is reinvested back into it.



Emily Wilkinson with her French bulldogs Peanut and Minnie at her Macclesfield gym

She said: "My husband and I are both bodybuilders and purchased a gym in 2018 financed by selling five houses we owned between us, which made us £80,000.

"Over the pandemic, we lost around £60,000 and the grants we received did not touch the surface. We ran online boot camps and coaching sessions, and when we could, opened an outdoor gym in our car park spaces.

"Rising costs are our primary concern. We are paying back our bounce-back loan monthly, which comes in at £340 a month over a 10-year period, and have higher pay costs for staff and cleaners.

"Last September, the business's electricity bill jumped from £480 a month to over £1,000 a month. This September we are expecting the bill to be over £1,500 a month. It is hard to see how the Government cap will affect us as we are in a fixed-term contract for the next 12 months.

"I'm not convinced the Government has really thought through the plans to support businesses.

"We have put our membership prices up this month: day passes, the price will rise from £5 to £7, but every seventh visit will be free.

"It is going to be hard to increase our prices further as our members will be feeling the squeeze financially too.

"I have had some sleepless nights over rising costs. I do not think we will lose the business, but I think we will have to fight to keep it."

The Business Matrix

The day at a glance



FOOD & DRINK

A bitter taste for Oktoberfest visitors

The beer could be hard to swallow at Germany's landmark Oktoberfest event as the price of a 1-litre stein of beer is set to cost between €12.60 and €13.80 (£11.02-£12.07), a roughly 15 per cent hike on prices in 2019. The price hikes awaiting festival-goers this weekend have been driven by spiralling raw ingredient prices, such as barley and hops, as well as rising packaging costs.

INVESTMENTS

Spooked investors in equity fire sale

Global equity funds suffered another bruising week of outflows as fears over inflation and a slowdown in global growth continue to spook markets. Investors sold a net $13.1bn (£11.5bn) of their investments in global equity funds in the seven days to 14 September after withdrawing a net $23bn the previous week, according to data from Refinitiv Lipper.

UNITED STATES

Crackdown call for cryptocurrencies

The Biden administration has called for heightened enforcement of the cryptocurrency sector, with US Treasury Secretary Janet Yellen stating that history had taught the nation that "innovation without adequate regulation can result in significant disruptions and harm to the financial system and individuals".

DEFENCE

China sanctions arms sale bosses

China will impose sanctions on the chief executives of Boeing Defense and Raytheon over an arms sale to Taiwan including anti-ship and air-to-air missiles, the foreign ministry said. The sanctions on Boeing Defense, Space & Security's Ted Colbert and Raytheon Technologies' Gregory Hayes are in response to the approval by the US State Department.

TECHNOLOGY

Social media app buys cloud company

The social media app Parler, which is popular with Donald Trump supporters, has bought California-based cloud services provider Dynascale, giving it access to roughly 50,000sq ft of data centre space. The move comes as part of a wider restructure which includes the launch of a new parent company Parlement Technologies Inc after its recent $16m (£14m) fundraising.

AVIATION

Raised expectations at Cathay Pacific

Hong Kong's Cathay Pacific Airways has upped its expectations for flight numbers with predictions that it will reach a third of pre-pandemic passenger capacity by the end of the year, after crew quarantine rules were lifted. The analysis comes after it had recently predicted it would hit a quarter of its pre-Covid capacity before next year.

UNITED STATES

Space tech provider plans Nasdaq listing

Intuitive Machines plans to go public on the Nasdaq in New York through a Special Purpose Acquisition Company (SPAC) that values the space technologies provider at more than $1bn (£880m). The firm is one of NASA's contractors for its forthcoming Artemis lunar missions, one of which aims to put people on the moon for the first time since 1972.

ECONOMY

World Bank takes gloomy line on growth

By Bradley Gerrard

A chilling warning about a global recession in 2023 has been issued by the World Bank as it raises fears that interest rate rises could contribute to a significant slowdown.

Experts at the World Bank highlighted that central banks had been increasing interest rates this year in a "synchronicity not seen over the past five decades", something which could damage global growth.

In a bid to control inflation, it is expected that central banks will need to raise interest rates by a further 2 percentage points which, if accompanied by stress in financial markets or continued supply chain disruption, could lead global GDP growth to slow to 0.5 per cent in 2023. This 0.4 per cent per capita contraction would meet the technical definition of a global recession, the bank added.

"Recent tightening of monetary and fiscal policies will likely prove helpful in reducing inflation," said the World Bank's Ayhan Kose. "But because they are highly synchronous across countries, they could be mutually compounding in tightening financial conditions and steepening the global growth slowdown."

The World Bank expected interest rate rises to lead the global core inflation rate, excluding energy, to hit roughly 5 per cent next year, which is double the five-year average before the pandemic.

It said the global economy was in its steepest slowdown following a post-recession recovery since 1970.

AUTOMOTIVE

Lack of microchips forces shutdowns

Carmakers Stellantis and Renault will partly halt their Spanish plants in the coming days and weeks as the lack of microchips persists, according to union representatives. The global chip shortage, caused by pandemic supply chaos and booming demand, has ravaged the automotive sector, with many companies halting production.

SPAIN

Amber increases defence holding

The Spanish government has allowed activist fund Amber Capital to raise its stake in defence company Indra from 4.2 per cent to 9.99 per cent. The move means that Amber will become its second biggest shareholder behind state holding company SEPI, which has a 25.2 per cent stake in the firm.

Money watch

The week in numbers

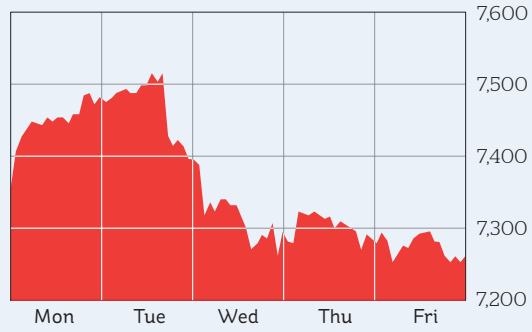
CURRENCIES (relative to sterling)

		Weekly change	Year high	Year low
US DOLLAR	$1.14	▼ 1.05%	1.38	1.14
EURO	€1.14	▼ 1.06%	1.22	1.15
CHINESE YUAN	¥7.97	▼ 0.86%	8.91	7.91
SWISS FRANC	CHF1.10	▼ 2.21%	1.28	1.10

THE MARKETS THIS WEEK

FTSE 100

The FTSE 100 ended the day down 45.39 points, or 0.62 per cent, at 7,236.68.



FTSE 100 7236.68 — Weekly change ▼ 114.39 1.56% — Week intraday High: 7,514.04 Low: 7,236.17

Dow*	30,648.89	▼ 1502.82	4.67%
Nasdaq*	11,372.40	▼ 739.90	6.11%
S&P*	3,850.79	▼ 216.57	5.32%
Nikkei	27,567.65	▼ 647.10	2.29%
CAC 40	6,077.30	▼ 135.03	2.17%
DAX	12,741.26	▼ 346.95	2.65%

Riser in the news

671.00p, +3.23%

Tech firm and grocer Ocado group is something of a rollercoaster share but the potential for more online grocery expansion keeps it buoyant.

Faller in the news

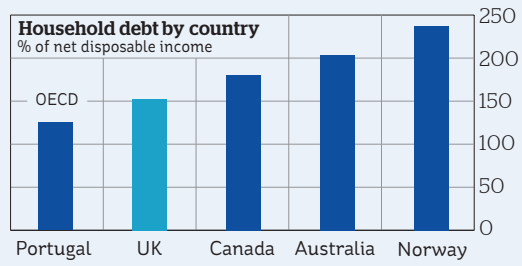
4,670p, -4.67%

InterContinental Hotels Group suffered along with other travel and recreational firms, as the dire economic outlook threatens revenues.

THE ECONOMY

Household debt by country

The amount of debt, including mortgages, that we have is 148 per cent of our income on average.



113.5m tonnes
Total UK freight tonnage increased by 4 per cent from April 2021-22.

89p/kg
The average price of Guatemalan bananas sold in the UK last week.

2.3m
The number of drivers with a Blue Badge on 31 March 2021, down 3.8 per cent since 2020.

303
The number of crematoriums operating in the UK.

GOOD WEEK



▲ **KAREN BLACKETT**
Appointed to head ad firm WPP's UK operations.



▲ **RUPERT SOAMES**
Serco chief "outsourced" himself by retiring, to shareholder acclaim.



▲ **TIM WARRILLOW**
The Fever Tree co-founder had some fizzing results out this week.

BAD WEEK

▼ **SANJAY SHAH**
UK hedge fund manager in jail in Dubai facing fraud claims in Denmark.



▼ **JETTE NYGAARD-ANDERSEN**
Entain chief found her company under investigation in Australia.



▼ **NEIL WOODFORD**
Former star stock-picker had the Financial Conduct Authority on his tail.



SUPER STAT

£195,707,000.00

Highest ever prize amount won on the Euromillions draw – in July 2022.

SHOCK STAT

205m

The number of people in food crisis or worse in 53 countries/territories, according to the World Food Programme.

KEY COMMODITIES

This week's changes

Oil 92.11 $/barrel +0.48

Gold 1,673.22 $/oz -43.50

SOURCE: ONS, GOV.CO.UK *VALUE AT 6PM FRIDAY

Friday's FTSE 100

down -0.62% at 7236.7

Company	Price	Chg %	High	Low
3i Group	1134.0	+0.18%	1507.5	1042.0
abrdn	144.2	-0.28%	265.3	140.8
Admiral	2272.0	+0.44%	3552.0	1691.5
Airtel Africa	135.8	-2.30%	173.1	92.5
Anglo Amer	2818.5	+0.11%	4292.5	2350.0
Antofagasta	1133.5	-1.56%	1799.5	971.2
AB Foods	1324.5	-0.60%	2181.0	1313.0
Ashtead Group	4262.0	-0.93%	6572.0	3269.0
AstraZeneca	10122.0	-0.08%	11540.0	8029.0
Auto Trader Group	614.2	-1.06%	751.4	499.4
Aveva Group	3052.0	+0.89%	4099.0	1800.0
Aviva	440.1	-0.54%	606.6	341.9
BAE Systems	764.8	-1.29%	847.4	517.4
Barclays	171.1	-0.64%	219.6	140.1
Barratt Dev	429.0	+1.13%	765.1	393.1
BAT	3450.5	+0.45%	3645.0	2507.5
Berkeley Grp Hldgs	3595.0	+0.08%	4919.0	3357.0
B&MEurValRtl	337.6	-2.17%	651.4	336.0
BP	452.1	-0.99%	469.6	299.7
British Land	410.1	+0.44%	563.8	394.3
BT	139.1	-1.45%	201.4	134.8
Bunzl	2737.0	-0.51%	3249.0	2363.0
Burberry	1724.0	-0.32%	2074.0	1473.5
Centrica	80.8	-1.27%	93.9	50.0
Coca-Cola HBC	1920.0	-0.93%	2706.0	1403.5
Compass	1875.0	-2.62%	1970.5	1435.0
CRH	3082.5	-0.21%	4024.0	2736.5
Croda Intl	6430.0	-2.10%	10505.0	5862.0
DCC	4717.0	-2.44%	6520.0	4717.0
Dechra Pharma	2950.0	-4.47%	5405.0	2940.0
Diageo	3745.0	-0.49%	4110.0	3282.5
Endeavour Mining	1661.0	+0.30%	2176.0	1505.0
Entain	1213.0	-1.66%	2500.0	994.6
Experian	2661.0	-0.97%	3689.0	2242.0
Flutter Entrtmt	10320.0	-0.67%	16275.0	7340.0
Frasers Group	786.0	-1.93%	1001.7	523.5
Fresnillo	730.0	-0.16%	997.6	610.6
Glencore	489.3	-2.53%	548.3	305.1
GSK	1321.4	-1.21%	3408.2	1321.0
Haleon	259.4	-1.91%	337.4	241.2
Halma	2000.0	-1.86%	3270.0	1855.3
Hargrve Lans	854.4	+0.47%	1603.0	759.0
Hikma Pharms	1253.5	+1.79%	2496.0	1212.5
Homeserve	1188.0	-0.08%	1192.0	578.3
Howden Joinery	568.8	-0.11%	985.8	537.2
HSBC Hldgs	529.6	-0.02%	567.2	329.6
IAG	106.0	-2.25%	193.9	102.1
Imperial Brands	1910.5	-0.10%	1966.5	1434.2
Informa	551.4	-0.18%	628.0	459.8
IntCont Htls	4670.0	-4.67%	5386.0	4174.0
Intertek	3897.0	-1.24%	5824.0	3837.0
IntermediateCp	1212.5	-0.49%	2493.0	1191.0
JD Sports Fashion	125.3	-2.26%	235.7	98.9
Kingfisher	247.3	-0.56%	375.2	227.3
Land Secs	612.6	-0.94%	822.4	587.2
Legal & Gen	262.0	-0.34%	309.9	225.5
Lloyds Bk Gp	47.8	+0.39%	56.0	38.1
Lon Stock Ex	7786.0	-0.21%	8612.0	6230.0
M&G	201.2	+2.00%	230.0	168.7
Melrose Ind	111.0	-0.72%	187.4	107.5
Mondi	1450.5	-1.56%	1982.0	1233.5
National Grid	1036.0	+0.14%	1271.5	880.6
NatWest Group	272.9	-0.47%	284.4	196.9
Next	5808.0	-0.68%	8484.0	5578.0
Ocado Group	671.0	+3.23%	1964.5	615.4
Pearson	898.4	-0.62%	932.6	571.0
Pershing Square	2840.0	-0.70%	3125.0	2295.0
Persimmon	1430.0	-1.52%	2930.0	1398.0
Phoenix	609.6	-0.03%	704.4	559.2
Prudential	957.6	+0.72%	1519.0	877.2
Reckitt Ben	6260.0	-1.76%	6824.0	5367.0
RELX	2232.0	-0.45%	2474.0	2056.0
Rentokil Initial	519.0	-0.61%	662.0	441.2
Rightmove	593.4	-1.59%	810.0	518.5
Rio Tinto	4785.5	+0.32%	6343.0	4354.0
Rolls-Royce	75.8	-1.42%	161.9	69.6
RS Group	1040.0	-1.52%	1276.0	790.0
Sage	718.4	+0.06%	862.2	587.2
Sainsbury(J)	202.8	+0.55%	307.8	197.5
Schroders	2518.0	-2.63%	3913.0	2518.0
Scot Mort Inv Tst	828.0	-1.85%	1568.5	670.6
Segro	883.4	+0.68%	1508.0	860.2
Severn Trent	2647.0	+0.08%	3228.0	2561.0
Shell	2296.5	-0.78%	2459.2	1833.4
Smith&Neph	1055.0	-0.47%	1379.6	994.8
Smith (DS)	265.5	-3.31%	461.4	258.2
Smiths Gp	1504.0	-1.05%	1642.0	1323.0
Smurfit Kappa Grp	2836.0	-2.21%	4224.0	2623.0
Spirax-Sarco Eng	10070.0	-2.99%	17225.0	9008.0
SSE	1745.0	+0.55%	1935.5	1510.0
Stan Chart	602.2	-1.15%	641.0	406.2
St James Place	1093.0	-0.05%	1742.5	1044.0
Taylor Wimpey	107.5	-0.23%	179.7	101.8
Tesco	231.5	-0.22%	304.1	229.8
Unilever	3944.0	-0.64%	4109.5	3267.5
Unite Group	1001.0	+0.10%	1209.0	934.8
United Utilities	1031.5	+0.29%	1186.9	961.8
Vodafone	108.4	-0.81%	141.6	106.3
Whitbread	2631.0	-2.12%	3465.4	2382.0
WPP	767.0	-0.29%	1231.5	719.6

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VAX® SPOTWASH HOME DUO

Quickly and easily remove spills, stains and pet messes from anywhere in the home and car.





Don't just take our word for it...

Freddy56 ★★★★★

So useful - I bought this as we have a new puppy and relatively new carpets. It's been great for little accidents and muddy feet. Easy to use, does what it says and doesn't take up too much space.

Read all our customer reviews at vax.co.uk

Must Have Cleaning Companion

The VAX SpotWash Home Duo is the perfect cleaning tool for accidental spills, stains and pet messes. Whether you have a busy home with kids or pets, or you're a car enthusiast, the SpotWash Home Duo is ideal for cleaning multiple surfaces around the whole home. And when the accidental spills and stains are in hand, it's great for cleaning soft furnishings, and refreshing and reviving upholstery.

Remove Spills & Stains

Just fill the SpotWash Home Duo with water and solution and it's ready to go. A trigger on the handle allows you to target the solution on the spill or stain, and SpotWash Home Duo will do the rest, cleaning and lifting the mess into the dirty water tank, which is simply lifted out and poured away - leaving the area looking and smelling clean.

Tools For Every Task

Complete with a selection of tools for multiple tasks, the SpotWash Home Duo is equipped to help you clean anywhere in the home and car. For those particularly unsightly messes, there is also a dedicated messy tool, so you'll not need to worry about any cross contamination of cleaning tasks.

Compact & Convenient

The VAX SpotWash Home Duo has been designed to be portable and easy to grab for when those unexpected messes appear. With its compact design, it fits neatly into cupboards for storage and the tools and tanks are easily removed for cleaning and emptying. Plus, for added reassurance, each of the cleaning attachments have an antimicrobial treatment which helps protect against the growth of bacteria and fungi.

Multi-Surface Cleaning



Compact & Portable



Ideal for Pet Mess



Tools for Every Task



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Tired, Heavy Legs? Puffy Ankles?

Actively increase circulation to reduce these symptoms with the Revitive Circulation Booster®

SEPTEMBER SALE

More than 3 million people are now dedicated to the Revitive Circulation Booster®, which is high-tech yet needs no specialist operation.

Revitive is being shown to help with symptoms such as the feeling of tired legs and puffy ankles. The circular footrest is a dynamic hub for electrical muscle stimulation (EMS) technology, sending electrical pulses gently up through the feet and into the body.

Few people realise it but the calf muscles act as our 'second heart', pumping blood up from the body's farthest reaches back to the heart. It's no secret that things tend to slow through ageing or being less active. After we've been on our feet for a while, at best many of us suffer from symptoms where we find our legs feeling tired and ankles puffy.

Yet sufferers are discovering that these are a thing of the past thanks to Revitive Circulation Booster© - a drug-free therapy device which actively increases circulation. Revitive should be used daily, from just 30 minutes.



"Try Revitive. It just might change your life."
Lord Ian Botham, cricket legend & Revitive user

FREE HOME DELIVERY



Clinical study shows
significant increase in blood flow

Researchers from Imperial College London demonstrated in a clinical study†† that Revitive significantly improves blood flow by over 50%.

Let Revitive weave its magic while you sit back in your armchair and watch TV or read.

EASY TO USE – switch on, place your bare feet on footpads and increase intensity until your calf muscles contract, then just sit back, relax & let Revitive go to work.

EFFECTIVE – Revitive creates Electrical Muscle Stimulation (EMS) which sends gentle electrical pulses up through the feet which contracts the calf muscles to get your leg muscles pumping & may help provide relief from the feeling of tired legs and puffy feet and ankles, while you relax.

CLINICAL TRIALS – Imperial College London's vascular surgery department at Charing Cross Hospital London has conducted extensive clinical studies.

DRUG-FREE – Revitive is a class IIa medical device offering a drug-free solution and you may be entitled to claim back the VAT** if you suffer from a long-term illness - call for further details.

RECOMMENDED by the Professor:



"Revitive uses clinically proven EMS technology which I know works."
– Professor Jonathan Beard, Consultant Vascular Surgeon Sheffield Teaching Hospitals

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Revitive Essential is NOT eligible for VAT relief

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ALTERNATIVELY

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Long term illness or disability?
With our **NEW MEDIC RANGE**
if you have High Blood Pressure High Cholesterol, Diabetes or Arthritis, you may qualify for VAT relief – call for details.



AS SEEN ON TV

90-DAY RISK-FREE† TRIAL

Try Revitive at home for 90 days. Exclusively available when you buy directly.

PERFECT 10s FOR REVITIVE ON reevoo

Simon, Beverley
Have tried taking medication to improve circulation in my left leg, but this knocks them out of the park!"

Leslie, Devon
Noticed an immediate improvement. I feel my varicose veins are no longer as painful & I believe I've not had an attack of cramp since using it."

Marie, Merseyside
Since using Revitive daily I've benefited from a noticeable reduction in puffiness in both of my feet and lower legs. I would recommend it to anyone."



UNSUITABLE IF YOU ARE: Fitted with a heart pacemaker or AICD; being treated for, or have the symptoms of, an Existing Deep Vein Thrombosis (DVT); pregnant.

Always read the label. Use only as directed. If you are uncertain about the cause of your symptoms or your symptoms persist, please consult your Doctor. ††TRIAL: With Revitive, median arterial blood flow increases over 50% versus baseline at rest in healthy people during use (Varatharajan et al, 2014. The effect of footplate neuromuscular electrical stimulation on venous and arterial hemodynamics, Phlebology, July 4, 20 participants.) NEW Revitive Medic Bundle from £299.96 (£249.96 excl VAT). *Free standard P&P worth £7.99 in England and Wales. [Some areas of Scotland, Northern Ireland and other remote postcodes will incur a Remote delivery cost of £8.99 and, if returned within 90 days, full refund of purchase price, minus a Remote collection fee of £8.99.] Must be returned in original UNDAMAGED packaging, otherwise charges may apply. 1 trial per customer only & trial starts from dispatch date. All quotes used are real however, to protect the identity of our customers, models have been used for the pictures.
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AW:18405320 03.22.

FREE PHONE:
Call free! 0800 014 6643
Lines open: Mon-Fri 8am-5.30pm & Sat 9am-2pm

Quote Code RDX3320

www.revitive.com

Post completed coupon to: **Dept RDX3320, Actegy Ltd, 1 Westpoint, Western Rd, Bracknell, RG12 1HJ**

YOUR DELIVERY AND PAYMENT DETAILS

Title First Name Surname

Address

Postcode

Email

Tel

Charge my: ☐ Visa ☐ Visa Debit ☐ MasterCard ☐ Maestro

Card No.

Start Date Exp Date Security Code (Last 3 digits on reverse) Issue No. (Maestro only)

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One Payment of £149.99 Inc. VAT ☐

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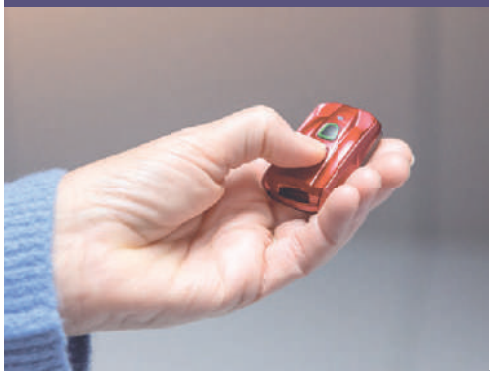
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BRITISH ISLES CIRCUMNAVIGATION
12 NIGHTS DEPARTING 1ST JUNE 2023

JUNE 2023

Thu 1	**Embark *Ambience* and depart London Tilbury**
Fri 2	Relaxing at sea
Sat 3	**Invergordon, Scotland**
Sun 4	**Kirkwall, Orkney Islands**
Mon 5	**Portree, Isle of Skye**
Tue 6	**Tobermory, Isle of Mull**
Wed 7	**Belfast, Northern Ireland**
Thu 8	**Liverpool, England**
Fri 9	**Cork (from Cobh), Ireland** (arrive midday)
Sat 10	**St. Mary's, Isles of Scilly**
Sun 11	**St. Peter Port, Guernsey**
Mon 12	**Le Havre, France**
Tue 13	**Arrive in London Tilbury**

YOUR INCREDIBLE READER OFFERS LTD SALE FARES

CABIN	GRADE	FULL FARE (PP)	READER OFFERS LTD FARE (PP)
Standard Inside	1	~~£1,439~~	**£1,169**
Standard Ocean View	6B†	~~£1,769~~	**£1,439**
Superior Balcony	14	~~£3,059~~	**£2,479**
Superior Junior Suite	SJS	~~£4,309~~	**£3,499**
De Luxe Suite	DS	~~£5,259~~	**£4,259**

Single cabins are available from **£1,999**

BRITISH ISLES DISCOVERY
10 NIGHTS DEPARTING 19TH JULY 2023

SIMILAR ITINERARY DEPARTING 2ND SEPTEMBER 2023 AVAILABLE – PLEASE CALL FOR DETAILS

JULY 2023

Wed 19	**Embark *Ambience* and depart London Tilbury**
Fri 21	**Kirkwall, Orkney Islands**
Sat 22	**Stornoway, Isle of Lewis**
Sun 23	**Tobermory, Isle of Mull**
Mon 24	**Belfast, Northern Ireland**
Tue 25	**Cork (from Cobh), Ireland** (arrive midday)
Wed 26	**St. Mary's, Isles of Scilly**
Thu 27	**St. Peter Port, Guernsey**
Fri 28	**Le Havre, France**
Sat 29	**Arrive in London Tilbury**

Date not mentioned is spent relaxing at sea

YOUR INCREDIBLE READER OFFERS LTD SALE FARES

CABIN	GRADE	FULL FARE (PP)	READER OFFERS LTD FARE (PP)
Standard Inside	1	~~£1,199~~	**£979**
Standard Ocean View	6B†	~~£1,479~~	**£1,199**
Superior Balcony	14	~~£2,559~~	**£2,079**
Superior Junior Suite	SJS	~~£3,589~~	**£2,899**
De Luxe Suite	DS	~~£4,379~~	**£3,549**

Single cabins are available from **£1,659**

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  - A wide range of entertainment, including evening shows, plays, cabarets, live music & classical interludes
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SCOTTISH ISLANDS, HIGHLIGHTS & FAROES
8 NIGHTS DEPARTING 29TH JUNE 2023

BRAND NEW SHIP MAIDEN SEASON

JUNE 2023

Thu 29	**Embark *Ambition* and depart Newcastle, Port of Tyne**
Fri 30	**Dundee, Scotland** (depart late night)

JULY 2023

Sun 2	**Lerwick, Shetland Islands**
Mon 3	**Tórshavn, Faroe Islands**
Wed 5	**Tobermory, Isle of Mull**
Thu 6	**Belfast, Northern Ireland**
Fri 7	**Arrive in Liverpool**

Dates not mentioned are spent relaxing at sea. Pre & post-cruise coach transfer available

YOUR INCREDIBLE READER OFFERS LTD SALE FARES

CABIN	GRADE	FULL FARE (PP)	READER OFFERS LTD FARE (PP)
Standard Plus Inside	2	~~£869~~	**£699**
Standard Ocean View	6	~~£1,069~~	**£869**
Superior Balcony	14	– SOLD OUT –	
Junior Suite	JS	~~£2,139~~	**£1,739**
De Luxe Suite	DS	~~£3,729~~	**£3,029**

Single cabins are available from **£1,019**

BRITISH ISLES & RIVER SEINE DISCOVERY
13 NIGHTS DEPARTING 8TH AUGUST 2023

BRAND NEW SHIP MAIDEN SEASON

AUGUST 2023

Tue 8	**Embark *Ambition* and depart Liverpool**
Thu 10	**St. Mary's, Isles of Scilly**
Fri 11	**St. Peter Port, Guernsey**
Sat 12	**Rouen, France** (arrive midday – overnight)
Sun 13	**Rouen, France**
Mon 14	**Portsmouth, England**
Wed 16	**Invergordon, Scotland** (arrive midday)
Thu 17	**John O'Groats (from Scrabster), Scotland**
Fri 18	**Portree, Isle of Skye**
Sat 19	**Tobermory, Isle of Mull**
Sun 20	**Belfast, Northern Ireland**
Mon 21	**Arrive in Liverpool**

Dates not mentioned are spent relaxing at sea

YOUR INCREDIBLE READER OFFERS LTD SALE FARES

CABIN	GRADE	FULL FARE (PP)	READER OFFERS LTD FARE (PP)
Standard Plus Inside	2	~~£1,549~~	**£1,259**
Standard Ocean View	6†	~~£1,939~~	**£1,579**
Premium Balcony	16	– SOLD OUT –	
Junior Suite	JS	~~£3,859~~	**£3,129**
De Luxe Suite	DS	~~£6,729~~	**£5,459**

Single cabins are available from **£1,839**

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Fares are per person based on two adults sharing, except single cabins, may increase or be withdrawn at any time. Offers apply to new bookings only. Ports may require a tender. #Based on one space for the duration of the cruise. ±Based on two adults sharing on 8th August 2023 departure in a De Luxe Suite. ++Subject to the cruise line's T&Cs. †Denotes obstructed view. Travel insurance including Coronavirus cover is required. All guests are required to be fully Covid-19 vaccinated. Gratuities of £6.00 per person per night are automatically added to guests on board account. Ambition is new to the fleet and is not a brand new ship. +Duo of wine gift is based on one per booking for UK mainland addresses only. ††Cruise Miles® T&Cs apply. Ambassador T&Cs apply. E&OE.

Today's Weather

Mainly dry with sunny spells, variable cloud and a chance of showers, mostly across northern Scotland. Breezy for North Sea coastal areas.

Today's high	Today's low	Moon Phase	Sunrise	Sunset
18°	5°		06:38	19:10

Around Britain

City	Temp (Midday yesterday)		Rain (mm)	Sun (hrs)
Aberdeen	11	C	0.4	4.9
Aberporth	14	F	0.2	7.1
Aberystwyth	15	S	0.4	10.3
Aviemore	9	C	6.8	3.3
Belfast	15	S	0.2	11.3
Birmingham	15	F	0.0	9.2
Bournemouth	17	S	0.0	9.2
Bridlington	13	SH	0.2	5.7
Bristol	17	F	0.1	9.0
Cardiff	18	S	0.0	9.0
Cromer	12	SH	8.9	6.1
Durham	13	F	0.2	7.4
Eastbourne	17	F	0.0	7.6
Edinburgh	14	F	0.2	6.3
Eskdalemuir	12	F	1.0	9.4
Glasgow	15	S	0.0	11.2
Holyhead	14	S	0.2	9.8
Hove	17	F	0.0	7.6
Hull	14	F	0.0	6.5
Huntingdon	15	F	0.0	8.8
Ipswich	15	S	1.4	8.2
Isle of Man	14	S	0.0	9.8
Isle of Wight	16	F	0.0	8.9
Kinlochewe	13	F	3.4	5.2
Kirkwall	11	DR	0.9	4.7
Leeds	15	F	0.0	8.9
Lerwick	10	F	2.3	5.5
Leuchars	12	F	0.0	6.1
Lincoln	14	F	0.0	9.4
Liverpool	16	S	1.0	9.9
London	16	F	0.0	6.9
Manchester	14	S	0.2	9.8
Margate	17	S	0.3	8.7
Milford Haven	15	F	0.0	7.8
Morecambe	15	F	0.0	9.4
Newcastle	13	F	0.6	8.0
Norwich	13	SH	3.8	6.1
Nottingham	14	F	0.0	8.9
Okehampton	15	F	0.4	7.9
Oxford	16	F	0.0	8.4
Plymouth	17	F	0.0	9.1
Portland	17	F	0.0	9.2
Portsmouth	16	F	0.0	9.5
Prestwick	14	F	0.0	8.3
Rhyl	14	F	3.4	7.2
Sheffield	14	F	0.0	8.6
Shrewsbury	14	F	1.0	7.6
Skegness	14	F	0.2	7.8
Southend	16	S	0.0	9.0
Stoke	14	F	0.2	8.8
Stornoway	12	C	1.6	3.2
Swansea	16	F	0.0	8.4
Tiree	13	F	0.4	7.3

Global

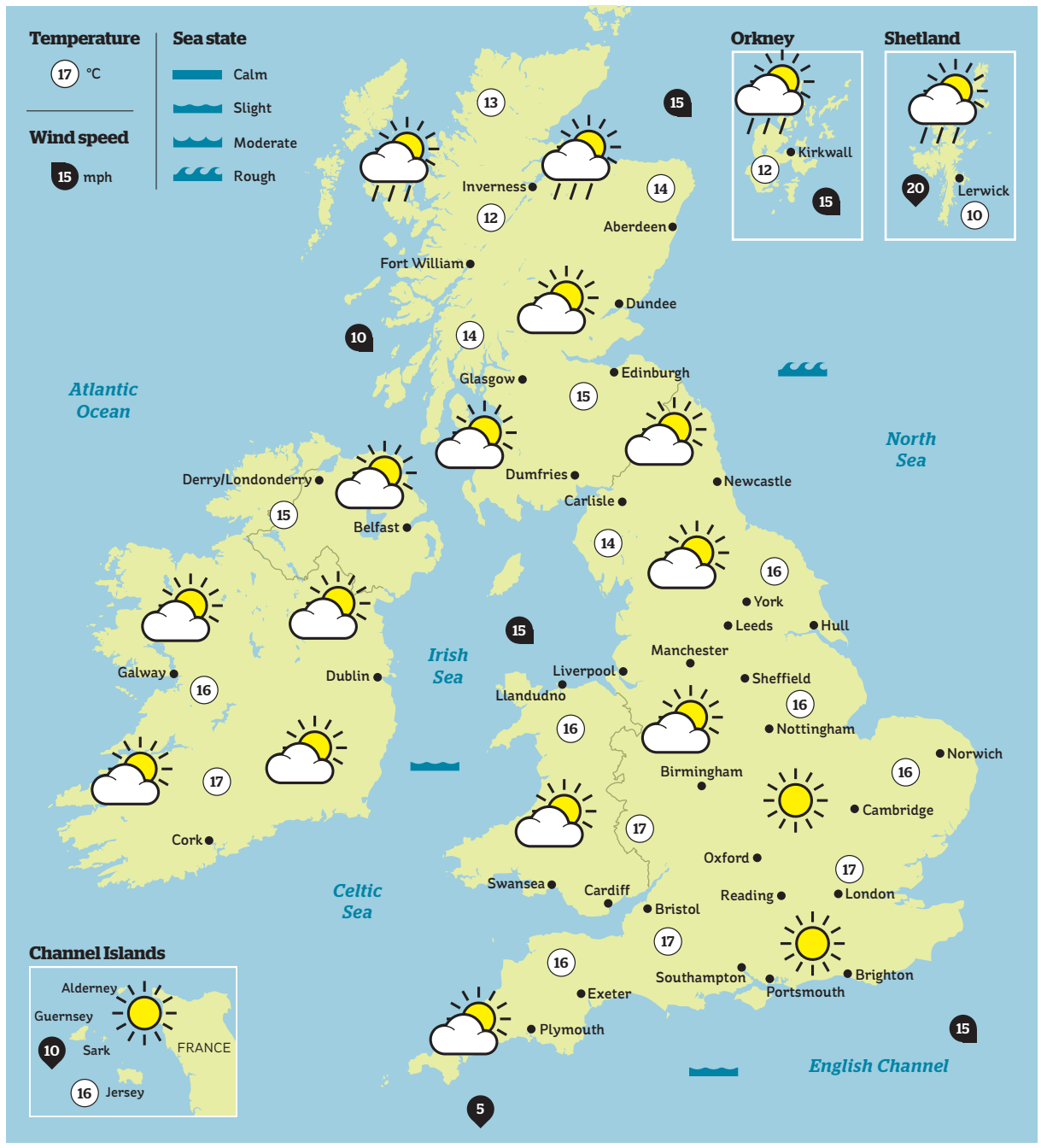
City	Temp (in °C)	Cond	City	Temp (in °C)	Cond
Abu Dhabi	39	F	Miami	24	TH
Abuja	26	C	Milan	27	S
Alicante	30	S	Moscow	14	C
Amsterdam	12	SH	Mumbai	25	R
Athens	31	S	Munich	13	R
Bangkok	33	S	New York	21	S
Barcelona	26	F	Nice	27	S
Beijing	28	F	Palma	30	F
Berlin	15	F	Paris	17	F
Brussels	13	SH	Prague	14	F
Budapest	17	F	Reykjavik	8	C
Chicago	26	F	Rio	22	C
Delhi	25	SH	Rome	28	S
Dubai	37	F	Stockholm	14	C
Dublin	15	F	Strasbourg	16	C
Frankfurt	17	SH	Sydney	22	S
Geneva	20	F	Tenerife	28	F
Helsinki	11	SH	Tokyo	29	F
Hong Kong	33	F	Toronto	18	S
Istanbul	27	S	Vancouver	16	C
Johannesburg	26	S	Vienna	19	S
Lisbon	23	F	Warsaw	17	F
Los Angeles	25	S	Washington	27	F
Madrid	24	S	Wellington	12	C

Key: C=Cloudy, DR=Drizzle, F=Fair, FG=Fog, H=Hail, M=Mist, R=Rain, S=Sunny, SH=Showers, SL=Sleet, SN=Snow, SS=Sandstorm, TH=Thunderstorm

Air Pollution Index

Air pollution levels Low (1) Very high (10) uk-air.defra.gov.uk

Region	Today	Tomorrow
Highlands	2	2
North East Scotland	2	2
Central Scotland	2	2
Scottish Borders	2	2
Northern Ireland	2	2
North West & Mersey	2	2
North East	2	2
Yorkshire & Humber	2	2
North Wales	2	3
West Midlands	3	3
East Midlands	2	2
South Wales	2	3
South West	3	3
South East	2	2
Eastern	2	2
Greater London	2	2



GENERAL SITUATION An area of high pressure will become centred over Ireland bringing calm and settled conditions across much of the country with mostly light to gentle north-westerly winds. It will be dry and bright with spells of sunshine however variable amounts of cloud cover will build during the day bringing a chance of showers, mostly across northern Scotland. North Sea coastal areas will be breezy with brisk to strong winds.

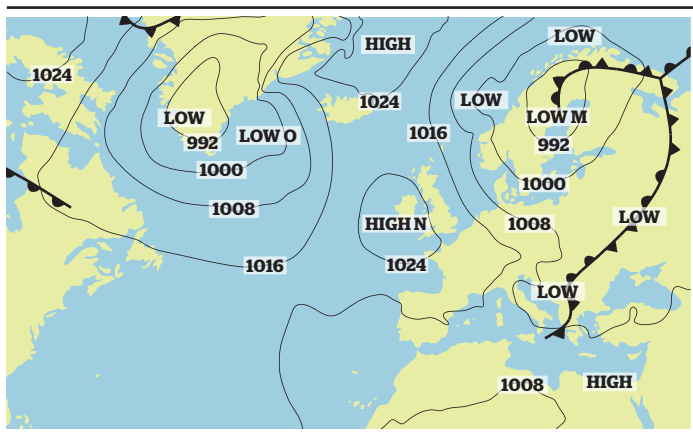
E Anglia, E England, NE England: A dry and bright start with early spells of sunshine. It will continue bright with sunny spells during the day however variable amounts of cloud will build and there is a chance of a few showers. A breezy day with brisk north-westerly winds which will be locally strong with a threat of gales. Max temp: 17C. Tonight, cloud will build. Min temp: 7C.

Channel Is: A dry and bright start to the day with early spells of sunshine. It will then continue to be fine during the day as it will be dry with lengthy periods of sunshine and just some patchy fair-weather cloud cover around. Staying dry and sunny into the evening. There will be light northerly winds. Max temp: 16C. Tonight, dry and clear. Min temp: 11C.

N Isles, W Isles, NE Scotland, NW Scotland: There will be some early spells of sunshine however large areas of cloud cover will build in from the north during the day bringing a chance of showers or spells of rain which will continue into the evening. Gentle to brisk north-westerly winds will be locally strong for North Sea coastal areas. Max temp: 14C. Tonight, showers. Min temp: 6C.

SE Scotland, SW Scotland, NW England, N Ireland, IoM: A dry and bright start to the day with early sunshine. It will then continue to be mainly dry during the day with spells of sunshine however large areas of cloud cover will build bringing the chance of a few isolated and light showers. There will be light to gentle north-westerly winds. Max temp: 16C. Tonight, cloudy. Min temp: 7C.

Republic of Ireland, N Wales, S Wales, Midlands, SW England, Cen S England, London, SE England: A fine start to the day as it will be dry with early sunny spells. It will then remain dry with periods of sunshine during the day although variable amounts of cloud cover will build. A dry and bright evening. There will be light to gentle north-westerly winds which will be locally moderate. Max temp: 18C. Tonight, cloud will build. Min temp: 5C.



Key: 1024 **Isobars:** air pressure in millibars | Warm front | Cold front | Occluded front

SYNOPTIC PRESSURE High pressure N will build more widely across the UK as low pressure M shifts further to the east. This causes the northerly flow across eastern areas of the UK to ease through the day. Low pressure, O, out to the north Atlantic will move slowly westwards and deepen.

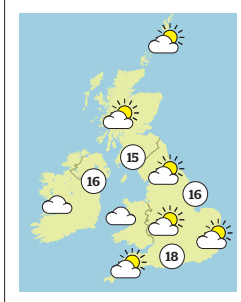
HIGHS AND LOWS
(Yesterday, up to 2pm)

Warmest: Usk, Monmouthshire, 18C
Coldest: Katesbridge, Co. Down, 2C
Wettest: Aviemore, Inverness-shire, 12.6mm
Sunniest: Glasgow/ Bishopton, 10.3hrs

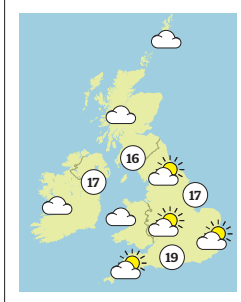
HOURS OF DARKNESS

Aberdeen	19.22-06.45
Birmingham	19.18-06.46
Bristol	19.20-06.49
Cardiff	19.22-06.52
Glasgow	19.29-06.54
Hull	19.12-06.39
Inverness	19.29-06.52
Liverpool	19.22-06.50
London	19.10-06.40
Manchester	19.20-06.47
Stornoway	19.40-07.01
Swansea	19.25-06.55
York	19.15-06.42

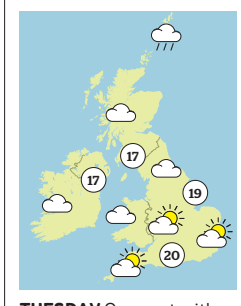
Five-day outlook



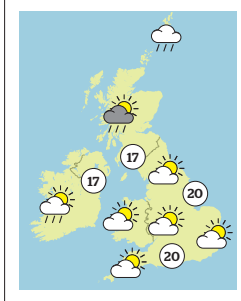
SUNDAY Mainly dry but dull and cloudy with a chance of a few showers. Gentle northerly winds will be brisk for North Sea coastal areas.



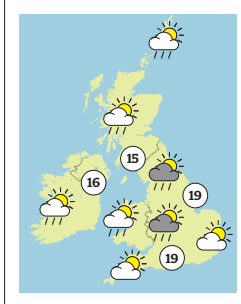
MONDAY Largely dry and bright with sunny spells however variable amounts of cloud cover will build during the day. Light to gentle winds.



TUESDAY Overcast with cloudy skies and a chance of showers across the north and west. Light to gentle winds will be brisk across the north-east.



WEDNESDAY Sunny spells, variable cloud and a chance of showers, mostly in the west. Gentle south-westerly winds will be brisk in the north.



THURSDAY Overcast and cloudy with rain spreading into northern and western areas which may be heavy. Gentle to brisk south-westerly winds.

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Joby, Verified Purchaser
★★★★★

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iweekend Sport

inews.co.uk/sport iPaperSport @iPaperSport

iSportsQuiz

Royal London One-Day Cup

1 In what year was the Royal London One-Day Cup first held?
2 Who did Durham beat by three wickets at Lord's to take that first trophy?
3 Which side lost three successive finals between 2015 and 2017?
4 Kent feature in their second final – what was their 2018 result against Hampshire?
5 Who won the group match between the finalists in Canterbury last month?
6 Which side topped Group A in this year's tournament?
7 In what position did 2021 champions Glamorgan finish in Group B this year?
8 Who hit an unbeaten ton for Lancashire in their quarter-final win over Notts?
9 Who top scored for Kent with 95 in their semi-final win over Hampshire?
10 Which South African-born player hit four centuries in this year's tournament?

Answers: 1. 2014. **2.** Warwickshire. **3.** Surrey. **4.** A 61-run defeat. **5.** Kent. **6.** Sussex. **7.** Fourth. **8.** Steven Croft. **9.** Ollie Robinson. **10.** Stephen Eskinazi.

LIVE TV

What to watch from getting up on Saturday to bedtime on Sunday

SATURDAY

7.30AM BT SPORT 1

***Australian rules* Sydney v Collingwood**

Excellent, a bird derby in a semi-final of the AFL season: the Swans against the Magpies.

10.30AM SKY SPORTS CRICKET

***Cricket* One-Day Cup final**

This is a bit like the androgynous 1980s singer Marilyn (right): briefly popular but soon overshadowed by more prominent and better promoted alternatives (Culture Club and Dead or Alive in Marilyn's case, the Hundred and T20 Blast in the cricket) and now largely ignored. Kent play Lancashire.

11.30AM BT SPORT 1

***Football* Wolves v Manchester City**

Managers have been encouraged to wear suits this weekend, out of respect for the Queen. Because nothing says respect like waving your arms and screaming at the fourth official over a disputed VAR call while wearing a sleek Armani number from two seasons ago.

MIDDAY SKY SPORTS FOOTBALL

***Football* Swansea City v Hull City**

Ooh, 22nd against 17th. Be still my beating heart. If Championship football is your thing, Middlesbrough play Rotherham at 8pm.

12.30PM CHANNEL 4

***Rugby league* St Helens v Salford**

Can Salford stop St Helens from marching into the Grand Final? Probably not, but fans can but hope.

5PM SKY SPORTS PREMIER LEAGUE

***Football* Tottenham v Leicester**

You can be certain that nobody is more irked at Leicester lying in 20th spot in the Premier League, still yet to bag a win after six fixtures, than Brendan Rodgers. You can also guarantee that Rodgers has an embossed ceiling mirror installed at his house.

SUNDAY

4AM DAZN

***Boxing* Alvarez v Golovkin**

Saul 'Canelo' Alvarez and Gennadiy Golovkin face each other for the third time. And given that Monday is a Bank Holiday, you can probably catch up on any lost sleep before you have to go back to work.



11.30AM SKY SPORTS FOOTBALL

***Football* St Mirren v Celtic**

This is probably worth watching to see whether the cameras manage to avoid Celtic fans saying or displaying something disparaging or downright obscene about the Queen. The footballing value will be negligible.

11.30AM SKY SPORTS PREMIER LEAGUE

***Football* Super Sunday**

Since Brentford's Ivan Toney has been called up to the England squad and Mikel Arteta has Arsenal flying at the upper echelons of the league, their match is well worth the 'super' tag. Everton v West Ham follows.

12.15PM BBC TWO

***Football* Aston Villa Women v Manchester City Women**

Witness the Euro 2022 bounce as Villa welcome City to Villa Park – yes, the stadium where the men play. More of this please.

2PM BT SPORT 1

***Rugby union* Worcester v Exeter**

The fact that is even taking place is a minor miracle. Worcester staff are still awaiting their full wages and there has been a deafening silence from the people who are supposed to be in charge. You know things are



parlous when Steve Diamond is seen as the good guy.

4.45PM SKY SPORTS FOOTBALL

***Football* Liverpool Women v Chelsea Women**

This was brought forward because of the 8pm moment of reflection on the passing of the Queen. So remember that as you are chastising Leanne Kiernan or Sam Kerr (above) for failing to take their chances.

9PM SKY SPORTS NFL

***American football* NFL**

You can go through to 4.30am with this. It's the 49ers v Seahawks, followed by the Packers v the Bears.

@mattbutler503

RESULTS SERVICE

PREMIER LEAGUE

Aston Villa (1) **1**
Ramsey 41

Nottm Forest (1) **2**
Awoniyi 11
O'Brien 77
Att 28,654

Southampton (0) **0**
Att 40,758

Fulham (0) **3**
Adarabioyo 54
Joao Palhinha 57
Reed 60

	P	W	D	L	F	A	Pts
Arsenal	6	5	0	1	14	7	**15**
Man City	6	4	2	0	20	6	**14**
Tottenham	6	4	2	0	12	5	**14**
Brighton	6	4	1	1	11	5	**13**
Man Utd	6	4	0	2	8	8	**12**
Fulham	7	3	2	2	12	11	**11**
Chelsea	6	3	1	2	8	9	**10**
Liverpool	6	2	3	1	15	6	**9**
Brentford	6	2	3	1	15	9	**9**
Leeds	6	2	2	2	10	10	**8**
Newcastle	6	1	4	1	7	6	**7**
Southampton	7	2	1	4	7	11	**7**
Aston Villa	7	2	1	4	6	10	**7**
Bournemouth	6	2	1	3	5	18	**7**
Wolverhampton	6	1	3	2	3	4	**6**
Crystal Palace	6	1	3	2	7	9	**6**
Everton	6	0	4	2	4	6	**4**
West Ham	6	1	1	4	3	8	**4**
Nottm Forest	7	1	1	5	6	17	**4**
Leicester	6	0	1	5	8	16	**1**

FA WOMEN'S SUPER LEAGUE

Arsenal 4 Brighton & Hove Albion 0.

RUGBY LEAGUE

BETFRED SUPER LEAGUE SEMI-FINAL

Wigan (4) ..... **8** **Leeds** (2) **20**
Wigan: Tries: Marshall, Powell.
Leeds: Tries: O'Connor, Bentley (2). **Goals:** Hardaker (4).

RUGBY UNION

UNITED RUGBY CHAMPIONSHIP

Benetton (13) ..... **33** **Glasgow** (6) **11**
Benetton Treviso: Tries: Padovani, Lucchesi, Mendy (2). **Conversions:** Smith (2). **Penalties:** Smith (3).
Glasgow: Tries: M. Fagerson. **Penalties:** G. Horne (2).

AMERICAN FOOTBALL

NFL: Kansas City 27 Los Angeles 24.

BASEBALL

MLB: Cleveland 2 Chicago White Sox 8, Toronto 0 Tampa Bay 11, Miami 5 Philadelphia 3, Houston 5 Oakland 2, New York Mets 7 Pittsburgh 1, Minnesota 3 Kansas City 2, St. Louis 2 Cincinnati 3, Arizona 4 San Diego 0.

CYCLING

UCI PROSERIES TOUR DE LUXEMBOURG, Stage 4 (Remich - Remich, 26.1km ITT): 1 M Skjelmose Jensen (Den) Trek-Segafredo 34mins 05secs, 2 K Vauquelin (Fr) Team Arkea-Samsic at 3secs, 3 M Hulgaard (Den) Uno-X Pro Cycling Team at 13secs. **Other:** 68 H Wood (GB) Cofidis at 2mins 58secs. **Overall:** 1 M Skjelmose Jensen (Den) Trek-Segafredo 13hrs 07mins 27secs, 2 K Vauquelin (Fr) Team Arkea-Samsic at 3secs, 3 S Bax (Ned Alpecin-Deceuninck at 14secs. **Other:** 45 H Wood (GB) Cofidis at 3mins 53secs.

GOLF

SECOND ROUND SCORES & TOTALS IN THE DP WORLD TOUR ITALIAN OPEN, ROME (Gbr & Irl unless stated, Par 71): Suspended due to Darkness: **133** R McIlroy 67 66; **134** M Fitzpatrick 65 69; **135** T Lewis 70 65; **136** V Perez (Fr) 70 66; **137** T Hatton 72 65; L Herbert (Aus) 70 67; L Donald 69 68; J Smith 69 68; J Luiten (Neth) 66 71; S Garcia (Sp) 71 66; **138** A Wu (Chin) 70 68; N Hoejgaard (Den) 68 70; K Kitayama (US) 71 67; A Rozner (Fr) 67 71; T Pulkkanen (Fin) 69 69; S Jamieson 67 71; O Bekker (SA) 68 70; M Schneider (Ger) 70 68; A Quiros (Sp) 67 71; **139** V Hovland (Nor) 71 68; A Fitzpatrick 70 69; R MacIntyre 70 69; M Southgate 70 69; E Kofstad (Nor) 72 67; F Michetti (It) 70 69; **140** M Korhonen (Fin) 73 67; J Scrivener (Aus) 70 70; D Fichardt (SA) 69 71; E Pepperell 67 73; L de Jager (SA) 69 71; **141** F Molinari (It) 73 68; J Campillo (Sp) 70 71; F Celli (It) 69 72; G Migliozzi (It) 70 71; M Antcliff (Aus) 72 69; R Karlberg (Swe) 71 70; G Havret (Fr) 72 69; N Noergaard Moeller (Den) 76 65; M Lorenzo-Vera (Fr) 71 70; D Howell 71 70; M Ford 70 71; **142** T Olesen (Den) 72 70; C Shinkwin 72 70; R Cabrera (Sp) 67 75; M Armitage 72 70; T Bjorn (Den) 66 76; A Sullivan 71 71; E Molinari (It) 70 72; D Whitnell 69 73; M Warren 71 71; S Kjeldsen (Den) 72 70; J Brun (Fr) 74 68; R Santos (Portugal) 71 71; G Green (Malay) 67 75; N Kearney 75 67; J Kennegaard (Swe) 74 68; **143** B Stone (SA) 71 72; C Wood 74 69; R Hoejgaard (Den) 70 73; M Florioli (It) 73 70; S Mazzoli (It) 71 72; A Bjoerk (Swe) 74 69; A Otaegui (Sp) 74 69; K Aphibarnrat (Thai) 70 73; R Langasque (Fr) 69 74; R McGowan 70 73; J Quesne (Fr) 72 71; G Fernandez-Castano (Sp) 69 74; Y Paul (Ger) 68 75; A Wilson 74 69; R Rock 72 71; **144** S Gallacher 76 68; S Hend (Aus) 70 74; F Zanotti (Pry) 72 72; L Bjerregaard (Den) 72 72; G Coetzee (SA) 74 70; N Lemke (Swe) 75 69.

1ST RND SCORES IN THE USPGA TOUR FORTINET CHAMPIONSHIP, NAPA, CALIFORNIA (USA unless stated): **63** J Lower; **65** M Homa; **66** Byeong-Hun An (S Kor); Seong-Hyeon Kim (S Kor); J. J. Spaun; **67** R Fowler; B Garnett; E Grillo (Arg); S Harrington; M Schmid (Ger); R Shelton; G Sigg; N Taylor (Can); S Theegala; Sung-Hoon Kang (S Kor); **68** T Moore; S Ryder; J Bramlett; M Kuchar; T Montgomery; K Streelman; B Stuard; A Svensson (Can); D Thompson; D Willett (GB); **69** T Alexander; T Cone; T Detry (Bel); A Eckroat; B Hagy; T Hoge; S Jaeger (Ger); D Lipsky; B Martin; H Matsuyama (Japan); A Nunez (Arg); A Schenk; S Stevens; C Stroud; B Taylor (GB); **70** C Pan (Taiw); J Augenstein; Z Blair; J Bridgeman; H Buckley; C Conners (Can); T Duncan; W Gordon; L Hodges; M Hubbard; M Hughes (Can); A Landry; V Norrman (Swe); C Ramey; M Schwab (Aut); W Simpson; A Smalley; B Snedeker; J Walker; M Wallace (GB); B Hossler; R Knox (GB); G Woodland; **71** M Laird (GB); A Albertson; R Brehm; Z Dou (Chin); N Echavarria (Col); H English; D Ghim; C Hadley; J Hahn; N Hardy; J Herman; K Hickok; H Higgs; P Knowles; D McCarthy; T Merritt; T Pendrith (Can); A Smotherman; R Streb; M Thompson; T Werbylo; R Werenski; Seung-Yul Noh (S Kor); C Champ; B Todd.

SECOND ROUND SCORES & TOTALS IN THE LADIES EUROPEAN TOUR LACOSTE LADIES OPEN DE FRANCE, DEAUVILLE (Gbr & Irl unless stated, Par 71): **131** I Laklalech (Mor) 65 66; **132** M MacLaren 65 67; **134** C Boutier (Fr) 67 67; **135** N Broch Estrup (Den) 68 67; **136** E Peronnin (Fr) 68 68; M Simmermacher (Arg) 68 68; K Spilkova (Cz Rep) 67 69; A Swayne U.S. (Ivb) 68 68; S Soenderby (Den) 67 69; **137** C Hedwall (Swe) 68 69; A Meyssonnier (Fr) 67 70; **138** M Skarpnord (Nor) 72 66; L Harm (Ger) 67 71; D Dagar (India) 72 66; **139** S De Bock (Bel) 69 70; P Babnik (Sloven) 68 71; K Henry 68 71; C Wolf (Aut) 71 68; F Johnson 68 71; **140** U Wikstroem (Fin) 70 70; T Malik (India) 68 72; H Burke 71 69; C Gainer 69 71; H Davis 70 70; Anne-Lise Caudal (Fr) 67 73; M Haddioui (Mor) 70 70; **141** V Heck (Fr) 70 71; L Hall 70 71; S Bringner (Swe) 70 71; L Pettersson (Swe) 72 69; **142** A Hewson 68 74; C Alonso (Sp) 69 73; V Elena Carta (It) 72 70; L May Humphreys 70 72; A Maggetti (Swit) 71 71; **143** A Drall (India) 69 74; C Williams 69 74; K Lund (Nor) 72 71; J Melichova (Cz Rep) 70 73; S Witt (Ger) 73 70; M Prat (Sp) 72 71.

HORSE RACING RESULTS

Ayr - Good-good to soft in places

1.25 1. CAERNARFON (C Beasley) 8-1; **2. Misty Blues** 5-1 fav; **3. Transfer Affection** 11-1. **13 ran.** nk, 2¾l. (M Channon). **Tote:** £10.00; £3.30, £1.90, £2.70. Exacta: £62.30. Tricast: £452.22. Trifecta: £720.60. CSF: £48.24.

2.00 1. PRAIRIE FALCON (C Beasley) 5-2; **2. Ramazan** 9-4 fav; **3. Reward Smile** 6-1. **10 ran.** nk, 1¾l. (M Dods). **Tote:** £3.50; £1.60, £1.20, £2.00. Exacta: £9.20. Tricast: £29.77. Trifecta: £39.20. CSF: £8.25.

2.35 1. PRINCE OF PILLO (C Rodriguez) 9-2; **2. Bolt Action** 7-4 fav; **3. Remarkable Force** 18-1. **11 ran.** 3¼l, ¾l. (K Dalgleish). **Tote:** £5.50; £1.90, £1.20, £4.70. Exacta: £16.60. Trifecta: £188.60. CSF: £12.26. NR: Rogue Spirit.

3.10 1. GALE FORCE MAYA (C Beasley) 7-4 fav; **2. Pink Crystal** 5-1; **3. Tenaya Canyon** 14-1; **4. Mo Celita** 15-2. **18 ran.** ¾l, nk, ¾l. (M Dods). **Tote:** £2.75; £1.30, £2.40, £4.50. Exacta: £13.20. Trifecta: £118.90. CSF: £9.10.

3.45 1. DANZAN (J Hart) 8-1; **2. Fast And Loose** 40-1; **3. Mattice** 12-1; **4. The Thin Blue Line** 20-1. **24 ran.** 5-1 fav Music Society (6th). shd, ¾l, shd. (T Easterby). **Tote:** £8.90; £2.60, £10.80, £4.10, £4.90. Exacta: £548.50. Tricast: £3395.55. Trifecta: £3853.70. CSF: £290.48. NR: Never Dark.

4.20 1. FLYLIKEANEAGLE (K Stott) 5-1 fav; **2. Ayr Poet** 15-2; **3. Zumaaty** 25-1. **14 ran.** nk, ½l. (L Russell). **Tote:** £6.00; £2.00, £2.70, £10.20. Exacta: £30.40. Tricast: £910.97. Trifecta: £998.70. CSF: £43.21.

4.50 1. ENGLES ROCK (P Mulrennan) 10-1; **2. Retirement Beckons** 16-1; **3. Menelaus** 20-1. **14 ran.** 10-3 jt-fav Albegrey (7th), 10-3 jt-fav Monhammer (12th). ½l, nk. (L Russell). **Tote:** £11.50; £3.00, £3.80, £7.00. Exacta: £156.60. Tricast: £3224.93. Trifecta: £4956.70. CSF: £156.63.

5.20 1. VALLEY OF FLOWERS (Joanna Mason) 12-1; **2. Eclipse De Lunar** 7-1; **3. Brazilian Beach** 80-1. **14 ran.** 11-4 fav Shimmering Sands (12th). 3½l, 2¼l. (J Coward). **Tote:** £14.10; £3.60, £2.30, £15.20. Exacta: £134.50. Tricast: £6388.25. Trifecta: £4045.70. CSF: £90.57. NR: Ain't No Sunshine.

Jackpot: £2,000.00. **Placepot:** £74.90. **Quadpot:** £15.60. **Place 6:** £77.75. **Place 5:** £34.86.

Newbury - Good

1.07 1. LAJOOJE (R L Moore) 5-6 fav; **2. Tough Enough** 22-1; **3. Tafreej** 13-2. **14 ran.** ¾l, ½l. (Owen Burrows). **Tote:** £1.84; £1.10, £5.80, £2.60. Exacta: £25.00. Trifecta: £185.40. CSF: £32.16. NRs: Kessaar Power, Wadi Bani.

1.43 1. SKYSAIL (D Costello) 9-2; **2. Dark Trooper** 12-1; **3. Acai** 10-1. **15 ran.** 11-5 fav Paspaley (5th). ½l, 1¼l. (M Tregoning). **Tote:** £5.90; £2.20, £3.00, £3.00. Exacta: £72.80. Trifecta: £333.80. CSF: £58.03. NR: Fierce.

2.18 1. CRYSTALLIUM (David Egan) 7-2; **2. Wyoming** 10-3; **3. Secret Solace** 50-1. **14 ran.** 5-2 fav Peony (9th). 1l, 3¼l. (Tom Clover). **Tote:** £5.00; £1.80, £1.60, £11.90. Exacta: £20.90. Trifecta: £681.50. CSF: £15.02. NR: Silver Lady.

2.53 1. SURELY NOT (H Doyle) 10-3; **2. Strawberry Belle** 4-1; **3. Metahorse** 5-2. **6 ran.** 2-1 fav The Parent (6th). ¾l, shd. (D F Davis). **Tote:** £4.34; £1.80, £2.10. Exacta: £14.30. Trifecta: £44.50. CSF: £16.70.

3.28 1. STORMBUSTER (D Probert) 6-1; **2. Highbank** 8-13 fav; **3. Classic** 9-4. **4 ran.** 5l, hd. (A Balding). **Tote:** £7.00; Exacta: £9.50. Trifecta: £12.40. CSF: £10.60.

4.03 1. SACRED (T Marquand) 10-11 fav; **2. Saleymm** 10-3; **3. Shine So Bright** 14-1. **7 ran.** 6½l, ¾l. (W Haggas). **Tote:** £1.91; £1.30, £2.20. Exacta: £5.40. Trifecta: £28.70. CSF: £4.19.

4.35 1. SAM COOKE (R Hornby) 5-1; **2. Moktasaab** 5-1; **3. Wandering Rocks** 6-1. **10 ran.** 11-4 fav Mahrajaan (4th). nk, 1l. (R Beckett). **Tote:** £6.00; £1.70, £1.90, £2.30. Exacta: £34.70. Tricast: £155.36. Trifecta: £214.40. CSF: £30.31.

5.05 1. PERSEUS WAY (J Crowley) 5-1; **2. Ascending** 14-1; **3. Further Measure** 40-1; **4. Lawn Ranger** 40-1. **19 ran.** 2-1 fav Vee Sight (6th). nk, ½l, shd. (Owen Burrows). **Tote:** £6.20; £1.90, £2.80, £10.10, £9.20. Exacta: £67.60. Tricast: £2627.27. Trifecta: £3541.90. CSF: £73.90. NR: Stately Home.

Placepot: £185.50. **Quadpot:** £42.60.

Newton Abbot - Good to soft-soft in places

2.45 1. NOAHTHIRTYTWORED (L Edwards) 10-1; **2. Byzantine Empire** 13-8; **3. Mascat** evens fav. **4 ran.** 4l, 8l. (A West). **Tote:** £11.00; Exacta: £23.30. Trifecta: £23.60. CSF: £25.78.

3.20 1. NIFTY GETAWAY (G Sheehan) 5-4 fav; **2. Lady Jane P** 4-1; **3. Kay's Light** 66-1. **8 ran.** 1¼l, 13l. (A Watson). **Tote:** £2.25; £1.10, £1.30, £8.40. Exacta: £6.60. Trifecta: £103.40. CSF: £6.82. **Placepot:** £148.70. **Quadpot:** £109.50.

TODAY'S FIXTURES (3PM UNLESS STATED)

CRICKET

ROYAL LONDON ONE-DAY CUP - FINAL: Kent v Lancashire *(Trent Bridge, 11.00am).*

ICE HOCKEY

PREMIER SPORTS CHALLENGE CUP GROUP A: Belfast Giants v Fife Flyers, Glasgow Clan v Dundee Stars.
GROUP B: Cardiff Devils v Guildford Flames.
GROUP C: Sheffield Steelers v Manchester Storm.
ELITE LEAGUE: Nottingham Panthers v Coventry Blaze.

RUGBY LEAGUE

BETFRED SUPER LEAGUE SEMI-FINAL (1.0): St Helens v Salford.
BETFRED LEAGUE 1 ELIMINATION FINAL (5.30): North Wales Crusaders v Rochdale.

RUGBY UNION

THE CHAMPIONSHIP (8.10): Argentina v South Africa.
GALLAGHER PREMIERSHIP (3.0): Bath v Sale, Harlequins v Saracens, Leicester v Newcastle, Northampton v London Irish (2.0), Wasps v Bristol.
UNITED CHAMPIONSHIP (3.05): Edinburgh v Dragons (7.35), Lions v Blue Bulls, Scarlets v Ospreys (5.15), Ulster v Connacht (7.35), Zebre v Leinster (1.0), Cardiff Rugby v Munster.
RFU CHAMPIONSHIP (3.0): Ampthill v Ealing Trailfinders, Bedford v London Scottish, Hartpury RFC v Doncaster (2.30), Jersey Reds v Coventry, Richmond v Caldy.
SCOTTISH SUPER 6 (1.0): Stirling County v Ayrshire (5.0), Watsonians v Boroughmuir.

TOMORROW'S FIXTURES

CRICKET

FIRST WOMEN'S ONE DAY INTERNATIONAL: England v India *(Hove, 11.00am).*

ICE HOCKEY

PREMIER SPORTS CHALLENGE CUP GROUP A: Fife Flyers v Belfast Giants.
GROUP B: Coventry Blaze v Cardiff Devils.
ELITE LEAGUE: Dundee Stars v Sheffield Steelers, Guildford Flames v Glasgow Clan.

RUGBY LEAGUE

WOMEN'S SUPER LEAGUE GROUP 1 GRAND FINAL (3.30): York City Knights v Leeds Rhinos.
BETFRED CHAMPIONSHIP ELIMINATION FINAL (5.30): Barrow v Batley (3.0), Halifax v York.
BETFRED LEAGUE 1 QUALIFYING FINAL (3.0): Swinton v Doncaster.

RUGBY UNION

GALLAGHER PREMIERSHIP (3.0): Worcester v Exeter.
RFU CHAMPIONSHIP (3.0): Nottingham v Cornish Pirates.

BOXING

The ticking clock will be hardest blow for Golovkin



Kevin Garside
CHIEF SPORTS CORRESPONDENT

Age retires them all in the end. The feeling in Las Vegas, where Gennady Golovkin and Saul "Canelo" Alvarez meet for a third time tonight, is wreathed in a Roger Federer-type vibe, an all-time great falling not to the blow of another, but to the ticking of the clock. Golovkin is 40 years old, a landmark number that is friend to few in the athletic space, still fewer in combat sport.

Like the gladiator he is, Golovkin *(above)* is having none of the obit speak and talks of fighting on, whatever the result. "Who is he to finish anybody's career?" Golovkin said of Canelo dismissively. Until he met Canelo in September 2017, only five of his 37 opponents had taken him the distance, and only one of those to the 12th round. His merciless power and vicious hitting marked him out as a middleweight to bear mention with the giants. He did not get rid of Canelo in that first meeting, but the only ones who thought the draw just were the three men with scorecards at ringside.

The second fight was closer but did not shift opinion radically enough to give Canelo a draw, let alone the victory awarded by the judges. Golovkin has never accepted the validity of those outcomes delivered 12 months apart. He regards himself unbeaten, the victim of perverse decision-making that reflects the economic power of Canelo, arguably boxing's biggest draw.

Golovkin is typical of fighters from the former Soviet bloc, career amateurs who turn over in their thirties to pursue professional riches in the United States and Europe. In 350 amateur bouts he lost only five, one of those coming in the 2004 Olympic final in Athens. He turned pro two years later, a month after his 34th birthday. With no facility in English he had ground his way through German undercards before landing his first world title fight in 2010.

He regards himself unbeaten, the victim of perverse decision-making that reflects the economic power of Canelo

The Kazakhstani presents the countenance of an office clerk. In the ring he is transformed, at least he was at his peak. It would not have occurred to him to change in a phone box but were he to have done so, the Superman entry would have been totally justified.

Sadly, boxing is not a Netflix drama. Only Rocky Balboa wins in old age. Not only is Golovkin in with a man eight years his junior, he meets Canelo at super middleweight, eight pounds higher than the 160lb middleweight ceiling with which he is familiar. Though shorter by two inches, Canelo *(right)* is packed into the weight and might be a stone heavier at the first bell.

The relentless intensity of the assaults that got the better of Canelo in all but the judges' eyes in bouts one and two is harder to bring over 12 rounds at a weight he has never experienced and at such an advanced age. And despite the loss to Dmitry Bivol at light heavyweight last time out, Canelo is a much evolved fighter from the opponent he was in 2018.

He has the same visceral feel for the game as Golovkin, only refined in the Mexican school which balances insane courage with a technical appreciation of the finer arts. Where Golovkin powers forward relentlessly, Canelo knows how to take a step sideways and back, taking him almost imperceptibly out of range before snapping back with concussive power.



Golovkin's chin would not splinter in a crash test, his heart will not give way, but his legs are those of a man in middle age growing older in the ring. Federer was bagelled in his final set at Wimbledon 15 months ago. The boxing equivalent rarely ends in a handshake with bruised ego attended by the affection of an adoring crowd.

What a win might look like is not necessarily the thing that Golovkin craves. To reach the final bell might be victory enough in so forbidding a contest.



CRICKET



Alice Capsey (right) hit 38 not out against India in Thursday's T20 GETTY

Capsey and Kemp called up for ODIs after T20 heroics

By Rory Dollard

Teenage all-rounders Alice Capsey and Freya Kemp have been named in England's one-day squad for the first time after impressing in their side's T20 success over India.

Capsey, 18, continued her rise to prominence with a pair of eye-catching knocks at No 3 and 17-year-old Kemp became the youngest English woman to score a T20 half-century.

They have been retained for the 50-over series against the tourists, at Hove tomorrow, Canterbury on Wednesday and Lord's on Saturday.

Wicketkeeper Amy Jones will continue to captain the team with Nat Sciver's mental health break ongoing and Heather Knight still recovering from hip surgery.

Veteran opening batter Tammy Beaumont returns to the fold after being overlooked for the T20s, with fellow opener Emma Lamb and off-spinning all-rounder Charlie Dean also drafted in. Leg-spinner Sarah Glenn drops out despite topping the T20 wicket charts with six, as does batter Bryony Smith.

Head coach Lisa Keightley, who is set to leave her post at the end of the month, said: "I was so proud of how the team came together to win the Vitality IT20 series.

"Sometimes when you're missing big-name players, other players step up and take their chance and I felt we really did that. It's a young group but they worked tremendously hard and showed their skill and resilience to get over the line.

"Amy did a great job as captain and she was ably supported by Sophie [Ecclestone] so we want them to carry on what they've been doing."

TENNIS

Norrie defeat leaves Davis Cup hopes hanging by thread

By Eleanor Crooks
AT EMIRATES ARENA, GLASGOW

Great Britain's Davis Cup team faced a must-win doubles match against the Netherlands after Cameron Norrie was beaten by Botic van de Zandschulp in Glasgow.

Dan Evans gave Britain the perfect start to the tie with a straight-sets victory over Tallon Griekspoor but Norrie was unable to replicate and suffered a 6-4, 6-2 loss to the world No 35.

After their late-night loss to the USA on Wednesday, Leon Smith's team knew they would almost certainly need to beat both the Netherlands and Kazakhstan to progress from the group to the last-eight shootout in Malaga in November.

Defeat in this tie would definitely rule them out, and Norrie's loss meant their hopes hung on a late-night doubles clash between Andy Murray and Joe Salisbury and Wesley Koolhof and Matwe Middelkoop at the Emirates Arena.

Norrie had scrambled his way to victory over Taylor Fritz on Wednesday but this time was unable to recover from a bad start against a player he beat easily in Montreal last month.

The world No 8 has struggled to find his game on the very slow Glasgow court and was second best throughout against Van de Zandschulp, who served 13 aces.

Evans did not have things all his own way against Griekspoor but was the stronger in the big moments.

Evans said: "I knew I was obviously playing better than him, the higher-ranked player in the match."

RACING

Ryan aiming to equal Nicholls' record at Ayr

By Jon Freeman
RACING EDITOR

The Ayr Gold Cup has always been a big deal and not just in Scotland.

It's only a handicap when all is said and done, but some Yorkshire-based trainers have long been obsessed with winning it. The late Dandy Nicholls managed it six times between 2000 and 2010, while Kevin Ryan will equal that tally if one of his four runners triumphs this afternoon.

He has every chance. Last year's winner, Bielsa, has lots going for him in his bid to become the first horse to win the sprint twice since Nicholls's Funfair Wane (2002-2004), while Bergerac, Gis A Sub and Aleezdancer provide sound back-up.

Like his football manager namesake, Bielsa has his own way of doing things and his singular trait of racing away from the pack stood him in very good stead 12 months ago when he came home in glorious isolation on the supposedly unfavoured side of the track.

It might happen again. Bielsa is rated a pound higher now, but more importantly he has again enjoyed the luck of the draw.

Last year it was 25 of 25, so the smart call for jockey Kevin Stott was to stick where he was, whatever the rest did. This time he's in stall 17, but those drawn higher than him are mostly hold-up horses, so Bielsa shouldn't have any trouble securing a stands rail pitch again when he starts his natural drift to the right.

Of course, it's not as neat and simple as that; however many boxes Bielsa ticks, winning two ultracompetitive Ayr Gold Cups is actually extremely rare.

Aleezdancer, who scraped into the race with bottom weight, will be racing right on the other side of the track and could be the one to burst Bielsa's double bubble.

He has the right sort of profile, too, including the stamina to stay further than this six furlongs, a useful attribute in a race that's invariably run at a furious pace from the start.

Threats to the Ryan mission lurk everywhere. Khanjar is a lightly-raced improver trained by William Haggas, so will probably start favourite, while Tinto and Juan Les Pins are just two of several outsiders with the potential to pop up at a fancy price in a contest not often claimed by the obvious.

Newbury's highlight is the 50th running of the Mill Reef Stakes. Roger Varian has his team in tip-top order and he will be confident of collecting this Group Two with either Sakheer or Charyn.

Sakheer, who runs in the colours of Varian's recent St Leger winner Eldar Eldarov, looked a bit special when winning at Haydock in little more than a canter.

TOP TIPS

BEST BET
Aleezdancer (3.40, Ayr)
Smart handicapper on his day and has the right credentials for this big race.

NEXT BEST
Snash (2.30, Ayr)
Blew the start in competitive Ripon handicap last time, but big chance on earlier form.

SUNDAY BEST
Burtonlodge Beauty (3.30, Hamilton)
Appreciated the soft ground when winning here last month.

AYR GOOD

1.20 VIRGIN BET HANDICAP (CLASS 2) £30,000 added 1m — ITV4

1		032398	**REVICH (CD)** R Spencer 6 9 13	**D Tudhope V 2**
2		700216	**WHAT'S THE STORY (C)(D)** K Dalgleish 8 9 13	**C Rodriguez C 12**
3		-19322	**REDARNA (CD)** D Sayer 8 9 12	**JP Sullivan C 5**
4		841257	**ON A SESSION** D & N Barron 6 9 11	**G Lee 6**
5		-20173	**KOY KOY (D)** G Boughey 3 9 9	**J Crowley H 7**
6		930239	**PERSUASION** D & N Barron 5 9 9	**K Stott 11**
7		142130	**DUTCH DECOY (D)** C & M Johnston 5 9 8	**O Stammers (3) 8**
8		221072	**GWEEDORE (CD)** K Scott 5 9 6	**J Hart 13**
9		113065	**IL BANDITO** James Horton 4 9 6	**P J McDonald C 10**
10		5-1750	**SEASETT (D)** C Fellowes 4 9 5	**Rossa Ryan 1**
11		-20602	**DIRTYOLDTOWN** G Tuer 3 9 3	**J Mitchell 3**
12		7695-6	**MISTY AYR** K Dalgleish 3 9 2	**P Mulrennan 14**
13		440055	**ELDRICKJONES** R Fell 3 9 2	**C Lee 9**
14		180376	**BLENHEIM BOY (D)** R Fahey 3 9 1	**Oisin Orr 4**

- 14 declared -

BETTING: 7-2 Koy Koy, 6-1 Dirtyoldtown, 7-1 What's The Story, 8-1 Redarna, 10-1 Persuasion, On A Session, 12-1 others.

FORM VERDICT

Revich is back to defend his crown and shouldn't be too far away, while Doncaster runner-up **Dirtyoldtown**, the dropped-in-trip **What's The Story** and **Koy Koy**, who wears a first-time hood, also merit consideration. However, marginal preference is for Dianne Sayer's **REDARNA**, whose recent efforts show him to be as well as ever and he returns to a track where he has won seven times in the past.

1.55 VIRGIN BET DOONSIDE CUP STAKES (LISTED) (CLASS 1) £50,000 added 1m 2f — ITV4

1		600370	**CHICHESTER (CD)** K Dalgleish 5 9 5	**J Crowley V 11**
2		340373	**EUCHEN GLEN (CD)(BF)** J Goldie 9 9 5	**P Mulrennan 3**
3		128710	**FORZA ORTA** K Ryan 4 9 5	**T Eaves 1**
4		402833	**MARIE'S DIAMOND (C)** R Fell 6 9 5	**J Hart 9**
5		9-4143	**ROYAL CHAMPION (D)** R Varian 4 9 5	**J Mitchell 6**
6		926-35	**STORMY ANTARCTIC (D)** E Walker 9 9 5	**G Downing T 5**
7		-14455	**DARK MOON RISING** K Ryan 3 9 0	**K Stott 10**
8		1	**GOOD SHOW** K Dalgleish 3 9 0	**Doubtful 2**
9		78	**HERMAN THE GERMAN** J Goldie 3 9 0	**Shannon Watts C 7**
10		21131	**PHANTOM FLIGHT (D)** James Horton 3 9 0	**P J McDonald 8**
11		69	**SQUIRE STREET** J Goldie 3 9 0	**Amie Waugh V 12**
12		3244-0	**TIMELESS SOUL** D O'Meara 4 9 0	**D Tudhope 4**

- 12 declared -

BETTING: 6-4 Phantom Flight, 3-1 Royal Champion, 6-1 Euchen Glen, 8-1 Marie's Diamond, Stormy Antarctic, 10-1 Dark Moon Rising, 25-1 others.

FORM VERDICT

PHANTOM FLIGHT has stepped forward with each career outing and built on his handicap debut third behind St Leger runner-up New London with a dominant performance at York's Ebor meeting. That effort more than warrants a step up in class and James Horton's colt is likely to prove a tough nut to crack. **Royal Champion** finished third on his latest outing at Windsor and he is of interest along with **Stormy Antarctic**, who may benefit from stepping back up in trip.

2.30 VIRGIN BET AYR SILVER CUP HANDICAP (CLASS 2) £60,000 added 6f — ITV4

1		961059	**RATHBONE (D)** K Ryan 6 9 12	**O McSweeney (5) C 7**
2		321443	**HYPERFOCUS (D)** T Easterby 8 9 12	**JP Sullivan C 23**
3		-68552	**ABOLISH** I Jardine 6 9 11	**A Mullen C 11**
4		042030	**DUSKY LORD (D)** R Varian 4 9 11	**J Mitchell C 10**
5		122972	**EMPEROR SPIRIT (D)** A Watson 4 9 11	**Rossa Ryan C 1**
6		600445	**STRIKE RED (D)** R Fahey 4 9 11	**Mark Winn (7) T 15**
7		061510	**JUMP THE GUN (C)(D)** I Jardine 5 9 11	**P Mulrennan C 25**
8		30-923	**APLOMB (D)** J Chapple-Hyam 6 9 10	**K Stott 3**
9		677709	**ZARGUN** S Dixon 7 9 10	**D Swift 24**
10		761416	**SNASH (CD)** T Easterby 4 9 10	**D Allan C 8**
11		277233	**EDWARD CORNELIUS** K Dalgleish 3 9 9	**C Rodriguez H 20**
12		822560	**ABERAMA GOLD (CD)** K Dalgleish 5 9 9	**Jason Watson V 22**
13		526425	**FULL AUTHORITY (D)** J Chapple-Hyam 5 9 9	**O Stammers (3) T 21**
14		304381	**LOVELY BREEZE (D)** H Palmer 4 9 9(5ex)	**C Lee V 2**
15		050321	**MARK'S CHOICE (C)(D)** A Keatley 6 9 9(5ex)	**Ryan Sexton (5) V 19**
16		081515	**DEVIL'S ANGEL (D)** J O'Keeffe 6 9 8	**P J McDonald 9**
17		511469	**FORTAMOUR (D)** B Haslam 6 9 8	**G Lee 17**
18		112326	**GOOD EARTH (D)** M Herrington 5 9 8	**T Eaves 4**
19		196434	**BERNARDO O'REILLY (D)** R Spencer 8 9 8	**D Tudhope 5**
20		-05001	**VINTAGE CLARETS (C)** R Fahey 3 9 8(5ex)	**Oisin Orr 18**
21		243164	**ROMAN DRAGON (D)(BF)** H Palmer 3 9 7	**J Crowley 16**
22		119763	**AVA GO JOE (D)** T Easterby 4 9 4	**D Fentiman C,T 14**
23		408724	**ASADJUMEIRAH (D)** A Brittain 4 9 4	**C Hardie C,T 6**
24		220497	**WOVEN** M Dods 6 9 4	**C Beasley 13**
25		616842	**OSO RAPIDO (D)** R Fell 5 9 3	**J Hart 12**

- 25 declared -

BETTING: 8-1 Snash, 10-1 Dusky Lord, 12-1 Emperor Spirit, Lovely Breeze, Asadjumeirah, Abolish, 14-1 others.

FORM VERDICT

A fiendishly difficult puzzle to solve as always but it can pay to side with the improving **SNASH**, whose stable needs no introduction when it comes to this contest. The son of Markaz didn't do himself justice when slowly away in the Great St Wilfrid, and he is better judged on a comfortable success over C&D in July. Behind him on that occasion were **Aberama Gold** (second) and **Bernardo O'Reilly** (third), who remain difficult to win with but could get involved. **Lovely Breeze** has a 5lb penalty to overcome for a convincing victory at Goodwood, while **Emperor Spirit** and **Hyperfocus** are others who arrive in great shape.

3.05 VIRGIN BET FIRTH OF CLYDE FILLIES' STAKES (GROUP 3) (CLASS 1) 2YO £40,000 added 6f — ITV4

1		10512	**ALL THE TIME (D)** S & E Crisford 9 2	**J Mitchell 10**
2		21	**BAREFOOT ANGEL (D)** R Fahey 9 2	**P Mulrennan 6**
3		21452	**BELIEVING (D)** G Boughey 9 2	**J Crowley T 7**
4		73311	**BONNY ANGEL (D)** C Cox 9 2	**K Stott 2**
5		151857	**CARMELA** D Loughnane 9 2	**R Scott 11**
6		362114	**IMMORTAL BEAUTY (D)** R Hannon 9 2	**Doubtful 12**
7		71	**LUNARSCAPE (D)** E J-Houghton 9 2	**J Hart 9**
8		113865	**MARIA BRANWELL** D O'Meara 9 2	**D Tudhope 5**
9		51	**MARINE WAVE** R Fahey 9 2	**Oisin Orr 13**
10		15445	**MINNETONKA (D)** R Hannon 9 2	**Rossa Ryan 3**
11		519	**POETIC UNION (D)** E Walker 9 2	**P J McDonald T 4**
12		12	**QUEEN ME (D)** K Ryan 9 2	**T Eaves 8**
13		34191	**SECRET ANGEL (D)** K R Burke 9 2	**C Lee 1**

- 13 declared -

BETTING: 6-4 Queen Me, 11-2 Bonny Angel, 6-1 All The Time, 8-1 Maria Branwell, 10-1 Minnetonka, Believing, 16-1 Poetic Union, 20-1 Marine Wave, Barefoot Angel, 25-1 others.

FORM VERDICT

QUEEN ME produced an excellent performance to fill the runner-up spot in the Lowther at York on just her second career start. Kevin Ryan's filly gained an official rating of 106 following that display, which leaves the daughter of Dubawi 8lb clear of her nearest rival. This represents a drop in class and with further improvement likely, she can come out on top. **All The Time** was narrowly denied in the Dick Poole at Salisbury and demands the utmost respect, along with **Bonny Angel**, who landed back-to-back victories in impression fashion when successful at Doncaster last week. **Maria Branwell** shouldn't be underestimated either.

3.40 VIRGIN BET AYR GOLD CUP HANDICAP (CLASS 2) £150,000 added 6f — ITV4

1		-20U12	**COMMANCHE FALLS (CD)** M Dods 5 9 12	**C Beasley C 9**
2		5/7290	**SIR DANCEALOT (D)** J Butler 8 9 8	**P Mulrennan 19**
3		979233	**ESCOBAR** D O'Meara 8 9 8	**D Nolan T 7**
4		5-6002	**VADREAM (D)** C Fellowes 4 9 8	**Oisin Orr C 21**
5		221430	**ZARZYNI (D)** D & N Barron 5 9 7	**B Curtis C 11**
6		141053	**MR WAGYU (CD)** J J Quinn 7 9 7	**J Hart V 15**
7		093510	**DOCUMENTING** K Frost 9 9 5	**J Mitchell 24**
8		659415	**SUMMERGHAND (D4)** D O'Meara 8 9 5(5ex)	**D Tudhope V 12**
9		181005	**VOLATILE ANALYST (CD)** K Dalgleish 5 9 4	**C Rodriguez H 16**
10		902204	**POPMASTER (D)(BF)** E Walker 4 9 3	**G Downing 23**
11		-54735	**BIELSA (CD)** K Ryan 7 9 2	**K Stott C 17**
12		-30076	**GULLIVER (D)** D O'Meara 8 9 1	**Jason Watson C,T 25**
13		803211	**BERGERAC (D)** K Ryan 4 9 1(5ex)	**T Eaves B 8**
14		71-131	**KHANJAR (D)** W Haggas 3 9 1(5ex)	**J Crowley 5**
15		6-3909	**GIS A SUB (D)** K Ryan 3 9 0	**S Gray C 14**
16		508241	**FIVETHOUSANDTOONE (D)** A Balding 4 8 13(5ex)	**G Lee C 3**
17		952045	**HONEY SWEET (D)** K R Burke 3 8 12	**C Lee V 20**
18		6-3040	**CHIEFOFCHIEFS (D)** C Fellowes 9 8 12	**Rossa Ryan V 4**
19		445-05	**MOTAGALLY (D)** S Dixon 6 8 11	**D Swift B 22**
20		611358	**TINTO (D)** M Dods 6 8 11	**Mark Winn (7) 2**
21		632621	**LUCKY MAN (D)** R Spencer 3 8 11(5ex)	**P J McDonald C 13**
22		962376	**ADMIRAL D (D)** R Fahey 3 8 10	**O McSweeney (5) 10**
23		-03020	**PENDLETON (D)** M Dods 6 8 9	**C Hardie C 6**
24		511117	**JUAN LES PINS (D)** M Appleby 5 8 9	**A Mullen 18**
25		537613	**ALEEZDANCER (D)** K Ryan 3 8 8	**R Scott 1**

- 25 declared -

BETTING: 4-1 Khanjar, 10-1 Summerghand, Commanche Falls, Bielsa, 12-1 Gulliver, Vadream, Mr Wagyu, 14-1 Fivethousandtoone, Popmaster, 16-1 others.

FORM VERDICT

A case can be made for many in this competitive contest, but **POPMASTER** gets the vote having finished a far from disgraced fourth at Ascot earlier this month. He was a beaten favourite on that occasion, but he showed promise when running on for second in a competitive handicap at the Royal Meeting there in June and can get his head in front this time. **Vadream** drops markedly in grade and is feared most ahead of last year's winner **Bielsa**. **Mr Wagyu** and **Motagally** also merit consideration.

4.15 REMUS UOMO EBF NURSERY (CLASS 3) 2YO £15,000 added 1m

1		331	**LOYAL TOUCH (D)** C & M Johnston 9 9	**J Hart 5**
2		417	**FEEL THE NEED (C)** D O'Meara 9 8	**D Tudhope 9**
3		211	**POL ROGER (D)** M Dods 9 8	**C Beasley 10**
4		431	**ANIMATE** S & E Crisford 9 6	**J Mitchell 2**
5		160	**VINCE LE PRINCE** T Easterby 9 2	**D Allan T 8**
6		63421	**HAVE SECRET** R Fahey 9 1	**Oisin Orr 4**
7		99312	**RIEVAULX RAVER (D)** R Fell 8 13	**B Curtis C 1**
8		051	**METAL MERCHANT** M Channon 8 12	**Rossa Ryan 11**
9		5334	**MONTY MAN** K R Burke 8 9	**C Lee 7**
10		33187	**DISPUTED** A Keatley 8 9	**G Lee 13**
11		636	**ROLL IT IN GLITTER** M & D Easterby 8 8	**S Gray 12**
12		44455	**RORY THE CAT** K Dalgleish 8 2	**A Mullen 6**
13		366	**HUMBLE SPARK** J Goldie 8 2	**Amie Waugh (5) 3**

- 13 declared -

BETTING: 4-1 Animate, 9-2 Pol Roger, 5-1 Loyal Touch, 7-1 Have Secret, 8-1 Metal Merchant, 10-1 Feel The Need, 12-1 Vince Le Prince, 14-1 Rievaulx Raver, Monty Man, 16-1 others.

4.45 GET HOME SAFE WITH THISTLE CABS HANDICAP (CLASS 4) £13,000 added 7f

1		638095	**GABRIAL THE DEVIL** R Fahey 7 9 12	**Oisin Orr 14**
2		201341	**BRAZEN BOLT (CD)** J J Quinn 5 9 12	**J Hart 7**
3		53100-	**POET'S LADY** D & N Barron 5 9 10	**G Lee 11**
4		561332	**STAR SHIELD (C)(D)** D O'Meara 7 9 10	**D Tudhope C 10**
5		172163	**LIAMARTY DREAMS (D)** K R Burke 3 9 9	**B Curtis 8**
6		355127	**ABDUCTION (D)** J Goldie 4 9 9	**P Mulrennan 2**
7		520314	**LADY RAEBURN (D)** K Ryan 3 9 7	**S Gray 12**
8		817557	**SURPRISE PICTURE** K Dalgleish 4 9 6	**Jason Watson B 1**
9		154534	**GOMETRA GINTY (D)** K Dalgleish 6 9 6	**C Rodriguez C 6**
10		466006	**CASSY O (CD)** T Easterby 5 9 5	**D Fentiman B 5**
11		421886	**CHOOKIE DUNEDIN (CD)** K Dalgleish 7 9 5	**Ryan Sexton (5) 4**
12		446311	**JUDGMENT CALL (CD)** Miss L Perratt 4 9 5	**D Allan 3**
13		24-543	**STAR ZINC (BF)** C Fellowes 3 9 5	**Rossa Ryan H 9**
14		093079	**UGO GREGORY (CD)** T Easterby 6 9 4	**JP Sullivan C,T 13**

- 14 declared -

BETTING: 9-2 Brazen Bolt, 6-1 Star Shield, 7-1 Judgment Call, 8-1 Star Zinc, Lady Raeburn, 10-1 Liamarty Dreams, Abduction, 12-1 others.

5.20 JORDAN ELECTRICS LTD HANDICAP (CLASS 3) £15,000 added 1m 5f

1		1-7590	**IT'S GOOD TO LAUGH** J Candlish 5 10 2	**B Curtis 3**
2		10032-	**BRASCA** R Beckett 6 9 13	**Rossa Ryan 1**
3		014324	**EL PICADOR** K Dalgleish 6 9 13	**C Rodriguez 2**
4		-17411	**WOR WILLIE** M Dods 4 9 12	**P Mulrennan 5**
5		261656	**KIHAVAH (BF)** A Keatley 5 9 11	**D Tudhope 7**
6		221122	**MOLINARI** M Todhunter 5 9 10	**D Nolan 6**
7		55D030	**MONSIEUR LAMBRAYS** R Fahey 6 9 10	**Oisin Orr V 9**
8		2418	**AIMERIC** R Varian 3 9 9	**J Mitchell 8**
9		202215	**DETECTIVE** D Sayer 6 9 9	**G Lee 10**
10		344232	**FAIRMAC (C)** C & M Johnston 4 9 6	**J Hart B 13**
11		280976	**HEIGHTS OF ABRAHAM** K Dalgleish 4 9 5	**S Gray 14**
12		253445	**GLASSES UP (C)** R M Smith 7 9 2	**D Allan 4**
13		0-0999	**KONDO ISAMI** R M Smith 4 9 1	**C Beasley C 12**
14		236412	**POLYPHONIC (BF)** K R Burke 3 8 13	**P J McDonald 11**
15		005008	**ANNANDALE (CD)** J Goldie 4 8 11	**Amie Waugh (5) 15**

- 15 declared -

BETTING: 5-1 Wor Willie, 11-2 El Picador, 6-1 Polyphonic, 7-1 Aimeric, 8-1 Molinari, Fairmac, Brasca, 12-1 It's Good To Laugh, 14-1 others.

NEWBURY GOOD

1.40 DUBAI DUTY FREE LEGACY CUP STAKES (GROUP 3) (CLASS 1) £70,000 added 1m 3f — ITV4

1		1-0145	**SOLID STONE (CD)** Sir M Stoute 6 9 10	**R Kingscote C 1**
2		2-1560	**MAX VEGA (C)** R Beckett 5 9 8	**R Hornby 6**
3		450413	**DUBAI FUTURE** S bin Suroor 6 9 5	**M Harley C 3**
4		135530	**FANCY MAN** R Hannon 4 9 5	**P Dobbs 2**
5		8-5422	**KEMARI (D)** C Appleby 4 9 5	**D Probert C 7**
6		142-13	**SISKANY (BF)** C Appleby 4 9 5	**A Kirby 5**
7		32	**LADY EXCALIBUR** A Jones 5 9 2	**P Hanagan 4**
8		3-133	**LYSANDER** W Haggas 3 8 13	**T Marquand T 8**
9		41215	**STAY ALERT (C)** H Morrison 3 8 10	**David Egan 9**

- 9 declared -

BETTING: 11-4 Dubai Future, 3-1 Siskany, 5-1 Kemari, Solid Stone, 8-1 Lysander, 10-1 Stay Alert, 12-1 Fancy Man, 20-1 Max Vega, 100-1 Lady Excalibur.

FORM VERDICT

SISKANY makes his first appearance since February when third at the Saudi Cup meeting at Riyadh and the four-year-old could have more to offer on his return to the UK. **Dubai Future** finished third in a Group 2 at York in July and the drop in class is likely to see him enter the reckoning, while **Solid Stone**, who returns to turf, and **Lysander** are both capable of being in the mix.

2.15 DUBAI INTERNATIONAL AIRPORT WORLD TROPHY STAKES (CLASS 1) £70,000 added 5f — ITV4

1		20-200	**DILIGENT HARRY (D)** C Cox 4 9 3	**A Kirby 13**
2		250490	**EXISTENT (D)** S C Williams 4 9 3	**R Kingscote T 8**
3		210101	**LOOK OUT LOUIS (D)** J Camacho 6 9 3	**B McHugh C 3**
4		7-4300	**METHOD (C)** M Meade 4 9 3	**R Hornby 4**
5		521803	**MOUNTAIN PEAK (D)** E Walker 7 9 3	**T Marquand 6**
6		31-601	**TIS MARVELLOUS (D)** C Cox 8 9 3	**P Hanagan T 9**
7		752131	**MANACCAN (D)** J Ryan 3 9 2	**P Dobbs T 7**
8		-21120	**MITBAAHY (D)** R Varian 3 9 2	**David Egan 1**
9		33-425	**ADAAY TO REMEMBER (BF)** Patrick Owens 4 9 0	**L Steward 12**
10		3-8035	**CHIL CHIL** A Balding 6 9 0	**D Probert T 10**
11		951473	**TERESA MENDOZA** K J Condon (IRE) 4 9 0	**M Harley C,T 5**
12		4-1634	**WHITE LAVENDER (D)** K R Burke 4 9 0	**Doubtful 2**
13		-97673	**ATTAGIRL (D)** K R Burke 3 8 13	**N Callan 11**

- 13 declared -

BETTING: 3-1 Manaccan, 4-1 Tis Marvellous, 6-1 Mitbaahy, 8-1 Diligent Harry, Chil Chil, 10-1 Teresa Mendoza, 12-1 Adaay To Remember, 14-1 Mountain Peak, 16-1 others.

FORM VERDICT

MANACCAN has progressed through the ranks and achieved his finest hour to date when taking a Listed prize at Doncaster last Wednesday. He returns to Group company for the first time since finishing fourth in the Cornwallis at Newmarket last October and John Ryan's colt has plenty in his favour. **Mitbaahy** ran no sort of race at Goodwood when last seen but is worth forgiving that performance. The Clive Cox pair, **Tis Marvellous** and **Diligent Harry**, appear best of the remainder, with the former having returned to winning ways in the Beverley Bullet last time.

2.50 DUBAI DUTY FREE MILL REEF STAKES (GROUP 2) (CLASS 1) 2YO £84,250 added 6f — ITV4

1		12	**CHARYN (D)** R Varian 9 3	**T Marquand 7**
2		1	**HEROISM (D)** C Cox 9 3	**A Kirby 6**
3		51	**MUSTAJAAB (D)** W Muir & C Grassick 9 3	**L Edmunds 4**
4		311655	**ROUSING ENCORE (D)** R Fahey 9 3	**P Hanagan 1**
5		21	**SAKHEER (D)** R Varian 9 3	**David Egan 2**
6		4111	**SHOULDVEBEENARING (D)** R Hannon 9 3	**P Dobbs 3**
7		3	**WALLOP** R Hannon 9 3	**R Kingscote 5**

- 7 declared -

BETTING: 11-10 Sakheer, 9-4 Shouldvebeenaring, 8-1 Heroism, 10-1 Charyn, 14-1 Wallop, 16-1 Rousing Encore, 33-1 Mustajaab.

FORM VERDICT

Sakheer built on his racecourse bow when bolting up at Haydock on his most recent run, but **SHOULDVEBEENARING** kept on strongly to score in Listed territory on his latest outing over this trip at Ripon and is preferred. Richard Hannon's impressive colt is now three from four and looks set to add to his winning tally stepping up in grade. **Charyn** is another to note having just been denied by a neck at Newmarket last month.

3.25 DUBAI DUTY FREE HANDICAP (CLASS 2) £60,000 added 1m 2f — ITV4

1		712505	**SOTO SIZZLER (D)** D Menuisier 7 9 12	**C Hutchinson (5) C 6**
2		1121	**WARREN POINT (D)** C Appleby 3 9 6	**A Kirby 4**
3		411-41	**MARCHING ARMY (D)** S bin Suroor 4 9 5	**L Steward V 2**
4		71-229	**STAY WELL (D)** H Morrison 4 9 4	**R Kingscote 9**
5		214	**OTTOMAN FLEET (D)** C Appleby 3 9 3	**P Dobbs 3**
6		-15000	**PALAVECINO (D)** B Meehan 6 9 3	**T Greatrex H 12**
7		-14423	**GROUNDBREAKER (D)** A Balding 3 9 2	**D Probert T 13**
8		21210	**SPECIAL ENVOY (D)(BF)** J & T Gosden 3 9 1	**T Marquand 11**
9		1131	**SEA THE CASPER (D)** S & E Crisford 3 9 0	**H Burns (3) 5**
10		0645 44	**PISTOLETTO (D)** J Ryan 5 8 9	**N Currie C 1**
11		17-311	**HAMAKI (D)** W Haggas 3 8 8	**A Farragher (5) T 8**
12		-46004	**ONEFORTHEGUTTER** I Williams 3 8 8	**David Egan 10**
13		432122	**MAJESTIC (BF)** M Channon 4 8 7	**R Hornby 7**

- 13 declared -

BETTING: 3-1 Warren Point, 6-1 Ottoman Fleet, 7-1 Sea The Casper, Marching Army, 8-1 Hamaki, 10-1 Special Envoy, 12-1 Stay Well, Groundbreaker, Majestic, 16-1 others.

FORM VERDICT

OTTOMAN FLEET drops significantly in grade following a disappointing fourth in the Group 2 King Edward VII Stakes, but he previously scored in Listed company at Newmarket over this trip. A drop back to 1m2f following his latest showing looks set to suit, and he is capable of giving a good account. **Warren Point** kept on strongly to beat Blue Trail on his most recent outing at Goodwood and is feared, along with the hat-trick seeking **Hamaki**.

5.10 RACINGTV HANDICAP (STR) (CLASS 3) £15,000 added 7f

1		0-8765	**TOMFRE (D)** R Beckett 5 10 2	**R Hornby 11**
2		81/23	**RAINBOW FIRE (D)** M Botti 4 10 0	**N Callan 15**
3		121	**DIAMOND RANGER (D)** G Boughey 3 9 12	**P Dobbs 2**
4		936218	**LYNDON B (D)** J Flint 6 9 11	**M Harley C 1**
5		-41457	**ASCOT ADVENTURE (D)** C Cox 4 9 11	**A Kirby 18**
6		723743	**SPANISH STAR (CD)** P Chamings 7 9 9	**D Probert 20**
7		-32302	**MARSHAL DAN (CD)** H Main 7 9 9	**Gina Mangan (5) 5**
8		13615-	**UNSPOKEN (D)(BF)** R Beckett 3 9 6	**L Steward 3**
9		1-6148	**DREAM SHOW (CD)** C Hills 3 9 6	**C Bishop 17**
10		912039	**ALDHAJA (D)** C Hills 3 9 5	**P Hanagan B 19**
11		034886	**TRAIS FLUORS (D)** M Channon 8 9 4	**G Bass (3) 8**
12		1880-0	**DINOO (D)** R Varian 4 9 4	**David Egan B,T 12**
13		-20905	**TOP SECRET (D)** W Muir & C Grassick 5 9 4	**L Edmunds 16**
14		802-06	**HUDDLETON MAC (D)** H Morrison 4 9 3	**R Kingscote H,T 13**
15		614272	**KING OF JUNGLE** E Walker 3 9 3	**T Marquand V 4**
16		220906	**MARKS BEAR** G L Moore 4 9 2	**R Clutterbuck (3) 14**
17		47261 5	**THAPA VC (D)(BF)** M Rimell 4 9 1	**C Hutchinson (5) 9**
18		56-212	**MICKS DREAM (D)** R Teal 4 9 0	**H Burns (3) 10**
19		864232	**SECRET STRENGTH** J Boyle 3 9 0	**A Farragher (5) C 7**
20		715360	**FANGORN (CD)** M Channon 4 8 9	**Rose Dawes (7) 6**

- 20 declared -

BETTING: 6-1 Diamond Ranger, 10-1 King Of Jungle, Unspoken, Ascot Adventure, 12-1 Secret Strength, Marshal Dan, Aldhaja, Dream Show, Tomfre, 14-1 others.

NEWMARKET GOOD

3.51 TURNERS CESAREWITCH TRIAL HANDICAP (CLASS 2) £50,000 added 2m 2f

1		16-134	**RAJINSKY** H Palmer 6 9 12	**H Davies (3) 6**
2		520119	**MASTER MILLINER** E Lavelle 6 9 8	**H Crouch 9**
3		040001	**THEMAXWECAN** C & M Johnston 6 9 4	**J P Spencer C 8**
4		2161-6	**PRINCE IMPERIAL** R Hughes 5 9 2	**P Cosgrave B 10**
5		111-74	**BASCULE** R Hughes 4 9 0	**G Rooke 1**
6		424312	**DIAMOND BAY (BF)** T Ward 4 8 12	**D Muscutt 5**
7		014204	**RED FLYER (C)** J Best & K Jewell 4 8 9	**H Turner 7**
8		12-340	**CALL MY BLUFF (D)** D F Davis 5 8 9	**R Dawson C 3**
9		-83161	**DUKE OF VERONA** W Jarvis 4 8 8	**C Fallon 4**
10		130-28	**INSANE BOLT** Peter Fahey (IRE) 6 8 6	**J F Egan B,T 2**

- 10 declared -

BETTING: 9-2 Rajinsky, 5-1 Duke Of Verona, 6-1 Insane Bolt, Themaxwecan, 7-1 Diamond Bay, Master Milliner, 10-1 Red Flyer, 12-1 Bascule, Call My Bluff, Prince Imperial.

RUGBY UNION

Worcester staff post angry note towards owners

By Hugh Godwin

Worcester Warriors have been cleared to play this weekend but 100 non-playing staff yesterday posted an angry note on social media warning co-owners Colin Goldring and Jason Whittingham that "we cannot promise this goodwill will continue indefinitely".

One employee told i that a member of Worcester's leadership team had threatened staff with disciplinary action for gross misconduct if they didn't remove the note from the club's official website. But the post - that arose out of a staff meeting on Thursday - was widely shared yesterday afternoon and would have been posted earlier if some had had their way. Around 15 Worcester employees have resigned in the month or so of turmoil triggered by a winding-up petition from HMRC. Those remaining, who have experienced late, reduced or non-payment of August's wages, have this week found their club email and Wi-Fi not working, while players' bookings for MRI scans have reportedly been cancelled.

The note from staff stated: "We remain angry at the continual broken promises and lack of communication from those above and hope for new ownership to come in with a clean break from those currently in position. Our focus is now on getting the stadium ready for the supporters, who along with players and staff are the true beating heart of this great club."

The Rugby Football Union had warned Worcester they faced suspension and, ultimately, possible removal from the Premiership if they forfeited tomorrow's match against Exeter but the requisite information on medical provision, two ambulances on site and sufficient stewarding was accepted by the RFU yesterday, and a safety certificate signed off by the local authority. The match at Sixways will have a reduced attendance of 5,000, down from the normal 11,500, and supporters are planning a protest against the owners to coincide with the live TV coverage on BT Sport.

While Worcester's team does not include the injured Ted Hill and Duhan van der Merwe, or yet to arrive Argentina prop Santiago Medrano, it is understood only flanker Kyle Hatherell has withdrawn voluntarily.

HARLEQUINS v SARACENS



FIVE-POINT PLAN TO REBOOT THE PREMIERSHIP



Hugh Godwin

RUGBY UNION CORRESPONDENT

It is not difficult to feel a mood of doom and gloom about the Premiership in England. An opening weekend disrupted by outside events, clubs losing money hand over fist, no uplift in sight from the involvement of CVC, severe doubt over whether Worcester will continue and fixtures clashing with England matches. There is also mystification as to why Harlequins' fly-half Marcus Smith sits out today's big clash with Saracens, due to a rest period related to his summer tour with England, while his opposite number Owen Farrell, who missed five months of last season but went on the same tour, starts for Sarries.



In a spirit of defiance and positivity, i consulted Mark Evans, who spent a combined 31 years with Saracens as player and coach and Harlequins as coach and chief executive, to suggest ways of rebooting the competition, and attracting valuable new support – a few weeks before Evans starts his new job at Super Rugby's Fijian Drua.

i: Schedule-wise, the concussion issue is looming large, so fewer matches may be forced on all concerned, and Pat Lam at Bristol is not alone in talking about a 10-team league; I even heard one suggestion of amalgamating the Premiership and URC so you could have three 10-team divisions. But let's just talk Premiership.

Evans: Yes, and the Premiership schedule is too often interrupted. People need to know what they are watching, and when, so it becomes an appointment to view. We already know there is at least one match a day across the weekend, which is good, although Northampton postponing on Friday night due to so-called player welfare was ludicrous. We need more on free-to-air television, and all of the matches televised, and don't fall for the argument that punters will stop turning up. [And] nobody will ever convince me that relegation helps grow the sport one iota.

We have to stop if you've dislocated your kneecap, but not for a hand injury. And as for a change of contact lens!

i: How about ways of making the game itself more attractive?

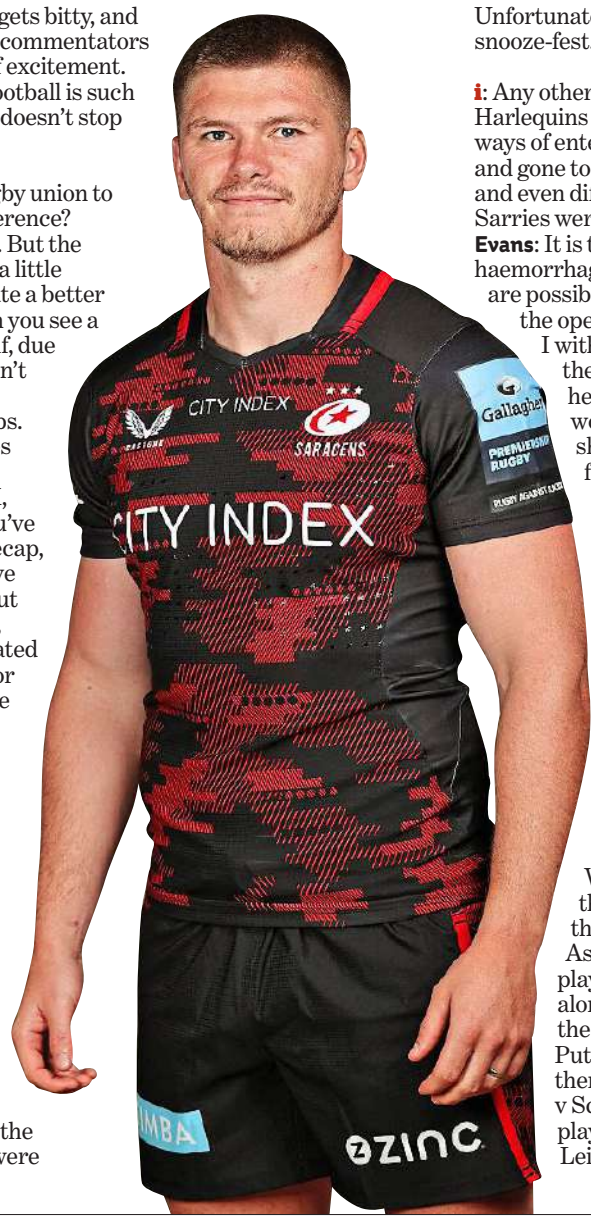
Evans: My wife and daughters got into rugby thanks to my career, but they have given up watching







Owen Farrell (below) will start for Saracens as they face Harlequins at Twickenham GETTY



because there are way too many stoppages. There has been progress with scrums, but we still have line-outs taking ages to set, plus this interminable TMO obsession with accuracy. The game gets bitty, and it's very hard for the commentators to build up a sense of excitement. One of the reasons football is such a good TV sport is it doesn't stop very much.

i: You don't want rugby union to lose its points of difference?
Evans: Certainly not. But the key here is to create a little more fatigue, to create a better spectacle. Very often you see a fractured second half, due to substitutions. I don't understand why we can't have rolling subs. Football's procedures for injury are miles better than ours. OK, we have to stop if you've dislocated your kneecap, and of course if you've been knocked out. But not for a hand injury, when you can be treated on the side. And as for stopping for a change of contact lens...! And why not take all conversions in front of the posts?

i: Do we need conversions at all?
Evans: I'm not sure you do. I'm not sure, either, why we stop playing for a knock-on, if it's just a spill then the player regathers the ball. We have to keep running, so gaps appear. I'd cut down the box-kick. Leicester were criticised for kick tennis last week, but I don't blame them. I blame the administrators for allowing the game to get into such a state that kick tennis is a good way of winning. Unfortunately that [can turn] into a snooze-fest.

i: Any other innovations? Harlequins and Saracens have tried ways of entertaining their fans, and gone to different stadiums, and even different countries when Sarries were without a ground.
Evans: It is tricky when clubs are haemorrhaging money, but there are possibilities. We haven't got the opening weekend right. I withdrew Quins from the London double-header because it didn't work, financially. To shamelessly nick an idea from NRL, who nicked it from Super League, where there is the "Magic Weekend", a round of six matches in one place. In Brisbane it has been an unbelievable success, it's like a gathering of the club tribes. You can ask cities to bid for it. Maybe Tottenham one year, St James' Park the next. Some of our arenas aren't great. We have five clubs in the West Country, but their biggest stadium is Ashton Gate. Why not play a Premiership game alongside a URC game in the Principality Stadium? Put a Bristol v Bath derby there, alongside Cardiff v Scarlets. We could we play in Dublin, alongside Leinster v Munster.

RUGBY BRIEFING

By Louis Doré

TODAY'S MATCHES

PREMIERSHIP

Northampton Saints v London Irish
2pm kick-off
Irish will face a sterner test than last week's convincing win over an embattled Worcester side which sent them top. Northampton held Sale to a losing bonus point at the AJ Bell last weekend and will expect to secure a win at Franklin's Gardens. Dan Biggar returns to captain the Saints, while Tom Collins moves to the wing after last weekend's brace of tries to make space for Matt Proctor in the centre.

Bath Rugby v Sale Sharks
3pm KO
Although their campaign started with a loss, Bath will take heart that the 31-29 showing at Bristol is an improvement in form upon last season's torrid start. Sale remain an imposing outfit, and while the return of Joe Cokanasiga and Jonathan Joseph in particular are boosts to the hosts, defeating the Sharks at the Rec remains an ask. Jonny Hill will make his first start for the visitors, who boast a bench featuring Jono Ross, Tom Curry and Joe Simpson.

Harlequins v Saracens
3pm KO, 2.30pm on BT Sport 3
Joe Marchant, Will Evans and Will Collier will make their first starts of the campaign for the hosts at a sold-out Stoop in this London derby which always has a bit of venom to it. Nick Tompkins is set to make his 150th start for Saracens, while their second row Hugh Tizard faces his old club to kick off the campaign for his new one.

Leicester Tigers v Newcastle Falcons
3pm KO
Tigers hope to get their title defence back on track after a close loss at Exeter by welcoming back England tourists Ollie Chessum, Joe Heyes, Jack van Poortvliet and Guy Porter into the fold. Jimmy Gopperth starts, too, which is exciting and fun. Newcastle's side looks a little light after many injuries, and boasts of having 10 ex-academy players in the starting XV. It might be a tough away trip.

Wasps v Bristol Bears
3pm KO
Ellis Genge is sadly rested for the Bears after his bulldozing antics last week, Jake Woolmore taking his place in the front row. For Wasps, Tom and Jack Willis start in a back row not short on explosive power, alongside Alfie Barbeary. Ali Crossdale at full-back is also worth watching – he's in fine form at the moment.

TOMORROW'S MATCH

PREMIERSHIP

Worcester Warriors v Exeter Chiefs
3pm KO, 2pm on BT Sport 1
Owen Williams makes his return for Worcester after the Warriors met an RFU deadline to provide assurances the match could go ahead amid potential new ownership and financial constraints. The situation was made light of by the Warriors' Twitter account, who announced the team with a graphic humorously made on a shoestring budget (seek it out). Rob Baxter, meanwhile, has called for his Exeter side to stay focused on the match and not on Worcester, selecting an unchanged side captained by Jack Yeandle.

RUGBY LEAGUE

Four titles in a row would be fitting farewell to coach Woolf

By Ian Laybourn

St Helens captain James Roby says the defending champions have been given extra motivation by coach Kristian Woolf's departure to make it an unprecedented four successive Grand Final victories.

Today's home play-off tie against Salford is a repeat of the first of those finals in 2019, which Saints won 23-6.

"With the impact that Kristian has had with us and the success we've had, I think we owe it to him to do our utmost to send him out on a high," said Roby. "He's done an amazing job with us. It's sad to see him go."

St Helens have dominated Super League all year, finishing four points clear of Wigan and 14 ahead of sixth-placed Salford. But they have been dealt a blow with the loss of England prop Alex Walmsley with a foot injury which has also ruled him out of the World Cup, while back-up front-rower Dan Norman is also out with a fractured cheekbone.

England centre Mark Percival is poised to return from a four-month absence.

Salford are without stand-off Brodie Croft, Super League's player of the month for August, as they seek a first away win over St Helens for 42 years.

"That sort of stat is not something we'll be discussing as a group," said Paul Rowley, who is aiming for a Grand Final in his first season as a Super League head coach. "We're just a chilled group of lads, best mates who are going to rock up and play a game of rugby."

Leeds reached the Grand Final last night, beating Wigan 20-8 in their semi at the DW Stadium.



James Bentley scores Leeds' third try in their win last night y

EXCLUSIVE

Premier League set to get go-ahead to play on Euro nights

By Sam Cunningham
CHIEF FOOTBALL CORRESPONDENT

Uefa is open to the Premier League scheduling matches on European nights to help tackle the growing fixture crisis.

In a season already squeezed due to a winter World Cup being held for the first time, all football was suspended for the weekend following the Queen's death.

It meant space would have be found for a whole weekend of games in a calendar already bursting at the seams. And further pressure was added when games had to be moved this weekend – a prospect first revealed by i – due to police forces being stretched preparing for the Queen's funeral on Monday.

Chelsea's home match against Liverpool and Manchester United's game with Leeds United at Old Trafford, both pencilled in for Sunday, were postponed due to a lack of police resources.

But Uefa sources have indicated to i that the governing body is willing to allow Premier League matches to be played on Champions League, Europa League and Conference League nights.

Relations are good after the Premier League swiftly agreed to move Arsenal's league game against Manchester City, slated for 19 October, so that the north London club could play their rejigged Champions League tie with PSV Eindhoven that evening, after it, too, was postponed by a lack of police availability.

Last season, Uefa gave permission for the Premier League to stage games on European nights when the Omicron variant of Covid-19 forced several fixtures to be postponed. Indeed, the agreement not to play domestic games on European nights is a Memorandum of Understanding with the European Leagues body, as opposed to being a Uefa regulation, i was told.

Although Uefa did fine the Premier League more than £1m in 2013 for playing fixtures on European nights, it is accepted that leagues and competitions are facing intense pressure to ensure they are completed with as much integrity intact as possible.

The World Cup in Qatar kicks off on 20 November and will conclude on 18 December, and the start of the top-flight season was already brought forward as a result, while Carabao Cup ties are set to be played just two days after the World Cup final.

Even then, with a two-week international break commencing after this weekend's games that are going ahead, there are no longer any free midweeks to reschedule matches before the World Cup, with four midweeks taken up by European fixtures, one by the Carabao Cup third round and another by a round of Premier League fixtures already in the diary.

LEAGUE TWO

Why I went to watch Donny at Barrow via Dublin

Robert O'Connor meets the fan fighting astronomical train fares





Jack Peat thought he would be "a lone ranger" on the terrace at Barrow after trekking the length of the country from London to watch his beloved Doncaster Rovers play on Tuesday night.

Instead, he found himself whisked off into the bowels of Barrow's Holker Street ground by manager Gary McSheffrey to deliver a pre-match talk to the team about a most unusual journey from the capital to England's far north.

Peat, a Donny fan exiled in London for the last 10 years, got creative after baulking at eye-watering fares being charged for a train ride to Barrow-in-Furness in Cumbria; £389, if he wanted to pick up an open return on the day, or well over £100 to do the trip on an off-peak return. Instead of biting his lip and deferring to the lore of the train providers, he sought an alternative route.

In the end, the journey went like this: first there was a tram ride from Beckenham Road in south London to East Croydon; from there it was a short train hop to Gatwick, where he boarded a flight to Dublin; "after a few Guinnesses in the airport," it was another flight, this time to Manchester, where he hopped on the slow train to Barrow. Total cost for flights, trains and tram: £33, of which just £19 was airfare.

What started out as an inventive way to avoid extortionate fares, became a minor sensation. The ex-Liverpool striker and Sky Sports pundit, Neil Mellor, picked up the story from social media and hauled Peat before the cameras to tell his tale on the pitch at Holker Street. That grabbed McSheffrey's attention, who insisted he address the players ahead of kick-off in the League Two fixture.

"I talked to the players, gave them a bit of a pep talk and told them about my journey," Peat said. "They gave me a round of applause, then I went back and watched the game. I was dumbfounded. I thought I'd be this lone ranger stood on the terraces watching us lose 2-0."

Peat aims to follow Doncaster home and away as much as his work and a 400-mile round trip from his home to the Eco-Power Stadium allows, but the cost of train travel in the UK is becoming increasingly prohibitive. An off-peak return from Croydon to Doncaster, booked eight days in advance, for Rovers' home game against Crawley Town next Saturday costs £110. An open return is £247. And if most Donny fans have

WEEKEND FOOTBALL FIXTURES

3.0 unless stated

TODAY

Premier League

PREMIER LEAGUE

1 Brighton v Crystal Palace....Off/Panel
2 Newcastle v AFC Bournemouth
3 Tottenham v Leicester (5.30) TV
- Wolves v Man City (12.30) TV

sky BET CHAMPIONSHIP

SKY BET CHAMPIONSHIP

4 Birmingham v Coventry
5 Burnley v Bristol City
6 Huddersfield v Cardiff
7 Luton v Blackburn
8 Middlesbrough v Rotherham (7.45) TV
9 Millwall v Blackpool
10 Norwich v West Brom
11 Preston North End v Sheffield Utd
12 QPR v Stoke
- Swansea v Hull (12.30) TV
13 Watford v Sunderland
14 Wigan v Reading

	P	W	D	L	F	A	Pts
Sheff Utd	9	6	2	1	17	5	20
Norwich	9	6	1	2	15	8	19
Blackburn	9	5	0	4	11	11	15
Reading	9	5	0	4	9	14	15
Burnley	9	3	5	1	15	9	14
Sunderland	9	4	2	3	14	9	14
Bristol City	9	4	2	3	18	14	14
QPR	9	4	2	3	14	11	14
Rotherham	8	3	4	1	12	6	13
Watford	9	3	4	2	9	9	13
Wigan	8	3	4	1	9	10	13
Preston	9	2	6	1	3	2	12
Stoke	9	3	2	4	11	11	11
Birmingham	9	3	2	4	8	10	11
Cardiff	9	3	2	4	7	10	11
Blackpool	9	3	2	4	9	13	11
Hull	9	3	2	4	11	18	11
Luton	9	2	4	3	9	10	10
Millwall	9	3	1	5	9	13	10
West Brom	9	1	6	2	14	13	9
Middlesbrough	9	2	3	4	13	15	9
Swansea	9	2	3	4	7	12	9
Huddersfield	8	1	1	6	8	13	4
Coventry	6	0	2	4	7	13	2

sky BET LEAGUE ONE EFL

SKY BET LEAGUE ONE

15 Accrington v Cheltenham
16 Bolton v Peterborough
17 Bristol Rovers v Lincoln City
18 Cambridge Utd v Barnsley
19 Derby v Wycombe
20 Exeter v Burton Albion
21 Fleetwood v Charlton
22 Forest Green v Morecambe
23 Oxford Utd v MK Dons
25 Port Vale v Shrewsbury
24 Portsmouth v Plymouth
26 Sheffield Wednesday v Ipswich

	P	W	D	L	F	A	Pts
Ipswich	8	6	2	0	16	4	20
Portsmouth	8	6	2	0	17	6	20
Plymouth	8	6	0	2	14	9	18
Sheff Wed	8	5	1	2	15	7	16
Bolton	8	4	2	2	10	6	14
Cambridge Utd	8	4	1	3	12	12	13
Peterborough	8	4	0	4	14	9	12
Shrewsbury	8	3	3	2	8	8	12
Exeter	8	3	2	3	12	8	11
Wycombe	8	3	2	3	11	10	11
Barnsley	8	3	2	3	10	9	11
Fleetwood Town	8	2	5	1	8	7	11
Derby	8	3	2	3	7	8	11
Charlton	8	2	4	2	12	10	10
Oxford Utd	8	3	1	4	7	8	10
Lincoln City	8	2	4	2	8	11	10
Port Vale	8	2	3	3	8	11	9
Bristol Rovers	8	2	2	4	10	13	8
Cheltenham	8	2	2	4	8	11	8
Forest Green	8	2	2	4	7	16	8
Accrington S	8	1	4	3	9	12	7
MK Dons	8	2	1	5	7	10	7
Morecambe	8	0	4	4	4	15	4
Burton Albion	8	0	1	7	8	22	1

sky BET LEAGUE TWO EFL

SKY BET LEAGUE TWO

27 Bradford v Stevenage
28 Carlisle v AFC Wimb'don
29 Colchester v Grimsby
30 Crewe v Crawley Tn
31 Doncaster v Swindon
32 Gillingham v Mansfield
33 Leyton Orient v Walsall
34 Newport County v Barrow
35 Northampton v Rochdale
36 Salford City v Tranmere
37 Stockport County v Harrogate Tn
38 Sutton Utd v Hartlepool

	P	W	D	L	F	A	Pts
Leyton Orient	8	7	1	0	15	4	22
Stevenage	8	6	1	1	11	6	19
Barrow	8	6	0	2	13	9	18
Salford City	8	5	2	1	13	6	17
Northampton	8	5	2	1	16	10	17
Bradford	8	4	2	2	11	7	14
Doncaster	8	4	2	2	10	10	14
Mansfield	8	4	1	3	12	9	13
Grimsby	7	3	3	1	7	5	12
Crewe	8	3	3	2	10	9	12
Swindon	8	2	5	1	9	8	11
Sutton Utd	8	3	2	3	9	9	11
Carlisle	7	2	4	1	8	7	10
Walsall	8	2	3	3	10	8	9
AFC Wimbledon	8	2	2	4	8	11	8
Tranmere	8	2	1	5	8	9	7
Newport County	8	2	1	5	9	11	7
Stockport County	8	2	1	5	10	13	7
Harrogate Town	8	2	1	5	6	11	7
Crawley Town	8	1	3	4	8	12	6
Colchester	8	1	3	4	7	12	6
Gillingham	8	1	3	4	2	9	6
Hartlepool	8	0	4	4	6	15	4
Rochdale	8	0	2	6	5	13	2

cinch PREMIERSHIP

SCOTTISH PREMIERSHIP

	P	W	D	L	F	A	Pts
Celtic	6	6	0	0	25	1	18
Rangers	6	4	1	1	14	7	13
Aberdeen	6	3	1	2	13	7	10
Hearts	6	3	1	2	10	8	10
Motherwell	6	3	1	2	7	6	10
St Mirren	6	3	0	3	6	8	9
Livingston	6	3	0	3	5	9	9
Hibernian	6	2	2	2	6	6	8
St Johnstone	6	2	0	4	7	10	6
Ross County	6	1	1	4	4	11	4
Kilmarnock	6	1	1	4	3	11	4
Dundee Utd	6	0	2	4	2	18	2
39 Hibernian v Aberdeen							
40 Livingston v Kilmarnock							
41 Rangers v Dundee Utd							
42 St Johnstone v Ross County							

cinch CHAMPIONSHIP

SCOTTISH CHAMPIONSHIP

43 Dundee v Inverness CT
44 Hamilton v Queen's Park
45 Morton v Arbroath
46 Partick v Cove Rangers
47 Raith v Ayr

	P	W	D	L	F	A	Pts
Ayr	6	4	2	0	12	7	14
Partick	6	4	1	1	14	8	13
Dundee	6	3	1	2	11	8	10
Queen's Park	6	3	1	2	10	11	10
Inverness CT	6	2	2	2	8	7	8
Morton	6	2	2	2	5	5	8
Hamilton	6	1	4	1	7	8	7
Raith	6	2	0	4	5	8	6
Cove Rangers	6	1	1	4	7	11	4
Arbroath	6	0	2	4	3	9	2

cinch LEAGUE ONE

SCOTTISH LEAGUE ONE

48 Airdrieonians v Clyde
49 Alloa v Montrose
- Dunfermline v Falkirk
- Peterhead v Kelty Hearts
- Queen of the South v FC Edinburgh

	P	W	D	L	F	A	Pts
Dunfermline	6	4	2	0	8	1	14
FC Edinburgh	6	4	0	2	14	8	12
Montrose	6	3	2	1	7	2	11
Airdrieonians	6	3	2	1	10	8	11
Falkirk	6	3	1	2	9	8	10
Alloa	6	3	0	3	14	10	9
Clyde	6	2	1	3	12	11	7
Queen of South	6	1	2	3	7	11	5
Kelty Hearts	6	1	1	4	3	11	4
Peterhead	6	0	1	5	4	18	1

cinch LEAGUE TWO

SCOTTISH LEAGUE TWO

- Albion v Forfar
- Annan Athletic v East Fife
- Dumbarton v Bonnyrigg Rose
- Stenhousemuir v Elgin
- Stirling v Stranraer

	P	W	D	L	F	A	Pts
Dumbarton	6	6	0	0	14	3	18
Bonnyrigg Rose	6	3	1	2	8	6	10
East Fife	6	3	1	2	7	7	10
Stenhousemuir	6	3	0	3	8	10	9
Stirling	6	2	2	2	8	7	8
Annan Athletic	6	2	1	3	7	11	7
Elgin	6	1	3	2	10	11	6
Stranraer	6	1	3	2	8	11	6
Albion	6	1	2	3	6	7	5
Forfar	6	1	1	4	6	9	4

vanarama NATIONAL LEAGUE

VANARAMA NATIONAL LEAGUE

	P	W	D	L	F	A	Pts
Chesterfield	8	6	2	0	17	8	20
Wrexham	8	6	1	1	23	8	19
Notts County	8	5	3	0	20	6	18
Solihull Moors	8	5	2	1	22	9	17
Boreham Wood	8	5	2	1	13	6	17
Wealdstone	8	4	3	1	9	6	15
York	8	4	2	2	9	6	14
Woking	8	4	1	3	13	9	13
Barnet	8	4	1	3	13	11	13
Bromley	8	4	1	3	9	10	13
Eastleigh	8	3	2	3	9	10	11
Maidstone Utd	8	3	2	3	11	17	11
Dorking Wndrs	8	3	1	4	12	20	10
Southend	8	2	2	4	8	9	8
FC Halifax	8	2	2	4	6	9	8
Oldham	8	2	2	4	7	12	8
Dag & Red	8	2	2	4	9	16	8
Yeovil	8	1	4	3	7	9	7
Maidenhead Utd	8	2	1	5	6	11	7
Torquay	8	2	1	5	5	11	7
Gateshead	8	1	3	4	11	14	6
Aldershot	8	2	0	6	8	15	6
Altrincham	8	0	5	3	8	15	5
Scunthorpe	8	1	1	6	9	17	4

- Aldershot v FC Halifax (5.20) TV
- Bromley v Maidstone Utd
- Dagenham & Redbridge v Altrincham
- Dorking Wanderers v Notts County
- Gateshead v Boreham Wood
- Maidenhead Utd v Woking
- Oldham v Eastleigh
- Scunthorpe v York
- Solihull Moors v Barnet
- Southend v Wrexham
- Wealdstone v Torquay
- Yeovil v Chesterfield

FA WOMEN'S SUPER LEAGUE

- Man Utd v Reading (12)

GERMAN LEAGUE

Augsburg v Bayern Munich (2.30), Bayer Leverkusen v Werder Bremen (2.30), Borussia Dortmund v Schalke (2.30), Borussia M'gladbach v RB Leipzig (5.30), Stuttgart v Eintracht Frankfurt (2.30).

SPANISH LEAGUE

Athletic Bilbao v Rayo Vallecano (8.0), Barcelona v Elche (3.15), Mallorca v Almeria (1.0), Valencia v Celta Vigo (5.30).

ITALIAN LEAGUE

Bologna v Empoli (2.0), Spezia v Sampdoria (5.0), Torino v Sassuolo (7.45).

TOMORROW

Premier League

PREMIER LEAGUE

- Brentford v Arsenal (12) TV
- Everton v West Ham (2.15) TV

cinch PREMIERSHIP

SCOTTISH PREMIERSHIP

- Motherwell v Hearts
- St Mirren v Celtic (12) TV

FA WOMEN'S SUPER LEAGUE

- Aston Villa v Man City (12.30) TV
- Leicester v Tottenham Hotspur
- Liverpool FC v Chelsea (5) TV
- West Ham v Everton

GERMAN LEAGUE

Hoffenheim v Freiburg (6.30), Union Berlin v Wolfsburg (2.30), VfL Bochum v Cologne (4.30).

SPANISH LEAGUE

Atletico Madrid v Real Madrid (8.0), Osasuna v Getafe (1.0), Real Betis v Girona (5.30), Real Sociedad v Espanyol (5.30), Villarreal v Sevilla (3.15).

ITALIAN LEAGUE

AC Milan v Napoli (7.45), Cremonese v Lazio (2.0), Fiorentina v Verona (2.0), Monza v Juventus (2.0), Roma v Atalanta (5.0), Udinese v Inter Milan (11.30).





The route to Barrow

- **Beckenham Road - Croydon** (tram)
- **Croydon - Gatwick** (train)
- **Gatwick - Dublin** (flight)
- **Dublin - Manchester** (flight)
- **Manchester - Barrow** (train)



a shorter trip to the Eco-Power than Peat, then think of the Crawley supporters who will pay at least £118 to arrive in plenty of time for kick-off and make it back home afterwards.

The most damning part of the tale is that it is not a one-off, some aberration caused by a blip in the system that couldn't reoccur. The maddening ratio of train costs to air fares is baked into the system. As the rocketing cost of following a football club bites, expect more intrepid farers following in Peat's jet stream.

"If there were train fares for the same price as my flight, I'd be the first person on that train," said Peat. "I love train travel, people are right to highlight the environmental benefits. Austria have what they call a climate ticket, offering very cheap train fares. Germany have had a three-month trial where train tickets are capped at €9."

The point of the trip was to highlight the problem. You cannot berate people for taking the most affordable route

One Twitter user highlighted the environmental impact of taking two flights when an albeit expensive train was available, criticising Peat for what to some has been little more than a stunt. This, he says, is exactly the point. If non-eco-friendly travel is the only affordable way, what incentive remains for helping drive fans towards responsible alternatives?

"The point of the trip was to highlight the problem," said Peat. "You cannot berate people for taking the most affordable forms of transport, especially in this day and age. I realised it was a chance to highlight the absurdity, that you can fly to Europe and back for far cheaper than if you wanted to do the journey by train.

"There's a football fan element to it, too. I've long believed football fans are being fleeced, at the gate, buying food and drink in the ground, when they're travelling to the game. It's something we all love and consider an institution. But this is happening across the spectrum, at every level. People are finding it hard to follow their clubs. That's going to become even more apparent given the times we're living in.

"Go and look at the price of a replica kit. Look at the price of a pie and a coffee in a stadium. Look at what we have to pay on the gate to watch League Two. When you're travelling as far as Barrow, look at the price of the train fare to get there. Combine them all, and it's eye-watering."

FOOTBALL IN BRIEF

WOLVES

Costa 'needs time' warns boss Lage

Wolves boss Bruno Lage would not reveal whether Diego Costa will be involved against Manchester City today.

The 33-year-old striker joined on a free transfer earlier this week after Wolves successfully appealed when his application for a work permit was rejected.

Costa has not played since leaving Brazilian club Atletico Mineiro in January.

"Diego was available, it was a time to talk to him and convince him to come to us, so we are very happy with him," said Lage.

"We also know he needs time. He is fit, but he needs to be ready to compete at this level."

BOURNEMOUTH

Takeover talk's not on my mind - O'Neil

Bournemouth caretaker manager Gary O'Neil maintains his focus is only on the next game amid speculation around a possible takeover.

A Las Vegas-led consortium is understood to be pushing to buy the club, who returned to the Premier League again this season after two years away.

Bournemouth travel to Newcastle today for a reunion with former boss Eddie Howe – which O'Neil insists is all he has been thinking about.

"I am not involved in any discussions like that [takeover]. I have been hard at work over on the grass," he said.

EVERTON

Lampard not rushing Pickford back

By Richard Tanner

Frank Lampard will rein in Jordan Pickford's desire to return quickly from injury to ensure his World Cup preparations do not suffer further disruption.

Pickford *(right)* will miss Everton's home clash with West Ham tomorrow plus England's two European Nations League fixtures after picking up a thigh injury in the Merseyside derby two weeks ago.



The England No 1 is expected back after the international break but Lampard will urge him to err on the side of caution and listen to the club's medical staff for fear of aggravating the injury.

"I will be honest - Jordan would go and play on one quad for England in a friendly next week," said the Everton manager. "We have to be sure that we do the right thing. I have spoken to Gareth [Southgate] about it and our physios and England's physios are in conjunction, to make sure we do the right thing for Jordan and the right thing for Everton and England.

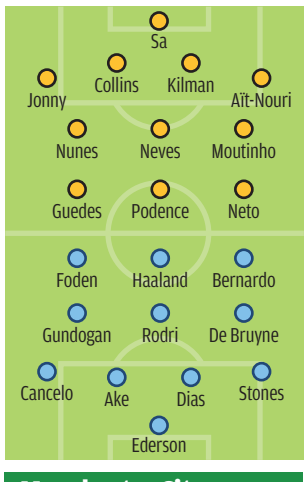
"We just have to rehab it well. Hopefully he will be back in the next two or three weeks."

PitchBattles

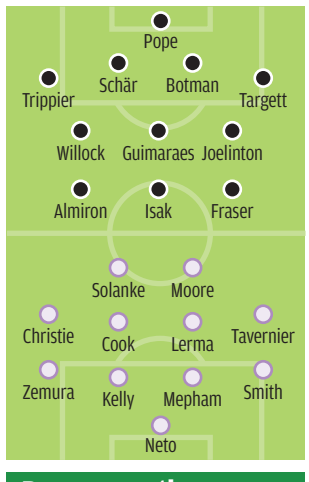
1 ARSENAL HAVE ONLY WON ONCE AWAY TO BRENTFORD, IN THEIR SIX VISITS – A 1-0 TRIUMPH IN MAY 1947

3 TOTTENHAM HOTSPUR HAVE SCORED AT LEAST THREE GOALS IN SEVEN OF THEIR LAST 11 MEETINGS WITH LEICESTER CITY

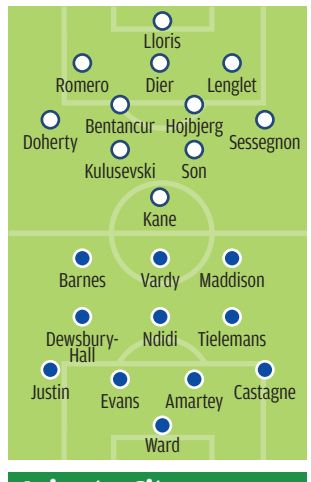
Wolverhampton 4-3-3



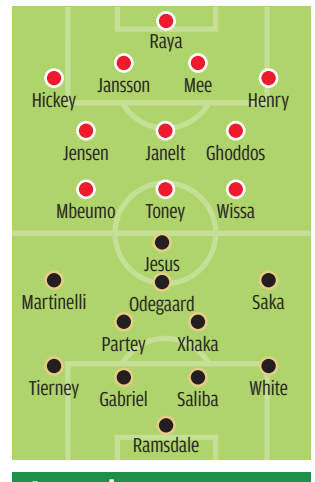
Newcastle United 4-3-3



Tottenham Hotspur 3-4-2-1



Brentford 4-3-3



Everton 4-3-3



Manchester City 4-3-3

Kick-off Today, 12.30pm, BT Sport 1 (Highlights BBC One, 10.50pm)
Odds Home 9-1 Draw 9-2 Away 2-7
Referee A Taylor 2 17

LAST 10 MEETINGS All competitions

M M D M W W M M M M

Bournemouth 4-4-2

Kick-off Today, 3pm (Highlights BBC One, 10.50pm)
Odds Home 2-5 Draw 18-5 Away 13-2
Referee C Pawson 0 19

LAST 10 MEETINGS All competitions

D B N B B D N D N N

Leicester City 4-3-3

Kick-off Today, 5.30pm, Sky Sports PL (Highlights BBC One, 10.50pm)
Odds Home 4-9 Draw 15-4 Away 11-2
Referee S Hooper 0 12

LAST 10 MEETINGS All competitions

L T T T L T L T T T

Arsenal 4-2-3-1

Kick-off Tomorrow, noon, Sky Sports PL (Highlights BBC One, 11.05pm)
Odds Home 7-2 Draw 29-10 Away 8-11
Referee D Coote 0 5

LAST 10 MEETINGS All competitions

D B B B A D A A B A

West Ham United 3-4-1-2

Kick-off Tomorrow, 2.15pm, Sky Sports PL (Highlights BBC One, 11.05pm)
Odds Home 19-10 Draw 23-10 Away 29-20
Referee M Oliver 0 16

LAST 10 MEETINGS All competitions

W W E E D E W E W W

PREMIER LEAGUE TABLE

	P	W	D	L	F	A	Pts
Arsenal	6	5	0	1	14	7	15
Man City	6	4	2	0	20	6	14
Tottenham	6	4	2	0	12	5	14
Brighton	6	4	1	1	11	5	13
Man Utd	6	4	0	2	8	8	12
Fulham	7	3	2	2	12	11	11
Chelsea	6	3	1	2	8	9	10
Liverpool	6	2	3	1	15	6	9
Brentford	6	2	3	1	15	9	9
Leeds	6	2	2	2	10	10	8
Newcastle	6	1	5	1	7	6	7
So'ton	7	2	1	4	7	11	7
Aston Villa	7	2	1	4	6	10	7
B'mouth	6	2	1	3	5	18	7
Wolves	6	1	3	2	3	4	6
C Palace	6	1	3	2	7	9	6
Everton	6	0	4	2	4	6	4
West Ham	6	1	1	4	3	8	4
N Forest	7	1	1	5	6	17	4
Leicester	6	0	1	5	8	16	1

ARSENAL

Southgate should seek out White's versatility, says Arteta

By Jon West

Mikel Arteta says his decision to turn Ben White into a right-back should not cost the Arsenal defender his World Cup dream.

White, 24, was left out of the England squad for Nations League games with Italy and Germany – the last fixtures before Gareth Southgate selects his World Cup squad.

Southgate named four right-backs ahead of White while selecting Harry Maguire, who is out of favour at Manchester United, and the inexperienced Fikayo Tomori and Marc Guéhi as central-defensive options.

Arsenal manager Arteta insisted White was not injured and in contention to play at Brentford tomorrow. And he argued that having a player who can play in more than one position should be attractive for an international coach.

"If you have a versatile player who can play at the level Ben can as both a central defender and full-back, that's something any manager would want, especially when you go to a tournament where a lot of things can happen," he said.

Arteta also indicated he would be sympathetic to White should he ask to be moved back to the centre to boost his World Cup chances. "I want the best for my players and to have the best careers they can," he said.

Arteta said Oleksandr Zinchenko could also feature against Brentford despite a statement from the Ukrainian FA that he was out for two weeks with a calf injury.

"What we have decided to do for the international week doesn't mean that we will decide the same for the weekend," Arteta said.



Arsenal's Ben White was left out of the latest England squad

BRENTFORD

HOW THE BEES FOUND THEIR BUZZ

West London club developed a policy of innovation and thinking differently – from taking risk on health of Eriksen to weighing sweat on shirts – and it works





Mark Douglas

There's a running joke among Brentford's medical team that the first question they ask when a new signing arrives is how many anterior cruciate ligament injuries they've got on their CV.

At a club where risk more often than not equals reward, recruitment tends to follow that path and it sometimes means making the club's doctors sweat a bit.

Last summer they pressed ahead with the signing of Lorient forward Yoane Wissa just a few weeks after he'd been the victim of an acid attack. In January there was Christian Eriksen and the most complicated medical in Premier League history.



This summer was no different. "There's always one that's not dead straightforward and [Mikkel] Damsgaard was the one this year," Phil Giles *(right)*, Brentford's director of football, tells i.

Damsgaard was hot property as Denmark swept into the last four at the Euros last summer, but his momentum was checked when he missed most of Sampdoria's season with an arthritic knee condition.

"It was a complicated medical but he is a great example of someone who, under normal circumstances, wouldn't be available to us. His interrupted season opened the door," Giles says. "We have a bigger plan but we try to be opportunistic as well, which we were with Eriksen too."

Welcome to Brentford where, in Giles's words, "taking risks is what we do". It is a policy that is serving them well. They host leaders Arsenal today, sitting in eighth place, level on points with Liverpool – and toasting Ivan Toney's England call-up, the first Brentford player in the national squad since 1939.

It is a club that draws admiring glances for not just living with English football's heavyweights but often out-thinking and outplaying them. Most of those who visit their corner of West London looking for inspiration come armed with one simple question: how?

"We try not to just buy into pre-existing ways of thinking. We don't subscribe to the idea that this is the way it's always been done and there's no other way of doing it," Giles explains.

"Our training ground is about training and developing. Most people don't see that, they just see the results on a Saturday."

One example is set-piece coaches. Brentford had zeroed in on that area as one where they could extract real benefit seven years ago, and appointed Gianni Vio (now at Spurs) to lead. When he left, they went for Nicolas Jover, now earning rave reviews at Arsenal.

"Some of those things we did all those years ago are now standard practice. We had a set-piece coach in the Championship," he said.

Giles himself is an example of Brentford's commitment to think differently. A self-confessed "football geek", he had a PhD in maths and statistics from Newcastle University but no background in professional football before he came to the club.

We don't subscribe to the idea that this is the way it's always been done and there's no other way of doing it

The opportunity arrived because Giles worked for Brentford owner Matthew Benham's company Smartodds and in 2015, along with Rasmus Ankersen, he was appointed as joint director of football.

Their task was simple: Benham wanted to run the club along a set of principles that no one else was following in football and it was up to Giles and Ankersen to make it work.

So Giles zig-zagged Europe, undertaking a tour of clubs and people who they felt were doing the right things. One meeting was with Thomas Tuchel, who was blazing a trail in the Bundesliga with Mainz at the time. It led to a document that became a blueprint for Brentford's DNA.

There's a tendency now to paint the club's progress as linear and inevitable but the first season was stacked with turbulence, including an early call to sack head coach Marinus Dijkhuizen.

Belief in the principles they identified was key. Ignoring the outside pressure to revert back to tried and tested methods endures to this day. They are all in on "brilliant" boss Thomas Frank and promotion in 2020 was followed by a comfortable season of consolidation.

"When you get into the Premier League you can accelerate it a bit, because you've got the finance, brand power and the reputation. And it's where players want



to be," Giles says of the momentum generated since promotion.

It was their commitment to innovation that saw Brentford appoint Ben Ryan, best known for coaching Fiji to a gold medal at rugby sevens in the 2016 Olympics, as their head of elite performance this summer.

"We needed some fresh thinking. There's a little bit of an arms race in football at the moment to find the latest new idea, to implement it and get the benefit from it," Giles says.

"The thinking was if we just take someone who has been in football their whole lives, the likelihood is we'll just be recycling what we already knew about. If we took someone who had been across different sports, there may be some innovation there. Ben ticked all the boxes."

Ryan's eye for detail led to him weighing the team's kits after games to see if they're retaining too much sweat. "It's not something I'd ever thought of doing," Giles admits.

Recruitment has been consistently good. Perhaps their most high-profile success, though, has been Toney *(left)* – signed from Peterborough for around £5m.

Brentford had fallen short in the play-offs and were selling main goalscorer Ollie Watkins to Aston Villa. The management thought they were too "nice" and they identified Toney as the man to give them an "edge". Among other things, their scouting reports noted how effectively he "managed" referees during games.

"Ivan's done really well, he's got a brilliant mentality and incredible self-belief," Giles says. "You can see that when he takes his penalties, he's absolutely nerveless. He hasn't missed one and hasn't even been close to missing one for us.

"People underestimate him. They think he's a big physical presence who is difficult to play against, which he is, but he's also technically a lot better than a lot of people realise from the outside.

"If you look at the fourth goal against Man United, the assist for that, he plays a first-time half-volley of perfect weight. It's an unbelievable quality pass. Then the chip against Leeds, I know he has an open goal, but it's not the quality that people associate with him. His technical level is very, very high."

There was interest expressed through intermediaries in Toney this summer, but – surprisingly – no bids. Any suitors would have been wasting their time.

"We didn't have to worry. I never worry about getting interest in players or players leaving, it's when you don't have interest in players that you worry because then they're not good enough!" Giles says. "I'm not sure how we replace Ivan, his level is so good."

There are no worries about "second season syndrome", which Giles thinks applies to teams overachieving in their first year and "regressing" to their level. Brentford aren't that, he says.

The ambition remains simple. "We're not an established Premier League club yet – it would be stupid to say we are. The job is to keep being better, year on year, and see where we can go."

NEWCASTLE UNITED

Toney a symbol of past frivolity and focus of hope for Wilson

By Mark Douglas

For Newcastle United, Ivan Toney's England call-up is a jarring reminder of what might have been.

The Magpies had Toney on their books for three years, failing to nurture his potential as he featured just twice as a substitute for the first team.

It looks like a major oversight given his improvement since, but is probably symptomatic of the way the club was run at the time.

Toney was first spotted by chief scout Graham Carr at Northampton and signed in 2015. He made two substitute appearances but spent most of that time out on loan, at Scunthorpe and Peterborough, before Newcastle eventually sold him for just £650,000 three years later. A threadbare set-up did not include a loan manager or a director of football and Rafael Benitez – who was manager at the time – has claimed nobody told him of Toney's potential or that he could have the ability to impact the first team.

Howe does not believe Newcastle would make a similar mistake now, having put in place a loan manager and assistant and with Dan Ashworth now installed as director of football to ensure there is a clear pathway to the first team for talent.

"It's a difficult one because every situation and every individual's career path is different," Howe said. "I'd love to think that wouldn't happen now. That's not a criticism of anyone at that time and why Ivan left. I don't know. When you watch him play now and see his attributes and what he can bring to his team, he's an outstanding player.

"The call-up is a great thing for people that go to the lower leagues and gives them hope that it's not the end of their dreams. He's had to work his way back up and he's done incredibly well."

Toney's call-up is bad news for Callum Wilson, who had been targeting an England recall in time for the World Cup. But injuries meant he was never a consideration for the Three Lions squad. Howe does not believe that is the end of the story for Wilson, who should be back in time for the fixtures after the international break.

"Never write off Callum Wilson, his mindset is incredible," he said. "I don't think his World Cup chance is gone, and I don't think Callum believes so either"

Howe takes on former club Bournemouth today targeting a much-needed victory – the Toon have just a single win this season. They expect key man Bruno Guimaraes to return, although Wilson and Allan Saint-Maximin are likely to be out.

"They are big players and we need them back in our team,"

MANCHESTER CITY

Guardiola urges Grealish to be himself amid talk of struggles

By Stuart Brennan

Pep Guardiola has told Jack Grealish to shut out the noise surrounding his Manchester City form and focus on what made him a top-notch player.



The City star *(right)* has yet to score or assist a goal this season after a mixed debut campaign following his £100m move from Aston Villa last season, but he still made the England squad for next week's games against Italy and Germany.

The remarkable impact of Erling Haaland has cast Grealish's statistics in even starker relief, but Guardiola suggested the 27-year-old should listen to his own inner voice.

The City boss, whose team will go top if they beat Wolves in the lunchtime kick-off today, says the focus should be clear for the player, saying: "It's to be what he is as a football player.

"All the time we ask them to be themselves, don't think to be what the people expect you to be.

"Be yourself, as a person and especially as a football player, and this has to be your only concern, to try to get better today than yesterday. I'm not going to ask them to do something they cannot do, or don't want to do."

TOTTENHAM HOTSPUR

Conte still trusts Son but may yet rest him for Foxes clash

By John Derek

Antonio Conte has a big dilemma to solve ahead of today's visit of Leicester.

Drop an already "angry" Son Heung-min and risk upsetting him even more or start last season's joint-top goalscorer in the Premier League again in the hope he can end his drought against the struggling Foxes.

Son *(right)* went an eighth game without a goal during Tuesday's 2-0 defeat at Sporting Lisbon where he failed to register a single shot and was hauled off in the 72nd-minute.



After a slow start to the new campaign, it has been clear in recent weeks that Conte is trying his best to play Son into form. He did so by dropping Dejan Kulusevski, who is arguably Tottenham's most in-form attacker. It resulted in Conte changing his usual man-management stance, he admitted: "To drop Deki for three games in a row, honestly, for me it was difficult.

"I don't like to give explanations to my players because otherwise in every game I have to speak to one, to another one and another one.

"I think the most important thing is to have respect about the role, but at the same time, I spoke with Deki because after three times in a row that you go on the bench, I think that he deserved to feel that my trust, my confidence was like always."

With Kulusevski in line for a recall, the question is who makes way?

If we assume Harry Kane continues to lead the line, it makes it a straight shoot-out between Son and summer signing Richarlison, who has made a big impression already.

"I think Sonny is not happy because he's not scoring," Conte said. "I like that he's a bit angry because it means that he wants to try to change it. We need [him]. Sonny is a really important player for us. At the same time, it can happen, especially when you play massive games, you can be a bit tired mentally, also your body. It can happen."

He added: "When you score a lot of goals, the following season is more difficult because you are not an underdog. Sonny has a lot of credit with me, with his teammates, the fans and the whole environment."

SCOTLAND

We want our fans to be respectful, says Celtic manager

>> Continued from back page

have the same message to our fans that we always have. As I said before the [Shakhtar] game, we will abide by the protocols. We wore black armbands on Wednesday night."

Postecoglou (below) added: "I think there's a minute's applause, we will abide by whatever obligations and responsibilities we have as a football club. We will do that in a respectful manner, we want our supporters to do the same."

Fans unfurled a banner that read "F**k the Crown" and another that read 'Sorry for your loss Michael Fagan", a reference to the intruder who broke into the Palace in 1982. There was no minute's silence before the game but teams wore black armbands.



In England, clubs across the pyramid will pay tribute before and during games. Newcastle are one of the teams playing today and manager Eddie Howe said football would come together to show their respects.

"I think that's the beauty of football in moments like this national mourning for the Queen," he said. "We do get a chance to come together as a nation, up and down the country, any pay tribute to the fantastic life she had and what she did for our country."

Administrators in England are confident the tributes will pass without incident after midweek fixtures which saw fans pay tribute with only a tiny minority disrupting them.

Sporadic booing broke out during the minute's silence at Tuesday's National League game at Wrexham, prompting the ownership to issue a strong condemnation.

And i understands the EFL has spoken to the league's Welsh clubs this week. Cardiff City and Swansea have issued statements urging fans to "respectfully observe the minute's silence, irrespective of their personal or political opinion".

Swansea's midweek game at the Liberty Stadium with Sheffield United saw an "immaculate" minute's silence observed.

There has been no fresh guidance issued by the EFL this week, with confidence that individual clubs will once again unite to pay tribute to the Queen.

PREMIER LEAGUE



Jacob Ramsey wheels away after his goal for Aston Villa GETTY IMAGES

Ramsey strike enough as Villa grind their way out of drop zone

ASTON VILLA 1
J Ramsey 41

SOUTHAMPTON 0

By Michael Hincks
AT VILLA PARK

Three points is followed by two weeks for one very relieved manager to sit a little more comfortably, with Steven Gerrard able to breathe somewhat during the international break after his Aston Villa side ground out a win at home to Southampton last night.

A defeat to the Saints 10 months ago had heralded the end of Dean Smith's Villa reign, but for Gerrard this victory – decided by Jacob Ramsey's first-half strike – will be a platform to build upon from October until the World Cup break.

It also lifts Villa clear of the relegation zone, for now, and sees them join Southampton on seven points, seven games into the Premier League season.

Villa were hoping to create daylight between themselves and the relegation zone, while Southampton were three points and five places above, and had as high as sixth in their sights.

Villa began on the front foot, pressing high to keep the crowd on their side, but chances were a rarity with Leon Bailey seeing plenty of the ball early on but struggling to make anything of it.

He was not alone, with Villa wasteful in the final third, and though Southampton initially offered little threat themselves, they had two half-opportunities when James Ward-Prowse saw his shot blocked after Ezri Konsa made a vital interception.

Phillipe Coutinho then carved out an opportunity of his own making, with some sharp skill turning Ward-Prowse inside out before the Brazilian – whose relationship with Villa fans continues to blow hot and cold – fired over from 20 yards out.

Then came the opening goal, by all accounts a scrappy one indicative of the error-strewn 40 minutes that had preceded it. Coutinho's cross found Ollie Watkins, whose header was saved by Southampton goalkeeper Gavin Bazunu, but only enough for the ball to loop in the air and bounce back into play off the bar before it fell to Jacob Ramsey to break the deadlock.

Buoyed by that goal, Villa almost had a second before half-time, and after Bailey fired just wide, substitute Douglas Luiz was up to his usual trick, seeing his in-swinging corner tipped over the bar by Bazunu. A third goal of the season from this set piece would have to wait, although that did not stop Luiz from trying again from the subsequent corner as well.

After the break, Ramsey came close to scoring his second, but in truth there was little to get either set of supporters out of their seats until they did so for the applause in 70th minute, which led to play being temporarily halted.

From then, Villa's mission was to stand firm, and that they did after Stuart Armstrong headed just wide in injury time, with Tyrone Mings – snubbed by Gareth Southgate in the England manager's latest squad – instrumental in leading, albeit without the armband, the defensive cause.

{i} **Aston Villa (4-3-2-1)** Martinez; Young, Konsa, Mings, Digne; Ramsey (Dendoncker, 67), Kamara (Douglas Luiz, 44), McGinn; Bailey (Buendia, 67), Coutinho (Ings, 84); Watkins. **Southampton (4-2-3-1)** Bazunu; Walker-Peters, Kotchap, Salisu, Perraud (Larios, h-t); Diallo (Aribo, h-t), Ward-Prowse; Elyounoussi (Edozie, 79), Djenepo, A Armstrong (S Armstrong, 71); Adams (Mara, 71). **Booked: Aston Villa** Coutinho, Ramsey, Young; **Southampton** Ward-Prowse. **Man of the match** Ramsey. **Match rating** 4/10. **Possession: Aston Villa** 53% **So'ton** 47%. **Attempts on target: Aston Villa** 3 **So'ton** 1. **Referee** T Harrington (Cleveland). **Att** 40,758.

Magic five minutes fires Silva's men to sixth

NOTTINGHAM FOREST 2
Awoniyi 11, O'Brien 77

FULHAM 3
Tosin 54, Palhinha 57, Reed 60

By Graham Hill
AT THE CITY GROUND

Fulham produced an incredible three-goal burst in a five minute spell to complete a City Ground comeback which lifted Marco Silva's men into the top six.

Tosin Adarabioyo equalised for Fulham after Taiwo Awoniyi had given Forest an early lead.

But then a spectacular Joao Palhina strike – followed by Harrison Reed's first Fulham goal – turned the game on its head. In just five minutes and 18 seconds, Silva's side had taken command of the game, and they could have had more. But Forest made life uncomfortable in the closing stages after sub Lewis O'Brien set up a grandstand finish with 13 minutes left.



It was another worrying game for Cooper, whose side have now lost four games in a row.

As for Fulham, this win moved them above Chelsea in the table and Silva's side were able to turn the screw when it mattered most.

Both sides had a fresh look to them with Fulham parading former Chelsea forward Willian for the first time along with Issa Diop making his first start since joining from West Ham.

Forest have now signed 22 players this summer after Serge Aurier joined on a free transfer – but not in time for this game due to visa issues.

Cooper gave a debut to defender Willy Boly following his move from Wolves, but Forest's fragile defence showed no improvement.

It had all started so well for Cooper's men. Forest went ahead through Taiwo Awoniyi who headed home after Ryan Yates flicked on a Morgan Gibbs-White. But Fulham grew into the game, and when Willian outpaced Steve Cook and was brought down on the edge of the area, the Forest defender might have seen red. The fact that referee Jared Gillett only showed a yellow incensed Fulham's players who clearly felt Cook should have walked.

Fulham levelled after 54 minutes when Adarabioyo found space at a Willian corner to head the equaliser.

Three minutes later, a superb finish from Palihina from 20 yards out put them ahead. A third came when Reed *(left)* collected a cross to score a snapshot from 10 yards out.

O'Brien's goal lifted the City Ground fans in the closing stages, but victory eluded them.

{i} **Nott'm Forest (3-4-1-2)** Henderson; Boly (Worrall, 63), Cook (Lingard, 63), McKenna; Williams (Dennis, 88), Yates, Freuler (O'Brien, 70), Lodi; Gibbs-White; Awoniyi, Johnson. **Fulham (4-2-3-1)** Leno; Tete, Tosin, Diop, Ream; Reed, Palhinha; Willian (James, 70), Pereira (Cairney, 83), De Cordova-Reid (Kebano, 90); Mitrovic (Vinicius, 90). **Booked: Forest** Cook, Boly; **Fulham** Diop, Palhinha, Tete, Pereira. **Man of the match** Palhinha. **Match rating** 7/10. **Possession: Forest** 40% **Fulham** 60%. **Attempts on target: Forest** 3 **Fulham** 6. **Referee** J Gillett. **Att** 28,654.

WOMEN'S SUPER LEAGUE

WHO CAN STOP CHELSEA?

On the eve of the 2022-23 season, **Katherine Lucas** runs the rule over the challengers

The start of the Women's Super League may have been delayed, but the big questions remain the same. Toppling Chelsea can be the only aim of the "big three" – if Manchester City will still be included in that following their summer exodus – while at the other end, it's about staying afloat and hoping not to lose by six or seven goals repeatedly.

Yet somewhere in the middle, the stories are equally remarkable. Liverpool are back in the big time, and Paul Konchesky is a fascinating appointment at West Ham.

Rehanne Skinner has already exceeded expectations at Tottenham, but leading them into the Champions League would be a historic achievement. Everton have quite possibly ditched their own European aspirations, having fallen flat last season after being tipped as the side who would shake up the pack.

ARSENAL

Jonas Eidevall's debut campaign was always going to mean a hefty post-Montemurro transition, but the Gunners adapted incredibly quickly and ended up missing out on the title by one point. They are boosted by Jordan Nobbs's return to fitness following the serious knee injury, suffered in May, that ruled her out of the Euros.

Beth Mead comes into the season fresh from winning the Golden Boot this summer and the forward is in the form of her career. Arguably the club's biggest coup was keeping Vivianne Miedema amid interest from Barcelona, tying down the Netherlands forward to a one-year deal.

ASTON VILLA

Pre-season will hardly have filled Villa fans with confidence, seeing their side lose to newly promoted Liverpool, thrashed by Sevilla, and beaten by Reading. Simone Magill looked like a terrific signing from Everton, until she tore her ACL playing for Northern Ireland at the Euros the day after her move was announced. Villa will look forward to Remi Allen's return after her own injury struggles.

Amid those clouds is the excitement generated by Rachel Daly's arrival, one of half a dozen new signings made by Carla Ward. Daly will be playing as a forward as she did for Houston Dash. Villa finished ninth last season and would do well to see any drastic improvement.

BRIGHTON

Brighton have had some big losses this summer, notably Maya Le Tissier who joined Manchester United. Inessa Kaagman and Emma Koivisto have also moved on. The real aim for Hope Powell's side this season is to avoid treading water, but it is hard to see much room for manoeuvre in either direction.



England star Beth Mead scored a brace as Arsenal opened their Women's Super League campaign with a dominant 4-0 victory over Brighton last night.

Forty eight days after England's historic Euro 2022 triumph against Germany at Wembley, the WSL season opened in front of a sold-out Meadow Park crowd of 3,238 after last week's scheduled fixtures were postponed due to the death of the Queen.

Lionesses' captain Leah Williamson and golden boot winner Mead were back in the spotlight, and back on the winning side, as Arsenal cruised to all three points.

Kim Little gave Arsenal a first-half lead before Stina Blackstenius made it 2-0 early in the second half, with Mead (left) making the result safe with her double.

Rebekah Stott has re-signed on a two-year contract, having been told she is in remission after undergoing treatment for stage three Hodgkin Lymphoma.

CHELSEA

No side has ever won four WSL titles in a row, but Chelsea have already made history with No 3. Emma Hayes has, predictably, spent another summer being linked with jobs in the men's game – including the one close to home recently vacated by Thomas Tuchel.

Instead, the journey continues at Kingsmeadow. The player to watch is forward Lauren James *(right)* – sister of Reece. James's emergence has been rapid, but the Blues also have some impressive new signings. Best of all, they have brought in Eve Perisset to tighten up the defence at full-back, as well as Canadian international Kadeisha Buchanan to play alongside Millie Bright.

EVERTON

There was so much excitement surrounding Everton last season that any big statements about their prospects this year will be treated with caution. Instead of disrupting the top four, they ended up finishing 10th, with even Jill Scott unable to make a real impact.

Liverpool return to a top-flight scene that harboured serious reservations about why they went down in the first place

The potential game-changer this time is the arrival of Danish coach Brian Sorensen. Goalkeeper Sandy MacIver has gone to Manchester City, a move she hopes will edge her into the Lionesses' squad. Emily Ramsey has come in, but with Danielle Turner, Anna Anvegardc, Claire Emslie, Kenza Dali – not to mention Magill – all out the door, there is little of the old Everton left.

LEICESTER CITY

Leicester found the jump to the WSL cavernous and narrowly stayed up by two points last season. Survival is the aim again.

The Foxes are one of the biggest victims of the first weekend being called off following the death of Queen Elizabeth II. They would have played Everton, but now start with Spurs before facing Aston Villa, Manchester City and Manchester United. Behind the scenes, Leicester have added Willie Kirk – formerly Everton boss and assistant to Casey Stoney at United – to their staff.

LIVERPOOL

Liverpool waltzed to the Championship title, securing promotion with a 6-1 victory over Sheffield United. But they return to a top-flight scene that harboured serious reservations over why they went down in the first place.

Promisingly, the Reds have given Leanne Kiernan a new deal and signed Koivisto from Brighton. The Finland international is a huge addition to the dressing room, having won the title during her time in Sweden, while Liverpool have opted for experience in former Arsenal, Chelsea and West Ham defender Gilly Flaherty. Young goalkeeper Eartha Cumings is one to keep an eye on, having signed from Charlton and recently made her international debut for Scotland. Rachel Furness, meanwhile, will be focused solely on Liverpool's WSL campaign as she takes a break from Northern Ireland duty.

MANCHESTER CITY



This season risks turning into a reckoning for Gareth Taylor. There have been plenty of theories mooted as to why City have allowed so many of their key players to leave, from rumblings of dressing room discontent to the Sheikh's gravy train simply running dry for the women's team. The biggest losses are of course England duo Keira Walsh and Georgia Stanway (who left for Barcelona and Bayern Munich respectively). Lucy Bronze headed for Catalonia too, Ellen White has retired and Caroline Weir has joined Real Madrid.

Whatever that says about the strength (or lack thereof) of the WSL, City have responded by going Spanish, buying defender Laia Aleixandri and another former Atletico star in Venezuela's Deyna Castellanos. Injuries won't be an excuse this time, though to their credit City did rally in the second half of last season.

MANCHESTER UNITED

The aim for Marc Skinner will be Champions League qualification. The one big dilemma is this: they are reliant on another stellar season from Alessia Russo, but she has declined a new contract and is in a strong position to leave next summer. United have already suffered one setback, having believed they had held on to Jackie Groenen but losing her to PSG at the 11th hour.

Perhaps the most intriguing option will be Nikita Parris, for whom things didn't work out at Arsenal; she has to win United fans over first, after the Liverpool-born attacker voiced her wish to play at Anfield.

READING

Reading will have to contend with a sizable crowd at Leigh Sports Village on the opening day against Manchester United, but not only have they had a decent pre-season, they have been buying smart. Republic of Ireland defender Diane Caldwell could enjoy an immediate reunion with her old United teammates, while Northern Ireland internationals Jackie Burns and Lauren Wade have the potential to take the Royals up a level.

TOTTENHAM HOTSPUR

Spurs secured their highest finish in the top flight last season, despite badly missing Kit Graham and Ria Percival after their ACL injuries.

They will hope for a few more momentous landmarks after beating City and coming within a whisker of victory over Arsenal. Drew Spence adds some experience and at the other end of the spectrum, Ellie Brazil is an exciting young talent, signing from Brighton. Even with German midfielder Ramona Petzelberger, Polish international forward Nikola Karczewska and the well-travelled Amy Turner, it remains to be seen whether Spurs have quite done enough to really kick on. Watch this space for an England breakthrough for Ashleigh Neville.

WEST HAM UNITED

"Look at us, who'd have thought? Not me." That may be Paul Rudd's line, but it applies here to his namesake Konchesky. This is either an inspired appointment or too much too soon. He's also done his stint in West Ham's academy and new recruits are clearly buying into his vision.

Japan international Risa Shimizu comes in at full-back, Republic of Ireland international Izzy Atkinson gets her shot after starring at Celtic, and France's Viviane Asseyi will bolster the front line. All that is offset by the departure of Adriana Leon to Manchester United, with Kirsty Smith going the other way and Katerina Svitkova's switch to Chelsea.

Magda Eriksson



Chelsea captain

Big crowds, big names: The WSL has to capitalise on Lionesses' glory

I'll let you into a secret. Seven weeks ago, on the weekend of the Women's Euro 2022 final, I was lying on a sunbed feeling grumpy. After my Sweden team's semi-final loss to England, I flew straight to Greece on holiday and had to just switch off from social media – it's not easy being constantly reminded of the team that beat you!

However, I did watch the final and thought it was a moment to celebrate for women's football with a sell-out crowd at Wembley and a final between the two best teams of the tournament.



Now, seven weeks on from that landmark moment, a new season is here and I'm looking forward to seeing how the WSL can build on the momentum of the summer.

For a start I'm excited to see what kind of attendances we can attract. Arsenal have already sold 45,000 tickets for their derby against Tottenham next weekend – which would be a WSL record – and hopefully more big crowds will follow. The decision to stage more games at the big stadiums – and there are matches this weekend at Villa Park and the King Power Stadium – should help.

When I think of how to capitalise on England's success, I see one clear opportunity ahead when the Premier League and Championship pause for the men's World Cup in November. With everything surrounding the Qatar World Cup it could be refreshing for fans to watch women's football during that time and I hope the FA and the clubs see this window of opportunity and hold more fixtures in the main stadiums. At Chelsea we'll have our Champions League group fixtures then too, which offers another opportunity.

I hope the FA and the clubs see this window of opportunity and hold more fixtures in the big stadiums

While we want the game to grow, we must maintain the special culture of women's football. I've never wanted a copy and paste of men's football and at the Euros you saw why. We had no bad behaviour or violence around games and what summed it up for me was when I was on the bus to Sweden's game against the Netherlands and I looked out and saw a couple holding hands – one in an orange shirt, the other in yellow. It was a cute moment which captured what women's football is about and let's keep it that way.

As Chelsea captain, I'll respond if any fans misbehave as we have a responsibility to show where we stand in terms of fan culture and what we do and don't accept.

Our own standard of behaviour as players is worth upholding too. I've had a lot of people say to me this summer, "We enjoy watching you because you don't roll around on the ground". I never dive myself and will tell my team-mates not to dive but if other teams start to do it, the referees have to pick up on it early. If those evaluating games see a pattern, hopefully the authorities will notify the clubs.

On a broader note, I'm encouraged that Karen Carney, my old Chelsea teammate, has been appointed by the government to lead a review on how to develop the women's game further. It's another positive step and it's important that it's not just looking at the top level but girls' football.

The England players have spoken clearly about the need for opportunities for all girls in schools and I'd also like to see investment to raise the standards of academies. If we can invest properly in the next generation, imagine the quality of the game in another 10 years' time.

Looking ahead, the development of the transfer market can play its part too. When I signed for Chelsea five years ago, I was one on the first players in the Swedish league to be bought out of her contract. It wasn't much money but fees are now rising – as we've seen with Keira Walsh leaving Manchester City for Barcelona for a world-record fee of around £400,000. Hopefully this money can begin to trickle down to players' former clubs.

Finally, you can't overstate the importance of having truly competitive football and the WSL looks stronger than ever entering 2022-23. My Chelsea team kick off against Liverpool at Prenton Park tomorrow and we've made some incredible signings including a new centre-back in Canada's Kadeisha Buchanan. She's played at the highest level for a long time and I'm so impressed by how quickly she's settled in. I'm also delighted my compatriot Johanna Rytting Kateryd has joined – she's a proper winger who loves her one v ones.

With such a talented squad, a big goal for us is to challenge for the Champions League – and make amends for not getting out of the group stage last season – and I'm also driven to make it four WSL titles in a row, though the competition will be tough.

Arsenal have recruited cleverly and, like us, have two internationals for every position. They made a lot of signings last winter and those players will be settled now. Man City have lost a couple of players but made some exciting signings and they're always hard to play against and, without the Champions League, will be hungry and focused in the domestic competitions.

Manchester United will keep on getting better and I expect Everton and Tottenham to improve too. In short, the competition will be fiercer than ever and then, at the end of it, we'll have the World Cup in Australia and New Zealand. Exciting times ahead.

FA Women's Super League
Your guide to the new season

And they're back. Forty-seven short days after Ella Toone and Chloe Kelly fired England to Euros glory at Wembley – and a week later than planned - the WSL returned at Meadow Park last night, Arsenal and Brighton kicking off the 12th WSL campaign. Manchester United host Reading this lunchtime with the eight other sides returning to action tomorrow. Emma Hayes' Chelsea are seeking a fourth successive title, but a resurgent Gunners and the Manchester pair will hope to stop the Blues' dominance.

THIS YEAR'S TEAMS

CHANGING ROOMS

No less than eight sides have plans to switch some of their matches to their men's stadiums, in an attempt to make the most of the popularity of the game following the summer's Euros victory.

OPENING WEEKEND

TODAY *Noon*
Man Utd v Reading *

TOMORROW
12.30pm A Villa v Man City *BBC One*
3pm Leicester v Tottenham*
3pm West Ham v Everton*
5pm Liverpool v Chelsea *Sky Sports*
**Matches available to watch on The FA Player*

TV

Selected matches will be shown on BBC and Sky Sports this season, as well as on the FA Player. This weekend's offerings start with Man United entertaining Reading this lunchtime and include Manchester City travelling to Aston Villa tomorrow lunchtime, before champions Chelsea head to Liverpool to close out the first gameweek.



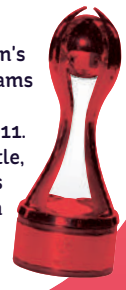
LAUREN JAMES
Chelsea

STINA BLACKSTENIUS
Arsenal

GRAPHIC RESEARCH: JAMES MARINER

HISTORY

Replacing the FA Women's Premier League, eight teams made up the first Super League in 2011. Arsenal took the first title, finishing three points ahead of Birmingham and seven clear of Everton



MOST ASSISTS LAST SEASON

8

B Mead (Arsenal), **V Miedema** (Arsenal) and **E Toone** (Man Utd)

LAST YEAR'S FINAL TABLE

	P	W	D	L	F	A	GD	Pts
Chelsea (C)	**22**	**18**	**2**	**2**	**62**	**11**	**+51**	**56**
Arsenal (CL)	22	17	4	1	65	10	+55	**55**
Man City (CL)	22	15	2	5	60	22	+38	**47**
Man United	22	12	6	4	45	22	+23	**42**
Tottenham	22	9	5	8	24	23	+1	**32**
West Ham	22	7	6	9	23	33	−10	**27**
Brighton	22	8	2	12	24	38	−14	**26**
Reading	22	7	4	11	21	40	−19	**25**
Aston Villa	22	6	3	13	13	40	−27	**21**
Everton	22	5	5	12	18	41	−23	**20**
Leicester	22	4	1	17	14	53	−39	**13**
Birmingham (R)	22	3	2	17	15	51	−36	**11**

PREVIOUS CHAMPIONS

2011 Arsenal **2012** Arsenal **2013** Liverpool
2014 Liverpool **2015** Chelsea **2016** Manchester City
2017* Chelsea **2017-18** Chelsea **2018-19** Arsenal
2019-20 Chelsea **2020-21** Chelsea **2021-22** Chelsea
*Spring series

LAST YEAR'S LEADING SCORERS

Sam Kerr Chelsea — 20
Vivianne Miedema Arsenal — 14
Beth Mead Arsenal — 11
Lauren Hemp Manchester City — 10



FILIPPA ANGELDAHL
Man City

MOST WSL TITLES

Chelsea — 5 (plus one Spring series)
Arsenal — 3
Liverpool — 2
Manchester City — 1

TITLE ODDS

4-6	Chelsea
2-1	Arsenal
6-1	Man City
8-1	Man United
100-1	Liverpool
200-1	Tottenham, West Ham
300-1	Aston Villa, Brighton
500-1	Everton, Reading
1,000-1	Leicester

Liverpool look to emulate success of Klopp's contenders



Adam Millington

It is time for Beard's side to sink their teeth into the task at hand and ensure their spell in the top flight isn't short-lived

Liverpool are a club synonymous with footballing success. Under the stewardship of Jürgen Klopp, their men's side go toe-to-toe in title battles, they conquer Europe, they secure domestic silverware.

But in recent history that moniker hasn't extended to the entire club: as Klopp's side lifted the Premier League trophy in 2020, their women's team succumbed to relegation to the Championship.

Points had been hard to come by in the WSL in that campaign, despite Liverpool having some strength across their squad. By mid-March they had only been able to muster a single win from their 14 fixtures and the Covid-induced curtailment mant they faced the drop.

The situation was a difficult one to take and they may have been able to bridge the one-point gap between themselves and Birmingham City over the remainder of the season, but they were never afforded the chance.

After failing to get out of the second tier at the first time of asking, it was time for change, and Liverpool looked to Matt Beard – the man who achieved Super League success in 2013 and 2014 on Merseyside – to bring what was needed.

He did just that and Liverpool are now on the cusp of their first season back in the top flight. They had to wait even longer than expected but they will finally return to WSL action when they face defending champions Chelsea tomorrow.

Chelsea will undoubtedly be the favourites to achieve the three points, but Liverpool fans will likely be content no matter the result. The time for open-top bus parades is over, now it's time for Beard's side to sink their teeth into the task at hand and ensure their spell at the top isn't short-lived.

That isn't to say that they aren't a team to look out for, though. Investment from the club's owners has increased and the previous issues with the playing surface at Tranmere Rovers' Prenton Park, which once forced them to temporarily play games at Chester, seem to have been alleviated.

Beard has strengthened his squad with the likes of former Wolfsburg and Lyon forward Shanice van de Sanden, former West Ham captain Gilly Flaherty and Finnish international Emma Koivisto all joining the ranks. They add to a team who rampaged through their campaign last year with Ireland striker Leanne Kiernan finally finding form after years of injury struggle to spearhead an electric attack and net 13 over the course of the season.

This must be seen as a second chance for Liverpool to do what the other "big six" clubs have done and support their women's team to be able to compete at the highest level. That does not mean immediately breaking into the top end of the table – Everton are evidence of how that doesn't always work out – but the eventual aim should be to reach their previous heights and make a mark once again on the English game.

For now, though, the focus turns to the immediate future – and after tomorrow there is the small matter of a Merseyside derby at Anfield, a moment which may just show what the Reds could become if their future goes to plan.



Dutchwoman Shanice van de Sanden will add quality to Liverpool's attack GETTY

Football made the right call to postpone matches, says Hayes

By Rachel Steinberg

When it comes to matters of mourning, Chelsea manager Emma Hayes believes footballers and fans are one and the same.

The Blues were set to open their Women's Super League season last week with a marquee match against West Ham United at Stamford Bridge, but, like the rest of football, saw it postponed following the death of the Queen.

Cricket and rugby played on, but Hayes was adamant her sport had made the right call.

"The response is the same for every human being, player or not," Hayes *(right)* said.

"Our country has lost unbelievable service from a person who has given absolutely everything to her country during her reign.

"For most of us, particularly that have lived within that, we have experienced no other monarch.

The conversations that take place in dressing rooms I think are the same conversations that take place in your workplace, which is nothing but the respect and the humble gratitude for someone who has done so much for this country."



Hayes's side will instead start their quest for a fourth straight WSL title away at newly-promoted Liverpool tomorrow, with the postponed West Ham match scheduled for Wednesday, 28 September at Chelsea Women's regular Kingsmeadow home.

She insisted the decision was correct and is confident that, when broadcasters change from black back to a less sombre palette, fans will flock to the box office.

"As far as I'm concerned, I'm more than happy to kick off away to Liverpool because I support the rationale for why the games didn't take place last weekend," the Chelsea manager added.

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MAKE SOME NOISE!

How the WSL can capitalise on Lionesses' glory

By Chelsea captain Magda Eriksson

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FOOTBALL

Keep on buzzing

How Brentford are surviving second season syndrome



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Don't boo the Queen, fans urged

By Mark Douglas
NORTHERN FOOTBALL CORRESPONDENT

Celtic manager Ange Postecoglou has urged supporters to respect the minute's applause for the Queen before tomorrow's game against St Mirren as football across the UK prepares to pay its tributes ahead of the state funeral.

A minute's silence will be held at five Premier League games over the weekend, with the National Anthem played before kick-off and a minute's applause at 70 minutes.

Black armbands will also be worn as top-flight clubs return after last week's postponements.

But there will be focus on Glasgow after Celtic became the subject of Uefa disciplinary proceedings when fans displayed an anti-monarchy banner during Wednesday's Champions League draw against Shakhtar Donetsk.

There will be a minute's applause rather than a silence at St Mirren, and Postecoglou said: "I

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